New Governor Promises Transparent Government

The island’s first ever female governor looked somewhat nervous as she stepped ashore into the small community which will be her home for the next few years. At her inauguration she promised to be a more visible governor and said the “future looks bright.”

Lisa Phillips didn’t need the brand new ropes that had been installed by the wharf steps ahead of her arrival. She was helped ashore by Craig Yon and Robert Bedwell and went straight to shake the hands of Acting Governor Sean Burns and his wife Marina.

The 68th and final governor to arrive by ship – as the Foreign Office’s Alex Cameron pointed out later that afternoon – then greeted councillors before walking to the Castle, meeting people along the way. While getting into the governor’s car she turned to the flashing cameras and joked “It feels like I’m getting married.”

A few hours later she was back in town, arriving the way she had left, but to much more pomp and circumstance. Minutes earlier the roll of drums and sound of trumpets from the scouts’ band had signalled the start of a parade.

First up was the Seventh Day Pathfinders who were soon followed by

AIRPORT DELAYED!

Comair Face Major Decision after Landing Problems

The government’s plans are up in the air after they were forced to delay the official opening of St Helena Airport as reports emerge that Comair are considering a smaller plane after problems with the wind during last week’s implementation flight.

Spirits had been high as the plane came in, but – as spectators saw – it wobbled before landing, and even had to abort one attempt. This, it turns out, was windshear – “a rapid change in wind conditions,” says Airport Project Director Janet Lawrence.

But Ms Lawrence says that the Comair 737-800 plane will still be able to come to the island despite the problems. The delay is to
“It is During Times like this we Feel Proud to be British”

Queen’s 90th Birthday Celebrated in Style on St Helena

The Queen’s 90th birthday celebrations took place at the Mule Yard last Thursday evening. The event was organised by the Girl Guiding Association in liaison with the government. The event began with a welcoming speech from the Vice President of the Girl Guiding Association Ivy Ellick who spoke about the Queen’s position and her popular status all around the world. “It is during times like this when we feel proud to be British and have such a wonderful woman at the helm,” Ivy said.

An opening prayer was then read by the Jamestown Guides, who gave thanks for the Queen’s life and for all that she has given to her people. This was followed on by the Half Tree Hollow Guides who read a birthday poem called 90 Years. The poem was about how so much has changed and of course celebrating the Queen’s 90th birthday.

The first part of the highlights of the Queen’s life was read by the Longwood units. “The year 1970 sees the first royal walkabout take place when the Queen and Prince Phillip met members of the public face-to-face in the street during the tour of Australia,” a Longwood guide said.

Acting Governor, Sean Burns read the Queen’s Diamond Jubilee with a burner head shaped like a diamond, was lit by Honourable Speaker, Eric Benjamin. The beacon was lit at the same time as hundreds of others around the world. The lighting was followed by the orchestra performing the national anthem and happy birthday for the audience to join in with. The second part of the programme included the guide association singing a song based on the Queen’s birthday which was written by the Jamestown brownie leaders and girls.

There was a closing prayer and an inspirational reading from Lieutenant Coral Yon. She spoke about what an amazing opportunity it was as a community to come together to say thank you to the Queen for her service.

A final blessing was made by Father Dale Bowers along with a musical piece from the orchestra to end the official celebrations.

Public Relations Officer for the Girl Guiding Association, Betty Joshua said, “We were overwhelmed by the support of everyone and hope that they enjoyed the event. Your presence certainly created a lovely atmosphere of celebration, thank you.”
Happy Birthday Your Majesty
Pilling Joins Queen’s Birthday Celebrations

Pilling Primary School joined the Queen’s 90th birthday celebrations last Thursday morning. The school had made a three-tier, pink and white birthday cake from craft materials as part of the celebrations.

Pilling Headteacher Elaine Benjamin said, “Today is a very special day. It is the Queen’s 90th birthday and we at Pilling school like to celebrate special events of this nature and we are doing lots of activities on the day based around the Queen’s 90th.”

“If I could meet the Queen I would talk to her about whether it was easy or not to be Queen”, “If I could meet the Queen I would ask her how it feels being in charge of the Commonwealth countries”, “If I met the Queen I would tell her that we take our traditions very seriously here,” the pupils told The Sentinel.

The main celebrations ended with the whole school singing happy birthday and teachers handing out birthday cake to all the students.

Hannah Durnford, SAMS

Goodbye Sammy

Nurses and other staff at the hospital said an emotional goodbye to Endries Crowie otherwise known as Sammy on Friday Morning.

Sammy will now be a resident at the Community Care Complex in Half Tree Hollow. He left the hospital with well wishes and good luck messages from staff and nurses.

Damien O’Bey, SAMS

ST HELENA SNIPPETS
There’s no time like the present! Now that’s a phrase you hear quite often. It’s an idiom said to encourage someone to take action immediately instead of waiting. How about ‘barking up the wrong tree?’ I bet many of us have used this idiom before! My personal favourite is ‘best thing since sliced bread!’ They also say you ‘can’t judge a book by its cover,’ but the speech made by St Helena’s 68th governor (and first lady governor for St Helena) on Monday was really impressive in my opinion. I really look forward to the opportunity to spend time at Plantation house, and having tourism put money back into the pockets of Saints. I sincerely believe that the speech was not just ‘in the heat of the moment,’ and I will ‘jump on the bandwagon’ and ‘give the benefit of the doubt.’ ‘Every cloud has a silver lining,’ I know that a lot of us will miss the dear old RMS, she is a part of our lifestyle and culture; but, we ‘can’t cry over spilt milk.’ Hopefully St Helena Airport will soon carry the same passion when talked about, although I don’t want to ‘count my chickens before the eggs have hatched.’ From viewing the positive feedback received by SAMS and from just general conversations, I personally feel that the majority of Saints here on-island and overseas are excited and looking forward to the opening of the airport, however, we will ‘cross that bridge when we come to it.’ I bet the relevant people have been ‘burning the midnight oil.’ thinking about where exactly tourists are going to live during their stay on St Helena in the next few months. I’m not one to ‘beat around the bush,’ so I ask...where is the hotel that will accommodate tourists bringing money to the island? A ‘far cry’ from the big eco friendly hotel at Broad Bottom, conditional planning approvals from ASSI, the airport regulators, so “it was as safe as it could possibly have been.” Ms Lawrence says she is “absolutely disappointed” with the latest development and stresses that they are “not committing to a date” when the airport will open. This will impact on the visit of Prince Edward, but Ms Lawrence seems to think that there will still be a royal on island to open the site. “My understanding is yes, there is an interest to come and witness the opening of St Helena Airport.” But who? “I honestly don’t know the answer to that.” The authorities were keen to stress that the official opening, and not the operational opening has been affected, raising the question how the airport is not safe enough to officially open, but is safe for an unofficial opening. “It is safe to land at St Helena Airport within specific parameters,” Ms Lawrence says, but she highlights that more data is still needed. Will it take weeks, months or years? “I honestly don’t know the answer to that one,” Ms Lawrence said. What is sure is that the St Helena Day Celebrations will not be affected. The normal parade had already been moved to Friday 20 May in order to avoid clashing with the official airport opening on 21 May, and it will stay on the Friday according to New Horizons and SHG.
Dear Editor,

I’d like to make some corrections to the article “Evacuating Tristan da Cunha”, issue no 2, page 14 & 15.

The Chief Islander mentioned was not Albert Green but Albert Franklin Glass (1935-2007). Albert served three terms as Chief: 1973-76, 1976-79 and 1982-85. He became the first policeman on the island in about 1968 (Sergeant): The Island Council had voted to have a policeman in a meeting in December 1967. Albert received his training at the Hendon Police College; London.

The ship – which arrived at Tristan 13 October 1961– was HMS Leopard (not: Leonard); it was sent out from the Cape and stayed off Tristan for two days before returning. The “brief spell” in wooden huts in Redhill, Surrey, lasted 2½ months. The ship Barney Swain mentioned was the Dutch MV Boissevain (not: Bossecain). This ship however was not the second ship to take the islanders home. The second ship was MS Bornholm which left Southapton in October arriving at Tristan in November.

The first ship taking the advance party was the RMS Amazon leaving Tilbury for Rio de Janeiro in March 1963. There the passengers boarded MV Boissevain to sail to Tristan. Gaetano Lavarello and Andrea Repetto, both Italians from the village of Camogli, were not among the first settlers but indeed the last settlers (arriving on the bark “Italia” October 1892, which wrecked off Tristan) who formed the seven surnames Glass, Green, Rogers, Hagan, Swain, Lavarello and Repetto! Other family names took foot only in recent years after Tristan-born people returned to the island to settle (examples: Collins, Squibbs).

William Glass’ young wife was Maria Leenders (not: Leenanders). The captain of the schooner “Duke of Gloucester” was named Amm (not: Ham). He brought Thomas Hill Swain to Tristan and later the settlers from St Helena. It is said they were eight, among them also a John Isaac, Bill Jacobs and Jacob Jacobs.

Yours reader
Manfred (a.k.a. Eagle Eye)

Dear Editor

May the deities of the oceans bless the beautiful island of St Helena with its wonderful people.

Wade & Marysia
S.V. Pintado

Bye Bye

RMS looks Forward to UK Visit

August Graham, SAMS

There’s not long left for the island’s supply line. The RMS St Helena will be calling to the UK in June. She will sail up the River Thames and as many as 500 people are expected to come to look around the ship before she heads back to St Helena.

Today she will leave for Cape Town, and she will call in Ascension once before starting the epic voyage. From St Helena she will journey to Ascension and the Canary Islands, before finally getting to the UK’s Tilbury Docks on 5 June. The following Tuesday 7 June she will sail up the Thames and moor next to the HMS Belfast at the Queen’s Walk in London.

The ship will “promote St Helena as a tourist destination” according to the government. She will also “highlight the opportunities to invest on the island and celebrate the 26 years of dedicated service the RMS St Helena has provided.”

On Saturday 11 June she will be back in Tilbury and throw her doors open to the public. Visitors will need to apply for tickets, but about 500 are expected to come.

Dear Editor

For more information/viewing, please contact Laura Stroud/Philip Yon Telephone 22002

For Sale

Pale grey replica glazed floor tiles
333 X 333 mm
Qty: 12 boxes of 9
£250

Triton fast-fit electric shower - white/chrome
Qty: 1
£100

Flea and worm treatments should be given to your cat or dog every 6–weeks to keep them parasite free

St Helena SPCA

For more information, please contact
Laura Stroud/Philip Yon
Telephone 22002

Met Office

Weekly stats from the Met Office, Bottom Woods, St Helena
for W/E 24 April 2016

Max Temp 23.7 °C
Min Temp 18.2°C
Total Rainfall 2.6 mm
Mean Temp 20.0 °C
Total Sunshine 46.4 hrs
Moment De Memoire

A commemoration of the death of Napoléon Bonaparte will be held on Sunday, 01 May 2016, at
12:00 at Napoléon’s Tomb.
You are warmly welcomed to attend this ceremony.
If you would like to participate in the ceremony and lay a wreath then please contact the Tourist Office.

