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SENTINEL

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St Helena's Future Shipping?



Sharing a laugh with The King at the Palace





Ain't she a pretty little Airport

OPINION

SENTINEL COMMENT

Hannah Braaf, SAMS

As we are in the midst of 16 Days of Activism against gender-based violence, running from 25 November to 10 December, I thought I would take this opportunity to congratulate the working team and everyone else who came out on Saturday to support and raise awareness against GBV and domestic abuse. I really hope that it had the desired effect on even one person's life.

I'm also taking this opportunity to raise awareness about Palestine. Israel has a long-standing history of discriminating against and oppressing Palestinians and their system of governing Palestine constitutes a system of apartheid. The Palestinian LGTBI community, women and refugees are especially persecuted under Israel's rule. According to the Washington post, over 11,100 Palestinians have been killed by Israel as of 15 November in this most recent ongoing conflict.

Even though each individual's impact in matters of sexism, abuse, discrimination, oppression and war is limited, it is still important to educate yourself, talk about it, post about it and give your support in any way that is available to you.

And speaking of lending a helping hand, something to consider this Christmas is buying a child in need a Christmas gift; if you would like to get involved, visit the Canister.

I would also like to encourage everyone out there to try and move past the typical holiday season anxiety of over-buying gifts, worrying about fitting into your clothes post-holiday and even being around toxic family members, among many other things. Live out this holiday season in a way that is comfortable and enjoyable to you and have fun!

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ST HELENA NEWS

On Pursuit of St Helena

Cruise Ship Azamara Pursuit arriving at James Bay tomorrow



Liam Yon, SAMS

Scheduled to arrive to St Helena tomorrow, Friday 1 December, is Cruise Ship Azamara Pursuit.

The Azamara Pursuit is a cruise ship operating for Azamara Club Cruises and was built in St. Nazaire, France, in 2001. Azamara acquired the ship in 2017 when it was known as the Adonia. They renamed the vessel the Azamara Pursuit in March 2018 and began operating the ship in August 2018 after an extensive refit.

The R-class cruise ship weighs a gross tonnage of 30,277, with a length of over 180m and a beam measuring over 25m. She has a maximum passenger capacity of 777 passengers.

According to Solomon's, who announced the ship's pending arrival, the Azamara Pursuit is bringing to St Helena 340 passengers and 390 crew. She is scheduled to arrive at around 7am and will stay for the day, departing James Bay at 6pm that same evening.

As usual, St Helena Tourism are encouraging the community to take advantage of the cruise ship visit by setting up refreshment stalls and selling local souvenirs. The advice to local businesses is to be friendly, be prepared, be organised, and if changes are necessary due to various factors including sea conditions, to be flexible.

This will be the last Cruise Ship visit for 2023, with the next scheduled visit being by the MS Amera in the first week of January 2024.

ST HELENA NEWS

A Tuesday Touchdown

First Mid-Week Flight of the Year Arrives



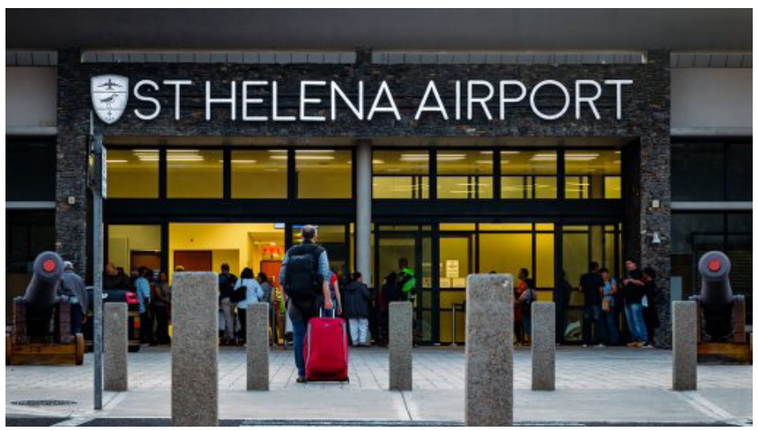
Liam Yon, SAMS

With St Helena having entered the peak period for travel to the Island, the first midweek flight operated by Airlink from OR Tambo in Johannesburg arrived to the Island on Tuesday, 28 November.

These scheduled midweek flights, operated on a Tuesday each week, will continue through until the end of February 2024, providing a further 13 return flights available to travellers in addition to the weekly Saturday flight at a time when "demand for travel to the Island is at its highest," according to SHG.

When announcing the recommencement of midweek flights back in February this year, SHG said that "mid-week flights not only deliver more capacity for passengers to travel to the Island, but also provide greater options and certainty to visitors, tour operators, the local private sector and the travelling public. Most notably, the increases to both passenger capacity and flight frequency mean that prospective travellers have more certainty that seats will be available at their preferred times of travel, whilst offering them more flexibility around travel dates and lengths of stays."





"This is very welcome news as we look to continue to bounce back from the impact the pandemic has had on our tourism sector," said Minister for Treasury and Economic Development, Mark Brooks, on the implementation of mid-week flights. "Before COVID-19 tourism was contributing up to £6.7m annually to our economy and was the largest contributor to the economy after financial aid. This news will only be a further boost to this sector, and as a result, the entire Island. Increasing accessibility during the peak season will offer people more opportunity to come to St Helena, and more variety in terms of the length of time they can visit."

Looking further ahead, during the peak season starting November 2024, midweek flights will once again be operated to St Helena from Johannesburg, while the weekend flight during that period will be operated via Cape Town, as confirmed by SHG earlier this month.

An "Extremely Productive Trip"

Chief Minister Julie Thomas reflects on recent Overseas Visit



Liam Yon, SAMS

The Island's Chief Minister, Julie Thomas, has recently returned from what she has described as "a very busy but extremely productive trip" to the UK where she attended the Joint Ministerial Council (JMC) meeting in London.

"This year's JMC was conducted utilising a different format to usual, as the prime objective was to consider, with the view of finalising, a Joint Declaration between the governments of the UK and the Overseas Territories," Julie explained. According to the Chief Minister, the declaration, once fully approved and agreed, "will be the foundation on which to build a modern partnership for a stronger British family."







Attending the JMC formed just one area of the Chief Ministers UK visit, as she also attended and undertook a number of other official engagements while off-Island, including meeting with UK Ministers and the newly-appointed Foreign Secretary. "It was a pleasure to meet with Minister Rutley, the UK Minister for the Overseas Territories, for the first time and to meet again with Stephen Doughty MP, Labour's Shadow Minister for the Overseas Territories," she commented. "The timing of the trip couldn't have been better, as it provided me with the opportunity to also meet the newly appointed Foreign Secretary, David Cameron, on his first full day in position."

There was more to fit into the schedule for the week however, with the Chief Minister also meeting with the House of Commons Public Administration and Constitutional Affairs Committee, along with leaders and representatives from other overseas territories, where discussions centred on "their ongoing inquiry into the status of the Overseas Territories in the 21st Century."

During this engagement, Chief Minister Thomas also met with the Foreign Affairs Committee, and said "it is their intention to formulate a sub-committee to scrutinise more closely the relationship between the UK and its OTs," something which she reported was welcomed by all OTs.

In what must have been one of the highlights of her trip, the Chief Minister also got to meet His Majesty, King Charles III, at a reception he held for visitors from the Overseas Territories, at which Julie said "His Majesty again reiterated his interest and continued commitment to the OTs."

Following the conclusion of the recent JMC, the Chief Minister said St Helena, along with other Overseas Territories, will now put focus on the proposed new UK Overseas Territories Strategy from the UK Government.

In concluding, the Chief Minister said she is "grateful to everyone who facilitated the meetings and events during the short time I was in the UK, and to Speaker Sir Lindsey Hoyle, who once again showed his commitment to the Overseas Territories by welcoming us to Speaker's House. I'd also like to thank SHG's UK Representative Kedell Worboys for her support both before and during my visit."

"The similarities are remarkable"

Minister Henry meets with Health Officials in Gibraltar



Liam Yon, SAMS

During a recent overseas trip, St Helena's Minister for Health and Social Care, Martin Henry, was given the opportunity to visit the UK Overseas Territory of Gibraltar thanks to the UK Health Security Agency (UKHSA) who facilitated the trip.

The exposure and networking trip allowed Minister Henry to build the relationship between St Helena and Gibraltar, as well as to gain a better understanding of the how healthcare operates in the territory while exchanging knowledge on approaches and utilisation of best practices.





Not only did Minister Henry get to meet with senior officials from the Gibraltar Health Agency and Gibraltar Care Agency, as well as the newly appointed Minister of Health, Gemma Vasquez, and Deputy Chief Minister, Dr Joseph Garcia, the trip also included visits to key healthcare facilities in the territory.

"It was a pleasure to meet with my counterparts in Gibraltar and I am grateful to them for taking the time to do so," commented Minister Henry. "Whilst very different territories, the similarities between Gibraltar and St Helena are remarkable. We both have ageing demand led populations, with high incidents of smoking and non-commutable diseases, placing pressures on the health budgets."

Reflecting on one of his visits to a healthcare facility in Gibraltar which was completed in 2017, Minister Henry noted how the facility "is already close to capacity and there is limited space to develop another." He also recognised how "the cost of providing domiciliary and respite care, along with an increasing incident of dementia, is similarly significant," though noted that one issue that St Helena and Gibraltar do not share is "access to a labour force" which he reasoned to "their proximity to Spain."

Overall, Minister Henry said that "meeting with colleagues in Gibraltar has been invaluable, and I'm excited to continue to build the relationship between the two territories and our health systems following my return to the Island."

Say Yes to MACS

SHG announce start of negotiations with MACS for St Helena Shipping Service



Liam Yon, SAMS

After much anticipation, and some building frustration, St Helena Government has finally provided a substantial update on the Island's future shipping situation. On Friday, 24 November, SHG announced that they have "entered negotiations" with MACS Maritime Carrier Shipping GmbH & Co. (MACS).

