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SENTINEL

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Thursday 05 October 2023



How Dat Ship?

Tenders being evaluated for new Shipping Service Provider as more revised schedules released for MV Maria Delay

"False Promises and Stress"

Bunkers Hill clients share frustrations as contractor and SHG provide "no updates"



Extreme Makeover: Tree Edition



OPINION

SENTINEL COMMENT

Luke Bennett, SAMS

I hope everybody enjoying the internet - I know most people are that's for sure. Nice to hear the excitement in the voices of the young and the older folks probably not had this much excitement since the plane first arrived. It really did feel like xmas hearing everyone talking about and making their plans and so on. It brings so much more than just sitting on the phones; it can open you up to so much, such as Spotify, a great music app for anyone who loves music, podcasts and audio books. Online courses, business ventures and so much more. But my main thing is that I get to video my family and friends overseas I think everyone will appreciate that, I told my brother that when he gets fed up with me video calling him everyday then we have achieved what we set out to do, didn't realise it was going be at day three LOL!! Only joking.

And it been so good to have Gareth and his team to promote cyber safety so we can reap the benefits and keep ourselves safe. But yeah, enjoy St Helena true, enjoy it.

But I will end of by saying, unfortunately Ascension and St Helena was rocked by the tragic news on Sunday, I would like to send my deepest sympathies to the family and friends and I hope that time will heal your hearts', I truly do.

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YOUR LETTERS

Dear Editor

I would like to make reference to the press release published by STC on 27 September 2023, found on page 32 of last week's Sentinel.

At no stage over the past five years, to the current date, did I, Adrian Duncan, owner of the Extractor, apply or fill out any form of application for a fishing licence in order to fish for STC - or anyone for that matter.

It is not clear to me why someone would publish such a statement knowing it is not true. In order for an application to be lodged or considered there are certain criteria that need to be met, which is set out in the policy for obtaining fishing licences. Unfortunately, the Extractor cannot fulfil this criterion at present because the Extractor needs to carry out a hull certification, which cannot take place unless the boat is lifted out of the water. Over the past five years I have been asking SHG to lift the boat, but the only response is that there is no money in the budget. Even after five years of asking, it still hasn't been factored into the budget. The ironic part about this is that there have been numerous yachts lifted since then and there seems to be no issue with the budget then. I guess this is a true indication of how our wonderful government works. In a nutshell, there goes my £500,000 investment.

With the above said, there could have been an option to licence the boat if the same rule would apply to me like the rules used for the rest of the fishing fleet. So, as to date, all fishing vessels on St Helena have been issued a current fishing licence without following the criteria set out in the licensing policy and this seems to be perfectly fine but, when it comes to Adrian Duncan, "here's your set of rules". In a nutshell, it makes no difference to me how the Ministers want to play this; all I know is that I haven't promised anyone anything.

Until next week, you be cool!

Adrian Duncan

A Heartbreaking Day

Tragic Fatal Accident on Ascension

Liam Yon, SAMS

During the early hours of Sunday, 1 October, a serious road traffic collision took place on Ascension Island, which resulted in the death of one young male, with two more injured.

The Royal St Helena Police reported on Sunday that "the indications are that only a single vehicle was involved but the police are appealing for anyone who might have witnessed the collision or has any knowledge of any relevant events before it happened to contact the police on Ascension Island (Tel: +247 66412) or St. Helena (Tel: +290 22626)."

Police add that "this is likely to be a lengthy investigation and RSHP officers are providing support to the families of those involved and will continue to do so until its conclusion. Further statements about the progress of the investigation will be issued in due course."

The shocking news shook both Islands, as well as Saint Communities abroad.

SAMS would personally like to send our deepest condolences to the family of the deceased and we wish the two injured persons a speedy recovery.

ST HELENA NEWS

"This decision would not be necessary"

STC announce increase in local price for Tuna because of a lack of support from "fishing community" and "Government as a whole"



Anita Robbertse, SAMS

Recently, Saints Tuna Corporation - the company occupying the recently renovated fish processing factory in Rupert's Valley - announced an increase in the price of tuna for the local market.

The press release, issued last week, stated that the company could no longer afford to sell fresh vacuum packed tuna at a loss. The current price of tuna is £5.73/kg for fresh processed vacuum-packed tuna. STC stated that "this decision would not be necessary" if the company "had the full support of the fishing community and the support from Government as a whole."

Although the General Manager at STC could not confirm what exactly the new price per kg would be, he did explain that the new price will be calculated by taking the total cost of procurement, processing and packaging of the tuna and adding 15% to this cost.

STC summed up the reasons for the increase in price over three key issues. The first, they say, is SHG's allowance of fishermen to sell whole fish from vessels as an interim arrangement which has still not been rescinded. According to STC, this affects the quantity of fish processed by STC and inflates the cost of processing fish cost-effectively in keeping with high health and safety standards.

The second and third reasons given by STC for the increase to local tuna prices from the company is due, they say, to a minority of officials within SHG opposing them obtaining a license for offshore vessels needed for research and to increase the volume of fish supplied to the processing plant. They go on to add that the vessels in question are the Extractor and an offshore vessel for which entry permission still needs to be obtained.

STC stated that "this will increase the volume throughput which will lower the cost of production per kg to all local customers dramatically."

For now, the public will once again see a rise in cost for what many see as a staple on their shopping lists while the challenges and battles within the fishing industry on St Helena continues to drag on. The Sentinel have sent off for response to STC's claims from SHG as well as the St Helena Commercial Fishermen's Association (SHCFA).

Book of the Week

Public Library Service



Head of State by Andrew Marr
Two corpses. A country on the edge of a political precipice. A conspiracy so bold it would make Machiavelli wince. Andrew Marr's debut novel imagines what really might be going on behind the door of 10 Downing Street.
When a young investigative reporter is found dead on the streets of London few people notice. But when another body – minus its head and hands – is washed up on the banks of the Thames, its grisly condition arouses a little more interest.
There appears to be no connection between the two dead men. But, unsuspected by the electorate, there is a shocking and dangerous secret at the very heart of government. While the United Kingdom approaches a crucial and delicately-balanced referendum on Europe, a group of ruthlessly determined individuals will stop at nothing including murder to prevent the truth from getting out.
Andrew Marr's first novel is a gleefully twisted spin through the corridors of power. Making full use of his unrivalled inside knowledge of the British political scene, Marr has threaded his wickedly clever thriller with a distinctive strand of pitch-black humour, to offer an irreverent glimpse behind the parliamentary curtain.

Please reserve by contacting the following:-
Telephone Number: 22580
Email: publiclibrary@helanta.co.sh

"False Promises and Stress"

Bunkers Hill clients share frustrations as contractor and SHG provide "no updates"



Liam Yon, SAMS

The Bunkers Hill Community Development Area (CDA), being carried out by Nigel George Development Company Ltd (NGDCL), was seen by SHG as the way forward for housing on St Helena - increasing the number of residences and providing residents, especially young first time buyers, the chance to own their own property by purchasing housing plots for a relatively affordable fee.

With the expense required to build a home much greater than it once was (arguably impossible on many of the wage packets on St Helena) many saw the CDA development as a chance to make a sensible investment and work toward their first wholly-owned home. Thus, a few young families took the step to purchase a plot within the CDA from the developer.

After quite a while however, progress on the housing project has been slow at best. Those having purchased plots are still waiting to realise their dream of building their first home, and updates on the progress seem to be less than forthcoming from both SHG and NGDCL.

In fact, The Sentinel also made enquiries previously. SHG, back in July, explained how the "the project concerns the development of a Comprehensive Development Area (CDA) at Bunkers Hill, as identified in the Land Development Control Plan 2012." They added that "the aim of a CDA is to provide selected areas for development where optimum use can be made of the land and sustainable communities established developed." According to SHG, the plan identified "seven CDAs" and that "Bunkers Hill will provide approximately an estimated 150 dwellings."

When quizzed on progress to the project, SHG said that "the development at Bunkers Hill is being done privately by Nigel George Development Company Ltd (NGDCL)" and that we should "contact Nigel for details of how this project is progressing." The Sentinel did just that, and sent an email direct to Nigel George, but have since not received any response or acknowledgement of having received the request for information.

While all is quiet from the developer, one group of major stakeholders in the project are done being quiet – that being clients who have paid for plots already. The Sentinel recently received comments from clients who have paid for plots and are frustrated at the lack of progress on the project, after doing what was intended by SHG and making a sizable investment in order to build their first home on the Island.

"At the beginning, everything was moving and slowly progress was being made to the development site which meant excitement was building up as we thought at least by 2023, we would have completed the foundation to our home," explained one client. "That excitement soon passed however when works ceased and, to date, nothing has been done – when asking for updates from various persons (contractor and SHG), we receive little to no updates."

The clients described the process as being "absolutely frustrating"





and said it felt like they were "getting punished for trying to be independent." In addition, the client alluded to the fact that "with time passing, materials along with labour to build a house is going up," making it even harder on them and their purse. "It is no joke trying to survive on a minimum wage salary and trying to build a house," they stressed.

The Sentinel also heard from another young couple who had dreamt of owning their first home within the Bunkers Hill Development.

"We signed the contract in August 2022, with the vision that something between then and now would've happened," they said frustratingly. They further explained how they "took the offer from BOSH for the two years deferred loan as we wouldn't be able to afford both our rent and housing loan" but said that paying off the loan alongside of paying rent "now seems like our only option as nothing has happened - we are 13 months in with no hope for starting our house soon."

Adding to the frustrations, the clients said they are facing the prospect that "next year we will have to move back home separately to be able to afford to live." Speaking on the Bunkers Hill Development, the disappointed couple said "it is such a let-down, as this was an affordable plan offered to help first time buyers, when in reality all it has done is caused false promises and stress."

Again, big projects on St Helena that start with so much optimism and excitement seem to drag on and sizzle out, and once again, it is local residents who have to pay the costs of slow development.



For the month of October we will feature scary – but tasty – Halloween recipes to try before the ghouls come out at the end of the month.

Lomo Saltado (Beef Stir-Fry, Peruvian Style)



Ingredients:

- 1 cup butter (Sweet Cream, Salted)
- 3/4 cup Granulated Sugar
- 2/3 cup Brown Sugar (packed)
- 2 Large Eggs
- 1 teaspoon Vanilla Extract
- 2 1/4 Cups All Purpose Flour
- 2/3 cup Unsweetened Cocoa Powder
- 1 teaspoon Baking Soda
- 1/4 teaspoon Salt
- M&M's - Orange, Dark Brown, White

Method:

1. To make the chocolate cookie dough, mix together the dry ingredients (including the cocoa powder) and set them aside. Cream together the butter and white and brown sugars. Mix in the eggs and vanilla. Finally, add in the dry ingredients 1 cup at a time.

2. Gather up the M&M's you will use to decorate the Halloween cookies. Here are the M&M's we used on our Halloween M&M Cookies. The Orange and Dark Brown M&M's we pulled out of a regular bag of M&M's.

3. To keep the cookies similar in size I measured out 2 oz. of dough for each cookie on my food scale. I rolled the dough into a ball and pressed the ball down slightly on the cookie sheet. Randomly press the M&M's onto the cookie dough ball. This will allow the colorful M&M's to show up on the top of the baked Halloween M&M Cookies.

4. Bake the cookies in an oven preheated to 350 degrees for 9-11 minutes. So pretty. And yummy too. And don't worry about any broken M&M's. That is what happens when the candy starts to cool when you take them out of the oven. The cookies still taste great!

Extreme Makeover: Tree Edition

Tree-Topping works carried out in Castle Gardens

Liam Yon, SAMS

The sound of chainsaws and falling limbs echoed in lower Jamestown at the beginning of this week, with the Forestry Section of the ENR&P Portfolio carry out tree-topping works near the main entrance of the Castle Gardens.

These works were being done mostly on the trees that had begun to overhang the main entrance to the Castle Gardens and were extending outwards into the street.

Works were originally planned to take place from the weekend, but instead the majority of tree-topping was carried out over Tuesday and Wednesday of this week.

For safety reasons, the planned works did cause some disruption to Main Street, with a number of road closures and parking closures having been approved by the Highways Authority during the time that works were taking place.