Since 2011 St Helena has held a ceremony of commemoration of Napoléon’s death. Whilst St Helena normally holds the commemoration on the actual anniversary of his death, 05 May 1821, this year it is being held on the weekend closest to the date.

Longwood House will be open to the public free of charge from 1:00 pm to 3:00 pm.

For further information please contact Christina Stroud on 22158 or christina.stroud@tourism.co.sh
**Mystery on St Helena**

August Graham, SAMS

Based partly on St Helena the Detective and The Devil by Lloyd Shepherd is the fourth book in the series following Constable Charles Horton. Investigating the murder of a whole family throws him into the dark world of the East India Company. “What is the Company hiding, and why are its employees disappearing – particularly those linked to the small island of St Helena?” Lloyd Shepherd writes on his website.

In a St Helena exclusive, the author tells us in his own words about the book’s link to St Helena, a week after it was released.

Tell us a little about the book, what’s the plot (no spoilers please)?

The book is the fourth in a series featuring a Wapping waterman-constable called Charles Horton, working in Regency London in the early 19th century. In The Detective and the Devil, Horton is called in to investigate the murder of an East India Company clerk and his family, in circumstances uncannily similar to an earlier crime which Horton also investigated. Horton’s wife Abigail is also dragged into the investigation, as sinister goings-on within the East India Company are exposed.

How were detectives in 1815 different to what they are today?

There were no ‘detectives’ in the early 19th century, and there was no official police force. Horton is a ‘waterman-constable’, an officer of the River Police. But he is fascinated by crime, and has become known as a man who can ‘detect’ its causes. So he is very much making it up as he goes along - and those who work with him find his methods to be odd and almost obscene, although to our eyes he is just ‘detecting’!

What role does St Helena play in the book?

The conspiracy within the East India Company leads Horton to St Helena, which at the time of the book is owned by the East India Company. The second half of the book is set on the island, and Horton discovers extraordinary goings-on in an old Dutch Fort above Prosperous Bay.

Why did you choose St Helena as a setting?

In all my books, I like to explore the growing power of the British Empire, and its overseas reach. In my first three books I’ve taken readers to Jamaica, Tahiti, Florida and Africa. St Helena seemed an interesting addition to that one. Also, I was intrigued by the idea of setting a story on the island in the same year as Napoleon’s arrival - but before he ever got there. To describe the island as it was before the event which changed it forever. Lastly, my book begins with the theft of a book from the library of Elizabethan magus John Dee, and he claimed in one of his books to have travelled to St Helena, although he almost certainly never did. I found myself asking why he would do that.

Have you visited the island before? Will you be visiting in future?

I’ve never visited, unfortunately - the description of the island is from books, particularly those books published immediately after Napoleon’s arrival, when there was an explosion of interest in the island. It was just too time-consuming to get there from England when I was researching the book. Now the airport is open, I can’t wait to come and see the place which has lived in my imagination for so long.

Where can we buy the book from?

To be honest, I don’t know how one gets hold of books on St Helena! The book’s online at all good book stores, and is on Kindle and other ereaders too. Perhaps we’ll have to come up with a way of getting a special delivery to the island - I’ll ask my publisher!

Anything else you’d like to add?

I don’t have anything to add, other than: Congratulations on the new airport, St Helena! And I hope to visit very soon.
The Health Directorate has a vacancy for a temporary Community Nurse for period of six months.

The successful candidate will be responsible to the Community Nursing Officer and the purpose of this role is:

• To manage a caseload of patients under the direction of the Sister or Community Nursing Officer. Delivering Nursing Care as part of a team. Working within the community either at the District Clinics, or in patients’ homes.
• To support the Sister or Community Nursing Officer in the delivery of an efficient/effective nursing service and has responsibility for assessment, planning, delivery and evaluation of care.

The salary for the post is at Grade D commencing at £11,034 per annum.

The successful candidate should be in possession of a St Helena Nursing Certificate or Registered Nurse equivalent. Must have a valid driver’s license class A and be computer literate.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.

Interested persons requiring further details regarding this post can contact Mrs Christine Laskey, Community Nursing Officer on telephone no 23563.

Application forms and a job profile, which are available from the Health Directorate should be completed and submitted through Directors where applicable to Mrs Brenda Thomas, Human Resources Officer, Health Directorate by Friday, 6th May 2016.

Darren J Clarke (Dr), Director

19 April 2016
Justice for the 96

Ninety-six football fans who died as a result of a crush in the 1989 Hillsborough disaster were unlawfully killed, the inquests have concluded. The jury found match commander Ch Supt David Duckenfield was “responsible for manslaughter by gross negligence” due to a breach of his duty of care. Police errors also added to a dangerous situation at the FA Cup semi-final. The prime minister said the inquests had provided “official confirmation” fans were “utterly blameless”. After a 27-year campaign by victims’ families, the behaviour of Liverpool fans was exonerated. The jury found they did not contribute to the danger unfolding at the turnstiles at the Leppings Lane end of Sheffield Wednesday’s ground on 15 April 1989. Nine jurors reached unanimous decisions on all but one of the 14 questions at the inquests into Britain’s worst sporting disaster. The coroner Sir John Goldring said he would accept a majority decision about whether the fans were unlawfully killed - seven jurors agreed they were.

When the conclusion of the unlawful killing was revealed, families were seen hugging each other in the public gallery and some punched the air. When considering how each of the 96 victims died the jury concluded many died well after 15:15 on the day of the match. The coroner at the original inquest in 1991, Dr Stefan Popper, said he would not hear any evidence relating to deaths beyond that time because he believed all the victims had died, or suffered fatal injuries, by then. The deaths were ruled accidental and those verdicts were quashed following the 2012 Hillsborough Independent Panel report, and new hearings were ordered.

The new inquests found the direct medical cause of death was compression asphyxia in all but three of the victims. The earliest time of death was estimated from 14:57 and the last up to 17:00. Tony Bland, the 96th victim, died in 1993 after being left brain damaged, due to or as a consequence of compression asphyxia. The families clapped as the jury left the Hillsborough inquests in Warrington. One woman shouted “God bless the jury.” There were lots of tears as lawyers hugged the families and the shadow home secretary Andy Burnham hugged the families in court. There were lawyers crying, Andy Burnham was crying and the families were hugging. People said they couldn’t take in the enormity of it all.

Abridged story from the BBC
Ascension Island Government

**Conservation Fieldworker (National Parks)/Assistant Reserve Warden**

The Conservation Department is looking to recruit a suitable individual to fill the role of Conservation Fieldworker, with a primary focus on carrying out fieldwork in the Island’s Nature Reserves and National Park. The individual will be based at the Red Lion, Green Mountain, and will work under the day-to-day guidance of the Terrestrial Conservation Officer, but will also spend time at the main Conservation Office, Georgetown, working with other members of the Conservation Team under the supervision of the Conservation team leader. Work tasks will be carried out within the context of the Island’s Biodiversity Action Plan, with a focus on the safeguarding of Ascension’s native and endemic fauna and flora, and the control/removal of alien invasive species. The successful individual will also work to install and maintain amenities in the Protected Areas to encourage their responsible use, will assist with tours and supervise volunteers as required and will assist with research, surveys and monitoring under the direction of Conservation programme leaders.

The successful applicant should:

- Have a good standard of education.
- Have an advanced qualification (e.g. GNVQ, BSc etc.) in a relevant subject (desirable).
- Have a full clean valid driver’s licence. Experience of driving 4x4 vehicles (highly desirable).
- Have a chainsaw and strimmer licence (this would be a distinct advantage).
- Be computer literate.
- Have the ability to work as part of a team, and also alone and unsupervised in isolated areas of the island.
- Have experience of practical conservation practices such as invasive species management and control, and also of biological monitoring methods would be an advantage.
- Be physically fit and enjoy working outdoors in all conditions (the job is field based with most days spent walking, often over rugged terrain and carrying heavy loads).
- Have working knowledge of the flora and fauna of Ascension Island.

We are offering a two year single status contract with a salary of £7,000 per year (taxable in Ascension Island), together with the following benefits valued at up to £10,000 per year:

- Food allowance (£2,969).
- One mid-contract return air fare to the country of recruitment/residence.
- Rent free housing, with electricity and water allowances.
- Generous baggage allowances.
- Free medical and primary dental care.

For further details concerning the post, please contact the Conservation Team Leader and Nursery Officer Jolene Sim, on jolene.sim@ascension.gov.ac or by telephone on +247 66359.

To obtain an application form and information pack please contact the HR Executive Officer, Patsy Moyce by email: patsy.moyce@ascension.gov.ac. Applications should be sent to the aforementioned email address by no later than **5pm on Tuesday 10th May 2016**. Only short-listed candidates will be contacted and called for interview. Interviews will be held towards the end of May 2016.
ST HELENA SNIPPETS/NOTICE BOARD

Thanksgiving at St James for Queen Elizabeth’s 90th Birthday

Delightful Sung Eucharist

Ferdie Gunnell, SAMS

Approximately 110 people attended a delightful Church Parade service at St James Church, Jamestown on Sunday 24 April and gave thanks for Queen Elizabeth’s 90th Birthday. The service was led by Father Dale Bowers who was clearly disappointed there was no Scout’s band.

Addressing the attentive scouts and guides including cubs, rainbows, beavers and explorers Fr Dale skillfully told a passionate story about “loving your enemies,” based on a new commandment left by Jesus to his disciples, “Love one another as I have loved you”. Three rainbows went to the front to enroll and receive badges. Four cubs also went up to receive certificates and promised to obey the Scout law.

2016 marks 100 years since the formation of cubs – a special ceremony will be held on 16 December. It’s also 30 years for the beavers. Scouts and guides participated throughout with bible readings, taking the Holy Communion sacraments to the altar and collected offerings.

Fr Dale announced for the second time the banns of marriage for Stacey Rose Peters and Shane Rex Williams of New Bridge, Jamestown who will marry in St James Church on 7 May 2016. He said the scaffolding, which was erected in January 2015 for constructing a steel spire at the front of the Church, will have been removed by then. The contractor for this project, Adrian Duncan will lift its first section into place this weekend.

All standing, the first verse of the British National Anthem was sung and then a final hymn concluded the service.
Solomon & Company (St. Helena) Plc has a vacancy for a **Sales Assistant**

Within Warrens Department Store

**Job Outline**

To provide a high standard of customer service and to assist with the day-to-day running of the shop.

**Interested Persons Should:**
- Have good Customer Service skills
- Have knowledge and experience in cash handling & security
- Be computer literate

Salary for the post will start at £5,993 per annum, (£499.42 per month).

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On behalf of a local Saint business, Burgh House Limited is looking for premises in lower Jamestown for a non-polluting, non-food operation. Approx. 35sqm is required.