Many will remember back in June this year that the massive freight vessel, MV Blue Master II, arrived to James Bay to undergo trial cargo operations with a view to tendering for the St Helena shipping service. This vessel sails under MACS, a company described on their official website as a trusted name for over 35 years by customers in Southern Africa, Europe, the UK and the USA/Mexico. At the time, a contact within MACS told The Sentinel that the "the trial was satisfactory" and that MACS "will be continuing with the tender process."

In their Press Release on Friday, SHG said that the process to find a long-term solution for St Helena's shipping service began in July and that following the deadline for bids on 1 September, submissions had been under consideration by the procurement board.

"After assessment against the tender criteria, discussions are now underway with MACS for the provision of this service. Negotiations are intent on finalising an agreement in the coming weeks. If successful, the new service will begin operations in February 2024."



No further details about how the new service will look or what vessel would be used to serve St Helena was given by SHG, with MACS also reluctant to give any comment, stating that "negotiations haven't yet been completed."

Currently, St Helena is still under contract with interim shipping services provider, Meihuizen International, via the MV Maria da Paz. The vessel, which has become notorious for experiencing a number of delays to their sailing schedule throughout her tenure serving the Island, will continue to provide an ocean freight service to St Helena into the New Year with her final arrival and departure at St Helena on Voyage 9 scheduled for mid-March 2024.

Select Committee 2: Asset Disposal

Disposal of Vehicles



Hannah Braaf, SAMS

An important topic of discussion at the Select Committee 2 hearing was the disposal of transport division vehicles and associated parts. Questions were posed to Deputy Chief Secretary, Gillian Francis, and Senior Transport Manager, Nicholas George, by Chairperson of SC2 Cllr Dr Essex.

Cllr Dr Essex first asked if the asset disposal policy of the transport trading account matched that of SHG corporate finance, which Nicholas confirmed was the case. He added that the transport division have no differing internal asset disposal policies.

Cllr Dr Essex then asked how items that were not included in the centralised asset register/with a value lower than £5,000 are recorded and dealt with.

"When it comes to disposal, the majority of our items sit on a book value at zero," Nicholas stated. "There are very few times where we'll find we sell an asset that carries a book value. However, we still... submit a list of all the items because, collectively, it could be over £5,000. So, as a matter of interest, we will still submit the list of items [we are] intending to dispose of and the method. The majority of times, the method is through public tender, so it's fair and everybody's given a chance."

Cllr Dr Essex inquired as to who was responsible for overseeing asset disposal in the transport division.

"That's myself, as the accounting officer, but when we do the guideline pricing, the reserve pricing, or asset review, I also use my colleagues within the garage as well," Nicholas stated.

Cllr Dr Essex followed up with questions on how spares under £5,000 are recorded.

"Spares... are consumables, but it sits on the stock register, so [spares are valued at] the value it sits at on the stock," Nicholas explained. "However, when it comes to the need to write off because the spares have been there for quite a long time and the vehicles have been sold off, which has been happening (we inherited a lot of spares and the vehicles are no longer on-Island or no longer in use) we go down the process of applying for a write off and only lately we put a value... to the spares."

"Again, when you look at market value, it's determined by what the purchaser is willing to pay, but we try to put a value to it by looking at its age and also what vehicles are running and how valuable at could be," Nicholas further explained.

Cllr Dr Essex also had questions on the recording of things like VIN numbers.

"Basically, when a vehicle is purchased, the information is given to finance with values and everything," Nicholas stated. "We register within the customer service, so you have the VIN numbers and everything else there that will relate to the SHG number. So all that ties in and then we sell off, or dispose off, we inform the finance team (who will remove it off the register that way) and also within customer services (if that registration is reused for another vehicle)."

Cllr Dr Essex inquired as to whether or not part numbers, which would not appear on the centralised asset register, are recorded during disposal.

"No - so part numbers are part of stock, but... we don't use part numbers within stock, we use a stock number," Nicholas explained. "You may have a part come in and that part number is basically known all around - internationally - but we don't use that, we use a stock code."

"We do [record stock codes], even when we sell a part or a stock, we use the stock code... even down to the normal day-to-day issuing of stock... stock code is used," Nicholas stated.

Upon questioning, Nicholas also confirmed that he, as accounting officer, is operationally responsible for ensuring that all the items within the division are disposed off in accordance with the relevant policies and procedures.

Cllr Dr Essex then asked Gillian, as Nicholas' line manager, to outline her part in supervising and monitoring asset disposal.

"The trading accounts have their own accounting officers and the accounting officers' duties are specifically outlined in the financial regulations," Gillian responded. "Even though I am the line manager for both the Senior Transport Manager and the IT Section Manager, they are obligated - as accounting officers in their own right - to ensure compliance with the relevant legislation."

"However, if either officer has issues or questions to raise, then they will, of course, come to me and have a discussion," Gillian continued.

Stop Kidney-ing Around

Dietician holding more "My Healthy Me" sessions, now focusing on Chronic Kidney Disease



Demy Herne, SAMS

The Islands Dietician, Sarah Mattinson, once again hosted some "My Healthy Me" sessions during last week, this time focussing on Chronic Kidney Disease and the five stages that you can go through.

The kidney is one of the hardest working organs in the human body and its main purpose is to get rid of toxins through urine. Kidneys also make sure that you have the right vitamins and minerals, they regulate your blood pressure and are extremely important for fluid balance throughout the body. Chronic kidney disease is when your kidney stops working and filtering.

Not only can chronic kidney disease be developed over time, but it can also be transferred genetically. Controlling your diabetes, cholesterol and blood pressure will contribute to healthy kidneys in the future. The main one that is important to control is blood pressure because if your blood pressure is high it means that your kidneys have to filter things faster and having blood reach your kidneys fast can cause certain problems.

There are five stages to chronic kidney disease; 1-3 there isn't much to worry about such as diet changes etc; unfortunately with stages 4-5 you might have to have dialysis which currently is unable to be done here on St Helena, meaning those who are at stages 4-5 will have to relocate to the UK for treatment. Dialysis is required three times a week and these treatments usual last for2-5 hours. There are roughly around one thousand people living on-Island with chronic kidney disease at stages 1-3, while there are 35 people on-Island living with stages 4-5 of chronic kidney disease.

A solution to this is having a kidney transplant when a family member, or even a complete stranger that has a genetic organ match, transfers a kidney from their body to the person with the kidney disease. Again, this would mean that you would have to relocate just in case your body starts to reject the foreign organ.

Symptoms associated with chronic kidney disease include feeling fatigue, feeling unwell, bone cramps, muscle cramps, headaches, passing more urine in the night, difficult sleeping and feeling itchy. The key things to do when trying to reduce chronic kidney disease is by changing your diet, sticking to a fitness routine, controlling blood pressure, diabetes and cholesterol, reducing alcohol intake, not smoking and drinking enough fluids.

The sessions on kidney disease attracted some interest from the public, while apprentices from the Hospital also attended. Feedback during the sessions was informative and helpful. All people that attended left with a better understanding of early stage chronic kidney disease and what they can do to help reduce the risk of this developing into full kidney failure.

With over 1000 people on St Helena living with chronic kidney disease, there are still many more people that Sarah would like to reach out too, with those who didn't make it to any of the sessions encouraged to contact Sarah via email: sarah.mattinson@sainthelena.gov.sh or book an appointment to discuss.

These sessions are the last in the series of health talks for this year. Sarah is hoping to be launching a new health initiative in the New Year!



Saving James

Student from UK starts online funding campaign to repair St James Church



Demy Herne, SAMS

During the month of August, Oliver Wilderson visited St Helena. Oliver, who is a 20 year old University student from London, originally from Jersey, works part-time in Parliament and visited the Island as part of delegation. He has had a long interest in the UK Overseas Territories, especially because he comes from a Crown Dependency himself and quickly fell in love with St Helena practically because geographically St Helena is the same size as Jersey.

During his visit, Oliver met with St James Parochial Church Council who described to Oliver the problems with the Church building and how they were looking for someone based in the UK to set up a GoFundMe page to raise money for much-needed repairs.

St James Church, located in Jamestown, is named after King James II, and is the oldest Anglican Church in the Southern Hemisphere; being over 250 years old, with the building itself dating back to 1774.

Although the building has gone under a few alterations, such as the tower needing to be replaced and dismantled in 1848 and the spire being taken off in 1980 and eventually replaced in 2016, it is still in desperate need of a renovation.

Since arriving back to London, Oliver has launched a GoFundMe page for the Church and has started to get in contact with potential donors in the UK. During this whole process, Oliver has kept in contact with David Harding and Councillor Gillian Brooks to give them updates on how the fundraising is going.

Renovations needed include to the roof which has several leaks due to a reaction between the panels and securing bolts having caused some erosion - the estimated repair cost for this is £16,200. The external walls and the tower of the Church are breaking and has become a hazard to pedestrians and is vulnerable to even more erosion - this would cost a further £77,200 to repair. A rising damp on the south wall is also becoming a problem but this can be cured by the construction of a drain with "tanking" to keep the moisture away from the wall base - this would cost £9,800 to construct. Altogether, these repairs will cost a total of £103,000.

Currently over £2,040 has been raised since the page was launched. By setting this up, Oliver hopes that the money will keep the important historic building standing for future generations of worshipers and visitors to the Island.









"It's good to have something new"

Bertrand's Cottage reopens under the ownership of Michael and Julie Ormrod

Donna Crowie, SAMS

St Helenian, Julie Ormond (nee Bowers), arrived to St Helena with her husband Michael and their son around 18 months ago, with Julie having previously lived abroad for almost 35 years.

She has now returned back to her roots and, since being on-Island, Julie has worked at the pharmacy. Alongside this she had been making popular sweet treats from fudge to coconut ice and other goodies including rocky road and honey comb to name a few. This started up under the brand of Fruitland Cottage which is the name of her home in Woody Ridge.

Julie and Michael were very keen to come to St Helena to do something different. Even though Mike is in full time employment with SHG, working with the Economic Development team, the pair decided to takeover and reopen a former popular Island restaurant. Therefore, Julie is now running the newly reopened Bertrand's Cottage in Longwood along with her sister Mavis who will be joining her very soon.