Up by Four Percent

Increase to IRB and BIP approved by Executive Council



Liam Yon, SAMS

At the end of September, a 4% increase to Income Related Benefits and Basic Island Pension was approved by Executive Council to come into effect from 1 October 2023.

From last Sunday, Income Related Benefits have been increased by £3.00 to £78.00, with Basic Island Pension going up to £80.00, increasing by £2.50.

In a recent Press Release, SHG explained that "IRB and BIP rates are customarily increased at least annually and were last increased on the 1 October 2022 as part of the 2022 Cost of Living Package."

They add that, overall, increases to Income Related Benefits since 2011 have amounted to 55.5% with Basic Island Pension having gone up by a total of just under 60%. Both these percentages are higher than the total inflation since 2011 which amounts to just short of 33%.

"The overall aim of IRB is to protect vulnerable groups of people from living in poverty in St Helena; it is an essential social protection mechanism safeguarding against abject poverty," said SHG. "The BIP is intended to reward and support those aged 65+ who have completed at least 20 contributory 'in kind' years on Island and who lack an adequate financial work place pension. BIP persons on less than the full rate may also qualify for a top up on IRB."

"IRB and the BIP (in the absence of alternative savings based pension schemes) provide social protection against the loss of income in the case of short or long term unemployment and ill health, for families with children under five years, and provide for those with either no pension or an inadequate one," they added.

Tag, You're It!

One Minister arrives back as another Departs for 66th CPC in Ghana

Donna Crowie, SAMS



During the recent Ministers Question Time, Speaker of the House, Cyril Gunnell, welcomed back Minister Mark Brooks after attending business overseas. When doing so, he also mentioned the departure of Minister Martin Henry.

Minister Henry departed St Helena on Saturday, 22 September, to travel to Accra, in Ghana, for the 66th Commonwealth Parliamentary Conference. The theme for this year's CPC is 'Commonwealth Charter Ten Years on: Values and Principles for Parliaments to Uphold.'

2023 marks the 10th anniversary of the Commonwealth Charter which outlines the principles and values of the Commonwealth. According to SHG, during the 66th CPC, there will also be a number of additional conferences and meetings which Minister Henry will be involved in, which will include the 39th CPA Small Branches Conference and the topical debate 'Food Security and Sustainability in the Commonwealth'.

Whilst Minister Henry is off-Island he will also be visiting St Helena's new Health Service Provider in Johannesburg and plans to meet up with current medical referral patients from St Helena.

SHG also said that "whilst Minister Henry is away from the Island, Minister Mark Brooks will cover any urgent matters for the Health & Social Care Portfolio."



66TH COMMONWEALTH PARLIAMENTARY CONFERENCE

30th September - 6th October, 2023

Accra, Ghana

Changes to HM Prison Jamestown

Goodbye Warden

Superintendent, Jay Kendall, departs HM Prison Jamestown



Hannah Braaf, SAMS

Jay Kendall, who has been the Superintendent for HM Prison in Jamestown for the past two years, has decided not to renew his contract and will no longer serve on St Helena, announcing his departure with a message to St Helena.

"It is indeed with a heavy heart and mixed emotions that I have made the decision not to renew my contract, following its successful conclusion this October," Jay commented. "As my two-year tour of duty draws to a close, it fills me with immense pride to reflect on the remarkable progress we have achieved during this tenure."

"Our collective efforts, within the Prison Service and as a cohesive team, have propelled us forward, resulting in substantial accomplishments aligned with our ambitious five-year development plan," he stated. "Our foremost objective has been to elevate safety, security, and rehabilitation outcomes for all those connected to HM Prison, Jamestown—those who live within its walls, those who work diligently to uphold its standards, and those who visit it. Our commitment to enhancing safety protocols, bolstering security measures, and advancing rehabilitation initiatives has significantly improved the overall quality of life within our prison."

"As I prepare to step aside, I am confident that I leave behind a service that is notably better than it was two years ago," Jay concluded. "It has been a privilege to lead this transformation, and I eagerly anticipate the opportunity to hand over the reins to my successor. I have no doubt they will continue the exceptional work we have undertaken and bring us one step closer to realising our vision, particularly with our new prison build project on the horizon."

SHG are currently looking for a new Superintendent for HM Prison following Jay's departure.

"Jay's unwavering dedication and substantial contributions to our Prison Service, the broader SSHA Portfolio, and the cause of public service over the last two years have been invaluable," commented Alex Mitham, Portfolio Director for Safety, Security & Home Affairs. "We wish Jay all the best in his new role, continuing his impactful journey within British Overseas Territories' custodial services."

"Generously deployed to St Helena"

Three new Officers arrive to work within HM Prison amid an increased prisoner population on St Helena



Liam Yon, SAMS

With the issues around an increased prisoner population for HM Prison in Jamestown, and the challenges around managing this safely, SHG have recently announced the arrival of three new officers to St Helena to increase staffing numbers for the Island's sole Offender Management Service.

Early in September, arriving from the Department of Corrections and Rehabilitation in the Turks and Caicos Islands – another British Overseas Territory – are Prison Officers, Clyde Greene and Stephen Gibson. According to SHG, these two officers bring "a wealth of knowledge and experience in correctional services" to St Helena.

Joining them a week later from the UK was another new officer, namely Adonis Sampson, which further enhances St Helena's "diverse custodial expertise" according to SHG.

"These fully trained and highly experienced professionals have generously been deployed to St Helena for the next three months," explained SHG in a recent Press Release. "Their arrival marks a crucial addition to our dedicated team during a busy period for our service." They add that the presence of these three new officers within HM Prison "ensures the continuity of a constructive prison regime, allowing us to uphold our commitment to safety, security, and rehabilitation."

Outgoing Superintendent of HM Prison, Jay Kendall (*see Goodbye Warden*) said HM Prison "are delighted to welcome Officers Stephen Gibson, Adonis Sampson, and Clyde Greene to our close-knit community here on St Helena." Echoing the words of SHG, Jay added that the new officers "expertise and dedication will undoubtedly contribute to the continued success of our Prison Service."

Despite not renewing his contract on-Island, Jay did add that "together, we look forward to maintaining our high standards and serving the community."

How Dat Ship?

Tenders being evaluated for new Shipping Service Provider as more revised schedules released for MV Maria Delay



Liam Yon and Donna Crowie, SAMS

With talk of movement in SHG's search for a new substantive Shipping Service Provider, including unconfirmed reports of withdrawn bids, The Sentinel enquired with SHG on whether there was an update on who would be the new shipping provider from February 2024 - just four months away. SHG's response was a simple "no, not yet."

Further enquiries however have garnered a more substantive response and, on Tuesday, SHG confirmed that "the invitation to tender ended on 1 September." This tender was "for the operation of a cargo shipping service to and from St Helena" with SHG also confirming that "this was offered on an initial five year schedule, with an option for an additional five years if agreed by both parties." This is a similar arrangement to that between SHG and former provider Andrew Weir Ship Management Limited (AWSML) via the MV Helena, who opted against the option of an additional five years.

With the deadline for tenders having passed, SHG said that "responses are now being considered by the evaluation team against the tender criteria," with a view to choosing a new provider for 2024.

"As this is an ongoing commercial process we aren't able to provide further information at this time," added SHG. "However, we expect to have assessed and scored responses in the coming few weeks, and will be making a further announcement on this once the process has been concluded."

With talk of pulled bids for the new service from potential providers, The Sentinel made contact with Ivana Surian of MACS Maritime Carrier Shipping (Pty) Ltd – the company that did trial cargo operations in St Helena via the massive MV Blue Master II back in June – to enquire whether they are still involved as an option to become St Helena's new service provider in 2024. "Yes, we are still involved and it is still ongoing," was her speedy and positive response.

Meanwhile, on Thursday last week, St Helena's Interim Shipping Service Provider, Meihuizen International, issued yet another revised shipping schedule, which details that the MV Maria Da Paz will arrive to St Helena six days later than previously scheduled. The notoriously late vessel will now arrive to St Helena for Voyage 5 on Monday, 16 October.

Changes have also been made to Voyage 6 and 7. Voyage 6 of the Maria Da Paz, which includes a shuttle to Ascension, will now arrive to St Helena on 8 November, then travel onward to Ascension where she is due to arrive on 14 November before returning to St Helena on the 18 November.

Voyage 7, which is the last voyage before Christmas, is scheduled to arrive to the Island on 8 December.

Meihuizen also released scheduled dates for January 2024, likely her last voyage to St Helena as a scheduled Interim Service Provider.



Ministers Question Time: Secondary Education

GCSE Grades, Boosted Connectivity, the Arts and Alternative Programmes



Hannah Braaf, SAMS

At the recent Ministers Question Time on 26 September, the topic of discussion was secondary education, with Councillors posing questions to Chief Minister and Minister of Education, Skills and Employment, Julie Thomas.

Cllr Ronald Coleman posed the first question, inquiring as to the latest GCSE grades achieved.

Chief Minister Thomas detailed the percentages of pass grades (A*-C/9-4) for this year's GCSE students. The passes for the core subjects are as follows: 49% in English Language, 41% in Mathematics, 51% overall in ICT (80% for IGCSE ICT; 60% in computer science; 100% in ECDL; 0% in FS IT), 41% overall in science (100% in coordinated science; 29% in applied science).

Chief Minister Thomas also made note that ICT will shortly be removed from the list of core subjects at Prince Andrew School (PAS).

For the non-compulsory subjects, passes are as follows: 50% in Geography, 0% in Marine Science (which five students sat exams for), 63% in Food and Nutrition, 20% in Design and Technology, 0% in Travel and Tourism (which one student sat exams for), 33% in Business Studies, 100% in Physical Education, 0% in History (which two students sat exams for), 75% in Child Development, 40% in Psychology, 33% in Sociology and 0% in Art.

Chief Minister Thomas added the number of D grades when requested to by Cllr Dr Corinda Essex.

"There were fifty D grades in GCSEs," Chief Minister Thomas stated. "Seven students in Maths, five students with single Science, one student in IT, two students in Computer Science and three students for FS IT. The rest was in other non-core subjects."

"A direct comparison of our Year 11 public examinations results to the UK would not be a fair one," Chief Minister Thomas stated. "The total number of our Yr 11s undertaking public examinations in the May/June session 2023 was thirty-seven, compared to 593,094 in England. Although we follow the national curriculum for England and Wales, statistically one student in our Yr 11 cohort on St Helena represents 2.7%, compared to 0.0016% for one Yr 11 student in England."

"Our socio-economic factors and influences differ when compared to the UK, whether regional or national," Chief Minister Thomas further stated. "We do not have access to consistent professional support programmes as they do in the UK, especially in terms of our children with special educational needs and Social, Emotional and Mental Health [Difficulties] [SEMH]. This would, therefore, not be a like-for-like comparison."

"In addition, following the UK announcement from Ofqual [Office of Qualifications and Examinations Regulation] in December 2023, it states that expected overall results in '23 would be much closer to pre-pandemic years than results in 2020," Chief Minister Thomas continued. "This means that results in 2023 would be lower than in 2022."

Cllr Bargo also posed questions about previous internet costs and potential savings with our boosted connectivity.

"I know 50% of our budget overall goes to communication," stated Chief Minister Thomas.

"At this time, it's a bit early for us to say [how much will be saved], because... the announcement was made only earlier this month and I know that IT across St Helena Government is trying to work out exactly how they will share the internet experience," Chief Minister Thomas continued. "I think that there might be more savings, obviously, when we have a full fibre optic network, more than it is...[with] our normal network connected to the cable landing station."

Cllr Robert Midwinter then inquired as to any support given to children from "low-income households" who would not be able to afford a Sure package.

"As far as I know, there wouldn't be any support at this time," Chief Minister Thomas responded. "I do know that students are given enough time to complete homework so that if they don't have access at home, they can provide it during school hours."

Cllr Karl Thrower followed this by asking if there were plans to "guide students" on the kind of "hardware" they would need at home to complete homework and if loaning equipment would be possible.

"I don't think there will be anything that students will be expected to do at home that isn't accessible via the normal internet," Chief Minister Thomas stated. "If there's anything else they require, it would be done

in school hours, but if that changes as we progress forward, then by all means that's something we have to consider.... I don't want to make promises here, but [loaning equipment] is something that we're considering," Chief Minister Thomas continued.