Please contact John on (+290) 22944 from 9am - 1pm Mon-Fri or email john@burghhouse.com
**Sex Drugs Alcohol and Chlamydia**

1.5% of the Population Tested so far, 8 of 10 Tests Positive

**Damien O’Bey, SAMS**

The recent sexual health campaign being run by the health directorate gathered pace with the nursing team offering free screening to those who wanted it at Donny’s on Friday night. “We have had a really positive start to the campaign with 1.5% of the population tested so far,” Hospital Nursing Officer, Lisa Rhodes told The Sentinel. “58% of those tested are males, and 42% are females.” However despite this positivity the team have encountered a few problems.

“We are still getting people telling us that they don’t need a test,” said Lisa “even after admitting to us that they have had unprotected sex.” Sexually Transmitted Infections (STIs) can exist without showing any signs or symptoms. Taking a test “is the only way to say with confidence that you are STI-free.” Any samples taken as part of this campaign will not be tested for alcohol or drugs. It is illegal to perform other tests without your consent. “We are only looking for STIs,” Lisa said in an attempt to encourage more people to take advantage of the free test.

The health directorate have taken even more steps to put minds at ease. No results positive or negative will be put onto medical records. This will ensure privacy and confidentiality. A separate secure database has been created that only the lab and the Hospital Nursing Officer will have access to. “All results will be input there,” said Lisa “I will access them and contact individuals with their results.” A high number of those tested and Donny’s on Friday night provided false samples, choosing to provide water as a urine sample and swabs of the toilet walls. “This is a free service to access, but it still costs the health service to run,” Lisa told The Sentinel. “If you do not wish to have a test, don’t do it. “Unless you have a test you cannot know, and you are putting others’ lives and futures at risk. Please don’t; please be responsible for yourself and others.”

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Notice is hereby given that the AGM of the Palm Villa Singers will take place on Wednesday 11th May at 7.00pm in the St John’s Schoolroom.

Anyone interested in the musical heritage of the Island is encouraged to attend.

**NEW YEAR HONOURS 2017**

OVERSEAS LIST - Reminder

The Foreign and Commonwealth Office invites nominations for the 2017 Queen’s New Year Honours List.

Persons wishing to submit nominations for the 2017 New Year Honours are reminded that the overriding principle is that Honours are awarded on merit for exceptional achievement, or any service recently carried out over and above what normally is expected. Where possible, nominations should place emphasis on voluntary services.

It should also be noted that age is not a factor in awarding Honours and younger members of the community who have made an outstanding contribution or have given exceptional service, should not be overlooked.

It is important that nominations are kept confidential and that nominees are not made aware that they are being proposed for award of an Honour.

Nomination forms are available from Corporate Services at the Castle and can also be requested electronically from Miss Linda Benjamin, via email: linda.benjamin@sainthelena.gov.sh

Completed forms should be returned in a sealed envelope, marked Confidential, to the Executive Secretary, Honours Committee, by Wednesday 4 May 2016.

SHG, 26 April 2016
A SAINT FAVOURITE

CATFISH, BUT NOT REALLY CATFISH, DO-DOWN

Liam Yon, SAMS

There are many dishes that Saints love from fishcakes to black puddings to that pot-a-plo; all of which are common and pretty easy to come by. But another dish which would certainly make it onto most Saints top ten foods, probably because of its rarity, is that good ole catfish do-down. The meal, which is quick to make, is loved by Saints. Some take things a step further and create catfish curry whereas others tend to stick with the more simple do-down; eating it on its own or with fresh buttered bread.

Visitors to the island are sometimes confused, and we can see why, when Saints speak about catfish. Elsewhere the term is the name of a ray-finned fish with prominent barbels which resemble cat’s whiskers; hence the name catfish. Here though, when we say catfish, we are referring to Octopus; those eight-legged sea creatures that can be found lurking in pools of water around the coast of the island.

These ‘catfish,’ although not rare, are sometimes hard to come by for Saints that don’t go to the fishing rocks or don’t know the tell-tale signs of their whereabouts. For some they only receive catfish when the delicacy is sent from our sister island, Tristan Da Cunha. The Tristan catfish are notably larger than those found on St Helena; some with legs thicker than a tin of beans. There is also the argument that the Tristan catfish has a better taste than our local catch, but that is left up to the individual. Nevertheless, whichever catfish Saints can get a hold off, it is almost guaranteed that a do-down will be on the menu soon after. The dish is one that is made for family get-togethers and special occasions and is a great conversation starter. Many Saints will have fond memories that start with the line, “I remember dat day when us had dat catfish do-down...”

Quick, Easy and Tasty
Catfish Do-Down Recipe - Keith Yon

Ingredients:
Catfish, Sliced Potatoes, Herbs (onion, parsley, thyme, garlic and chilli)

Method:
1. Boil the catfish till tender and chop into chunks
2. Fry herbs then add sliced potatoes
3. Add catfish and fry altogether on medium heat until potatoes are soft, (adding seasoning to taste)
Sudoku

Every Sudoku has a unique solution that can be reached logically.

How To:

Enter numbers into the blank spaces so that each row, column and 3x3 box contains the numbers 1 to 9.

COFFEE BREAK

HUMOUR

So these two roaches, Tom and Oscar, are hanging out next to a dumpster enjoying a snack. “Hey Tom” said Oscar to his friend, “You know that restaurant down the block? I went there yesterday to pick up some scraps, and I couldn’t believe how clean it was, I could practically see my reflection through the shiny waxed floor.” “Oscar” hollered Tom spitting the food out of his mouth, “please not while I am eating!!”

There are more fake flamingos in the world than there are real flamingos.

X’s & O’s

sentinel reboot

Local news from this time last year

25 April 2015

An estimated 200-plus adults and children walked through the gates of St Pauls Primary School on Saturday 25 April, when the school hosted their annual Science Fair. The school playing field was filled with activities and stalls from organisations such as Solomon’s and Company, Connect St Helena, National Trust...etc.
Health Matters
Sexual Health

EVERY MONTH IS MONTH

This week we are thinking about sexual health and the growing problem that there is on the Island with sexually transmitted Infections (STIs) & diseases (STDs). These are often easily treatable, but left untreated they can lead to infertility and life long Complications, with infections such as HIV.

The message from the Health Directorate is simple:

We are going to make getting tested easier by coming to you. There will be drop-in sessions around the Island offering free screening and treatment.

You can also contact the Community Health Team on 23563 or visit the lab to arrange screening at your convenience.

When you have sex with someone, you are having sex

With everyone they have had sex with, and with

Everyone they have had sex with, and with

Everyone they have had sex with, and with

Everyone they have had sex with, and with

One partner can expose you to many diseases. You are at risk of getting all of the STDs that your partner’s past and present partners have had.

If you have an infection we will ask you who you have had sex with. This information will be used anonymously. By tracing and treating partners we can help limit the

For further information contact the Health Promotion team on Tel. 22500 or e-mail
Marian Kanes - Health Promotion Trainer hp.trainer@publichealth.gov.sh or
Marian Yon - Health Promotion Coordinator marian.yon@publichealth.gov.sh.
Public Notice

Vacancy

Conservation Worker — Peaks

The Environment and Natural Resources Directorate would like to recruit a Conservation Worker at the Peaks. The jobholder’s role is to conserve and restore St Helena’s native habitats and species, particularly but not limited to the cloud forest ecosystem in the Peaks National Park under the Peaks Conservation Program.

The successful candidate should have a clean driving licence for classes A-C and a certificate in the use of herbicides and pesticides. The candidate should also have knowledge of propagation and nursery management and knowledge of the Island’s endemics and habitats.

Salary for the post will be at Grade B1 which is £6,722 per annum.

For further details regarding this post, interested persons should contact Mr Mike Jervois at Scotland; on telephone number 24724 or e-mail mike.jervois@enrd.gov.sh

An application form and Job Profile is available from either Scotland Office or Essex House and should be submitted to the Human Resources Manager, ENRD, Essex House or e-mail karen-thomas@enrd.gov.sh by no later than Wednesday 11 May 2016.

Derek Henry
Deputy Director of Environment and Natural Resources
25 April 2016
FOR SALE

TOYOTA CELICA 1.8 16 VALVE VVTI

VEHICLE IS IN EXCELLENT RUNNING CONDITION.

COLOUR: FORD FOCUS ELECTRIC ORANGE (RECENT RE-SPRAY)

CAR IS FITTED WITH ALL BRAND NEW: ANGEL EYES/LED LIGHTS, INDUCTION KIT, CLUTCH, FULL EXHAUST, BRAKE PADS, DRILL & GROOVE BRAKE DISCS, GENUINE CARBON FIBRE BONNET, FULL BLITZ BODY KIT, HEAD UNIT WITH 7” LCD SCREEN, 700 WATT SUB WOOFER & SPEAKERS, 18” ALLOY RIMS AND LAMBO DOORS.

CAR IS BEING SOLD WITH THE FOLLOWING SPARES: FRONT & REAR PREVIOUS BLITZ BUMPERS, ORIGINAL BONNET, 2 BRAND NEW TYRES, FRONT UNDER-ARCH GUARDS, BRAND NEW CLUTCH KIT, PREVIOUS ANGEL EYES/LED HEADLIGHTS, ORIGINAL AIR FILTER & HOUSING AND OTHER VARIOUS BITS.

FOR MORE INFORMATION AND/OR VIEWING, PLEASE CONTACT PHILIP YON/LAURA STROUD: TELEPHONE 22002
ST HELENA MAGISTRATES’ COURT

14th April 2016
MARTIN PLATO (46) of Half Tree Hollow pleaded guilty to being drunk and disorderly in a public place. Mr Plato was fined £65.00 with costs of £15.00.

15th April 2016
SHANE GREEN (20) of Longwood Hangings pleaded guilty, after the end of the prosecution evidence in a trial, to carelessly driving at an excessive speed. Mr Green was fined £100.00 with costs of £50.00. The court indicated that there was evidence that persons were regularly driving at excessive speed at this location on the Hutt’s Gate to Longwood Road and that such would not be tolerated. Mr Green was further disqualified from driving for the period of 6 months.

21st April 2016
PAUL MARTIN FOWLER (45) of Half Tree Hollow pleaded guilty to driving whilst 28% over the prescribed alcohol limit. The offence was considerably aggravated by Mr Fowler having similar previous convictions from Ascension Island. Proceedings were adjourned to obtain a Pre-Sentence Report, as the court required to give consideration to a sentence of imprisonment. Mr Fowler was prohibited from driving as a condition of bail.

PATRICK STEVENS (52) of Teales Cottage pleaded guilty to failing to comply with a requirement to make an annual report to the police in terms of a sexual offences notification order. While any such offences are ordinarily very serious, the court was satisfied that on this occasion, the same was committed though negligence, rather than deliberately. Mr Stevens was therefore fined £300.00 with costs of £15.00.

JULIAN RICARDO THOMAS (23) of Bottom Woods pleaded guilty to driving whilst 52% over the prescribed alcohol limit. The offence was aggravated by Mr Thomas having a similar previous conviction. Mr Thomas was fined £450.00 with costs of £15.00. Mr Thomas was further disqualified from driving for the extended period of 3 years.