Two months ago, Julie and Michael were successful in securing the lease of Bertrand's Cottage. This will now allow Julie to continue making those sweet treats which can also be purchased at Dans Bakery in Jamestown. The space will also allow Julie to make candles, which is another passion of hers, and Michael also has his share of talent, making goat milk soap which he did back in Australia.

Bertrand's is well known as a food establishment, so with Julie's like of being in the kitchen, she opened her doors of her tea room/cafe on Saturday, 11 November. This spot will be open both Saturday's and Sundays with a variety of baked goods.

Julie and Michael told The Sentinel that by "being able to use the kitchen for our manufacturing, we are keen to give Longwood locals a place to enjoy again on the weekends."

"We also are hoping to attract tourists who are in the area, either on walking trips, tours or just visiting the impressive Longwood House next door," they explained. "The Napoleon connection with Bertrand's cottage is strong and we hope to establish a working relationship with our neighbour. We really want our B&B rooms to be full in future as we know there is a lack of tourist short-term accommodation and hopefully we can fill this gap in for those who wish to holiday in this part of the Island."

Even though Bertrand's has only been open for a few weeks the couple said they "are both really tired as a lot goes into opening something new."

Julie has had extensive experience in food handling, deli work, and they both have worked in pubs and restaurants back in their youth. With that said, the couple admitted that opening their own business is something brand new to them both and "we are excited, scared and nervous all at the same time."

"We have a positive mindset but we are relying on everyone visiting the cottage and liking what we are trying to do," they explained. "Time will tell!"

Bertrand's cottage will be offering a range of savoury and sweet snacks like BLT's, chicken or egg mayo rolls, cheesy sausage rolls, pepperoni puff pastry pizza slices, various savoury turnovers and chorizo and cheese scones. Julie is also baking her own cakes, offering chocolate cake, fruit cake, orange cake, apple slice, bosun bread, lime and ginger slice, afghan biscuits, jam scones, rocky road, walnut slice and coconut fingers as well. Julie's sweets are available everyday at Dan's Bakery and we are selling them at Bertrand's on weekends also. So you can also have her vanilla fudge, coconut ice, chocolate honeycomb, bounty Ice, Turkish delight and marshmallow all week. "The range changes weekly," they smiled.

The team will also be offering different menus throughout December. There is currently a Christmas menu available and last weekend they offered a BBQ meal with attractive prices, selling approximately 60 plates. Michael and Julie are hoping to do monthly BBQ with a change in menus.

They also say to "watch out" as "there will be high teas on offer soon."

So far, the Cottage will be open on Saturdays from 9:30am giving people a chance to check them out before going to the Airport. On Sunday they will open from 11am to 4pm.

With over two weeks under their belt, Mike and Julie said that "business has been steady. The second week was much busier than the first and feedback on the offering and service has been positive."

Customers are enjoying the reopening of Bertrand's with one happy customer saying that the "food is lovely with a good variety. It's good to have something new in the district."

The Sentinel would like to wish Julie and Michael all the best in their new business venture.



Walking in White

March through Jamestown raises awareness of Domestic Abuse on White Ribbon Day



Hannah Braaf, SAMS

On Saturday, 25 November, the White Ribbon Campaign working group, along with anyone who wished to participate, marched from the General Hospital through Jamestown to the Grand Parade to show their dissent for male violence towards women and girls, raise awareness of domestic abuse, and call for people to stand up and speak out against acts of abuse.

The walk began at 10am, with a few people joining the group on their way down to show their support. The group was accompanied by a team of marshals to keep everyone safe.

Participants carried banners and posters, while they also regularly called out in unison for people to "say NO to domestic abuse" helping to spread their message and raise awareness.

Once the group reached the Grand Parade, members of the working group - Detective Sergeant Andre Bak and Domestic Violence Service Lead Deborah Knipe from Children and Adult Social Care - said a few words of thanks to everyone who had participated.

In a similar vein, Cllr Robert Midwinter returned to the Island on Tuesday, 28 November, after attending a workshop on strengthening parliamentary action to address gender-based violence and modern slavery in supply chains.

Hopefully, these events will continue to help raise awareness against gender-based violence and domestic abuse.











"Proud to Showcase the Beauty"

A new look for St Helena Airport to showcase the Island to Visitors



Donna Crowie, SAMS

Those people who were at St Helena Airport on Tuesday would have noticed the new colourful and fabulous artwork, showcasing images of St Helena in various locations of the Airport.

Gwyneth Howell, CEO and Accountable Manager of St Helena airport limited (SHAL), said they "are very proud to showcase the beauty of the Island, its people and culture creating an atmosphere of anticipation and excitement for the traveller at the gateway to St Helena Island."

Gwyneth went on to explain that "this project was a partnership between Tourism and SHAL to promote the Island's key selling points, its people, culture and scenery. SHAL flew a specialist in to install the images and train SHAL staff to install for future images and projects."

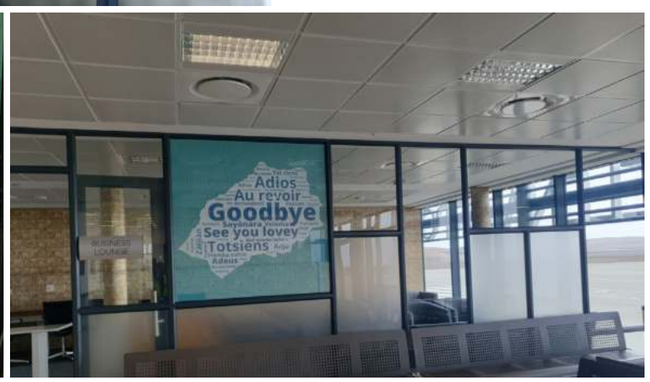
Visitors are encouraged to take a selfie with the coastal mural in arrivals and post these to Social Media alongside the hashtag #sthelenaairport.

In addition, going forward, Tourism will be present at the Airport on an operational day to assist travellers with any queries.









Successful Quiz Night



St Helena Red Cross, Contributed

On Thursday, 26 November, the St Helena Red Cross held a Quiz Night to raise funds to purchase pendant alarms to help and support our vulnerable and elderly to maintain a relatively independent life within the community.

We would like to thank everyone who helped to make our Quiz Night the success that it was; those who donated prizes, the teams who played, Jane and her team at Anne's Place, the indomitable Quizmaster Jack, the Red Cross score keepers and support team. Thank you all for helping to make this a memorable night and for raising much-needed funds.

The sum of £396.28 was raised which should enable us to purchase four pendant alarms. Anyone wishing to donate towards additional units can do so by depositing into the Bank of St Helena Red Cross account number 00334002.

New Red Cross members are always welcome, anyone interested should call Serena on 24597 or Pamela on 22445.



Hey Josè



Josè Len Caballero Moyce

Baby Josè Len Caballero Moyce was welcomed into the world on 25 July 2023 at 10:50am, weighing 5lbs, to proud parents Lisa Marie Moyce and Luciano Caballero Castillo, as well as big brother Luca.

Baby Josè Len is doing well and healthy.

Mummy Lisa Marie is doing fine but was missing Daddy who was away doing his passport and said he was missing his two boys and wife. Daddy Luciano is now back on-Island and reunited with his beautiful family.

Big Brother Luca is getting along well with his baby brother and is hands on; when he cries, he is right there for him. Mummy also said Brother Luca tries to feed him to and loves giving him kisses.

Lisa Marie and Luciano would like to thank family and friends for being there and helping, also to the doctors and nurses of the General Hospital for safely delivering our little boy. Also to the main man God for blessing us with these two amazing boys.



Donna Crowie, SAMS

SAMS RADIO 1 SCHEDULE

SAMS Radio 1

102.7 (Jamestown) • 90.5 (High Knoll) • 105.1 (Sunberry) • 105.3 (Blue Hill)
Streaming live via www.sams.sh/radio.html

FRI. Dec 01
- 7am -10am: Sunrise show with Luke Bennett
- 2pm: Our Show
- 5:30-7pm: OUT OUT! with Liam

SAT. Dec 02
- 9am-12 Noon: Saturday Show with Hannah Braaf
- 3-5pm: Modern Country Chart with Donna Crowie
- 6-8pm : DNA Show with Anita and Deon
- 8pm: Mixed Tape Show with Hannah Braaf

SUN. Dec 03
- 7am-noon: Sunday Show with Liam Yon
- 1pm: Interveiw Hour
- 3-4pm: UK Chart Show with Demy Herne
- 5pm : In Scope
- 7pm:Baptist Church Service

MON. Dec 04
- 7am-10am: Sunrise show with Luke Bennett
- 2-4pm: DNA Show

TUE. Dec 05
- 7am-9am- Sunrise with Donna Crowie
- 9am: Midmorning show with Demy Herne
- 2pm: In Scope
- 5-7pm: UK Chart Show with Demy Herne
- 7:30pm: Life is Still Beautiful

WED. Dec 06
- 7am: Sunrise Show
- 9-11am: Our Show
- 4-7pm: Afternoon Drive with Luke Bennett
- 7:30pm- Mixed Tape Show with Hannah Braaf

THU. Dec 07
- 7am-10am: Sunrise with Luke Bennett & Liam Yon
- 11am: Midday show with Hannah Braaf
- 1pm : Afternoon show with Demy Herne
- 5-7pm: Modern Country Chart with Donna Crowie
- 7:30pm: In Scope (Repeat)

Reach us on ***22727*** or at ***news@sams.sh***

sure
Bringing you the
BBC World Service
100.7 (Briars)
88.1 (High Knoll)
102.7 (Blue Hill)