Cllr Gillian Brooks, taking on a different subject, asked if there were any courses in dramatic or cultural arts.

"No - this is an area that we recognise is lacking," Chief Minister Thomas stated. "There was an initiative a few years back to secure funding from the TC budget to recruit a person with the required skills, knowledge and qualifications to be able to teach this subject, which could lead to a formal qualification. However, due to budget prioritisation, this post was not approved, as priority was given to posts in the core areas. This continues to be an area that we would love to improve upon in secondary, however with the current budget environment and the current staff expertise, this is simply not possible at this time."

"We do, however, offer music and art on our curriculum and in our enrichment sessions on a Friday afternoon," Chief Minister Thomas further stated. "We also offer music and song or choir for our Key Stage 3 students. As a result of this, we were able to showcase our students' talents in our performance at the end of the last school year, which was a pleasure to see... Having a dance or drama club is something that we are looking to work on once we can get our staffing levels up to capacity and we have time for staff members to help run this."

Cllr Brooks then asked if collaborations with Creative St Helena were possible to boost creativity and art at PAS.

"I know that Creative St Helena goes into Primary," stated Chief Minister Thomas. "I can't confirm at this time if they do go into Prince Andrew, but I'm assuming that if they did, they would go into the Enrichment lessons on Fridays."

"We also need to accept that our students at Prince Andrew are at different levels," Chief Minister Thomas continued. "They are embracing actually the music and drama, singing, etc. that's now been put on the curriculum, so if I'm guessing if there are gaps that need to be filled because of interest, then people like Creative St Helena would be called upon, if they aren't already."

Cllr Andrew Turner posed questions on "alternative provisions" for "struggling" students.

"In education, we recognise that the school environment is not ideal for all students," Chief Minister Thomas responded. "Those who have SEND [Special Educational Needs and Disabilities] or SEMH [Social, Emotional and Mental Health] sometimes struggle with their learning and behaviour in the normal school environment. Unlike the UK, we do not have access to the professional support services or special schools to cater to such students, so we have to work within the resources that we have."



"Rather than allowing these students to struggle, which at times leads to them being continually suspended from school resulting them missing in their education, through our inclusions services we have developed an alternative education programme that offers support to these students," Chief Minister Thomas stated. "This programme allows students to get their learning outside of the school environment and to also have the opportunity to engage in work-related learning or life skills opportunities to help prepare them for the world of work and their adult life. Each student has their own bespoke programme to meet their academic needs and their career aspirations."

"In school we also offer an alternative curriculum, which gives an opportunity for students to access some of their learning in school and the remainder outside of the school environment," Chief Minister Thomas further stated. "Currently, we have four students, Year 11, who are on the alternative education programme with the inclusion service."

"This is still a work in progress and we are working to develop this as we go," Chief Minister Thomas continued. "Premises is a challenge when catering for these students within the Education Portfolio and, at times, finding suitable work placements."

"It is therefore appropriate to take this opportunity to thank those persons and businesses who do offer support to our students and give them the opportunity to learn in a work environment," Chief Minister Thomas concluded. "Without you we would not be able to manage this programme. Additionally, I would also like to take this opportunity to encourage those within the business community who believe you could potentially assist us with work placements to get in touch with the school, Prince Andrew, or indeed Career Access."

Diabetes Sessions Over - for now!

Island Dietician, Sarah Mattinson, reflects on September Diabetes Sessions



Demy Herne, SAMS

During last month, Dietician Sarah Mattinson hosted a number of diabetes workshops and sessions.

Sarah said that trying to find the right locations and times was difficult, especially trying to figure out how to balance people's work, child-care, home-life commitments and, of course, finding transport on-Island to get to these certain locations.

Despite these challenges, over the three sessions that were held, 15 people attended to collect information and hear the talks which Sarah and her team presented. Feedback on the days were great and people said that they felt much better having more understanding towards diabetes and how to improve diabetic control reported Sarah.

On display during the sessions were newly created recipe cards focusing on cooking using beans, pulse and lentils. These ingredients are high in fibre and protein which, as part of a healthy balanced meal, will help control blood sugar levels. As well as this, there were also exercise cards from Diabetes UK which are great for people starting to exercise and not keen on joining a gym or who have difficulties getting out of the house.

For Sarah, as the Island's Dietician, she is going to keep getting information out through her clinics, education sessions and other events, to raise awareness of how people can live well with diabetes. For the Island, individuals can help control diabetes by taking responsibility and ownership of their health conditions. St Helena has over 1000 people living with Type 2 Diabetes on the Island and part of the way forward is for people to learn about their diabetes and take control of their condition.

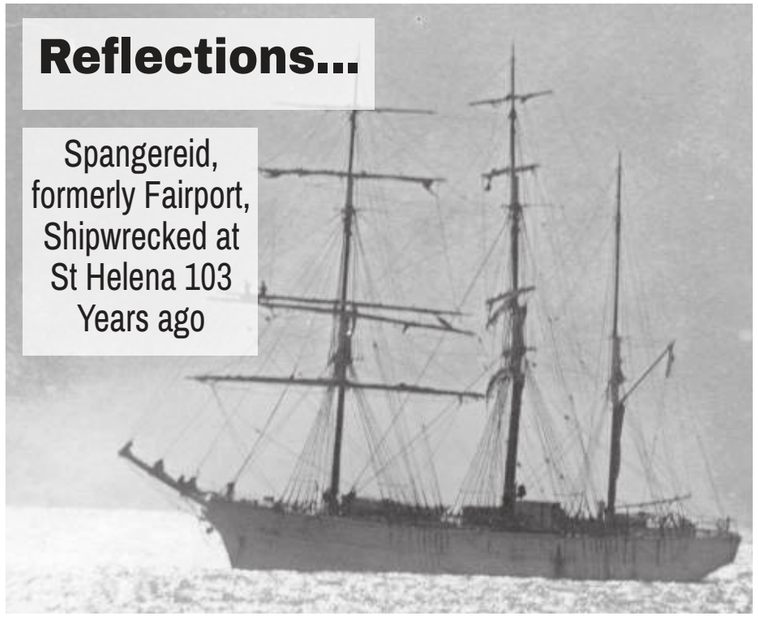
These will be the last diabetes sessions for this year, and moving on, during October "My Health and Me" will be focusing on non-alcoholic fatty liver disease and how to reverse or preserve your liver after being given diagnoses of a fatty liver. Although there will not be anymore sessions on diabetes this year, Sarah still encourages the public to contact medical records on 22321 who can offer an appointment if you are concerned about your diabetes.

"I am always thankful for the support of the health promotion team and other allied health care professionals, these events would be difficult to run without their support," Sarah concluded. "This time the team included Kaylee Youde and Raquel Johnson (Health Promotion Team), Lee Burrows (Physiotherapist), and Nina (Occupational Therapy Apprentice)."



Reflections...

Spangereid, formerly Fairport, Shipwrecked at St Helena 103 Years ago



Cyril Gunnell, Contributed

The 'Fairport' was a steel-hulled three-masted sailing barque owned by D Corsar and Sons, registered in Liverpool. Approximately 1910 the vessel was sold to Norwegian owners and renamed 'Spangereid'. In 1915, Spangereid was sold to S.O. Stray & Co at Kristiansand, Norway. She traded for many years between Europe and Chile.

According to the St Helena Wirebird of February 1965 the ship gained a certain amount of publicity during the First World War. At the height of the fighting, she and another sailing vessel, which was returning with her to Britain via Cape Horn, sailed unwittingly between the British fleets and became quite famous among the last of the big sailing ships for this wartime experience. On 8 December 1914 a British squadron defeated a German naval force in that battle. The victorious commander was Admiral Sir Frederick Doveton.

On Tuesday evening, 28 September 1920, 103 years ago, Spangereid was shipwrecked at St Helena. En-route from South Africa to Gotenborg, Sweden, the vessel appeared off Jamestown with a fire in her cargo of coal. The St Helena Guardian reported about the ship's arrival on 9 October as follows:

"The burning of the Norwegian ship Spangereid caused quite a sensation and the Wharf and Glacis were crowded with interested spectators. Although at one time it appeared as though she was going to burn out from stem to stern, the precautions taken by the Captain of the vessel in having her towed into the beach stern first, and by this means preventing the fire spreading after and then having her swamped by making two holes in her bow, saved the after portion of the vessel entirely and will enable much valuable property to be salvaged."

"We congratulate the Captain on his action which certainly prevented a total loss of cargo and ship fittings. It remains to be seen whether anything can be done with the wreck, but we rather fancy her days of work are over and she will rest peacefully beside what remains of her old friend the Papanui."

The fire did not get out of control, but the ship was still lost. It was decided that Spangereid should be scuttled. Through the precaution taken by the Captain in having her towed onto the beach stern first and then swamped by making two holes in her bow, prevented the fire spreading aft and saved the after portion of the vessel entirely, enabling much valuable property to be salvaged. This included the ship's yards (a long beam on a mast for spreading square, sail) along with her winches, other fittings, and the stores.

These and the wrecked ship itself, with coal on board, were offered for sale by public auction. The St Helena Guardian of 30 October, 13 November and 19 November 1921 described a partial list of items sold under the Trees in front of the Canister or on the Wharf:

"Canned goods, butter, lard, meat oysters, cake powder, hare sausages, salmon, mixed vegetables, baking powder, curry powder, sago, spice, washing soda, soap, lime juice, Quaker oats, macaroni, peas, lamps crockery, kitchen utensils, brooms, chairs, tables, sofas, chest of drawers, cooking stove, motor engine, Captain's boat, two lifeboats, iron tanks and about 300 feet of deck planking 5x4 inches."

The wreck of Spangereid was mostly destroyed by heavy seas, in February 1922. Significant quantities of coal were deposited on the shore below the wharf and provided the Island with a source of cheap fuel. For many years, soft coal from the wharf was sold at £1 per tonne and used to fuel the suction gas engines of the flax mills.

These engines had been designed for anthracite, but were modified for soft coal because of this providential supply of cheap fuel. The coal may have come from the Spangereid or it may have come from a Greek steamer that discharged coal at Jamestown in 1920 because of a fire in her hold.

The remains of Spangereid lie on the sand in James Bay, in about 40 feet of water approximately 50-75 yards west of the SS Papanui wreck. Up until recent years, Spangereid's stern along to mid-ship could still be seen with a face mask. The wreck then dissipates into the sand.

The ship's wheel showing her original name 'Fairport' on its brass hub, one of the larger wooden pulley blocks, and also part of a wooden mast spanning the length of the dining room supporting an upper floor, can be seen on display in the Consulate Hotel, Jamestown.

The Captain's boat, 'Fairport', a whaler, was almost completely rebuilt with Iroko wood by Mr Cliff Huxtable at Olive Cottage, St Paul's. The late Mr Freddie Johnson used the boat for fishing and prior to that it served for many years as the harbour launch. The boat was still in use in the late 1990s and became the property of Mr Len Coleman who had it fibre glassed.



SAMS RADIO 1 SCHEDULE

SAMS Radio 1

102.7 (Jamestown) • 90.5 (High Knoll) • 105.1 (Sunberry) • 105.3 (Blue Hill)
Streaming live via www.sams.sh/radio.html

FRI. Oct 06
- 7am -10am: Sunrise show with Luke Bennett
- 2pm: Our Show
- 5:30-7pm: OUT OUT! with Liam

SAT. Oct 07
- 9am-12 Noon: Saturday Show with Hannah Braaf
- 3-5pm: Modern Country Chart with Donna Crowie
- 6-8pm : DNA Show with Anita and Deon
- 8pm: Mixed Tape Show with Hannah Braaf

SUN. Oct 08
- 7am-noon: Sunday Show with Anita and Deon
- 1pm: Interveiw Hour
- 3-4pm: UK Chart Show with Demy Herne
- 5pm : In Scope
- 7pm: Baptist Church Service

MON. Oct 09
- 7am-10am: Sunrise show with Luke Bennett
- 2-4pm: DNA Show
- 5:30 -7pm: The Irish Show with Tony and Lucas
- 7:15pm - 8:15pm: Best of British theme with Simon and Florence.