LEICELL LEE TRAVIS JOHN WILLIAMS (25) of Near Golf Club, Longwood pleaded guilty to failing to comply with a requirement to make an annual report to the police, in terms of a sexual offences notification order. While any such offences are ordinarily very serious, the court was satisfied that on this occasion, the same was committed though negligence, rather than deliberately. Mr Williams was therefore fined £260.00 with costs of £15.00.

RYAN JAMES YOUNG (20) of Barren Ground, Blue Hill pleaded guilty to carelessly driving whilst 44% over the prescribed alcohol limit. Mr Young was fined £240.00 with costs of £15.00. Mr Young was further disqualified from driving for the extended period of 18 months.

ROADSIDE VEGETATION

The Roads Section would like to remind all landowners and householders of their responsibilities regarding roadside vegetation.

In accordance with the Highways Ordinance, a landowner or householder with property adjoining the highway has a responsibility to keep all vegetation, including flax and trees, clear from obstructing the road.

All green waste can be safely disposed of at the Horse Point Landfill Site. The Roads Section would like to thank householders and landowners for their continued cooperation.

SHG, 26 April 2016
Rev Dr Christopher Race

Birthdays, they say, come and go, as do most things in the yearly cycle of events. In the Christian calendar, the big exception is the celebration of Easter.

"What", I hear you say, "it happens once a year. And its time can be anything from the end of March to late April". (You might be interested to know that in 1989 it was March 26th and in 2019 it will be April 21st).

So, you would be right about the shifting date, but quite wrong about the once a year bit. Why? Because every Sunday is (or is supposed to be), a mini Easter celebration; every Sunday is a joyful recall of the event that witnessed against ancient fears and superstitions of death.

The Resurrection of Jesus has mostly to do with the death. The Sunday is "it happens once a year. Why? Because every Sunday is (or is supposed to be), a mini Easter celebration; every Sunday is a joyful recall of the event that witnessed against ancient fears and superstitions of death." The Resurrection of Jesus has mostly to do with the death. The Sunday is (or is supposed to be), a mini Easter celebration; every Sunday is a joyful recall of the event that witnessed against ancient fears and superstitions of death.

The third is that this God is a living God, as the Holy Spirit - the Spirit who is the giver of life.

So, really, Easter happens once a week, a real-time encounter with three great truths which we each require to grow fully into our humanity. The first is that all life, in all its forms and conditions, has a single source - point - of beginning that is beyond human invention. That which places livingness in everything that has life, is Spiritual and in the "Beyond". Christians call that "Spirit-Beyond", God.

Activities at the Army this weekend:

**SUNDAY 1 MAY**

**MORNING SERVICE AT HALF TREE HOLLOW HALL AT 11AM. ALL ARE WARMLY WELCOME.**

Every Wednesday Evening Prayer meeting & Bible study at the Half Tree Hollow Hall at 7.30pm. All are welcome.

QUALITY SECONDS' SHOP WILL CLOSE ON FRIDAY 29TH APRIL SATURDAY 30TH APRIL SALE OF CAKE & CANDY, BOTTLE & CAN ALSO 'QUALITY SECONDS' CLOTHING STARTING AT 10AM IN THE JAMESTOWN HALL.

There is always a warm welcome for you at the Salvation Army.

If you would like to know more about The Salvation Army’s activities, contact Lt. Coral Yon on telephone nos 22703/24358.

Take care and God bless.

**BAHA’I FAITH**

www.sheilabahai.org

**BAHA’I CENTRE**

Gumwoods DEVOTIONAL MEETING THURSDAY EVENINGS 8pm.

ALL ARE WELCOME

Telephone 24525

"Be worthy of the trust of thy neighbour and look upon him with a bright and friendly face." Baha’u’llah

The second is that all of Creation, everything that is, exists inside the space occupied by the Spirit-Beyond. Christians know this Spirit-Beyond as the Holy Spirit - the Spirit who is the giver of life.

Remember, Jesus said "God is Spirit" (Jn.4:24).

The third is that this God is a living God, whose nature is perfect and of love. "God is love" (1.Jn. 4:8). Because of that, the Living God subsists in relationship, and we, too, are beings of relationship.

These three truths are the framework for every-Sunday Easter event. They are proclaimed in us, in the word Jesus spoke "I am the resurrection and the life"; and in us as our lives are continually resurrected from negative things and renewed in life-ness.

So, re-live Easter every Sunday. Christ is risen! Alleluia!

**DIOCESE OF SAINT HELENA**

**The Cathedral Parish of St Paul**

**Sunday 1 May**

5 Sunday after Easter

8.00 a.m. Eucharist, St Peter Ascension Day

10.00 a.m. Eucharist, St Swithin

The Cathedral Parish of St Paul

**Sunday Services**

1st May 2016 - Sandy Bay Chapel 08.45 am

Head O’Wain 10.45 am

Jamestown 7.00 pm

**Bible Studies**

Tuesday 3rd May 2016:

Jamestown Schoolroom 7.00 pm

Thursday 5th May 2016:

Sandy Bay Chapel 5.30 pm

**Sunday 1 May**

Praise and Worship service at kingshurst Community Centre at 11am

**Tuesday 3 May**

Bible study/Cell group at Cape Villa at 5pm

**Wednesday 4 May**

May Bible study/Cell group at Sandy Bay Community Centre at 7pm

**Wednesday 4 May**

Bible Study/Cell group at the Home of Anthony and Elaine Hopkins Sapper Way at 7:30 pm.

**Seventh Day Adventist**

**Saturday 30 April**

9:15- 10:40am- Sabbath School

11:00- 12:00- Divine Service

2:00- 3:00pm - Personal Ministry

**Wednesday 4 May**

7:30- 8:30pm- Prayer Meeting in Jamestown Church

All Are Welcome

Further contact: Paul Millin, Tel: 22267

7.00 p.m. Mass, Cathedral St Helena & The Cross

8.00 a.m. Eucharist, Cathedral St Martin

9.30 a.m. Eucharist, St Helena & The Cross

11.15 a.m. Sung Eucharist, Cathedral St Martin

**The Parish of St James**

Sunday 1 May 5 Sunday after Easter

9.30 a.m. Sung Eucharist, Cathedral St John

Monday 2 May

7.00 p.m. Mass, St Mary

Wednesday 4 May

7:30 a.m. Mass, Ascension Day

Thursday 5 May

7:00 p.m. Mass, St John

Sunday 8 May 6 Sunday after Easter

9:30 a.m. Patroanal Festival, St John

7:00 p.m. Evening Prayer, St John

**Parish of St Matthew**

Sunday 1 May 5 Sunday after Easter

9:30 a.m. Sung Eucharist, St Mark

6.30 p.m. Evening Prayer, St Mark

Thursday 5 May Ascension Day

7:00 p.m. Mass, St Mark

Sunday 8 May 6 Sunday after Easter

9:30 a.m. Sung Eucharist, St Mark

**Baptist Services and Bible Studies**

1st May 2016 - Sandy Bay Chapel 08.45 am

Head O’Wain 10.45 am

Jamestown 7.00 pm
# SAMS Radio 1 Schedule

**Radio 1 Schedule**

102.7MHz, 90.5MHz, 105.1MHz, 105.3MHz

Also Live Streaming Via www.sams.sh

BBC WORLD SERVICE NEWS - 88.1MHz, 100.7MHz, 102.7MHz

## Monday

<table>
<thead>
<tr>
<th>Time</th>
<th>Program</th>
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<tbody>
<tr>
<td>07:00</td>
<td><strong>LIVE</strong> Sunrise</td>
</tr>
<tr>
<td>10:00</td>
<td>News followed by Notice Board</td>
</tr>
<tr>
<td>10:30</td>
<td><strong>LIVE</strong> Hits &amp; Bits (Includes live interviews w/ Donna Crowie)</td>
</tr>
<tr>
<td>12:00</td>
<td>News followed by Notice Board</td>
</tr>
<tr>
<td>12:30</td>
<td><strong>1st Replay</strong> Behind The Music</td>
</tr>
<tr>
<td>14:00</td>
<td><strong>1st Replay</strong> Rewind</td>
</tr>
<tr>
<td>15:15</td>
<td><strong>1st Airing</strong> Mud On The Tires</td>
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<tr>
<td>16:00</td>
<td><strong>LIVE</strong> Afternoon Drive - Luke Bennett</td>
</tr>
<tr>
<td>17:00</td>
<td>News followed by Notice Board</td>
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<tr>
<td>19:00</td>
<td>News followed by Notice Board</td>
</tr>
<tr>
<td>19:15</td>
<td><strong>1st Airing</strong> Hot Rocks</td>
</tr>
<tr>
<td>20:15</td>
<td><strong>1st Airing</strong> PAS “News &amp; Views” (Once a month)</td>
</tr>
<tr>
<td>22:00</td>
<td>News followed by Notice Board</td>
</tr>
<tr>
<td>22:30</td>
<td>Interview Of The Day</td>
</tr>
<tr>
<td>23:00</td>
<td><strong>Replay</strong> Sunrise</td>
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## Tuesday

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<tr>
<td>12:30</td>
<td><strong>Replay</strong> Of An Interview Making The News</td>
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<tr>
<td>13:00</td>
<td><strong>LIVE</strong> - 1548 With Ferdie</td>
</tr>
<tr>
<td>16:00</td>
<td><strong>LIVE</strong> - Afternoon Drive - Luke Bennett</td>
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<tr>
<td>19:00</td>
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<tr>
<td>19:30</td>
<td><strong>Replay</strong> Gospel FM - 2hrs</td>
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<tr>
<td>22:00</td>
<td>News followed by Notice Board</td>
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<td>22:30</td>
<td>Interview Of The Day</td>
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<td>23:00</td>
<td><strong>Replay</strong> Sunrise</td>
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## Wednesday

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<tr>
<td>07:00</td>
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<tr>
<td>10:00</td>
<td>News followed by Notice Board</td>
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<tr>
<td>10:15</td>
<td><strong>1st Airing</strong> - Chart Show</td>
</tr>
<tr>
<td>10:45</td>
<td><strong>LIVE</strong> Hits &amp; Bits (Includes live interviews - Donna Crowie)</td>
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<tr>
<td>11:00</td>
<td><strong>LIVE</strong> - Human Rights Corner</td>
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<tr>
<td>12:00</td>
<td>News followed by Notice Board</td>
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<tr>
<td>12:30</td>
<td><strong>2nd Airing</strong> - Mud On The Tires</td>
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<tr>
<td>13:15</td>
<td><strong>2nd Airing</strong> - Rewind</td>
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<tr>
<td>14:30</td>
<td><strong>2nd Airing</strong> - Hot Rocks</td>
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<tr>
<td>19:30</td>
<td><strong>2nd Replay</strong> - Behind The Music</td>
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<tr>
<td>21:00</td>
<td>Listening Club Show (Film Crew Boyz)</td>
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<tr>
<td>22:00</td>
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<tr>
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<td><strong>Replay</strong> Sunrise</td>
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<tr>
<td>12:30</td>
<td><strong>3rd Airing</strong> - Behind The Music</td>
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<tr>
<td>19:00</td>
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<td>19:30</td>
<td>B &amp; H Gold</td>
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<tr>
<td>20:30</td>
<td><strong>Replay</strong> Of An Interview Making The News</td>
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## Saturday