Featured this week



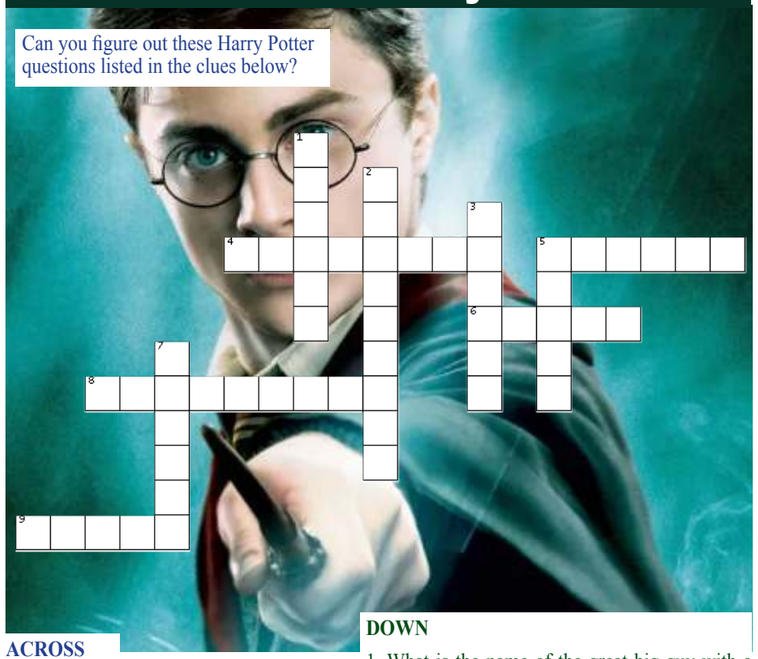
This Wednesday and Saturday, tune in with Hannah for the Mixed Tape Show, an hour and a half of love songs, or a 'mixed tape' to all our listeners. This week, switching it up before the holiday season, we're revisiting break-up songs. Most of these tracks fall under the pop umbrella, featuring names like Anne-Marie, Halsey and Tate Mcrae. Our Wednesday show begins at 7.30pm, while the Saturday show begins at 8pm, so you'll have a relaxing end to your day with the Mixed Tape Show here on SAMS Radio 1.

Local news and notices:
7am, 10am, noon, 5pm, 7pm, 10pm

SAMS South Atlantic Media Services Ltd

TIME OUT

Crossword: Harry Potter



Can you figure out these Harry Potter questions listed in the clues below?

ACROSS
4. Who was the brains behind the operation?
5. Who was Harry's first opponent in The Goblet of Fire
6. What professor is known for wearing black?
8. Who is Harry Potter's enemy?
9. Who is this not-so-helpful elf friend?

DOWN
1. What is the name of the great big guy with a long beard and hair?
2. What is the sport they play in Harry Potter?
3. Harry Potters best friend is Ron, what is his surname?
5. Who is Harry's blonde-haired school rival?
7. What is the name of the three-headed dog?

Famous Birthday on 30 Nov



KALEY CUOCO 38

Sentinel Joke of the day

Did you hear about the guy whose left side was cut off?

He's all right now.

Rebus Puzzle: *Figure out the phrase*





Boeing 787 plane capable of carrying 300 passengers lands in Antarctica in 'world first'



A team of scientists broke new ground when a plane capable of carrying more than 300 passengers landed in Antarctica, with aviators hailing it as a world first.

The plane, a Boeing 787 Dreamliner, successfully slipped down in Troll airfield on Wednesday night, while basking in Antarctica's all-day summer sunlight.

Carrying a 45-strong team made up of researchers and staff from the Norwegian Polar Institute, the organisation said they managed to bring 12 tonnes of research equipment.

"This is a major operation, and a milestone for air traffic to Queen Maud Land," said the institute's director, Camilla Brekke, referring to the location of their research station.

"Taking down such a large aircraft opens up completely new possibilities for the logistics of Troll, which will also contribute to strengthening Norwegian research in Antarctica."

Troll airfield is a 3,000-metre-long strip of blue ice and operates only between October and March, before winter sets the sun for nearly half a year.

While the landing has been hailed as a landmark achievement, there is no indication that commercial flights are planned, as the institute focuses on improved logistics to boost its research.

The group says it arranges up to 10 crafts of varying sizes to the continent each year, but the possibility of flying far larger planes could reduce the number of trips needed.

"The most important thing is the environmental benefits we can achieve by using large and modern aircraft of this type for Troll," Ms Brekke said.

Last week's Crossword Answers
SpongeBob

Bikini Bottom	The Krusty Krab
Pineapple	Mr Krabs
Patrick	Plankton
Squidward	The Chum Bucket
Sandy Cheeks	Gary

Rebus Answers:
1. Excuse me, 2. Piece (P's) of pumpkin pie

IN SCOPE: RECAPPED



Anita Robbertse, SAMS

Chief Minister Julie Thomas welcomed Kerry Lawrence (Assistant Director for Schools), Sharon Peters (Inclusion Manager) and Loretta Henry (Alternative Education Support) as her guests on In Scope this week to showcase another important section of the Education portfolio - Inclusion Services.

The Inclusion team is a dedicated team that supports children and young people with Special Educational Needs and Disabilities (SEND) and challenging behaviour throughout St Helena's School Environment. They aim to develop an inclusive education system by providing support to children, teachers and parents, giving all children access to quality education. The team collaborates with professionals in Education as well as in Health and Social Care.

The Inclusion team consists of the Inclusion Manager, two Special Education Needs Co-ordinators (SENCO) - one for primary and one for secondary - three Alternative Education Support Officers (AES) and an Administration Support Officer. There is also scope for an Additional Learning Needs Co-ordinator (ALNC), but this post is still in the recruitment process. This ALNC also works across primary and secondary schools.

Loretta Henry is part of the AES team which forms part of the Inclusion team. The other members that form this team are Antonella Phillips and Linda George. The role of AES is to provide an alternative meaningful learning programme, supporting school aged students on St Helena via the Inclusion team. This programme offers a teaching process through planning, preparing and evaluating programmes of work, targeted at accommodating the needs of individuals. The main purpose of AES is to improve the lives of our youth and support the holistic development of all students within our community receiving alternative education provision.

Alternative education supports students who find it both difficult and challenging to achieve academically at a National curriculum level within a mainstream school environment and therefore requires an alternative education intervention programme either through work related learning or more hands-on activities. To enable this, the team seeks support from government and the private sector to assist with supporting these students. The team gave credit to the private sector partners that have shown great support for the programme in providing students with access to work related learning. Through AES students can also be reintegrated back into mainstream schooling either through a blended timetable or full integration if this is possible.

Lacosta McDaniel is the SENCO for primary level and she is the first point of contact when a child needs support in their learning. Schools first have to work through the intervention and support plans they have in place to determine if children can be helped in the school itself before the assistance of the SENCO will be called in to do an assessment. The SENCO will then liaise with all involved to gather all relevant information. The SENCO will also follow this up with further work and assessments before any other steps will be considered. The team will then work together with everyone involved with the child to determine what the best strategy would be in moving forward to help and support the child. Strategies could involve working with parents, teachers and the inclusion team to formulate a support and intervention plan or co-ordinating with outside agencies like an educational psychologist, therapists, child adolescent mental health worker (CAM), doctors and speech and language therapists (SALT). As many as possible of the child's needs will be addressed in the classroom but in some cases additional support is needed from outside agencies and specialised professionals. This support is vital in making a diagnosis and in formulating strategies that is beyond the field of expertise of the inclusion team and will also have to recommend support like additional time in exams. Team work is essential in determining the best course of action to address the needs of the child. The most important function of the SENCO is to co-ordinate and monitor the whole process to ensure the child is getting the best possible support available. At the moment there is not an educational psychologist available on island at the moment but ESE is looking at other options like remote access. Samantha Williams is the CAM worker on island at the moment providing an invaluable service in this area. The last SALT we had on island was Jo Barkley who still provides remote support to St Helena, assisted on island by Tara Thomas.

When determining if a child needs additional support from inclusion services, there will first be a process of communication between the school and the inclusion team as well as observations that has to be done before any determinations can be made. Sometimes the needs of a child can be supported by an Emotional Literacy Support Assistant (ELSA) in schools. Special Educational Needs can be very complex and it is important to make an accurate diagnosis. This is one of the reasons that it is so important to have the support of an educational psychologist. Once a diagnosis has been made it enables the team to better support the needs of the child. The school will send a referral to the Inclusion Services once all avenues of school based interventions and support have been exhausted. The child will then be placed on the school's SEN-register and identified as needing SEN support. The list is dynamic and changes as the needs of children change. The SEN-register will be managed following the guidance of the SEND code of practice, but specific provision is not guaranteed for each child on the registry as assessments will have to be undertaken first. The SEN-register covers a wide variety of support that might be needed like personal support for physical needs, guidance for behavioural needs and knowledge for curriculum based needs. There are four areas of support needs that will cause a child to be on the SEN-register: cognition & learning; sensory and/or physical; social, emotional and mental health; interaction and communication.

For cognition and learning needs, additional support of a teaching assistant (TA) will be required like visual support, differentiated work, peer support, more small group work or even additional time. Sensory and physical needs can be supported through programmes designed by a therapist, again delivered by a TA, or the use of adapted resources and the managing of the sensory environment. The occupational therapist on island, Adele McMichael is a big help in developing and assisting with these programmes. Staff training is also important to equip them to support children with these additional needs. Social, emotional and mental health needs can include temporary causes like friendship, self-esteem issues or even bereavement. Children with these needs will be supported with social skills in a group or through direct teaching of social skills. Mentor support is also important in addressing these needs as well as managing social situations and the utilisation of buddy schemes. The fourth needs area is interaction and communication. The help of a TA might again be needed to deliver additional language programmes or communication aid. Language programmes can be adapted in the class environment to support these needs like the use of Dyslexia support strategies to benefit all children in the classroom. The use of visual support can also address these needs. All the equipment and programmes that is provided to support children with additional needs are quite costly and Julie brought it to the attention of the listeners that the ESE portfolio is putting a lot in to expand the service they provide to children and young people in supporting positive learning outcomes for all. It is important that a holistic approach is followed by all the people involved in supporting children, including parent and carers.