TUE. Oct 10
- 7am-9am- Sunrise with Donna Crowie
- 2pm: In Scope
- 5-7pm: UK Chart Show with Demy Herne

WED. Oct 11
- 7am: Sunrise Show with Deon
- 9-11am: Our Show
- 4-7pm: Afternoon Drive with Luke Bennett
- 7:30pm- Mixed Tape Show with Hannah Braaf

THU. Oct 12
- 7am-10am: Sunrise with Luke Bennett & Liam Yon
- 11am-1pm: Midday show with Hannah Braaf
- 1pm-3pm:Afternoon vibes with Demy Herne
- 5-7pm: Modern Country Chart with Donna Crowie
- 7:30pm: In Scope (Repeat)

Reach us on ***22727*** or at ***news@sams.sh***

sure
Bringing you the
BBC World Service
100.7 (Briars)
88.1 (High Knoll)
102.7 (Blue Hill)



Featured this week



Deon, Anita and Erik will be looking to entertain you this Sunday with music by artists whose name starts with an 'F'. We will listen to a variety of genres starting off with some classics (as usual) and then bringing you a mix of older and newer music. Encourage family and friends off-Island to join in via our streaming service on www.sams.sh. You could always ring us on 22727 or send a message to do a special shout out. The weather might be fickle, but at SAMS Radio 1, we are always there to keep you company, whatever the day may bring!

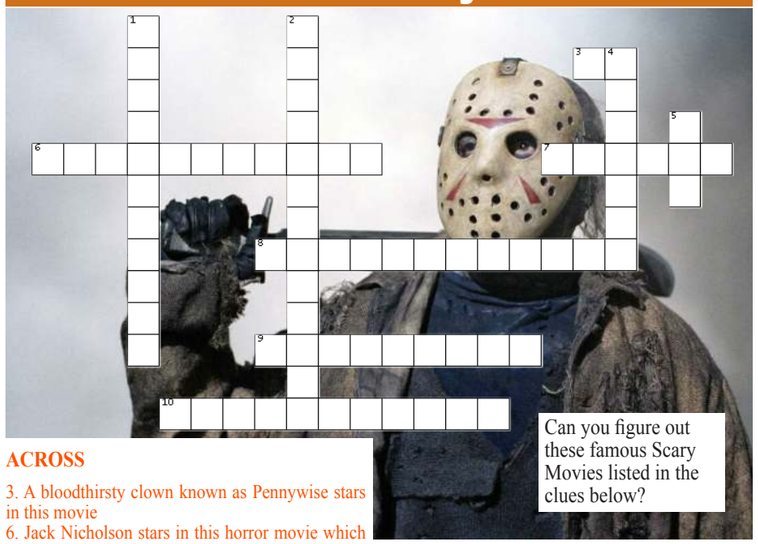
So tune in to SAMS Radio 1 on Sunday from 7am until 12noon.

Local news and notices:
7am, 10am, noon, 2pm, 5pm, 7pm, 10pm

SAMS South Atlantic Media Services Ltd

TIME OUT

Crossword: Scary Movies



Can you figure out these famous Scary Movies listed in the clues below?

ACROSS

3. A bloodthirsty clown known as Pennywise stars in this movie
6. Jack Nicholson stars in this horror movie which was famously known for the catch phrase "here's Johnny"
7. a fright-masked knife maniac stalks high-school students in middle-class suburbia.
8. Based on true events, from 1970s onwards, paranormal investigators and demonologists Lorraine and Ed investigated paranormal activities.
9. a married couple whose boy inexplicably enters a comatose state and becomes a vessel for a variety of demonic entities in an astral plane
10. If they hear you, they hunt you. A family must live in silence to avoid mysterious creatures that hunt by sound.

DOWN

1. Pugsley, Wednesday,Thing,and uncle fester are all part of what family?
2. famous for the catchphrase "i see dead people"
4. a videotape filled with nightmarish images leads to a phone call foretelling the viewer's death in exactly seven days.
5. Two men realize they've been trapped by a sadistic serial killer nicknamed "Jigsaw" and must complete his perverse puzzle to live

Halloween pumpkins will be bigger than normal due to wet summer



Summer may have been a bit of a washout, but pumpkins are thriving thanks to all the rain.

This Halloween the main varieties of pumpkin are all expected to be larger than normal.

The wet weather in July and August was "perfect" for growing pumpkins, according to Steve Whitworth from Oakley Farms.

He added: "We had a pretty good growing season for pumpkins this summer with a really hot June, which really helped the plants along.

"The rainy July and August may not have been great for sun lovers or barbecue fans but from a growing point of view for pumpkins, it was perfect.

"The weather gave us the right amount of rain with sunny intervals especially compared with the challenging conditions we encountered during last year's heatwave, which was officially the hottest UK year on record."

Tesco pumpkin buyer Lucy Moss said the pumpkins will be larger than normal across all size categories this year.

The supermarket is expecting the carving pumpkin to be the most popular.

But last year saw an increased interest in people eating the squashes too - there was a tenfold rise in people searching for pumpkin recipes on Tesco's food website.

Ms Moss added: "It's good news, from a food waste point of view, so nothing should go to waste."

Famous Birthday on 5th October

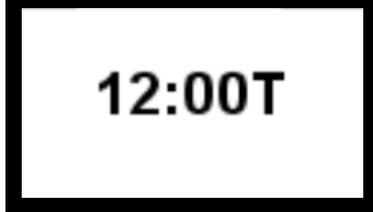


Bernie Mac (1957-2008)

Sentinel Joke of the day

A man walks into a library and asks the librarian for books about paranoia. She whispers, "They're right behind you!"

Rebus Puzzle: *Figure out the phrase*





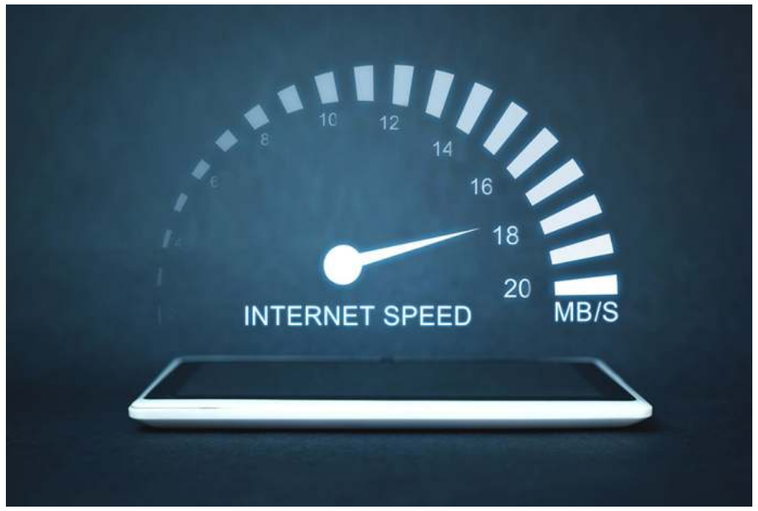
Last week's Crossword Answers
Hispanic Athletes

Eddie Guerrero	Roberto Durán
Rey Mysterio	AROD
Diego Maradona	Marc
Pele	Messi
Rafael Nadal	Mexico

Rebus Answers:
1. afternoon tea, 2. red in the face

Improvements with Boosted Connectivity Pt1

How St Helena's New Digital Era will improve services on-Island



Hannah Braaf, SAMS

Now that St Helena has entered into a new era of connectivity, Islanders can expect many changes and improvements, especially in terms of our service industry. Additionally, consequential improvements to education were discussed in the Ministers Question Time on Tuesday, 26 September.

This week, the Sentinel reached out to a few businesses on what they hope to see and offer now that our situation has drastically changed thanks to SURE SA Ltd's new broadband offerings.

Rose and Crown Director, Tara Wortley:



"Improved connectivity on St Helena will change the way businesses and customers interact, and Rose & Crown is already working on some exciting new projects. We are always striving for new ways to improve the customer experience and the challenge now, across all our services, will be keeping pace with the various platforms to keep our customers engaged."

SAMS CEO, Donna Crowie:

"Unlimited internet has opened a few doors for us here at South Atlantic Media Services, we have re-vamped our website just in time for the change so head over to www.sams.sh, which is now much more user-friendly – although we are still in development and are welcoming feedback on further improvements."

"Listening to SAMS online has also become easier. We will also be including news stories that we have been following. We now have the functionality to be more active online, starting with Social Media (mostly Facebook at the moment). Soon you will be seeing our news headlines for the day and upcoming daily radio show schedules.

"Sentinel buyers can also subscribe for their weekly copy, which will be emailed to them every Thursday morning in colour for a bargain cost of £3 per month, just contact us for full details."

"We also have a conference room https://www.sams.sh/conference-room/ available for hire. Our conference room can be utilised for meetings and team gatherings – this can now be hired to include free internet connectivity."

"As this is all new and we just now getting used to not worrying about the amount of data usage, we will be doing more online - so just watch this space."

New Horizons Youth Leader, Scott Crowie:

"Firstly I would like to take this opportunity to thank Sure SA Ltd for part sponsoring our broadband package. New Horizons are looking into a variety of different activities that we are going to offer, naming a few we are looking into doing online





gaming so that the young members can enjoy more gaming options, installing two computers that can be used for research/homework activities as well as installing a 75'' Smart Screen to stream the latest TV shows and more."

"As the months go on I have no doubt that we will improve our range of activities we can offer to our youth but once again it will be down to funding."

At the Ministers Question time, at which the topic at hand was secondary education, Cllr Rosemary Bargo inquired as to the "expected benefits" of the "improved internet provisions" for PAS.

"The expected benefits that Prince Andrew School will reap from improved internet provisions include the following, but are not limited... the opportunity to use more interactive resources in the classroom across the curriculum to support teaching and learning, such as YouTube, online quizzes, etc," stated Chief Minister Thomas. "This will engage all the different learning styles, hence making the topics more fun and accessible to all. Staff and students will be able to take full advantage of the online tools that are free for educational establishments, for example the Google Suite products"

"This will foster better communications between parents and the school," Chief Minister Thomas further stated. "Parents can be updated daily on their child in relation to their behaviour and learning (including homework tasks, progress and attainment). They will be more aware of school events, as they can be reminded daily and can have more interaction with staff."

"We would have more efficient ways for working remotely or accessing school resources, [as] preparing and building resources for teaching takes up a huge chunk of time," Chief Minister Thomas continued. "With increased speeds, these resources can be streamed live, allowing more time to focus on the learning. Teachers and students doing research activities will be able to access more content at faster speeds, covering more in their sessions. There would be no reason to have certain restrictions in place because of the bandwidth constraints, leading to less frustrated staff and students, boosting collaboration and working on school projects with teachers having support from external resources."

"There will be more possibility for schools on-Island to link with other schools more frequently, sharing out different cultures and experiences," Chief Minister Thomas added. "Staff could use this as exposure to other learning environments and we hope [for a] more engaged school community because of the discontinued free internet window from midnight to 6am, and children can now be in bed at a reasonable time."

"The distance learning curriculum could increase as media quality will improve, providing the option to offer more lessons running at the same time," Chief Minister Thomas further stated. "Increased training opportunities for our staff via online courses, webinars, bespoke training and CPDs (and that is for the professional development)... Online testing can be facilitated simultaneously and be completed in weeks, instead of being staged over the half term, benefitting the school by having feedback and detailed analysis more promptly."

"I don't have an exact timeframe for this... but I would assume the fact that that is being given as what they hope to achieve... our IT savvies within education have been getting ready for this," Chief Minister Thomas stated. "I'm assuming that most of it will come online as soon as possible... I'd like to think within that month or two, they would be pushing to get this rolled out."

Chief Minister recognises the school's IT Staff and "the excitement that's going through the schools at the moment as we get ready for this journey."

Many plans and promises have been made across the board. Hopefully, as an Island, we continue to see results and improvements from increased connectivity moving forward.