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<tbody>
<tr>
<td>08:00</td>
<td>News followed by Notice Board</td>
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<tr>
<td>09:00</td>
<td>SATURDAY CHARTBUSTERS (+ weekend notice board during day)</td>
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<tr>
<td>09:30</td>
<td><strong>1st Airing</strong> - Behind The Music</td>
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<tr>
<td>12:00</td>
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<tr>
<td>12:15</td>
<td>SATURDAY CHARTBUSTERS + Weekend Notice Board</td>
</tr>
<tr>
<td>13:00</td>
<td><strong>Replay</strong> - THE CHART SHOW (w/ Sheona Brown &amp; Isha Harris)</td>
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<tr>
<td>15:00</td>
<td><strong>1st Airing</strong> REWIND</td>
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## Sunday

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<tbody>
<tr>
<td>09:00</td>
<td>SECOND CHANCE SUNDAY (includes notice board during the day)</td>
</tr>
<tr>
<td>17:00</td>
<td>SECOND CHANCE SUNDAY programme line up repeats</td>
</tr>
</tbody>
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**Contact the Show**

To reach the Radio 1 team, call 22727, or email: news@sams.sh. You can also contact us via our Facebook page - just visit the SAMS website, www.sams.sh, click the Facebook link at the top right of every page.
“The Future Looks Bright”

New Governor Promises Transparent Government

August Graham, SAMS

continued from front page

delivered a speech.

Small changes were signalled when she spoke.

“I want to put more personal effort into bringing government closer to its people,” she said.

“I’d like to be known as a visible governor.”

Coming from someone who was already engaging with people on Twitter before coming...
to the island, this sounds like a sincere wish. She also highlighted other priority areas like child safeguarding, combining them with her ideas of being open to the people of the island. “I hope you will see me out and about, talking to children and young people about what they want,” she said.

With the bells of St James Church ringing in the background, Ms Phillips told the audience she wants to make tourism work for the island’s people.

“The future looks bright,” she said while summing up before greeting many of the people who had turned up. Long after the police, scouts, guides and Seventh Day Pathfinders had marched away, the new governor could still be seen talking to children on the Grand Parade.
With the construction industry on St Helena currently booming, the demand for blocks is ever increasing and Patrick Crowie has taken on the challenge of helping to meet this demand. He is producing 9” Cavity blocks and 4 ½” Solid Blocks, using an innovative approach which doesn’t require the use of electricity as well as offering a service where blocks are made on the customer’s building site.

Whilst doing DIY projects around his home, Patrick came upon this idea when placing two pieces of alloyed metal together lengthways – this formed a homemade mould for a 4” block. Patrick was keen to develop his business idea using this method of block making and decided to approach ESH for funding support.

Patrick has been working on his new venture with Enterprise St Helena since 2013 and was initially supported with a business plan and more recently with a Development Projects Grant for funding towards a Bevel Edge Paver and an Emerald Shape D block mould. Patrick is now operating a successful business where he is producing between 200 to 400 blocks a day and has employed one part-time staff to assist with the work load.

Patrick commented: “I’ve wanted to get the moulds for a long time but wasn’t in a position to do so. I really appreciate the support provided by ESH in helping me to develop my business idea further.”
Enhancing Our Dental Care

For the First Time Ever, St Helena Boasts Two Full-Time Resident Dentists

Liam Yon, SAMS

Peter Schoeman arrived on island at the end of March and is here to take up the post as dentist on a two-year contract. Peter qualified as a dentist in 2006 at the University of the Western Cape and has both private practice and community experience. He was born and raised in South Africa. “I hope that being from a diverse and dynamic country,” Peter said, “has equipped me well enough to assist and partake in the exciting challenges that await St Helena and her people.”

The new dentist, who completed a Post Graduate Diploma in Forensic Dentistry in 2009 and is a certified Advanced Trauma Life Support provider, has been treating patients since the beginning of April alongside Dentist Wayne Badier and the existing team. This is the first time St Helena has had two full-time resident dentists. “Although my part may be small in the bigger picture of health care development on St Helena,” Peter said, “I want to embrace this opportunity to make a difference as best I can.”

WASTE MANAGEMENT SERVICES

Collection of Landscape Impacting Wastes

Waste Management Services are pleased to announce an ENRD trial initiative - Collection of Landscape Impacting Wastes.

The aim of this initiative is to make St Helena’s environment more pleasing to the eye and begin to rid the Island of historical bulky waste that at times blights the landscape. Bulky waste is categorised in this instance as larger items, including end-of-life vehicles, bulk scrap metal, and large volumes of waste that may be visibly stored on public or private land.

The trial will begin in Longwood, on the road to and from Millennium Forest through to Longwood Gate and, if successful, may be implemented in other parts of the Island.

Environmental Risk Manager, Mike Durnford, said:

“ENRD encourages residents in Longwood to take part in this free opportunity. In future, the newly enacted Environmental Protection Ordinance may require residents to dispose of such waste at their own expense.

“Waste Management Services acknowledges that residents from across the Island might wish to take part in this scheme but, due to current budget restrictions, ENRD can only offer the service to Longwood at this time, with a view to expanding to other districts if affordable, based on the experience of the trial initiative.”

Customers can book for free collection and disposal of bulky waste impacting the landscape by contacting Mike Durnford on Tel: 24724 or e-mail mike-durnford@enrd.gov.sh, who will arrange a suitable day for collection. The service will commence in May 2016.

The regular Island-wide bulky waste collection service is planned to recommence when the replacement refuse collection vehicle increases capacity in the Waste Management Service - but this is still several months away. Members of the public are in the meantime encouraged to dispose of their bulky waste and large scrap items at the Horse Point Landfill Site during normal opening hours.

SHG, 26 April 2016
ASCENSION ISLAND GOVERNMENT

Vacancy - Terrestrial Conservation Officer

Salary and benefits worth up to £22K
Two year fixed term contract

Ascension Island is a small volcanic island situated in the sub-tropical South Atlantic, with a warm climate, excellent beaches and unique environmental biodiversity. The Island has a population of 850 living in 4 settlements. The Island is governed by an Administrator (HMG’s representative on the island and Head of the Ascension Island Government) reporting to the Governor on St Helena and advised by an Island Council. The Ascension Island Government has around 150 employees, with a Conservation and Fisheries department of 12 staff.

The Ascension Island Government (AIG) is looking for a Terrestrial Conservation Officer starting in July 2016 to conserve and enhance the natural beauty, wildlife and cultural heritage of the Island’s Nature Reserves, within the context of the Island’s Biodiversity Action Plan. One of the main tasks of this role will be to take a lead role in developing a biosecurity policy for Ascension Island. This will include implementing the recommendations in the biosecurity consultant report for Ascension as well as establishing monitoring of freight pathways and surveying landing areas to determine current levels of introductions. You will also establish control procedures, in particular for high risk species.

You will work with the Conservation team to develop and then implement management plans and strategies for the six newly designated Nature Reserves (Long Beach, Pan Am, North East Bay, Mars Bay, Waterside Fairs and Letterbox Peninsula) and for Green Mountain National Park. In this role, you will report to the Director of Conservation and Fisheries, and be part of the Conservation Department team.

You will need to build effective relationships with a wide range of stakeholders’ on-island and produce effective and realistic management plans. You will need to be a self-starter and resilient, willing to live and work in a remote island community whilst remaining enthusiastic in the face of the challenges that this brings.

Besides developing both management plans and a biosecurity policy, you will:

- Take a leading role in the practical conservation of Ascension’s native and endemic flora.
- Carry out the delegated functions of a Reserve Warden under the National Protected Areas Ordinance CAP A20.
- Manage and mentor the National Park Ranger/Assistant Reserve Warden.
- Encourage volunteers, both residents and visitors including military expedition groups to participate in practical conservation efforts in the National Parks.
- Educate and manage trainees, students, voluntary and some AIG staff working in the National Parks.

An environmental scientist, you are an excellent fieldworker with a proven track record of successful project delivery, a strong commitment to conservation, and experience in biosecurity policy implementation.

We are offering a two year single status contract with a salary of £12,000 per year (taxable in Ascension Island), together with the following benefits valued at up to £10,000 per year:

- Food allowance (£2,969).
- One mid-contract return air fare to the country of recruitment/residence.
- Rent free housing, with electricity and water allowances.
- Generous baggage allowances.
- Free medical and primary dental care.

For further details concerning the post, please contact the Conservation Team Leader and Nursery Officer Jolene Sim, on jolene.sim@ascension.gov.ac.

To obtain an application form and information pack please contact Patsy Moyce by email: patsy.moyce@ascension.gov.ac. Applications should be sent to the aforementioned email address by no later than 5pm on Wednesday 25th May 2016. Only short-listed candidates will be contacted and called for interview. Interviews will be held by Skype in early June.
Re-establishing District Clinics in the West

“Sandy Bay could Reopen Early Next Year”

Ferdie Gunnell, SAMS

The Health Directorate is exploring the possibility of re-establishing the district clinic in the previous Sandy Bay facility as well as establishing a district clinic in the Blue Hill area. Sandy Bay and Head O’Wain Clinics were given up as budget savings when statistics showed they were under-utilised. In a recent SAMS radio interview the Director of Health, Dr Darren Clarke and Community Nursing Officer, Christine Laskey told the demand is increasing. Sandy Bay Clinic could be reopened early in 2017 and Blue Hill residents treated at their Community Centre.

Dr Clarke earlier told The Sentinel the Directorate is progressively building its organisational and workforce capability, with a view to offer primary health care across the island community. It is looking to develop comprehensive preventive servicing as well as becoming more self-sufficient and consequently less reliant on accessing overseas health services.

“The absolute overall priority during the next three years,” Mr Clarke said, “will be on progressively enhancing the services, competencies and standards required for the provision of a fully integrated, high performing and responsive health care system, to ultimately improve health outcomes across the island”.

He added, “Only with an adequate offer of primary and preventative services will health outcomes be sustainable”. District clinics have been re-established at Levelwood, Longwood and Half Tree Hollow.

Mr Clarke said they and home visits need to be strengthened, and there needs to be much greater emphasis placed on preventive care and primary healthcare strategies. District clinics supplement those in Jamestown. “Continuing these is imperative,” Mr Clarke said, “and there is also a need to increase the provision of community-based end-of-life and palliative care”.

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PUBLIC ACCOUNTS COMMITTEE FORMAL SESSION

A formal session of the Public Accounts Committee will be held in the Court House, Jamestown, on the mornings of Tuesday 10 and Wednesday 11 May 2016.