Challenging behaviour can be caused by many underlying factors. It is important to explore the reason behind challenging behaviour in order to address this and provide the support needed. There are three areas that most commonly cause behavioural problems in children on St Helena and these are ADHD, Dyslexia and Social and Emotional Mental Health. Although these are the most common causes of behavioural problems, any other needs can also be an underlying cause.

ADHD, or Attention Deficit Hyperactive Disorder, can manifest in many ways depending on each child, but in all cases there will be a loss of attention and fidgeting. Children suffering from ADHD can be very intelligent, but struggle to maintain concentration and their behaviour will often just be perceived as misbehaving. Each person deals differently with these issues and can have different coping strategies. Behaviour and coping strategies can be taught through modelling expected behaviour and by actively reinforcing positive behaviour. It is also important to maintain good communication and have a set routine as this will create a safe environment. Noise can be very overwhelming and serve as a trigger for behavioural problems so having a quiet area can help children with ADHD to cope. Another strategy to deal with ADHD is to turn negatives into positives, where instead of focussing on the negative like saying you shouldn't do this, into encouraging positive behaviour and framing instruction positively. It is also important to recognise positive behaviour and give credit for this. It is critical that children with ADHD learn coping strategies as the condition will go with them through life and learning how to deal with it early on can support them to succeed as adults. It is important to maintain positive communication with parents and carers to manage challenging behaviour effectively. Parents should also be encouraged to have similar structures and rules at home to make home-to-school transitions smoother and less stressful for the child.

If a child's social and emotional needs are not met, they will struggle with their academic progress. Some children will require a more hands-on approach to learning or a differentiated approach. Even with the differentiated approaches that are followed in classrooms, some children might still struggle in spite of these. Quite a few children on St Helena have been diagnosed with Dyslexia and this can cause further problems with learning in the class environment. These children will often struggle with reading, writing and spelling as this learning disability causes children to perceive letters and words in a different way. In schools the Beat-Dyslexia programme is used to support children with dyslexia as well as the Read-Write INC phonics programme. These programmes aim to teach children strategies and coping mechanisms to deal with difficulties. Sometimes disorders can be interlinked where children have one or more of the conditions and this can lead to complex coping strategies that will have to be developed to overcome challenges and learn to cope on all levels. Children with these additional needs will require more support to help them in their learning process. Early detection, diagnosis and intervention can assist children to learn coping strategies early on and avoid a lot of mental and emotional issues.

Bubble time is another intervention that is offered in schools, where children can spend time with a support person to address social and emotional needs. Children can build a relationship of trust with the mentor and this can help them to talk about their feelings and emotional issues. Unless children feel safe and comfortable enough to open up, teachers will only see the manifestation of underlying issues. Once a child opens up, the true cause of the problem can be addressed. There are many signs of underlying problems, not just challenging behaviour. Through the constant monitoring process of children things like absenteeism, changes in behaviour and withdrawal can be identified and explored as possible manifestations of other underlying issues. With younger children this can be a bit more challenging to determine whether behaviour problems have underlying special needs roots, as each individual child reacts to adjustments and change in different ways. By the time children go to PAS, boundaries should have been established at school and at home. It is important to remember that all children will test their boundaries, but when a child continually displays disruptive and challenging behaviour, it is important to explore what is causing this behaviour. If challenging behaviour persists, the support teams will start working on strategies to support a child to cope with challenges. Challenging behaviour resulting from special needs are not as prevalent as is sometimes perceived with only 4 or 5% of all children of school going age displaying this kind of behaviour on St Helena.

For a while now the People Referral Unit (PRU) have been operational on St Helena providing a location that can be used for any student who for any particular reason are unable to access mainstream schooling. The Alternative Education Provision (AEP) gives an alternative for pupils of compulsory school age who have been referred to the team. This programmes aims to provide schooling for these pupils providing a similar education set in a different environment and with a different approach. After the referral process from schools, the team will determine whether all intervention options in a school setting have been attempted. If it is found that the challenging behaviour or other issue is still escalating and causing disruptions that cannot be managed, an AEP will be considered as an alternative to provide access to education for the pupil. Often the only outcomes these pupils experience in the school setting is negative and an alternative approach needs to be found as behaviour issues will be disruptive to other students and themselves as well. The AEP can take the form of a short term referral with full re-integration as the ultimate goal. During the time out of school the team will focus on determining the cause of any behaviour or other issues and how to address or cope with these. A blended approach can also be followed, where the pupil attends some classes in school and other classes as part of the AEP. The other option is a permanent placement with the programme for the duration of the pupil's schooling. Re-integration is always considered as an option where possible.

The AEP program is facilitated through the three AES officers at the moment and the aim will always be to provide a similar standard curriculum of education as schools. As part of the AEP programme there is provision for academic learning but there is also work related learning. The learning process in the workplace is based on the AQA unit awards scheme tailored to a variety of subjects. AEP work place learning gives students access to a recognised qualification, achieving on entry level or level 1, 2 and even 3. The programme caters and differentiates for pupils on different levels. For some of the students teaching will take place on a one-to-one basis where there is a need for precision and intensive teaching to bridge a gap. The program will also look at social and emotional skills as well. If the team needs professional support, the Police's youth prevention scheme can support these pupils. Students on the AEP will also have access to PSHCE and life study classes equivalent to what is taught in schools.

The Inclusion team is a really strong team and they work together to determine the root cause of challenging behaviour and to teach students with additional needs coping mechanisms and provide them with an alternatives to mainstream education. The AES officers know their students well as they work in a one-to-one capacity with them. The officers facilitate the learning process in the workplaces, putting together the curriculum and working with the partners in the workplaces to deliver the programme to the students. Kerry did a shout-out and a huge work of thanks to the partners (mostly in the private sector) of the AEP programme who assist in support them in providing access to work related learning. These include: Stevens Family Butchery (Vanessa & David Stevens), Isaac's Construction, Dwayne Osborne, Plantation kitchen & garden staff, Government garage, Wayne Yon, Debbie Fantom, Mantis, Colin's Garage, Colin Thomas (Thomas farms), Lester Coleman, Joshua's Covered Production, New Horizons, Millennium Forest and National Trust. Loretta stressed that these are ultimately children who still needs nurturing, support and guidance to help them successfully access education irrespective of who they are. The team is very capable to help students if any agitation does occur to de-escalate any behavioural issues, but because they learn in a different environment, there are seldom any issues.

Julie ended off by talking a bit about the parental engagement, where staff often have to engage with parents, even sometimes having to inform them of a diagnosis or issues. She encouraged parents and carers to engage with staff and education to work together in finding the best solutions and outcome for each child. She thanked the team for all the information they shared with the listeners and all their hard work and dedication to the youth of St Helena.

IN SCOPE: RECAPPED

NOTICE BOARD

DIOCESE OF SAINT HELENA

The Parish of St Paul's		
Sunday 3rd December 2023 – 1st Sunday in Advent		
9.00 a.m.	Eucharist	Cathedral
3.30 p.m.	Eucharist	St Peter
The Parish of St James		
Sunday 3rd December 2023 – 1st Sunday in Advent		
9.30 a.m.	Reserved Sacrament	St James
3.30 p.m.	Reserved Sacrament	St Michael
	Monday 4th December	
7.00 p.m.	Reserved Sacrament	St Mary
	Thursday 7th December	
7.00 p.m.	Reserved Sacrament with Healing	St John

The Parish of St Matthew		
Sunday 3rd December 2023 – 1st Sunday in Advent		
11.15 a.m.	Eucharist	St Mark
	Tuesday 5th December	
7.00 p.m.	Eucharist	St Mark

DECEMBER REMOTE BANKING



Wharf Kiosk

Thursdays	09:00 – 14:30
Friday, 01 December	09:00 - 13:00

Airport Kiosk

Flight days only	10:30 - 14:30

Remote Banking

HTH Supermarket	Friday, 15 December	09:30 – 13:00
Longwood Enterprise Park	Monday, 18 December	09:30 – 14:00

Bank of St. Helena Ltd.

info@sainthelenabank.com
+290 22390
www.sainthelenabank.com
Market Street, Jamestown
@sainthelenabank
Bank of St Helena Ltd

Established and regulated in St Helena under the Financial Services Ordinance, 2008 and 2017, the Financial Services Regulations, 2017, the Company Ordinance, 2004 and the Company Regulations, 2004

St Helena Government

PUBLIC ANNOUNCEMENT

IMMIGRATION OFFICE CLOSURES

The public are advised that with effect from today, Tuesday 28 November 2023, the Immigration Office, located at the Customs Building in Jamestown, will be closed for business on Tuesdays until mid-week flights conclude at the end of February 2024. This is to allow immigration staff to process departures and arrivals at the airport.

The Immigration Section apologises for any inconvenience this may cause and thank the public in advance for their understanding.

SHG, 28 November 2023
www.sainthelena.gov.sh



LATE OPENING FOR LENDING DEPARTMENT WEDNESDAY, 06 DECEMBER

Bank of St Helena Ltd would like to inform customers that the Lending Department will be closed until 1pm on Wednesday, 06 December.

We apologise for any inconvenience this may cause and thank customers for their support.

Bank of St. Helena Ltd.

info@sainthelenabank.com
+290 22390
www.sainthelenabank.com
Market Street, Jamestown
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NOTICE BOARD

St Helena Legislative Council

EXPRESSIONS OF INTEREST

EXTENDED DEADLINE

The St Helena Legislative Council is seeking Expressions of Interest from members of the community who are interested in serving as a Member of the Panel of Investigators (POI). This is an opportunity to assist with investigations regarding the conduct of Members of the Legislative Council and be a part of ensuring the accountability of the Legislative Council.

Members of the public who are interested in this key role should be non-partisan and possess the knowledge, investigative skills, experience, personal qualities and standing within the community suitable to perform this role.

Remuneration is provided to members who are selected from the panel to serve on an Investigative Commission when appointed to conduct an investigation.

Interested persons should submit a résumé to Anita Legg, Legislative Council Office, The Castle, or via email to: anita.legg@sainthelena.gov.sh by the extended deadline of 4pm on Friday, 8 December 2023.