World Maritime Day 2023

Members of the MCA visits St Helena ahead of Audit



Demy Herne, SAMS

On 28 September each year, the International Maritime Organisation (IMO) recognises World Maritime Day. This day is recognised to show the importance of the maritime industry and its aims to endorse innovations in the industry that improves maritime security, maritime environment, shipping and safety.

The theme set by the IMO for 2023 was "MARPOL at 50 - Our commitment goes no". This theme highlights the International Convention for the Prevention of Pollution of the marine environment by ships from operational or accidental causes.

World Maritime Day 2023 came at a time when the Safety, Security and Home Affairs Portfolio were hosting members of the UK Maritime Coastguard Agency (MCA) - Alison Leighton, Chris Doherty-Ingram and Lucy Pope - supporting SHG's Maritime Authority with preparing for a proxy audit on St Helena's agreement with international maritime obligations. This is expected to be approved early next year.

Principles of MARPOL will be covered within the Audit and SHG will be assessed against how well the practices and procedures in place comply with these. Working closely with partners in the MCA will help to ensure that St Helena is playing its part in protecting the Islands maritime environment.



Anita Robbertse, SAMS

Minister Martin Henry welcomed Ian Walker (Public Health Specialist for the Department of Health and Social Care in the UK), Sarah Payne-Richards (Public Health Consultant from the UK Government) and Kate Heneghan (Health Promotion Lead on St Helena) as his guests on In Scope this week to tell listeners more about the support that St Helena's Health Service receives for preventative programmes from the UK. The health team here do not work in isolation but in conjunction with a support team in the UK and also with health teams in other Overseas Territories.

Ian's area of focus is on the prevention of ill health and how everyone can be helped to live long and healthy lives. Ian also has a PHD in Health Sciences and he has done research in this field as well. This is his second visit to the Island as he had been here a year ago and he said it was a good experience to visit again to see all the progress that has been made. The visiting team is funded by the UK Government to provide the remote support that they do to the team here on St Helena. This team collaborates with St Helena to work on taking the initiatives forward and improve the population's health on-Island. St Helena has its own unique ways and challenges and the team is looking to support initiatives here and not just 'lift-and-shift' what works in the UK. They are taking a look at what the evidence and research says works best around the world and how it can be applied here on St Helena to best effect. Ian has taken note of some changes and developments that have taken place, which is very positive. During their visit they have had discussions on public health, some of the screening programmes that are being actioned, the smoking cessation programme as well the healthy weight and diet programmes. These are all examples of how the teams have collaborated over the past years and it is good to see all the hard work bearing fruit. The expertise available on the Island is growing and developing, resulting in a strengthening of the health offer on St Helena relating to care and general health and wellbeing.

Earlier in the year, there was a conference attended by members of St Helena's health team who presented some of the work that has been done here, sharing experiences with other Overseas Territories. Shared learning and understanding can be applied to the advantage of all. The support team have been working with the University of the West Indies on a program to manage data of non-communicable diseases like diabetes. St Helena has been one of the two territories that have been chosen to collaborate on this project. This program will really be a great asset in helping medical personnel to access relevant information and assist in better managing chronic conditions in patients.

Sarah's field of expertise is broadly in the field of public health but more specifically looking at non-communicable diseases. These include diseases like diabetes, high blood pressure, high cholesterol and cancer - all diseases that cause a high burden of ill health all around the world. Another area of focus for Sarah would also be in determining the risk factors for these diseases like being overweight, alcohol use and smoking. Sarah works with St Helena, other Overseas Territories and also with other parts of the world internationally. There have been a lot of dynamic and inspiring meetings during her week-long visit on-Island. A lot of the information discussed during these meetings was based on the needs assessment that has been created. It is critical to have access to a comprehensive database of all the information related to health, lifestyle, risk factors as well as wider determinants of health of the people on St Helena to be able to identify what the key health challenges are. Sarah said that the meeting on the planned alcohol strategy was inspiring. There is a working group that forms part of the Safeguarding board comprised of a wide range of stakeholders that can provide their input into this strategy including members of the Police, Probation Service, Social Care Services, Mental Health leaders as well as Health Promotion leaders. This working group will look at the global evidence-based practice and how this can be applied on St Helena. Alcohol strategies from various countries like the UK, Scotland and Ireland, as well as recommendations from the World Health Organisation, are all taken into consideration in forming a unique strategy for St Helena.

Another meeting that was held specifically related to the 'whole systems approach' to healthy lifestyles to create a healthy and thriving population. This approach goes back to basics in looking at how the population can prevent some of the extreme causes of ill-health that impacts the quality of life and increases the need for health interventions. The work that has been ongoing on St Helena has been supported by the UK team and it is good to see the progress that has taken place. Conversations have also taken place with doctors and nurses to gather their perspective on the prevention of ill-health as well as how they deal with and manage some of these conditions, like diabetes. It was also good to see the workshops that were run by Sarah Mattinson, the Island's Dietician, regarding healthy diet and lifestyle for the prevention of diabetes. This supports the work that the medical personnel are doing following a holistic approach to the treatment and prevention of these kinds of diseases. The whole health team is working together with Kate Heneghan's team to try and determine what a good service would entail to provide support and assistance to people in losing weight for example those who already have diabetes and wants to lose weight to better manage their condition.

The other area that Sarah touched on was the cancer screening meeting that took place. St Helena has a really good programme on offer with cancer screenings for various cancers like cervical, breast, bowel as well as some of the newborn screening programmes. The meetings were focused on how support can be provided to consolidate these to ensure they are accessible to everybody that needs them. This will then feed back into the work that is being done with regards to creating a comprehensive database and how that data can be used to make sure that everybody that is eligible for screening are invited to participate.

Kate gave some insight into St Helena's perspective specifically referring to our limited resources. Considering this, the support received from the UK government is invaluable. The expertise provided by the UK team is very important in formulating a unique and effective evidence based solution for the Island. Another expert that was visiting with the team is Julia, but she was unfortunately not able to attend the programme as she was conducting a meeting with Midwives and the Gynaecologist about supporting pregnant women to stop smoking at the time. Julia is a trained Midwife but has also been a stop smoking advisor for about 15 years and has been supporting the team on St Helena through the partnership for some time now. As part of this support, there has been a lot of skills development which have been brushed up on this visit. Her guidance and input with regards to the interaction with clients have been invaluable. Kate said that it has been inspiring to witness the development and growth within the local workforce. The local stop smoking practitioners are doing a great job and they have been very effective in supporting people on the Island to stop smoking. Kate said that a lot of data is being collated to give a better understanding of the health needs of the population on St Helena. Using this data as a base, short, medium and longer term plans can be developed to support and encourage the Island to be as healthy as possible. Data from the Joint Needs Assessment will be incorporated as well as local knowledge of what has worked in the past. The Health Team on Island is working to develop this programme based on the Island's needs together with the expertise and support from the team in the UK. A collaborative approach is essential in addressing a lot of the issues and all the portfolios and various other stakeholders will be involved to address the issues that are affecting the health and quality of life of people on the Island. It is also important that the community gets involved as it is critical that changes need to take place in the way people live their daily lives and the choices they make.

The two visiting officers ended off with some last thoughts. Kate said: "The screening and prevention programme of some of the most commonly found cancers on St Helena are a really effective programme. If you do get invited for a screening, please participate as it is one of the best things you can do for your health." Ian encouraged everyone to be "a healthy thriving society. It takes all of us to contribute to that in terms of your lifestyle and personal choices you make, but also the family choices that you make. Everyone has a role to play and need to come together to try and create as healthy and thriving a community as possible to make St Helena one of the healthiest places around the world. Wouldn't that be amazing? So just to encourage everyone to continue the great work and as the partnership continues that things will go from strength to strength." Ian ended by wishing all on St Helena the best of health.

Sign Writer

St Helena Island
A breath of fresh air

St Helena Tourism is seeking expressions of interest for the writing and editing of a range of tourism-related signage.

Visitor survey feedback has repeatedly highlighted the need to improve signage across the island. SHG's Environmental Management Division and organisations such as the Saint Helena National Trust, South Atlantic Environmental Research Institute, Napoleonic Heritage and the Liberated African Advisory Board, as well as tour guides and others in the tourism sector, all support the need for improved signage.

A writer/editor is being sought to produce a wide range of signage including directional, locational, safety, and interpretation boards at key locations. Work will include:

- Collating and editing existing information provided by St Helena Tourism (no additional research required)
- Producing signs to the tone and style specifications provided by St Helena Tourism
- Formatting written text (particularly interpretation signs) for printing and production in line with Tourism's brand guidelines

Writing and editing experience is highly desirable and persons must have their own computer and text-writing software. Interested persons should be able to demonstrate their level of ability in writing and editing, by providing examples of previous work.

It is anticipated that the work could be completed within 4 weeks.

For more information on the role and the job specification please contact Head of Tourism, Matthew Joshua, at matthew.joshua@sainthelena.gov.sh or 22158.

www.sthelenatourism.com

St Helena Government

R2 PROJECT: REHABILITATION OF FIELD ROAD – UPDATE

Since 18 September 2023 Field Road has been closed to enable the substantial road rehabilitation works to take place.

Setting out activities started immediately, enabling excavation of the hillside at the top of the road down towards Rupert's to commence in Week 1. Spoil clearance, to transport excavated material to Upper Rupert's, commenced the following the weekend.

In Week 2 the contractor began excavation of material from the existing road pavement at "the Saddle" (the top of Field Road). This work has begun ahead of schedule in the planned construction programme, and is an example of how all parties are looking for opportunities to accelerate the works whenever it is practicable and safe to do so.

To maintain the momentum of the contractor's programme, plans are underway to commence hillside excavation from the Side Path junction up to "the Saddle" in Week 4 (beginning 09 October). This work is expected to take approximately six weeks, running until 18November. To ensure the safety of road users on Side Path below where the works are taking place, Side Path Road will be closed during working hours.

In order to minimise the disruption to road users, Side Path will only be closed from 09:00 to 16:00 on Mondays to Saturdays (inclusive) during this period. Road closure and diversion signs will be in place, with access to and from Jamestown still being available via Constitution Hill Road. As Side Path will always be open during the "rush hour" periods, the contractor will not be implementing any further traffic management measures.

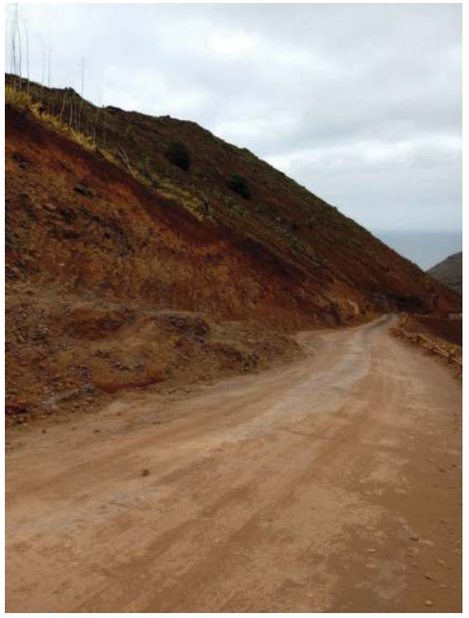
There will be some days during this period when Side Path will be open to traffic, for example during visits by large cruise ships. The dates when Side Path will be open to traffic will be publicised in advance via local media.

For any questions regarding the Field Road site works, please contact the EDIP Site Supervisor, Mr Chris Williams, by telephone on 67424.