Members of the public and interested persons are invited to attend. The session will also be broadcast live on SAMS Radio 1.

Programme of Business

<table>
<thead>
<tr>
<th>Time</th>
<th>Tuesday 10 May 2016</th>
<th>Wednesday 11 May 2016</th>
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<tbody>
<tr>
<td>09.30-10.30</td>
<td>Enterprise St Helena 2013/14 and 2014/15</td>
<td>Connect Saint Helena Ltd 2013/14 and 2014/15</td>
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<td>10.30-11.00</td>
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<tr>
<td>11.00-11.30</td>
<td>St Helena National Trust 2014/15</td>
<td>St Helena Currency Fund 2013/14 and 2014/15</td>
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<tr>
<td>11.30-12.00</td>
<td>St Helena Hotel Development Ltd 2014/15</td>
<td>SHG Defined Contribution Pension Scheme 2012/13, 2013/14 and 2014/15</td>
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<tr>
<td>12.00-12.30</td>
<td>St Helena Fisheries Corporation 2014/15</td>
<td>Not Allocated</td>
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SHG
25 April 2016

PUBLIC NOTICE

VACANCIES WITHIN THE WASTE MANAGEMENT SERVICES TEAM

The Environment and Natural Resources Directorate has vacancies for two Waste Management Services Operators, one on a permanent basis and the second on a fixed term contract until November 2017.

The successful candidate will work within a team to undertake duties such as; public and commercial refuse collection including bulky waste collection, public areas, toilets and street cleaning and provide temporary cover at Horse Point Landfill Site as required.

The successful candidates should have a valid Class C license.

The salary for the post is at Grade B1 commencing at £6,722 per annum with an allowance of £70.00 per month in lieu of overtime.

For further details regarding this post, interested persons should contact Mr Mike Durnford, Environmental Risk Manager on Tel No: 24724 or e-mail: mike-durnford@enrd.gov.sh

Application forms and Job profiles are available from Essex House and should be submitted to the Human Resources Manager, ENRD, Essex House or e-mail: karen-thomas@enrd.gov.sh by no later than Wednesday 11 May 2016.

Derek Henry
Deputy Director of Environment and Natural Resources
25 April 2016
OUTSTANDING PERFORMANCE ON THE APPRENTICESHIP SCHEME FOR ALEX HENRY

In October 2015, Alex Henry, of Mulberry Gut, Longwood, started a one year Linesman Apprenticeship with Connect Saint Helena Ltd. Seven months later, in April 2016, Alex has been so successful that Connect have concluded the Apprenticeship and taken him on as a permanent employee.

Like all Apprenticeships, a Training Development Plan was devised for Alex which included practical work-based training as well as study through the Lifelong Learning Service (LLS). Work-based training included: working at heights, pole climbing techniques and underground cabling. Health and safety is critical when dealing with voltage so Alex learned safe working practices for the installation of low voltage distribution and service lines, as well as additional safety techniques for working on the low voltage network. Alex also learned how to use various electrical test instruments, and understand the types and effects of voltage and current flow.

External training through LLS included the City and Guilds NVQ Level 2 in Electrical, and a re-sit in GCSE Maths. Alex applied himself to all of his training with great commitment and determination to learn as much as he could. His work-based Training Provider, Electrical Distribution Manager, Colin Anthony, said:

“Alex has so far exceeded my expectations as an Electrical Distribution Apprentice and continues to demonstrate a high level of motivation to achieve in this field. He is a very friendly person, has a positive working attitude and works well with team members. His practical development and performance in certain areas are very impressive. He has far exceeded the level of skills expected from an Apprentice at this stage of his training.”

Alex is well on his way to becoming a fully competent Linesman and has become a real asset to the Electricity Distribution Team. Connect will continue to support Alex with his NVQ training through LLS and ESH, and hope that he will continue to learn and further develop. With the progress made so far, he has assured his future career at Connect Saint Helena Ltd.

This is the first time in the history of the Apprenticeship Scheme that a position has been concluded because of outstanding performance.

Thank you to Connect Saint Helena Ltd for their great support and the initiative shown in this training provision. Well done to Alex for his exceptional performance and all the very best for a successful career and a bright future!
August Graham, SAMS

With only 100 days left, the RMS St Helena is still pushing itself to the limits, and for her trip from St Helena which started on 7 April she was – for the first time – staffed entirely by women in the Hotel/Pursers department.

Jackie Leo, Sharon Wade, Marlene Harris, Marie Jonas, Zara Stevens were congratulated by Antiques Roadshow host Tim Wonnacott when he travelled back to South Africa.

The RMS was unlucky on its trip to Tristan da Cunha, only managing a few hours on the island. “Visitors were only able to visit the Post and Tourism Centre, go on a bus shuttle to the potato patches and have a walk around. We hope visitors enjoyed their time with us even though it was very fleeting,” Dawn Repetto from the Tristan tourism department said.

Among the visitors was new Governor Lisa Phillips who spoke warmly of Tristan during her inauguration speech, despite not being able to stay long.
Richard James International 2016 shipping dates from the UK are as follows -

<table>
<thead>
<tr>
<th>VOYAGE</th>
<th>CLOSING DATE</th>
<th>ARRIVAL DATE</th>
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<tr>
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<td>18/05/2016</td>
<td>28/06/2016</td>
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<tr>
<td>V01</td>
<td>10/06/2016</td>
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<td>V02</td>
<td>15/07/2016</td>
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<tr>
<td>V06</td>
<td>25/11/2016</td>
<td>17/01/2017</td>
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Please Note that the **Closing Date** is the **Latest Date** that cargo should be at our warehouse for that particular shipment

**We look forward to being of service to you**

Telephone No: +44 (0) 117 982 8575    Fax No: +44 (0) 117 982 6361

Web-site: [www.richard-james.co.uk](http://www.richard-james.co.uk)

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Richard James International is a member of the British International Freight Association (BIFA) Registration No. 971.

All business is transacted under the BIFA Standard Trading Conditions 2005A Edition which is available upon request.

Registered in England No: 2568599. VAT Registration No: 567552901    Registered Office: 8 Unity Street, College Green, Bristol, BS1 5HH
Waste Management Services have announced a new ENRD trial initiative that aims to clean up St Helena in readiness of the airport opening. The ‘Collection of Landscape Impacting Waste’ scheme will start in May when it is hoped customers will take advantage and get rid of large bulky waste such as end-of-life vehicles, bulk scrap metal, and large volumes of waste that may be visibly stored on public or private land.

ENRD’s Environmental Risk Manager, Mike Durnford, said the idea was thought up by various stakeholders in ENRD and is linked to the soon-to-be opened St Helena Airport. “We have a new airport; we have a new facility to encourage tourists to come here,” Mike said, “so we want to make the island as beautiful as we can.”

The trial, which will run for about two weeks, will offer a service where large bulky waste will be collected and taken to Horsepoint Landfill site free of charge. Although it is desirable for the initiative to be island-wide, the service is only going to be offered to residents of Longwood in the first instance. “From the airport to Longwood Gate is our initial boundary,” Mike explained. “In an ideal world, where money was no object, we would apply this initiative across the island.” If the trial is successful the initiative will hopefully be offered to all island districts though Mike says this is, “finance and resource dependant.” All waste that is collected will be sorted, as some may have the eligibility to be recycled. Once the initiative begins, customers will be able to book the service by contacting Mike at ENRD.
The Public Solicitors Office urgently needs to recruit Lay Advocates

The Public Solicitor, is urgently in need of Lay Advocates to serve the people of St Helena.

Lay Advocates are supported by the Public Solicitor and Assistant Public Solicitors and receive a competitive monthly payment based on work done, Residential Silver Broadband internet allowance, additional fees for each court and police station appearance and travelling and other expenses. Training will be given in all aspects of the job.

If you think you could be a Lay Advocate or would like some more information please contact the Public Solicitor, Nick Aldridge, on Telephone 23008 or email to Public Solicitor @helanta.co.sh and you will be supplied with more information.

Alternatively, please come along to the Public Solicitors office at Ladder Hill and have a friendly chat so that you can decide whether becoming a Lay Advocate is for you.

If you know of anyone else who you think could make a good Lay Advocate please encourage them to make contact!
VACANCIES
ST HELENA POLICE DIRECTORATE

PRISON OFFICERS
The successful applicants will be responsible for the safety, security and care of prisoners in their charge - both within and outside of the prison - ensuring that a safe and secure environment is maintained at all times through provision of 24 hour cover in accordance with standard operating procedures.

Applicants should be self-motivated and an effective team player, have the ability to remain calm under pressure and work in a highly structured environment. They should have at least one year’s experience of working with difficult, demanding and vulnerable members of society.

Salary for these posts is in Grade C.1 commencing £11,307 per annum.

For further details interested persons are invited to contact Ms Linda Fuller, Deputy Prison Manager, on telephone number 22722 (or email linda.fuller@police.gov.sh).

POLICE CONSTABLES
The successful applicants will perform the statutory role of protecting life and property, preserve order, prevent crime and detect offenders. To effectively patrol St Helena providing an efficient response to matters arising. To identify with the community and foster and maintain close and courteous relationships and be committed to keeping people safe providing a quality service at all times.

Applicants should be in possession of a clean Drivers Licence in Class A. Applicants will need to possess good written and verbal communication and interpersonal skills to communicate with all types of people.

Salary for these posts is in Grade C.1 commencing £10,704 per annum.

POLICE CONTROLLER
The successful applicant will be the first point of contact for the St Helena Police Service including the efficient management of the telephone switchboard and radio communications, initial reports made and receiving all visitors to Police Headquarters.

Applicants should demonstrate relevant background in call centre operations or customer care work and have experience of dealing directly with the public.

Salary for this post is Grade B.1 commencing £8,355 per annum.

For further details for the Police Constable and Police Controller, interested persons are invited to contact Inspector Matt Breeze on telephone number 22626 (or email matt.breeze@police.gov.sh).

Applicants for the ALL of the above posts should be 18 years of age or over and in possession of GCSE Maths and English at Grade C or above. Hours of work are on a shift basis but may be varied to suit the exigencies of the role.

If you are looking for a rewarding but challenging career, then come and join us in the Police Directorate.

Application forms and information pack are available from Corporate HR and the Police Directorate these should be completed and submitted through Directors where applicable, to Anya Richards, HR and Admin Officer at Ogborn House (or email anya.richards@police.gov.sh) by no later than 4pm on Friday, 06 May 2016.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.
IMPORTANT NOTICE

Imports of South African Meat & Meat products to be banned under new proposed regulations

Under section 7 of part 2 (Products of Animal Origin) Regulations in the new Food Safety Ordinance importers of meat & meat products will only be allowed to import from EU or EU approved suppliers.

This proposal **if approved by Council** will effectively ban shops from importing the vast majority of the meats presently enjoyed by you, many of the frozen goods common on the Island will disappear off the shelves forever. Here a list of the products you can expect to be banned.