The Code of Conduct for Members of the Legislative Council can be found in the Public Library or on the SHG website through: www.sainthelena.gov.sh/wp-content/uploads/2023/01/SP-49-22-Code-of-Conduct-for-Members-of-LegCo.pdf.

Legislative Council, 28 November 2023

St Helena Government

INVITATION TO TENDER

POLYTUNNEL REPAIRS

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contracts:

CS-1794-SHG (A) – Repair Polytunnels at Guinea Grass
CS-1794-SHG (B) – Repair Polytunnel at Plantation Gardens

Copies of the tender document can be obtained from the Procurement Officer, Tiffany Lawrence, Top Floor, Post Office Building, Jamestown, on telephone no: 25932 or via email: tiffany.lawrence@sainthelena.gov.sh.

A site visit to view the works will take place on Thursday, 7 December 2023, at 9.30am, meeting at Guinea Grass then onto Plantation Gardens.

Contractors should note that site visits requested after this date, 7 December 2023, will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Should you require any further details, please contact Procurement Services on telephone no: 25932 or via email: tiffany.lawrence@sainthelena.gov.sh.

Completed tenders should be placed in the Tender Box located on the Top Floor, Post Office Building by 12 noon on Thursday, 14 December 2023, clearly marked with the tender number.

Interested parties should note that this opportunity is **not** being advertised overseas.

SHG, 28 November 2023

Since 1790

CUSTOMER NOTICE

Solomon & Company (St Helena) Plc
wishes to advise customers
that the following Outlets
will **close** at **12noon** on
Wednesday 6 December 2023:

The Star,
Greenlands,
The DIY Store,
Silver Hill Shop,
Warrens Wholesale and
The Special Order Centre

Normal opening will resume on
Thursday 7 December 2023
and customers are thanked in advance
for your patience during these closures.

AUDIT ST HELENA
External Auditors

VACANCY FOR ASSISTANT AUDITOR
Salary range £8,626 to £10,831 per annum

Audit St Helena is seeking to recruit an Assistant Auditor to join their audit team.

The person will assist with financial and performance audits across the public sector and will support other business processes.

Prospective candidates are required to have good GCSE grades **or** Functional Skills Level 2 in English and Mathematics and be prepared to study for the ACCA Foundations in Accountancy programme.

Key skills for this position include efficiency in business processes, good communication skills, and an aptitude for figures. IT proficiency including Excel, Word and Outlook is also essential.

For further information, Job Profiles and Application Forms please contact Helene Williams by telephoning 22111 or emailing helene.v.williams@sainthelena.gov.sh. Completed application forms should be submitted by email or by hand to Audit St Helena, First Floor, New Porteous House, Jamestown, by no later than **Friday 12 January 2024.**

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview. All appointments are subject to the successful candidate providing satisfactory clearances, including a medical check and vetting/DBS clearance. St Helena Government reserves the right to have information provided on the application form independently verified.

NOTICE BOARD

BAPTIST CHURCH

Sunday Services

3rd December
Sandy Bay Chapel 08.45 am
Head O'Wain Chapel 10.45 am
Jamestown Chapel 6.00 pm

Bible Studies
Tuesday 5th December
Baptist School Hall 7.00 pm
Thursday 7th December
Sandy Bay Chapel 5.30 pm

ALL ARE WLCOME

For further information contact:
Tel No 24644

The Sentinel Xmas Messages

If you would like to send a Christmas message to your loved ones then please send your messages in by the 18th of December
you can contact us by email: news@sams.sh Tel: 22727 or you can send a message on our SAMS Facebook page

St Helena Government

INVITATION TO TENDER

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contracts:

CS-1789-SHG – Alterations and Refurbishment of the Middle Landing Steps, at the Wharf, Jamestown

Copies of the tender document can be obtained from the Procurement Officer, Tiffany Lawrence, Top Floor, Post Office Building, Jamestown by telephone on 25932 or via email throughtiffany.lawrence@sainthelena.gov.sh.

A site visit to view the works will take place on Monday 27 November 2023at 10am, meeting at the Middle Landing Steps at the Wharf, Jamestown.

Contractors should note that site visits requested after 27 November 2023 will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Should you require any further details, please contact Procurement Services by telephone on 25932 or via email throughtiffany.lawrence@sainthelena.gov.sh.

Completed tenders should be placed in the Tender Box located on theTop Floor, Post Office Building by 12pm on Monday4December 2023, clearly marked with the tender number.

Interested parties should note that this opportunity is **not** being advertised overseas.

SHG, 16 November 2023

NOTICE BOARD

ST HELENA NATIONAL TRUST

A presentation by Professor Andreana Cunningham

"Reframing Diaspora: Southeastern African Contributions to Biosocial Variation in Atlantic Afro-Descendant Groups"

6:30pm, Monday, 04 December 2023, The Museum of St Helena



Andree visited St Helena in April—May 2022 to conduct research on the skeletal remains of the Liberated African in Rupert's Valley prior to their reburial.
This research formed part of her PhD Anthropology study in:

1. Understanding how certain African/Afro-descendant biological groups formed and changed over time
2. Investigating patterns of biological relatedness that may not be reflected in historic migration data.

In September 2023, Andree completed her dissertation and would now, via a zoom presentation, love to share her results with the community, in particular her study of the remains of enslaved Africans and Afro descendants and her research here on island.

TRANS-ATLANTIC SLAVE MEMORIAL ST HELENA

WANTED Ad-Hoc Bakery Drivers

Since 1790

Solomon & Company (St Helena) Plc is seeking Ad-Hoc Bakery Drivers within the Company's Bakery.

Interested applicants should:

- Possess a clean and valid Class D drivers' licence and have excellent practical driving skills and road safety awareness
- Have basic numeracy and literacy understanding
- Be able to carry out manual handling and physically demanding duties
- Be able to undertake cash handling duties during deliveries

Rate of Pay will be £4.55 per hour.

To register your interest or for further information contact the Human Resources Department via email hradmin@solomons.co.sh or by calling 22380, as soon as possible.

NOTICE BOARD

St Helena Island
A breath of fresh air

Festival of Walking

Walk of the Week

COX'S BATTERY
ST HELENA NATURE CONSERVATION GROUP

Date: Sunday, 3 December 2023

Start Time: 9:30am

Meeting point: Met Station Road (before reaching the Millennium Forest, turn left and park beside the road 100m before reaching the Meteorological Station).

Cox's Battery features great views of Turk's Cap, The Barn, King and Queen Rocks and Prosperous Bay Beach. There are no steep climbs but a wide ridge that leads to the battery. Children to be supervised.

Walk grade: Post Box Walk, family friendly (children 8 years+), relaxed pace

3-4 Fairly easy

Remember to wear sensible walking shoes, bring some water and sunscreen.

To register your interest and receive email updates of the 'Walk of the Week' contact Dianne Venning dianne.venning@sainthelena.gov.sh or the Tourist Office T: 22158

St Helena Government

COMMERCIAL PROPERTY FOR LEASE

This unit is being advertised as open market tender, the terms of which will be subject to negotiation between SHG and the preferred bidder.

1 BUSINESS UNIT FOR LEASE

Known as Unit 9 situated within the Market, Jamestown on the ground floor (formerly the Fish Market).

This unit offers a great space for a first time business being within the busiest part of town.

Main conditions of the unit are:

Minimum operating hours of 20, which shall include at least one peak interval for example:

07:00-09:00. 12:00-14:00 and 16:00-18:00

Lease term: 5 years

Rent per month to be paid on the first of every month are:

Year 1 - £53.49
Year 2 - £66.20
Year 3 - £78.91
Year 4 - £91.63
Year 5 - £104.33

The Closing date for the **Business Units** is Friday 5 January 2024 at 12:00.

For more information, please contact:

Head of Trade and Investment, Michael Ormrod or Investment Coordinator, Kyle Snow via telephone on 22470 or via email:

Michael.ormrod@sainthelena.gov.sh or kyle.snow@sainthelena.gov.sh
Alternatively, you can collect the forms from The Castle, Jamestown.

NOTICE BOARD



Advent Service

Thursday, 7th December 2023 - 6.30 p.m

at St Paul's Cathedral







JOIN THE PUBLIC SERVICE

Join us!

We are recruiting...

St Helena Government

Senior Human Resources Assistant (£9,197 per annum)

Supporting the HR Transactional team, the Senior HR Assistant is responsible for undertaking a range of HR transactional processes to ensure the delivery of a high quality HR service.

Keys areas include recruitment and selection, processing of leavers, contractual changes and providing advice on employment related policies and procedures.

Contact us for more information and a discussion.

Enquiries: Sharnell Benjamin on Tel No 22470
Closing date: 06 December 2023

Legislative Office Team Leader/Clerk of Councils (£11,542 per annum)

The Legislative Office Team Leader will provide comprehensive support, research and advisory service to the Speaker, Deputy Speaker and Members of the Legislative Council.

The individual will be responsible for ensuring the formulation of a forward plan of business for the Legislative Council, Public Accounts Committee and Select Committees. Arrange formal Legislative Council meetings and carry out the duties of the Clerk of Councils.

Contact us for more information and a discussion.

Enquiries: Carol Henry on Tel No 22470
Closing date: 13 December 2023

Benefits

Leave – 25/30 days leave per annum, according to grade, plus public holidays

Pension – 15% pension contribution by SHG into approved defined contribution pension scheme

Training and Development

Paid sickness absence

How to apply

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, betting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

JOIN THE PUBLIC SERVICE

Join us!

We are recruiting...

St Helena Government

Support Workers x5 – Fixed Term (Piccolo Hill - ICAF Facility) (£7,341 - £8,946 per annum)

Do you have a genuine interest in providing high quality, holistic care directly to frail older people in the newly formed Interim Care and Accommodation Facility at No 12 Piccolo Hill, Longwood, enabling them to live full and active lives whilst being as safe as possible?

Social Care is seeking to recruit Support Workers to assist in the day-to-day care of residents in a way that promotes their independence, choice and social well-being and ensure accidents/complaints and untoward incidents are reported in a timely manner.

Contact us for more information and a discussion.