Photos









www.facebook.com/StHelenaGovt/www.twitter.com/StHelenaGovt

SHG, **2 October2023** ***#StHelena#FieldRoad#EDIP***

NOTICE BOARD

DIOCESE OF SAINT HELENA

The Parish of St Paul's

Sunday 8th October 2023 – Twenty-SeventhSunday of the Year

8.00 a.m.	Eucharist	Cathedral
9.30 a.m.	Eucharist/ Harvest Festival/ Baptism	St Martin
11.00 a.m.	Reserved Sacrament	St Andrew
5.00 p.m.	Choral Evensong	Cathedral

The Parish of St James

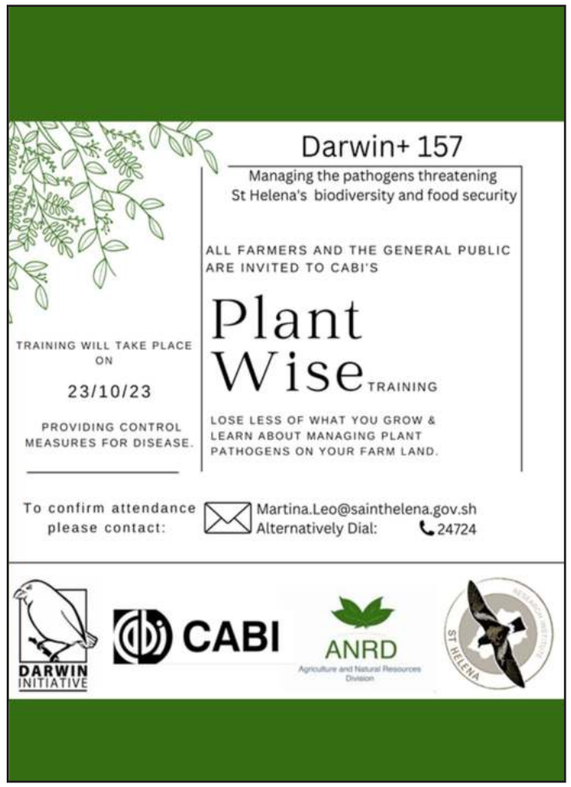
Sunday 8th October 2023 – Twenty-SeventhSunday of the Year

9.30 a.m.	Reserved Sacrament	St John
	Thursday 12th October	
7.00 p.m.	Reserved Sacrament with Healing	St John

The Parish of St Matthew

Sunday 8th October 2023 – Twenty-Seventh Sunday of the Year

11.15 a.m.	Eucharist/Church Parade/Harvest Festival	St Mark





September Scout Jackpot

The winners of the September Scout Jackpot draw were as follows:

1st Prize - £100
Tinika Thomas, Ticket No. 596

2nd Prize - £50
Lukas Robbertse, Ticket No. 400

3rd Prize - £25
Carolyn Yon, Ticket No. 234

4th Prize - £25
Alan Lawrence, Ticket No. 285

The October Jackpot will be drawn on 27 October.

Remember to have any chance of winning, you must participate!

NOTICE BOARD

ST. HELENA DIVE CLUB ANNUAL GENERAL MEETING 2023

Date: Monday 16th October 2023
Time: 6.30pm
Where: The Dive Club, the wharf

Members and non-members welcome.
Membership is due on the night or can be paid in advance at the BoSH.

Curry or stew and rice will be provided (free to paid up members in attendance) – please advise by Fri 13th if you'd like some so we can make sure there is enough.

Please let us know in advance of nominations for the committee.

A proposed change to the constitution will be raised – let us know if you'd like the details in advance.

If you have any other matters you wish to discuss, please let us know. If you need to get in touch, email us on shdiveclub@gmail.com

St Helena Government

PUBLIC ANNOUNCEMENT

PUBLIC CYBER SECURITY WORKSHOPS

Do you want to know how to keep yourself, your family or your business safe on the internet? If you do then why not attend the 'Staying Safe in Cyberspace' workshops which are taking place around the Island.

These workshops are free and open to anyone of any age, wanting to learn more about cyber security and staying safe online. You will learn about different types of cyber security threats, how to identify them, how to respond to them and what safeguards you can put in place to protect yourself, your family and your business.

The next workshop will take place this **Thursday, 5 October,** at **Blue Hill Community Centre** from **7pm to 8.30pm**.

The final workshop will take place at:

- **Sandy Bay Community Centre** on **Wednesday, 11 October**: 7pm – 8.30pm and not Thursday, 19 October 2023, as previously advertised.

We look forward to seeing you there!

SHG, 3 October 2023

AUDIT ST HELENA
External Auditors

AUDIT ST HELENA invites applications for the following job vacancy

PRINCIPAL AUDITOR
Salary range £22,100 to £28,000 per annum
24-month fixed term contract

The Principal Auditor will lead the planning and delivery of financial audit engagements across a range of public entities in accordance with International Auditing Standards.

Candidates must be a qualified accountant with a minimum of three years' recent experience in external audit and at least one year in a supervisory capacity in an audit environment, together with knowledge of recognised financial reporting frameworks.

We are looking for a team leader with good communication and people management skills who is able to plan, prioritise and project-manage workflow and use their own judgement. Excellent analytical abilities and IT skills are also required. Working knowledge of CaseWare is desirable.

Job Profiles and Application Forms are available on request by calling 22111 or emailing helene.v.williams@sainthelena.gov.sh. Applications should be submitted by email or by hand to Audit St Helena, First Floor, New Porteous House, Jamestown, by no later than **10 am on Monday 16 October 2023**.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview. All appointments are subject to the successful candidate providing satisfactory clearances, including a medical check and vetting/DBS clearance. St Helena Government reserves the right to have information provided on the application form independently verified.

BAPTIST CHURCH

Sunday Services
8th October
Sandy Bay Chapel 08.45 am
Head O'Wain Chapel 10.45 am
Jamestown Chapel 6.00 pm

Bible Studies
Tuesday 10th October
Baptist School Hall 7.00 pm
Thursday 12th October
Sandy Bay Chapel 5.30 pm

ALL ARE WLCOME

For further information contact:
Tel No 24644

ST HELENA
MARITIME AUTHORITY

NOTICE TO MARINERS

Ref No. *01/23*	Issued. *04/10/2023*

The St Helena Maritime Authority **hereby gives notice**:

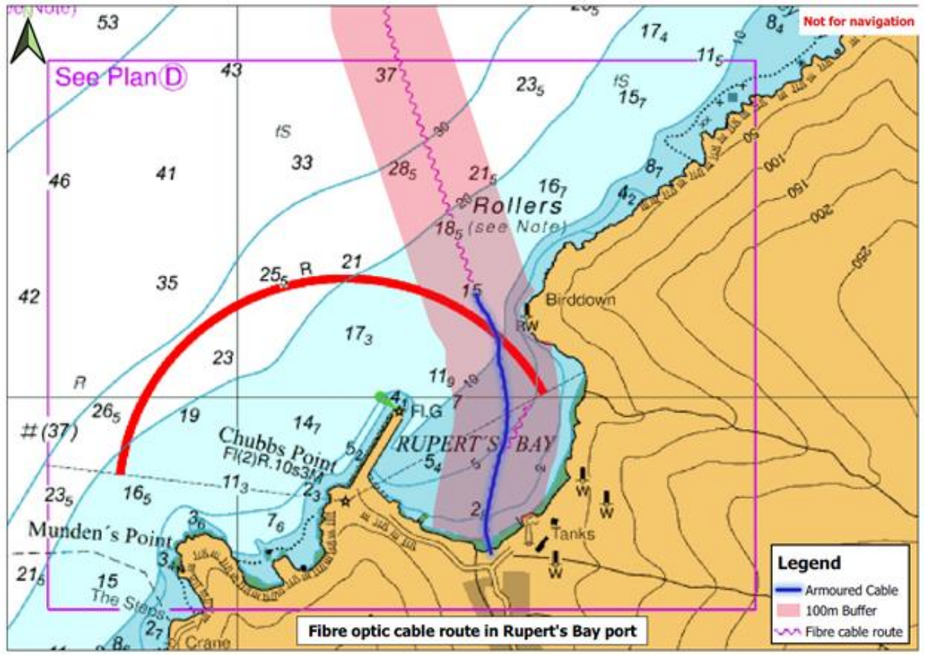
Request of caution when operating near the Equiano fibre optic cable

As most Mariners will be aware, the Equiano fibre optic cable is connected to St Helena, laying on the seabed and approaching land through the Port, at Rupert's Bay. The Maritime Authority, Port Management and the Cable Project Manager request that all mariners use caution when operating in the following locations:

- In the port boundary (Rupert's Bay Area)
- At Dawson's finishing ground

In the port boundary:
The cable starts from the swimming area on Rupert's Beach, running towards the Birddown area (between the Red Navigation buoy and Birddown). The cable has armoured protection, however this protection only extends from the beach swimming area to the area just outside of Birddown.

Please see the image below (with armoured section highlighted in blue):



Mariners are asked to refrain from anchoring within 100 meters of the cable within the port boundary.

Dawson's fishing ground:

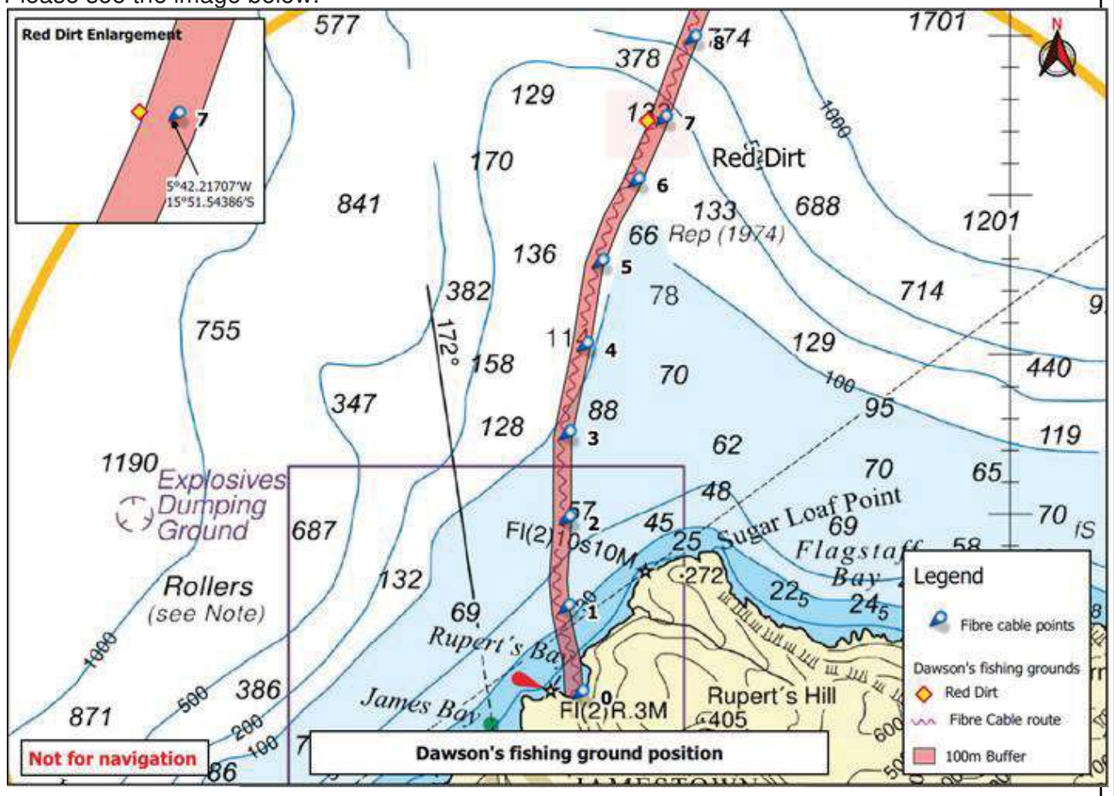
The cable lies very close to the fishing ground at Dawson's, locally known as "Red Dirt". The cable has no armoured protection in this area.

The position of the cable at this location is: 15°51.54386'S, 005°42.21707'W

Mariners are requested to use caution when anchoring in this area and refrain from anchoring within 100 meters of it.

Be mindful of anchor drag due to the weather and the method used when retrieving the anchor. The position of the cable has been updated on paper and electronic charts and therefore any updated chart plotter will show the location.

Please see the image below:



Below is the position track of the cable, running from the shore to approximately 7km out to sea, if you wish to put it in a chart potter or handheld GPS:

Point No	DMS Latitude	DMS Longitude
0	15°55.15066'S	5°42.74051'W
1	15°54.61205'S	5°42.82715'W
2	15°54.05583'S	5°42.82168'W

NOTICE BOARD

Point No	DMS Latitude	DMS Longitude
3	15°53.52148'S	5°42.82305'W
4	15°52.96799'S	5°42.71236'W
5	15°52.44593'S	5°42.61532'W
6	15°51.93481'S	5°42.38846'W
7	15°51.54386'S	5°42.21707'W
8	15°51.03898'S	5°42.03416'W

The Maritime Authority, Port Management and Cable Project Management thank the maritime community in advance for their cooperation in protecting the cable, which is of critical importance to the Island.