South African chicken, whole, drumsticks, wings, breaded drumsticks, breast fillets, quarters etc Vienna & Russian sausages, Braai-wors, Beef & pork sausages, Ostrich steaks, pork rib, burgers, T-bone steaks, lamb chops, all cuts of beef, smoked Bacon bones, bacon sliced, battered fish fillets, Biltong and many canned meats, the list goes on.....

If this ban comes into effect (proposed for July 2016) it will not be possible to replace these food items with goods from the EU because of the cost involved – many items will be twice the price if imported from Europe & therefore not affordable by local people, businesses or tourists alike.

**Why is this being proposed now?** I asked this question in August last year and was told, ‘we are soon to be expecting large numbers of tourist’s & they will expect guaranteed food safety’ – now we are being told we should import from a country that has had a number of food safety scandals in recent years, recently the UK has admitted that 73% of all fresh chicken is infected with *Campylobacter* that has led to 280,000 cases of food poisoning in the UK last year alone (source UK Food Standards Agency). South Africa has in place very strict food safety & quality control systems to international ISO 9001 (quality), ISO 14001 (environmental), ISO 22000 (food safety) and OHSAS 18001 standards, and enjoys tens of thousands of tourists from Europe every year. European tourists eat South African meat while in South Africa, should there be a problem with eating it here on St Helena?

I am not aware of any food poisoning outbreaks on St Helena that has been caused or even suspected of being caused from imported meats from South Africa. Clearly there is no reasonable case for banning shops from selling the best quality food at the best price possible, many people on very low incomes find it difficult finding the money for food now, any increases will make their lives harder.

**What should you do?** Give your councillor the power to protect your interests

If you are concerned that a ban on meat from South Africa will affect your quality of life here on St Helena please don’t stay silent – there will be a number of Public consultation meetings around the Island over the coming weeks, try to find time to attend at least one & be prepared to write your representation to express your views & concerns before this is allowed to be passed into law. Representations should be addressed to Chief Environmental Officer Mrs Georgina Young Public Health Department.

Gregory Cairns-Wicks
Dancing the Night Away
Sinead Raises over £450 for Charity

Damien O’Bey, SAMS

With date of the 2016 Miss St Helena contest looming, the current title holder Sinead Green hosted a dance at the Jamestown Community Centre on Saturday night. The 25-year-old from Half Tree Hollow held the event to help raise money for the Family Support Trust Fund. Despite other events happening on the same night over 140 people turned up to support the initiative. “The night was a great success,” Sinead said, “people took to the dance floor immediately and danced the night away.” Sinead achieved what she set out to do, and raised over £450 for the Family Support Trust Fund. “There are still monies to come in from people who said they would make donations,” Sinead told The Sentinel, so that figure is set to rise. “I wanted to raise funds for the Family Support Trust Fund as well as give back to the community and that is something I can say I have now accomplished in my time as Miss St Helena.” Funds were raised through ticket sales and donations, as well as a raffle with 41 prizes up for grabs. The full list of winners will be printed in next week’s issue of The Sentinel. The raffle accounted for £169 of the total raised and would not have been possible without the generous prizes that were donated from businesses and members of the public. “I would like to say a huge ‘thank you’ to everyone who attended the dance on Saturday night, said Sinead. “Without you it would not have been possible. Special thanks to Barry Vanguard and Smiley for providing the music, the committee of the Jamestown Community Centre for running the bar. Mac-Bites for providing delicious food and finally my mum, dad & Rico for your help and support, you all helped to make it happen. Thank you!”

Barry Visits St James Park as Relegation Looms

Barry Thomas at St James Park Newcastle on April 16th 2016 when The Magpies beat Swansea 3-0
Inset: Barry with celebrity John Beresford former Newcastle player, who was most famous for his Newcastle United spell between 1992 and 1998.
APPLICATIONS FOR DEVELOPMENT PERMISSION

NOTICE IS HEREBY GIVEN that an application has been received in respect of the following proposals:

1. Proposed 2 Bedroom Dwelling House with Garage and construction of Septic Tank and Soakaway – Near Head O’Wain Clinic on Land Parcel No. 010061 in the Thompsons Hill Registration Section, adjacent to the property of Marjorie Beatrice Harding.
2. Proposed construction of Sewerage Treatment Plant – Lower Rupert’s Valley on Land Parcel No. 75 in the Rupert’s Valley Registration Section, adjacent to Argos Building, Rupert’s.
3. Proposed Car Park – Narra Backs, Jamestown on Land Parcel No. 12, Block 8 in the Jamestown Registration Section, adjacent to the property of Ivy Glanville.
4. Proposed Ware House/Work Shop and construction of a septic tank – Longwood on Land Parcel No. 0105 in the Longwood North Registration Section, adjacent to the property of Nicholas Crowie.
5. Proposed conversion of ex-slaughter House into an 8 unit commercial and agricultural trading building. The units are envisaged to accommodate clean industries that directly or indirectly relates to agriculture – Longwood Enterprise Park on Land Parcel Nos 272 – 280 in the Longwood North Registration Section, adjacent to Longwood Avenue.
6. Proposed change of use of land and related operations (Full) to provide a Holiday Park (120 bed spaces) and ancillary accommodation, access and car parking – Bradleys Camp on Land Parcel Nos 26, 28 and 31 in the Prosperous Bay Registration Section, adjacent to Bradleys Garage.

Copies of the applications and plans may be inspected at the Planning and Building Section, Essex House, Main Street, Jamestown, Monday to Friday, from 8.30 am to 4 pm.

Any person who wishes to make representations on the above applications should make them in writing within 14 days, to the Planning Office, Essex House, Main Street, Jamestown or email Karen-Isaac@enrd.gov.sh

Martin Hannah, Head of Planning and Development Control 28 April 2016

EXPRESSIONS OF INTEREST – MICROSOFT ACCESS DATABASE DEVELOPMENT

Connect Saint Helena Limited is seeking expressions of interest from suitably experienced persons to assist the company in the development of Microsoft Access Databases for its Projects and Administrative Offices.

All interested persons are encouraged to submit their expressions of interest, including capacity statement, in writing to the Operations Director by 09:00 on Monday the 9th May 2016.

The capacity statement should include the following information and documentation:

- Formal Qualifications and Documented Experience related to the formulation or development of MS Access Databases.

For any further details, please contact the Operations Director, namely Leon de Wet, on 22255 or email: leon.dewet@connect.co.sh.
1. Eat more fresh chicken, fish and meat-free meals

People who eat a diet low in processed and red meat are less likely to develop bowel cancer. Although researchers aren’t sure exactly why this is, the main culprits appear to be certain chemicals in the meat itself. While a bacon sandwich every now and then isn’t going to do much harm, if you’re eating a lot of processed and red meat then it’s a good idea to try to cut down. Try swapping it for fresh chicken and fish, bulking out meals with beans and vegetables to use smaller portions of meat, or choosing meat-free meals like vegetable lasagnes, curries and pasta bakes. If you need ideas, Change4Life has a great range of healthier recipes.

www.nhs.uk/change4life

2. Keep a healthy weight

Keeping a healthy weight not only cuts your risk of bowel cancer, but could also reduce your risk of nine other types of cancer too. Researchers think this is because excess fat in our bodies can change our hormone levels and produce chemical messengers, which in turn can increase cancer risk.

3. Eat more fibre

Eating a diet high in fibre helps reduce the risk of bowel cancer in a number of ways. And one of the main ones seems to be by helping food pass through your body more quickly. Fruit, vegetables, beans and lentils are all great sources of fibre, as well as whole grain varieties of bread, pasta and cereals. Meals don’t need to get fancy to get in more fibre. Think beans on wholemeal toast, brown pasta rather than white, and beans and peas in casseroles.

4. Drink less alcohol

We’re not saying you have to go tee-total, but it’s important to know the less you drink the lower your risk (it’s not just heavy drinking that’s linked to cancer). So if you are going to drink alcohol, stick to the guidelines – that’s a maximum of 14 units of alcohol a week, spread evenly over at least three days. Drink free days are a good way to cut down on the total amount of alcohol you drink. Also try choosing smaller servings, drinks with lower ABVs – or cutting down on the alcohol in your drinks by making it a shandy or wine spritzer.

5. Be smoke free

Smoking doesn’t just cause lung cancer. It causes at least 13 other types of cancer (including bowel) as well as heart disease and various lung diseases. Chemicals in cigarette smoke enter the bloodstream and can affect the entire body – and it’s these that have been shown to damage our DNA and lead to cancer. If you smoke and you want to quit, you’re much more likely to quit successfully if you get professional support rather than going it alone. Speak to your nurse, doctor or pharmacist for advice and support.

6. Be active

Keeping active has a wide range of benefits for the body, including reducing the risk of bowel cancer. This is through helping food move through the bowel more quickly, as well as controlling inflammation. It can be easier than you think to be more active, even if you don’t do much at the moment. Aim to do at least two and a half hours of moderate activity (e.g. brisk walking) a week – it may sound like a lot but you don’t need to do it all in one go – that’s just over 20 minutes each day. Build up how active you are over time. The more active you are, the greater the benefits you can gain – but remember it’s never too late to start.

if you notice something unusual, talk to your doctor. Get to know what’s normal for you, and tell your doctor if you see blood in your poo, or about any change to your bowel habit – such as looser poo, pooing more often, and/or constipation – pain or a lump in your tummy, or losing weight without any reason. All of these are likely to be caused by something much less serious than bowel cancer, but it’s best to get them or any other unusual changes checked out.

Part-time job vacancy

IN+VENTIVE youth group have a vacancy for a creative part-time assistant to work with young people exploring arts, crafts, music and drama.

Recent projects have included film making, nail art, radio broadcasting and salsa dance as well as more traditional flax weaving, painting, ukulele and chess games.

Experience working alongside young people and an interest in the creative or performing arts would be welcome.

Some flexibility in working hours can be arranged and salary is paid on an hourly basis.

For further job description and an application form, please email: creativesainthelena@gmail.com or call 22791 / 23988.
PRIMARY SCHOOL’S ATHLETICS DAY 2016

Photo Special
Every Week An Estimated 2,500+ People Read The Sentinel all over the world
Advertise Here to Reach Them All

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FREE to view & download

Every back issue of The Sentinel is available at all times from our website, meaning ongoing promotion for any advertising placed here

Our deadline for submissions is 4pm on Tuesdays, or reserve space in advance for a later deadline

Contact us for information or to submit ads to: news@sams.sh
Join our team on SAMS Radio 1, Monday to Friday, 7-10am. All the latest gossip and news from St Helena, announcements and music, plus different guests each day. It's a GREAT way to get the day started.

**SUNRISE!**

Join our team on SAMS Radio 1, Monday to Friday, 7-10am. All the latest gossip and news from St Helena, announcements and music, plus different guests each day. It’s a GREAT way to get the day started.