Enquiries: Nicole Hercules on Tel No 25936
Closing date: 13th December 2023

Fixed Term 1:1 Teaching Assistants (St Paul's Primary) (£7,823 - £8,114 per annum)

Do you have a passion for Education? We are looking to recruit a Teaching Assistant to provide assistance to the class teacher by supporting teaching and learning in the school/classroom environment. The individual needs to be committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and have good communication skills to be able to communicate between students, parents and colleagues.

Contact us for more information and a discussion.

Enquiries: Patricia Williams on 24737
Closing date: 14 December 2023

Benefits

Leave – 25/30 days leave per annum, according to grade, plus public holidays

Pension – 15% pension contribution by SHG into approved defined contribution pension scheme

Training and Development

Paid sickness absence

How to apply

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

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St Helena Cloud Forest Project update: July - September 2023

What is the St Helena Cloud Forest Project?

The St Helena Cloud Forest Project is a highly collaborative multi-year project working to implement the Peaks Management Plan for St Helena's 'Peaks National Park'; a globally significant area for biodiversity which is also vital for St Helena's long-term water security. Key actions across the first four years of the project include monitoring and research to inform and secure the island's water security and climate change adaptation efforts; improving, restoring and creating cloud forest habitat to increase areas for mist capture and ensure the conservation of associated species; and supporting the sustainable development of St Helena by developing opportunities through ecotourism, education, sustainable land use and conservation training.

What happened under each pillar?

Biodiversity

- In addition to ongoing maintenance of cloud forest restoration sites, which has been limited by poor weather throughout the winter season, the SHG Peaks teams focussed on contingency tasks away from the restricted areas of the cloud forest, to avoid further spread of pathogens. These included:
  - ◊ Clearance of 250m of pheasant tail fern along path buffer zone at Halley's Mount
  - ◊ Clearance of invasive species at new living gene bank sites at Girlings
  - ◊ Infrastructure maintenance and repair at EMD's endemic nursery
  - ◊ Supporting the EMD endemic nursery with cleaning and processing seed for long-term storage


Clearance works at Girlings

- At Scotland, deep cleaning of the nurseries continued and a propagation plan for cloud forest species was agreed and is now being delivered. Bulk soil sterilisation to support production of pathogen free plants is also being undertaken. In addition:
  - ◊ Renovation of two existing shade houses and planning for two new shade houses is in progress.
  - ◊ Seed collection of Peaks species for storage and propagation, and fern micro-propagation activities, are on-going


Golden Sail Spider © R. Key

- At the St Helena National Trust the focus has been on data analysis and report drafting following the conclusion of the annual invertebrate monitoring and Diana's Peak Grass moth monitoring. Scoping continued for Golden Sail Spider monitoring sites, as well as suitable freshwater invertebrate monitoring sites. The invasive invertebrate team focused on invasive monitoring and control trials for ants and wasps.

Water security and climate change

- Monthly climate data from the eight automatic weather stations and four pairs of mist and rain gauges was collected. Water level and flow monitoring continued. Six soil temperature probes installed at various points around the Peaks National Park, close to existing weather and mist monitoring equipment.
  - ◊ Real-time data from the automatic weather stations can be accessed via: https://wow.metoffice.gov.uk/ (pan to St Helena).
- Planning and preparation was completed for the international water research team's arrival in Q3 and for an associated education outreach day around the water pillar.
- Connect Saint Helena's Water Resources Monitoring Technician completed training on use of the Terrameter for conducting geophysical surveys, and for analysis of the data.

Socio-economic

- The Cloud Forest Primary Education Pack was launched at the Museum on 16 August, with lots of fun activities and attended by almost 60 members of the community.


CF Primary Education Pack launch

- The St Helena Research Institute Co-ordinator completed a capacity building and knowledge sharing trip, visiting key partners in the UK including the RSPB, the Natural History Museum, CABI, and the British Society for Plant Pathology.
- The St Helena National Trust's Education & Outreach Officer also started a UK exposure visit to connect with partners and share ideas on outreach and education, from planning to delivery of school, family and volunteer programs, fundraising, citizen science and more.
- The St Helena National Trust Bug Club visited SHG's Biosecurity team and learned about the importance of biosecurity for the cloud forest.
- Work continued on drafting resources for the secondary education pack on St Helena's cloud forest.

St Helena Cloud Forest Project update: July - September 2023

Update on pathogens

- The St Helena Government prohibited public access to critical areas of the Peaks National Park including the cloud forest from 11 April until December 2023 to help to prevent the further spread of the pathogens.
- Pathogen testing and monitoring continues, and research and mitigation measures such as soil sterilisation are on-going. Some Cloud Forest Project priority conservation works and infrastructure maintenance have been allowed access to continue. A protocol has also been drafted covering enhanced phytosanitary procedures for the EMD endemic nurseries. A public information session was also held on 5th July.
- SHG will be reviewing the closure and are expected to make a decision in November regarding access beyond December 2023.

What's coming up October to December 2023?

- Propagation of cloud forest species for pathogen trials, living gene banks and restoration work, as well as ongoing fern micro-propagation.
- Maintenance of restored habitat, invasive clearance works, and infrastructure repairs will continue on the Peaks, at living gene banks and the Scotland nursery.
- Completion of exposure visit for St Helena National Trust's Education Officer.
- Completion of invertebrate survey reports
- Aerial mapping of cloud forest habitat to assess tree health, pathogen spread and habitat expansion.
- Seasonal fieldwork and capacity-building on island with the water research team, and the Species Recovery Trust.
- Visioning workshop with RSPB to commence planning for phase 2 of the Cloud Forest Project post-2025.

Project Outreach

- A story map for the project has been published: https://rb.gy/d5uti.
- The project's Year 2 annual report has been produced (https://www.sthelenatourism.com/wp-content/uploads/2023/10/CFP_Y2-AnnualReport_single.pdf) along with a 2-page 'Key Achievements' document: https://www.sthelenatourism.com/wp-content/uploads/2023/10/CFP_Achievements-Y2.pdf
- The project featured in an RSPB Conservation Action blog: Sharing knowledge across the waves https://community.rspb.org.uk/ourwork/b/actionfornature/posts/sharing-knowledge-across-the-waves-how-knowledge-exchange-visits-are-helping-the-st-helena-cloud-forest-project-to-protect-rare-and-special-species
- The cloud forest new spider species story was picked up by The Guardian Wolf spider discovered on St Helena already endangered | Spiders | The Guardian, this also lead to a huge amount of engagement within the science community (some examples below):
  - ◊ As It Happens with Nil Köksal, Chris Howden | Live Radio | CBC Listen
  - ◊ Three New Wolf Spiders with Danni Sherwood by New Species (spotify.com)
- Spider Research on St Helena: Past, Present and Future, published in The Wirebird THE JOURNAL OF THE FRIENDS OF ST HELENA number 52 2023: (PDF) Spider research on St Helena: past, present and future (researchgate.net)
- RSPBs Annual Report 2022/23 was published in September with a mention of the CFP on page 44: 332-0273-22-23-annual-report-22-23_interactive.pdf (rspb.org.uk)
- The project continues to be promoted on social media, see our Twitter and Facebook links below.



New species podcast on Spotify

- Watch the Cloud Forest project films on YouTube:

o	Biodiversity	https://youtu.be/8xB9VxD1PjY
o	Water Security	https://youtu.be/-tMwOD1eKn0
o	Socio-Economic	https://youtu.be/oL0dEOLj2Eo
o	Partners Involved	https://youtu.be/C5_-IhJd6OA
o	Capacity-Building	https://youtu.be/ucpOiD9noF0
o	Biosecurity	https://youtu.be/IWFDnBHLCAM

- Follow us online:
  - ◊Facebook: St Helena Peaks National Park
  - ◊Twitter: StHelenaPeaksNP
  - ◊Website: https://www.sthelenatourism.com/st-helenas-cloud-forest-project/

For more information please contact: shayla.ellick@rspb.org.uk

NOTICE BOARD

St Helena Government

VIRTUAL WORKSHOP FOR NEW PRISON PROPOSALS

St Helena Government (SHG) launched an open procurement exercise for the "design and build" of a New Prison on 2 October 2023 via SHG's e-procurement portal, In-tend. The closing date for tenders is 22 December 2023.

The Economic Development Investment Programme (EDIP) team has invited potential bidders, via the In-tend portal, to a virtual workshop to discuss this proposal and offer an opportunity for a question and answer session regarding this project.

The virtual workshop will be held via a Microsoft Teams link on Thursday 7 December 2023 at 14:00 GMT. It is scheduled to last for one hour.

The new prison build is going to be a significant project, and will provide opportunities for collaboration between local and international firms.

The EDIP team therefore invites local firms who may be interested in engaging with participating international firms to attend the workshop. This can be done in person at the Essex House conference room or through the virtual meeting link.

For further information please contact Alfreda Yon or Richard Wotton at Essex House by telephone on 22270.

#StHelena #NewPrison #EDIP

www.facebook.com/StHelenaGovt/ www.twitter.com/StHelenaGovt

SHG, 28 November 2023

Who doesn't like a recipe from the Hairy Bikers?
Well here is a hearty one just for you! This is brilliant and not just a load of old cobblers. A cobbler is a sort of pie, but instead of having a pastry top it's covered with 'cobbles' made from a scone-like mixture. They're really easy to prepare and our potato version is a perfect match for this tasty chicken and mushroom filling.