If any Mariner would like to have further information about the cable or its position, please contact Mia Henry (mia.henry@sainthelena.gov.sh), tel: 25970 or Simon Wade (simon.wade@helanta.co.uk) tel: 25052.

NAME: Simon Wade, Emergency Planning and Sea Rescue Manager

SIGNATURE

St Helena Cloud Forest Project Public Talk

The St Helena Cloud Forest Project is an exciting, highly collaborative project working to up-scale cloud forest restoration within the Peaks National Park for biodiversity, water security and socio-economic benefits on the Island.

THE PEAKS NATIONAL PARK

From species conservation to landscape restoration

Dr Jo Gilbert will talk about the approach the Royal Society for the Protection of Birds (RSPB) takes to scaling up restoration.

Dr Jo Gilbert is Conservation Programmes Director for the RSPB. She has worked in nature conservation for 28 years in both the NGO and university sectors and is the strategic lead for RSPB's practical conservation programmes and the supporting expertise they require, covering UK and international programmes.

In her role she oversees the strategic direction of nature reserve acquisition and management and landscape restoration in the UK, species recovery, large-scale international partnership programmes including rainforest protection in Sierra Leone, Liberia and Indonesia and the Albatross Task Force. She also oversees the RSPB's programme supporting partners in the UK Overseas Territories and on the East Atlantic Flyway.

Date: Tuesday 17th October **Venue**: Museum of St Helena **Time**: 19.00

RSPB UK Government St Helena National Trust Connect St Helena Ltd St Helena Island UBC Darwin Kew Met Office Arctium UK Centre for Ecology & Hydrology

NOTICE BOARD



BANK OF ST HELENA
CUSTOMER SATISFACTION SURVEY 2023

Dear Customer,

We would appreciate a few minutes of your time to complete this Customer Satisfaction Questionnaire.

All responses you provide will be kept in strictest confidence. Please complete your Questionnaire by 27 October. Responses can be returned to the designated Survey box in the Main Branch. Alternatively, visit www.sainthelenabank.com to respond online.

Age: 16-40 ☐ 41-60 ☐ 61 + ☐

Which Banking Branch(es) do you use?

St Helena ☐ Ascension ☐

Do you feel Bank of St Helena caters for all your banking needs? Yes ☐ No ☐

Do you feel the Bank's Building/Premises are convenient and suitable for your needs? Yes ☐ No ☐

If you have answered 'no' to either of these questions, please explain your answer.

How satisfied are you with the following services provided to you by Bank of St Helena?

Services	Very Satisfied	Satisfied	Neutral	Unsatisfied	Very Unsatisfied	Not Applicable
Teller Services						
Remote/Kiosk Banking Services						
Accounts Services and Packages						
Local Debit Cards						
Online Banking						
International Payments Services						
Lending Services						
Reception Services						
Customer Service Terminal (Station 5)						
St Helena Pay (Businesses Only)						

How satisfied are you with the following aspects of customer service at your branch?

Feature	Very Satisfied	Satisfied	Neutral	Unsatisfied	Very Unsatisfied
Banking locations are professional and well presented					
Staff knowledge of Products/Services					
Fast and efficient in meeting customer needs					
Willingness to listen and respond to your request					
Calls and emailed enquiries handled promptly					
Staff are respectful toward customers					
Staff are professional and appearance is appropriate					

How satisfied are you with the overall service quality provided by Bank of St Helena?	Very Satisfied	Satisfied	Neutral	Unsatisfied	Very Unsatisfied

Which marketing channels do you receive/view updates from Bank of St Helena? (select applicable)

Newspaper ☐ Radio ☐ Email ☐ Social Media ☐

Inside St Helena ☐ Official Website ☐ Branch ☐ Other:_____

Do you have any comments you would like to add concerning the service you have been receiving at Bank of St Helena?

Would you like to be entered into our prize draw for Bank of St Helena Promotional Items? If so, please provide your contact number and the area code (St Helena and Ascension customers only):_____

Thank you for taking the time to participate in our Customer Satisfaction Survey.

NOTICE BOARD

JOIN THE PUBLIC SERVICE

Join us!

We are recruiting...

St Helena Government

Learning & Development Officer (£11,542 - £14,215 per annum)

An exciting opportunity exists within our Central HR & Organisational Development section. In this role you would be working collaboratively to embed a learning culture within the Public Service. Your focus would be to support the design and delivery of core training and ensuring that staff learning and development needs are met. You will lead on and support the OD Advisor to deliver an effective, professional learning and development function that contributes to the development of a high performing Organisation.

Enquiries: Laura Stroud on 22470
Closing date: 12 October 2023

Trainee Helmsmen (Sea Rescue) (£7,200 per annum)

Applications will be considered from 16 years +

Are you keen to improve the lives of all within our community and help the island thrive by protecting and saving lives at sea?
If you are a highly motivated and enthusiastic individual with the ability to remain calm under extreme physical and mental pressure, then the St Helena Sea Rescue Service has an opportunity for you to join their team.

Enquiries: Leeroy Caswell or Mark Caswell on Tel No 25052
Closing date: 17 October 2023

Benefits

Leave – 25/30 days leave per annum, according to grade, plus public holidays

Pension – 15% pension contribution by SHG into approved defined contribution pension scheme

Training and Development

Paid sickness absence

How to apply

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, betting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

NOTICE BOARD

St Helena Government

CALL FOR NOMINATIONS FOR UK STATE (2024 BIRTHDAY HONOURS) AND ST HELENA GOVERNMENT AWARDS

Nominations are now being invited for the following awards:

UK STATE AWARDS

Honours are awarded on merit for exceptional achievement or for any service carried out over and above what normally is expected. This can include making a difference to the community or in a specific field of work, innovation and entrepreneurship, improving life for people less able to help themselves and displaying moral courage. Where possible, nominations should place emphasis on voluntary services and the service must be recent. Nominees must not be made aware they are being put forward for an award.

To find out more **a**bout the different types of Honours Awards please visit: www.gov.uk/honours.

CERTIFICATE AND BADGE OF HONOUR

This award is presented to public servants on behalf of St Helena Government for loyal and valuable service worthy of recognition or, in the case of other persons, for their loyal and meritorious conduct that has provided exceptional benefit to the people of St Helena. Nominees should be residents of St Helena, either being born on the Island or have been residing on St Helena for not less than ten years prior to the date of the award.

ACT OF BRAVERY AWARD

This award is presented to individuals who have shown a clear display of moral courage and bravery in adverse situations.

THE BADGE OF ST HELENA

This award is available to both St Helenians and non-St Helenians. It is off a higher status than the Certificate and Badge of Honour. The Badge of St Helena recognises exceptional service provided by individuals or organisations who make significant contribution to St Helena's development or by supporting and/or enhancing social, cultural, economic, environmental improvement or the understanding of St Helena internationally.

FREEDOM OF THE CITY OF JAMESTOWN

This award is symbolic in nature and is the highest-level of local government award that can be conferred. It is awarded to both St Helenians and non-St Helenians whose achievements are significantly admirable and highly worthy of distinctive recognition. Those who receive this award will have made an outstanding contribution that is of huge national impact to St Helena and its citizens and will have served the best interests of the Island.

Nomination forms for all of the above awards are available from Central Support Service at the Castle, Jamestown, or can be requested via email: linda.benjamin@sainthelena.gov.sh.

Completed forms should be returned to the Castle in a sealed envelope marked 'Confidential', addressed to 'The Secretary, Honours and Awards Committee', by Tuesday, 31 October 2023.

SHG
3 October 2023

Greetings from Jamestown Rifle Club

SHGC, Contributed

Like problems affecting sports in other parts of the world, we are facing a problem at this particular time whereby we are making changes to cope with a shortage of ammunition. Streamlining our ammo usage and activities is not something we had prepared for, but making some adjustments in the meantime and putting a solution in place to avoid this from happening again in the future and to assist our local supplier.

Last Saturday, Brianna, Florence and Karlal displayed their enjoyment but sadly were limited to shoot 10 shots on each of their two target cards, they were not at all pleased with their scores, it just shows how changes can affect your performance and explaining to them how we deal with these issues. Karlal shot 85.31 & 83.1, Florence 94.3 & 95.5 Brianna 95.2 and 92.2 - this didn't go down well but was still full of fun and laughter.

Although Tuesday night's turnout was low in numbers - only eight members turned up for the pair's competition - we still decided to have it as planned. It was rather odd just having 10 shots with no sighter shots, we all knew we had to make each shot count with no other options in place.

Teams and their positions were Derek Burke with



95.5 and Dan Pinkie Flory with 97.5 = 193.0 in First Place; Pat Henry with 97.6 and Rex Young 93.4 = 191.0 in Second Place; Jodie Scipio-Constantine with 99.8 and Samson with 88.2 = 188.0 taking Third Place; in Fourth Place was Mike with 93.1 and Colin with 94.3 = 187.4; and finishing in Fifth Place with 185.8 points was Brianna and Carlos. Thanks to Deirdre for delivering the presentation and presenting the winners with their trophies. Thank you members for sharing a good night and trust we will meet next week for a friendly shoot to see who can shoot the most 10's to win a Bottle of Red Wine.

Until then, have a pleasant week.

St Helena Government

INVITATION TO TENDER

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contracts:

CS-1762-SHG (A) – Repairs to Animal Shelter at Botleys
CS-1762-SHG (B) – Repairs to Animal Shelter at Man & Horse

Copies of the tender document can be obtained from the Procurement Officer, Tiffany Lawrence at Essex House, Jamestown on telephone no: 22270 or via email tiffany.lawrence@sainthelena.gov.sh.

A site visit to view the works will take place on Thursday, 28 September 2023, at 1.30pm, meeting at Botleys.

Contractors should note that site visits requested after this date, 28 September 2023 will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Should you require any further details, please contact Procurement Services on telephone no: 22270 or via email tiffany.lawrence@sainthelena.gov.sh.

Completed tenders should be placed in the Tender Box at Essex House by 12noon on Friday, 06 October 2023, clearly marked with the tender number.

Interested parties should note that this opportunity is **not** being advertised overseas.

SHG, 8 September 2023

Judoka taking it to another Level

New Gradings presented to members of St Helena Judo Club



Anita Robbertse, SAMS

During the Judo session that took place on 27 September, members of the Judo Club (or Judoka) in Jamestown, were awarded new gradings, presented at the club by the Sensei.

Judo is the Japanese word for "Gentle Way" and the sport aims to instil discipline, respect and to teach participants to trust each other to compete effectively. Judoka are also encouraged to be humble about their achievements, but it is equally as important to celebrate their progress that has been attained through hard work. These are all attributes important to Judo St Helena to instil in their Judokas.



In determining the grading that was awarded, the Sensei looked at a combination of the Judoka's dedication and discipline, as well as their Judo knowledge. The Judokas had to demonstrate this knowledge in practice and this enabled them to make the grading. Judo St Helena follows the British Judo grading system which starts with white belts, followed by red, yellow, orange, green, blue and then brown belts. Within each colour of belt, one and then two stripes or Mon are awarded before progressing to the next colour. After achieving a brown belt grading, Judoka will receive a black belt which is graded from first Dan to the tenth Dan (or level).

This is a milestone achievement for Judo St Helena. Part of grading is the ability to teach skills to younger and less experienced Judoka. Higher-graded Judoka will now be able to assist during lessons and demonstrate skills which will help a lot when new members join the club.

Two of the Sensei also graded. Alex Adams received his Yellow Belt, and Jannas du Plessis was awarded a Red Belt with two stripes. In addition, five Judoka were graded to a White Belt with two stripes, five to Red Belt, two to Red Belt with one stripe and three to Red Belt with two stripes.

"We are super proud of the group of Judokas for all their commitment," commented Sensei.

All the Judokas were elated with their achievements and this reward to all their hard work over the past year.

The Sentinel wishes the club all the best for the future and hope that the Judoka will grow from strength to strength.