**Second Chance Sunday**

9am every Sunday: Catch up on all the best interviews from the week in our special, Second Chance Sunday, beginning every Sunday at 9am.

**SAMS Radio 1**

**Interview of the Day**

Afternoons at 5.30pm or 7.30pm. A replay in full of interviews making the news on St Helena.

**News & Noticeboard**

every week day at:
3am, 5am, 7am, 10am, 12pm, 5pm, 7pm, 10pm

Latest News, Notices, Adverts and Conversation from St Helena, 24/7, streaming from: www.sams.sh
OPERATIONAL READINESS

St Helena Airport aims to make the Operational Readiness Trials scheduled for Saturday 30 April, Saturday 7 May and Friday 13 May 2016 as realistic as possible.

Flights will be scheduled to depart from St Helena Airport at 12.30hrs on each day of the trials - therefore check-in will commence at 09.30hrs and will finish at 11.30hrs.

Anyone arriving after 11.30hrs will not be checked in. Passengers are required to bring hand luggage only - for example a bag or case that would be carried on to the aircraft (please note that it is not necessary to fill them). Baggage carts will be available to assist with taking baggage through to check-in. Passengers are also required to bring their passport. If someone does not have a passport, please bring along another form of Identification - for example a birth certificate or drivers licence.

Family or friends seeing passengers off or awaiting the arrival of passengers will have access to the landside public restaurant. Passengers may drive to the Airport and park in the designated car park area.

Once the departure process is complete, volunteers will act as arriving passengers and will be taken through the arrivals process. Basil Read anticipates that the trials will be completed around 12.30hrs.

In order to assist with identifying issues that need attention, we will be issuing volunteers with a small questionnaire which will be used as their boarding card. It would be appreciated if all questionnaires could be completed and handed into the Customs Officer ‘on arrival’, as this will act as the passenger’s Immigration & Customs card. There will be staff at the Airport to assist with questionnaires.

We wish to thank the public for their help and support during the three days of trials.

SHG, 26 April 2016

MARRIAGE BILL, SUNDAY’S OBSERVANCE (AMENDMENT) BILL AND EMPLOYMENT REGULATIONS

The Social & Community Development Committee will be conducting focused consultations on the Marriage Bill, the Sunday’s Observance Ordinance (Amendment) Bill and the Employment Regulations.

The Marriage Bill seeks to update the institution of marriage by introducing same sex marriage. The other significant amendment is to allow the Registrar-General to approve premises other than places of worship for solemnization of civil marriages, so long as some health and safety safeguards are in place.

The Sundays Observance (Amendment) Bill seeks to remove the restricted opening hours (10am and 6pm) of shops, stores and places of business on a Sunday. The Employment Regulations will reflect this and deal with remuneration for working on Sundays and on holidays.

All meetings will start at 7.30 pm.

Feedback on the draft legislation is to be submitted to the Chairperson of the Social & Community Development Committee, Hon Brian Isaac, via brian.isaac@helanta.co.sh by no later than Wednesday 25 May 2016.

The draft legislation will be made available in hard copy at the Public Library from Monday, 2 May 2016 and will also be uploaded on the SHG Website.

Social & Community Development Committee, 27 April 2016
The next International NatWest Island Games will be held in Gotland 24 to 30 June 2017. Full bore, 3P, small bore prone, 3P and air rifle shooting has been recognised as St Helena’s most successful sport. Training is still ongoing with the aim of having a shooting team qualify in the selection process to gain a position to participate. A passionate interest is being shown in training in air rifle shooting by Jodie Scipio-Constantine, who is set to become the first female St Helenian to enter the International games. She became inspired by Simon Henry – St Helena’s first and only Gold Medallist in Air Rifle. Simon continues to help us with our training – drawing on his wealth of knowledge and experience gained in the UK and other countries. Madolyn Andrews is also working hard and progressing well in gaining a higher level in her next games than she did in Jersey 2015. Jordie Andrews and Patrick Young are also hoping to be selected. We all have a lot of work to do to build and maintain our positions, minds, bodies and strengths. Monday night’s session was a blast with minds set on hitting the best scores. Your DSLR is point and shoot, your rifle takes a lot more technique. But with Joe, Damien, Sally and Aidan are their hearts. That sets the stage. They always have a great attitude and are enjoyable to work with. Sally – the highest lady this week – dropped to 90.2 and top notch Joe, 95.5. Tuesday night 7 people turned up to shoot; well done to Laura Stroud for the first time with jacket, sling and her rifle: 90.2 & 90.1. Mr Rex Young hasn’t shot for over a year: 97.2 and 96.4. Highest scoring lady Jodie Scipio-Constantine: 191.8. The rest of us don’t get a mention. Hopefully – with a lot more practice – we will next time. So, until then, stay safe and we will meet next week for our Fun Shoot and BBQ. Invites only.

Only one competition was played over the weekend that was on Sunday 24th April with the monthly medal sponsored by Basil Read. We had twenty four players take part in reasonably good weather conditions although there were a few showers of rain at the beginning of the game. The conditions on the course are slowly improving following the election of Nicky Stevens earlier this month as Course Manager. Two players managed to keep their score in the sixties and back in the headlines is Brian (Billy J) Fowler on par round of 68 to take the runner up spot but one shot better was Gerald (Whistler) George on 67 one under par to take the Tankard well done to both players. Gerald has a handicap of 13 and Brian 15. There were no 2 ball recorded so each player had their ball back, three players namely Cecil Thomas, Jeffrey (Foxy) Stevens and Henzil Beard had their handicaps adjusted upwards 21, 7 and 27 respectively. Competitions for next weekend on Saturday 30th April will be an 18 hole Stableford and on Sunday 1st May will be Solomon’s challenge cup this is an 18 hole stroke play. Please sign list on club noticeboard. Have a good week stay safe and keep swinging!
Dominant Lions

Dolphins Knocked Out and Lions Through to Next Round

continued from back page

the final overs of the innings and helped Lions post an incredible total of 281/5. Both K Crowie and Scipio finished unbeaten on 23. Dolphins began their run chase with Ruan Dippenaar and Gideon Niemand at the top of their batting order. However their partnership lasted just 3 overs; Dippenaar was run out for 10 and Dolphins had accumulated just 21. To stand a chance of reaching the required target Dolphins needed to score at a rate of 11.24 per over.

Christen Fowler, playing in his first game was next in and batted with maturity beyond his years; although he only managed nine he showed that he is one to watch and with matches under his belt he will no doubt improve.

Dolphins never did bat at the required rate and found themselves deep in trouble after Langham bowled one of the strangest overs ever. After a good first over, his second saw him take three wickets. He dismissed Fowler caught behind, bowled both Peters and Cody Thomas, but bowled 14 wides in the process. David Young had been in imperious form in previous matches and any hope of Dolphins salvaging pride or winning the game rested on his shoulders. He adopted a more steady approach and made his way to 17 before his stumps were rooted by Lions youngster Se-an-Lee Thomas.

The rest of the batting order fell away and Dolphins were bowled for 85. Lions will now go on to face Sandy Bay Pirates in the quarter final stages of the knockout, after they defeated Jamestown Barracudas in the other preliminary round match. More on that story on page 43.
Sandy Bay Pirates completed a scintillating run chase in the first preliminary round match of the 2016 knockout to dump Jamestown Barracudas out of the competition. Barracudas chose to bat first on an overcast damp morning. Opening batsmen David George (29) and Damien O’Bey (23) got Barracudas off to a good start, but a knock of 42 from Jason George and a classy yet brutal innings of 71 from Andrew Yon provided the bulk of the runs for Barracudas. Despite being taken for 63 runs Cheddy Lawrence took two wickets for Sandy Bay Pirates. Rhys Francis, Ryan Belgrove and Darren Isaac collected a wicket each. In reply Barracudas took the wicket of Pirates’ star batsman, Belgrove in the third over of the match for 19. Unfazed by the imposing total or the early loss of the Belgrove, Pirates dug in and produced a stunning run chase. Barry Stroud played one of the classiest innings this season to set Pirates on their way. He compiled 72 runs in classical fashion. Stroud used the pace of Barracudas’ attack against them, picked the gaps with great accuracy, and smashed the ball over the top of the infield when he needed to. He was ably supported by Ian Williams, who struck 67 and carried his bat for the entire innings. Matthew Benjamin chipped in with a brutal 24, but it was Williams and Lawrence who saw Pirates over the line. Barracudas took the game to the wire and Pirates were left needing four runs of the final over. Lawrence drew on his years of experience and scampered quick singles to reduce the required target and Williams struck the winning runs with two balls remaining.

CRICKET FIXTURES

K/O Cup Quarter Finals

Saturday 30 April 2016

9.30am  Rebels v Mustangs
1.30pm  St Paul’s B v Zodiace
Organiser: Jamestown Barracudas

Sunday 1 May 2016

9.30am  Warriors v Allstarz
1.30pm  Lions v Piratex
Organiser: HTH Dolphins

CRICKET RESULTS

Sunday 24 April 2016

Barracudas 217  Pirates 221
Barry Stroud 72  Cheddy Lawrence 2/63
Andrew Yon 71  Andrew Yon 1/25
Ian Williams 3, Barry Stroud 2, Andrew Yon 1

Lions 281  Dolphins 85
Scott Crowie 55  David Young 17
Alex Langham 3/30  Jia Peters 3/60
Scott Crowie 3, Alex Langham 2, Nicky Stevens 1

THE SENTINEL | Thursday 28 April 2016 www.sams.sh

SENTINEL SPORT

Barracudas Knocked Out

Pirates Through to Next Round  Damien O’Bey, SAMS

Sunday 28 April 2016
St Matthews Lions completed a convincing 196-run victory over HTH Dolphins in the second preliminary round match of the 2016 knockout tournament on Sunday afternoon.

Lions played the match without regular opening batsman Patrick Crowie, but his absence did not affect his team’s run scoring capabilities. Michael Bedwell filled the void at the top of the order forming a new partnership with Nick Stevens. The pair looked at ease building a foundation for their more aggressive batsmen to launch from. They produced a 75-run first wicket partnership before Bedwell was dismissed, bowled Jia Peters for 40.

Stevens stuck around to partner Alex Langham (39) and they advanced Lions’ total to 137 before Stevens became Peters’ second victim of the match – caught behind by Peter Young for 42. Langham was joined at the crease by Phillip Stroud and they too produced another good partnership before Stroud was caught by Cody Thomas, bowled Makyle Fuller for 14.

Dolphins too were without their first choice starting 11 and had enlisted the help of a few youngsters. Although the match was a first taste of senior competitive cricket for them, they performed well in the field.

Lions’ batsmen continued their onslaught. Scott Crowie’s arrival at the crease saw them up the ante. The left-hander produced a display of brutal ball striking on his way to 55, but just as it began to look like he was in full flow, Peters took a comfortable catch on the mid-wicket boundary to dismiss him.

Lions had already reached 249 when Crowie departed the crease, but they didn’t stop there. Simon Scipio and Kalen Crowie combined in continued inside