Chicken Casserole with Potato Cobbler

For the chicken casserole

- 8 skinless, boneless chicken thighs
- 3 tbsp vegetable oil
- 4 rashers of streaky bacon, cut into strips
- 2 onions, sliced
- 2 celery sticks, thinly sliced
- 150g button mushrooms, wiped and quartered
- 400g can chopped tomatoes
- 600ml chicken stock
- 1 bay leaf
- 2 tsp dried thyme
- 375g carrots, sliced
- 1 tbsp cornflour
- 2 leeks, sliced
- sea salt and freshly ground black pepper

Cobbler Topping

- 350g potatoes,
- 250g self-raising flour, plus extra for dusting
- 1 tsp fine sea salt
- 100g cold butter, cut into cubes
- 125ml milk, plus extra for brushing

Method

1. First, make the mash for the cobbler topping. Peel the potatoes and cook them until tender, then drain, mash and leave them to cool.
2. Cut each chicken thigh into 4 pieces and season them with salt and pepper. Heat the oil in a large frying pan and fry the chicken until lightly browned all over. It's best to do this in a couple of batches so you don't overcrowd the pan. Put the browned chicken in a flameproof casserole dish. Preheat the oven to 200°C/Fan 180°C/Gas 6.
3. Put the bacon, onions, and celery in the frying pan and fry for 4 or 5 minutes until lightly browned, stirring often. Add the mushrooms and cook for another minute. Tip everything into the casserole dish with the chicken, then stir in the tomatoes, stock, bay leaf, thyme, and carrots. Bring everything to a simmer on the hob, then cover the dish loosely with a lid and put it in the oven for 30 minutes.
4. While the chicken is cooking, finish making the topping. Put the flour and salt in a bowl and rub in the butter with your fingertips until the mixture resembles breadcrumbs. Add 250g of mash – you can use up any leftovers in another recipe – and rub it together with the butter and flour. Stir in the milk and mix to form a soft dough. Turn the dough out on to a floured surface and roll it into a thick sausage, about 24cm long. Cut this into 12 rounds, each about 2cm thick.
5. Take the chicken out of the oven and check the seasoning, adding more if needed. Mix the cornflour with 2 tablespoons of water and stir this into the casserole, then add the leeks.
6. Top the chicken with the potato 'cobbles', overlapping them slightly, so they almost cover the filling. Brush them with milk to glaze and season with salt and pepper. Put the dish back in the oven without the lid for another 30 minutes, or until the cobbler topping is well-risen and golden brown. Serve immediately.



NOTICE BOARD

AUDIT ST HELENA
External Auditors

Invitation to Tender: Provision of Qualified Resource with external audit banking experience through a Secondment Arrangement (Tender Reference Number: AS-1783-SHG)

Audit St Helena is seeking a suitably qualified service provider to second a qualified external audit resource with audit banking experience at Supervisor/ Assistant Manager Level via a service contract arrangement.
The resource will primarily work on the financial statements of State Owned Entities in the financial services sector; and, external audit experience with bodies reporting to International Public Sector Accounting Standards (IPSAS),International Financial Reporting Standards (IFRS), andFinancial Reporting Standard 102 (FRS-102) reporting frameworks is preferred. Service providers should have an appropriate professional registration.

The service provider should:

- provide a quote for the costing of the services as a monthly fee (inbound and outbound travel costs should be incorporated in the quote)(Weighting : 50 points)
- demonstrate candidate's strong technical proficiency and possession of a professional qualification (Weighting: 30 points)
- demonstrate knowledge and experience in performing external financial statement audits in the banking sector, including knowledge of the Financial Conduct Authority Handbook and the Prudential Regulatory Authority Rulebook(Weighting: 20 points)

Firms are invited to submit proposals and outline CVs of suitable candidates, along with proposed monthly service and travel costs, for the following periods:

- 5.5months arriving on St Helena Island on Saturday, 10 February 2024, and departing St HelenaIsland on Saturday 27th July 2024 with option to extend term by mutual agreement.

In view of this deployment, firms' responses are required to be sent by e-mail to brendon.hunt@sainthelena.gov.shby Friday 13thDecember 2023, 17:00hrs GMT. Shortlisted candidates from the preferred supplier are expected to be interviewed on the 19th of January 2024, ahead of the proposed deployment on 10th of February 2024.

Service providers are advised that Audit St Helena will cover the cost ofaccommodationand utilities for the duration of the deployment. The successful candidate will be required to have medical insurance as a prerequisite to gain entry to the Island.

Clarification on any point in the tender can be sought in writing by emailing Brendon Hunt on brendon.hunt@sainthelena.gov.sh. Further information on living and working on the island can be obtained from Helene Williams, Business Support Officer via email on helene.v.williams@sainthelena.gov.sh. The Audit St Helena website is https://audit.gov.sh/.

Greetings from the Jamestown Rifle Club

Pat Henry, Contributed

Sports are good for your physical and mental health, it develops leadership skills and equips the ability to set goals and build character. Practicing and participating in sports can lead to higher self-esteem, building better social interactions. Rifle shooting in St Helena is an historic sport and has been proven that it's characteristic features have given our athletes physically strong and powerful abilities.
At this time, our Islands calendar is full with bundles of joyful activities and celebrations, but our shooting activities continue to flow with joyfulness throughout the year. Junior member Elissa Kamar continues to practice her shooting skills, her rifle shooting gives her a joy of satisfaction, she shot 90 & 81, Ryley Young loves it as well, he shot 88.1 & 92.3, they both starting to train and enjoy archery shooting. Having a fun match between Elaine Bennett and Kerry Benjamin, also showing friendship, Elaine shot 96.1 & Kerry was on target with 69.
Holiday guests Sylvie & Oliver were back to enjoy their final shoot and to greet us for making them welcome with our friendliness and teaching them how to shoot before they depart next week, their final shoot,Sylvie shot 90 & 91.1 & Oliver 85, we wish them well and safe travels. Determination and skills showed deeply by our top lady Jodie Scipio-Constantine, her first card was returned with 97.3 which she knew included a few mistakes made, knowing she could do better, taking her position again and settling in, she found her comfort and shot 100.7, well pleased with her performance.
Anyone interested in training or giving archery a go, you can contact Pat Henry on phone 24385 or mobile 67265 for details. Have a happy and blessed weekend.



NOTICE BOARD



...continued from back page

Two ball pool winners for Saturday, 25 November, were Martin Joshua on the 7th and Jeremy Clingham on the 5th. Sunday, 26 November, had a lot more two ball pool winners, Jason Hopkins on the 3rd, Leeroy Caswell on the 5th, Martin Joshua on the 5th and 16th, Pat Henry on the 7th and Tony Green on the 16th. Prizes were presented by the Club President, Tony Green, who acknowledged the guests and thanked them for taking their time to come and celebrate with us. The President also thanked all the players who took part and congratulated the winners. After the presentation, a delectable dish of curry and rice as well as roast pork and potatoes organised by the entertainment manager, Jeremy Clingham, was served and enjoyed by everyone before DJ KJ took over with music.

The club committee wishes to thank everyone including committee members who worked hard on and behind the scenes to ensure the success of the event. We value and appreciate each one of you and you should be proud of the contribution you all made.



Winner 2023	Scott Crowie	Runner up A flight	Leeroy Caswell
Overall Runner up	Leon Crowie	Winner B Flight	Peter Johnson
Longest Drive Open	Leon Crowie	Runner up B Flight	Brian Fowler
Nearest to pin	Peter Bagley	Nearest to pin Flights	Jason Hopkins
Winner A Flight	Jason Hopkins	Longest drive Flights	Asa Bushuru

Coming up on Sunday, 2 December, is an 18-Hole stroke play competition, tee off 7.30am and 12noon. Give us a ring on 24421 and leave a message to sign up. Remember to mention your preferred tee time morning or afternoon. For photos from our Open Championship, check out our Facebook page @shgc.org.sh.

Lastly, a reminder to our members that you can now start paying your annual subscription for 2024. The fee is £40 for playing members and £9 for non-playing members. Make a deposit at our Bank of St Helena club account number 1327002, reference your name and the word "subscription 2024".

Happy Holidays!

NOTICE BOARD

BLACK N YELLOW, BLACK N YELLOW



Bellboys and Rovers to Battle in the 2023 Knockout Cup Final

There is just one day left in the SHFA Football Season 2023, and it is the biggest day in the calendar, with the Knockout Final and presentation of trophies being the final event of another exhilarating football campaign here on St Helena.

Due to uncertainties around the receipt of trophies for the 2023 presentation, the date for this year's final and presentation day had yet to be confirmed, with 2 December provisionally set as the big day. The trophies have now arrived, though at the time of writing, 2 December had still not been officially confirmed as the date for Presentation Day 2023.

Nevertheless, it will be the two top teams in 2023, the undefeated Bellboys, and the reigning KO champs, Rovers, who will go head to head on the grand stage to see who can emerge as KO Champions 2023.

Bellboys continued their dominance and booked their place in the final last Saturday after winning once again against a Ballerz side who gave it their all, but fell short against the Island's only unbeaten side in 2023, Bellboys.

Rovers on the other hand, have been on the up since the return of Captain Rico Benjamin to the side after suspension, and have yet to taste defeat since then. They confirmed themselves as finalists on Saturday after beating off the challenge from Chop Shop Boys and will now look to round off a not so successful season by their standards with silverware on the final day.

The ribbons will be black and yellow on presentation day, but who for, as Bellboys and Rovers end the 2023 season with what should be an epic matchup in the 2023 SHFA Knockout Final.



English Premier League 2023/24



Matchweek 14 Fixtures

Saturday 2 December 2023
15.00 Arsenal v Wolves
Brentford v Luton
Burnley v Sheffield Utd
17.30 Nott'm Forest v Everton
20.00 Newcastle v Man Utd

Sunday 3 December 2023
14.00 Bournemouth v Aston Villa
Chelsea v Brighton
Liverpool v Fulham
West Ham v C'Palace
16.30 Man City v Spurs

SPORTS ARENA

SCOTTY (still) TOO HOTTY

Scott Crowie becomes 14-Time St Helena Golf Open Champion

SHGC, Contributed

The third and final round of the Open Championship of the St Helena Golf Club took place on 25 and 26 November 2023. Weather conditions were great and the competition was fierce. After all scores were in, and results out, it was Scott Crowie who would lift the Claret Jar for the 14th time after beating the field of 28 players. Scott scored a total of 305 over the four days to beat his nearest competitor, Leon Crowie, who scored 327and claimed the runner-up prize. Former champion, Peter Bagley, finished third with 330, and defending champion, Larry Legg, finished in the fourth position with 334.

continued inside...