SPORTS ARENA



JUNIOR FOOTBALL RESULTS

Lower Age

Guardians 5
Kayden Scott (3)
Kaiden Glanville,
Kylen Piek-Williams
MoM: Kayden Scott

Rumblers 1
OG
MoM: Leo Crowie

Falcons 9
Hugo Richards (8)
Joel Peters
MoM: Hugo Richards

Megalodons 1
Luton Yon
MoM: Scott Constantine

Upper Age

Troopers 6
Harry Winfield (3)
Lebron George (2)
OG
MoM: Zach Francis

Terminators 0
MoM: Callum O'Dean

JUNIOR FOOTBALL FIXTURES

Sunday 1 October 2023

9am	**Falcons**	vs	**Rumblers**
9am	**Hurricanes**	vs	**Troopers**
10am	**Guardian FC**	vs	**Young Rebels**

Golf Report for 1 October

SHGC, Contributed

On the first day of October 2023 from 12:00 noon the club hosted the annual Presidents cup which was sponsored by the president Mr Tony Green. Twenty golfers teed off in one of the best weather conditions we have had in the recent past. It was a competitive field. Finishing top of the leaderboard with an impressive 4 under par net 64 was the vice-captain Mr Martin Buckley. In solo second one stroke behind the leader was Mr Leon Crowie with 65. Larry Legg, Jeffrey Stevens, and Peter Bagley tied in third place with net 68. Winner for third prize had to be determined through a play off. Off they went to the 18th tee box. In the first play-off all the three found the green with their second shot. All finishing with par. In the second play-off hole number 18 Peter Bagley bogeyed the hole and was out of contention with Larry and Foxy scoring par. In the third play-off Larry missed his par and Foxy scored par to win 3rd prize. Two-ball pool winners; Leon Crowie eagle 2 on the 2nd, Jason Hopkins birdied the 5th, Jeffrey Stevens and Norman Thomas the 7th and Bramwell the 11th. Prizes were presented by the sponsor Mr Tony Green who thanked all the players for taking part and informed members that they are all important to the club and that the committee will continue to seek ways to improve participation in events. Congratulations to the winners and thank you Mr President for the sponsorship.

Festive season is around the corner. The first Turkey and Ham competition will take place on Sunday 8th Oct 2023. This will be a stableford competition. Tee off 12:00. Registration closes on Saturday7thOctober at 3pm.Sign up for a chance to stock up your fridge with something for Christmas.

Lastly, beginners golf training for ladies is back every Wednesday from 4:30 to 6pm. If you are in doubt whether golf is for you or not, this is your chance to be certain. Juniors golf training will be back soon.

Below is the competitions calendar for the rest of the year.

Happy swinging.

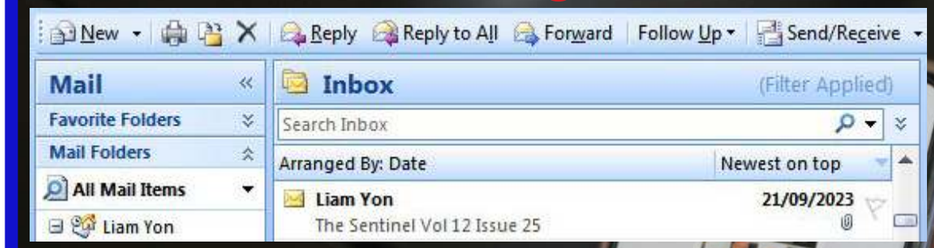
Competitions Calendar October to December 2023.

October 2023	
Sunday 8th	18-Hole Turkey and Ham stableford competition sponsored by the club
Sat and Sun 14th-15th	**Bank of St Helena** sponsored 36-holes stroke play competition
Sunday 22nd	Par 3 Strokeplay competition
Sunday 29th	October Monthly Medal Competition
November 2023	
Sunday 5th	18 Hole Medalford Turkey and Ham
Sunday 12th	18 Hole Strokeplay No handicap.
Sat and Sun 18th and 19th	1st and 2nd round SHGC Open Championship
Sat and Sun 25th and 26th	3rd and Final Round SHGC Open championship
December 2023	
Sunday 3rd	18 Hole Strokeplay
Sunday 10th	18 Hole Cross Country Strokeplay Turkey and Ham
Sunday 18th	18 Hole Stableford-Novelty

- All competitions will tee off at 12:00 except the SHGC open. Tee off and rules for the SHGC Open will be published in due course.

NOTICE BOARD

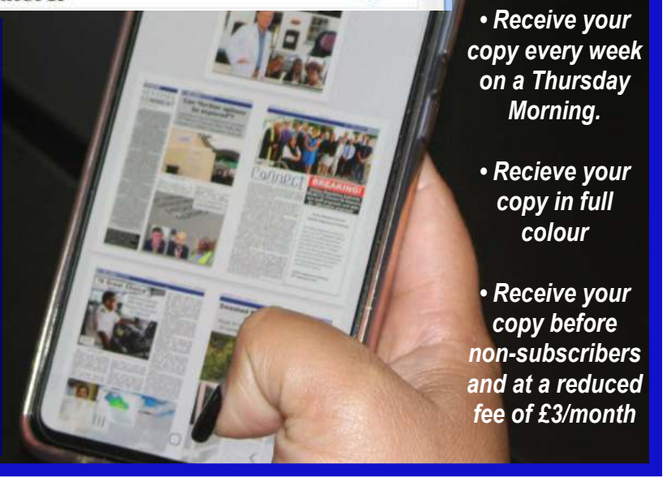
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Conference and Meeting Room Hire





League Standings 2023

Pos	Team	MP	W	L	D	GD	GF	GA	Pts
C	Bellboys	10	10	0	0	54	64	10	30
2	Rovers	10	7	3	0	44	60	16	21
3	Chop Shop Boys	10	7	3	0	12	35	23	21
4	Ballerz	10	2	6	2	-49	15	64	8
5	Axis	10	1	8	1	-29	7	36	4
6	Harts	10	1	8	1	-32	9	41	4



SHFA Chairman Team of the Season

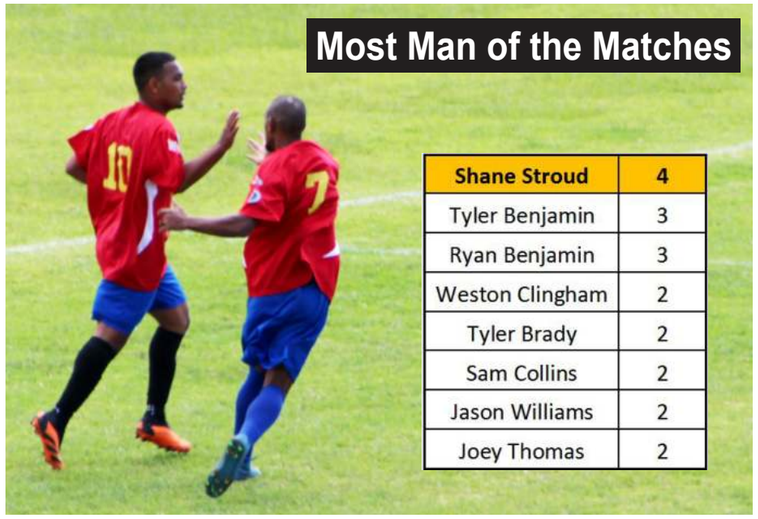
(according to number of appearances)

GK Andrew Yon of Bellboys (4)

CB Sidonio Benjamin of Bellboys (5)
CB Dane Wade of Chop Shop (4)
CB Weston Clingham of Bellboys (4)

LW Ronan Legg of Rovers (6)
CM Ryan Benjamin of Bellboys (5)
CM Alex Osborne of Bellboys (5)
CM Tyler Benjamin of Rovers (4)
RW Joey Thomas of Bellboys (5)

ST Shane Stroud of Chop Shop (6)
ST Rico Benjamin of Rovers (4)



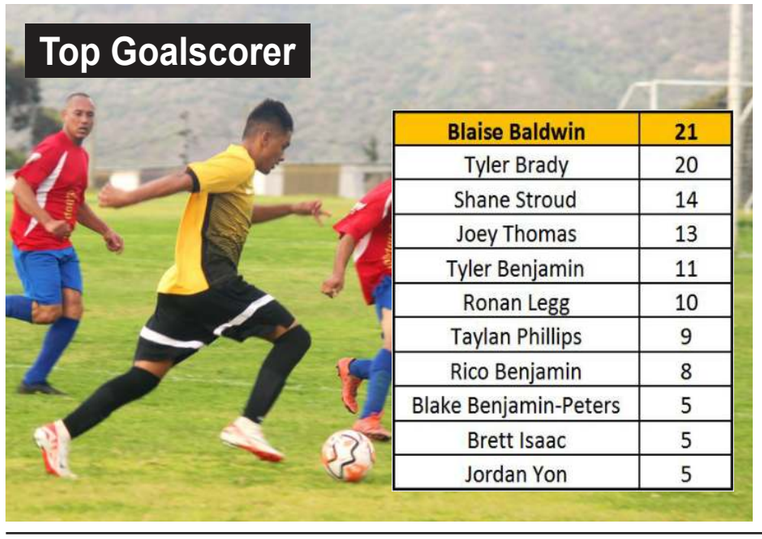
Most Man of the Matches

Shane Stroud	4
Tyler Benjamin	3
Ryan Benjamin	3
Weston Clingham	2
Tyler Brady	2
Sam Collins	2
Jason Williams	2
Joey Thomas	2



Most Young Player of the Matches

Edson Stevens	7
Taylan Phillips	4
Blaise Baldwin	4
Jaydee Caswell	3
Toure Osborne	2
Eureeze Peters-Stevens	2



Top Goalscorer

Blaise Baldwin	21
Tyler Brady	20
Shane Stroud	14
Joey Thomas	13
Tyler Benjamin	11
Ronan Legg	10
Taylan Phillips	9
Rico Benjamin	8
Blake Benjamin-Peters	5
Brett Isaac	5
Jordan Yon	5

FOOTBALL RESULTS

Saturday 23 September 2023

Chop Shop Boys 7
S Stroud (3), D Wade (2), B Peters-Benjamin, OG

Ballerz 4
E Johnson, E Harris, T Osborne, J Peters
MoM: Jerome Peters

Sunday 24 September 2023

Rovers 7
B Isaacs (2), B Baldwin (2) R Benjamin (2), N Benjamin
MoM: Nico Benjamin

Axis 0
YPoM: Lars Williams

Bellboys 11
J Thomas (5) T Phillips (2) Tyler Brady (2), OG, S Benjamin
MoM: Joey Thomas

Harts 1
S Collins (pen)
YPoM: Edson Stevens

FOOTBALL RESULTS

Saturday 30 September 2023

Bellboys 3
J Thomas (2), A Osborne
MoM: Joey Thomas

Axis 0

Sunday 1 October 2023

Rovers 12
B Baldwin (9), R Legg, R Benjamin, OG
MoM: Blaise Baldwin

Ballerz 3
E Harris, E Peters-Stevens, J Henry

Chop Shop Boys 8
Selwyn Stroud (2), R Backhouse, Samson, B Peters-Benjamin, Shane Stroud, S Thomas, Korben Minto
MoM: Shane Stroud

Harts 1
M Williams
YPoM: Edson Stevens

DISTRICT FIXTURES

Sunday 8 October 2023

1.30pm **HTH** vs **Longwood**
Referee: St Pauls, Linesman: St Pauls/Jamestown

3.30pm **St Pauls** vs **Jamestown**
Referee: HTH, Linesman: HTH/Longwood

SHFA Chairman Team of the Week

Matchweek 10



GK Scott Crowie of Axis
CB Dylan Stevens of Harts
CB Deaclan Franconi of Axis
CB Sidonio Benjamin of Bellboys
RW Joey Thomas of Bellboys
CM Selwyn Stroud of Chop Shop
CM Clayton Benjamin of Rovers
CM Shane Stroud of Chop Shop
LW Ronan Legg of Rovers
ST Rico Benjamin of Rovers
ST Blaise Baldwin of Rovers

SPORTS ARENA



10 Games, 10 Wins, 0 Losses
BELLBOYS UNDEFEATED CHAMPIONS

All the results and standings for SHFA League 2023 inside



