THE South Atlantic Media Services, Ltd.

www.sams.sh

SENTINEL

Vol. 14, Issue 25 - Price: £1 *"serving St Helena and her community worldwide"* Thursday 18 September 2025

MINISTERS CHOSEN



Chief Minister selects her team "with deep consideration and care" and allocates Portfolios to each



OPINION

SENTINEL COMMENT

Liam Yon, SAMS

Time sure is flying! I couldn't believe that this week makes ten years since the first fixed-wing aircraft touched down at St Helena Airport. I remember this day fondly as I was at the time a young budding reporter for SAMS and was on the scene at the Airport, grabbing interviews with the pilots of the first aircraft to land on St Helena, among others, including HE Governor Capes and Miss St Helena at the time, Sinead Green. I remember at the time my boss saying how it should be a moment that I can always be proud of in my career as a journalist – and to think exactly a decade later, I was reporting on this, replaying those very same interviews as the Editor of The Sentinel and News Editor for SAMS Radio 1. A full circle moment for sure.

Sunday also makes ten years since mobile services were introduced on St Helena by Sure South Atlantic Ltd (another game-changer by Sure who seems to get a lot of criticism without appreciation for all they have done for our Island's people over the years). It's funny because life was simple before then, dare I say, it was better, but now it's hard to imagine a life without my mobile. It's a must have (be honest, you cry a little when your phone dies) and I guess that it is just a part of life in this modern day and age. Sad really, but it is what it is.

Lastly, I'd like to congratulate Chief Minister Cairns-Wicks on her appointment. Her first big decision has been made with her Ministerial Team having been chosen. Good luck to the new Ministerial Team. It'll be interesting to see how they get on; Thrower and Turner in particular were critical at times on how the Ministerial System and Ministers worked during the last term, so for them it's time to show us how you will do it now that you're in the hot seats. I hope they do well, along with the others. Again, good luck, and I hope this team delivers on the promise of a better future for St Helena!

South Atlantic Media Services Ltd.,
The Media Centre, Castle Gardens,
Jamestown, St Helena, South Atlantic
Ocean, STHL 1ZZ. Tel: 22727
E: news@sams.sh, W: www.sams.sh
© South Atlantic Media Services Ltd

YOUR LETTERS

Dear Editor,

On Thursday 4th September, twelve individuals were announced as the Elected Members of Legislative Council,to serve our island. Many of them presented strong campaign messages, and it was evident that the election cycle might bring,a genuine competition for the role of Chief Minister. However, having attended the first Formal Legislative Council proceedings on 10th which extended to 11th September, I was appalled. The unity and collaboration that featured prominently in campaign narratives appeared absent, revealing divisions that seemed inconsistent with the promises made to the public.

The first decision before the newly elected Council was, regrettably, no decision at all. To add to public confusion, many were led to believe,as stated by the Attorney General, there would be a direct contest between Christine Scipio and Cyril Gunnell for the role of the Speaker of the House. Instead, the following day brought news that the election process would restart, entirely. Credible sources allegedly suggested that one or more Elected Members may have approached the President (HE the Governor) or the Attorney General after the proceedings of the first day, to request a fresh election of the Speaker. Karl Thrower had published "When people are informed, they feel empowered. When they're excluded, they lose faith in the system". This decision understandably raised questions about the openness and transparency of this process.

It was disappointing to witness how little regard appeared to be given to the dignity of the candidates for Speaker and Deputy Speaker—an issue that was rightly highlighted by candidate, Cruyff Buckley. It was also evident that the voting did not seem to reflect merit or a shared commitment to the greater good of St Helena. The outcome—where a candidate who had not prominently featured previously, emerged as the winner, and another who had received significant support,received a single vote—was difficult to reconcile. Cruyff Buckley's remarks about loyalty were particularly poignant.

Cyril Gunnell, who is well-versed in Standing Orders, would have sought a proposer and seconder before submitting his expressions of interest, signifying two votes. If those individuals withdrew their support, it raises concerns about consistency and principle. Similarly, if a supporter of Christine Scipio shifted allegiance, it invites reflection on the values,that guided such decisions. As the saying goes, "If you don't stand for something, you will fall for anything." If it was the Chief Minister who had altered her vote, this would cast a troubling light on the decision-making process, given the weight of her role. One Elected Member described the outcome as a compromise—yet it felt more like a case of undermining one's own position.

The election of the Chief Minister followed a similar pattern, echoing dynamics from the previous general election. Once again, the candidate with the highest vote was proposed by Andrew Turner and seconded by Gillian Brooks. This prompts reflection: will Andrew Turner support this Chief Minister, or will history repeat itself; proposing a vote of no confidence? Has he, along with Karl Thrower, influenced the Chief Minister to the extent that she now feels obligated to meet their expectations? They have stated that they will not support the Chief Minister,if she does not commit to their minimum standards of openness and accountability. Will the outcome of such questions raised by them both, be published in the spirit of openness and transparency?

What stood out most, was the reluctance of several vocal Elected Members to step forward as the Chief Minister. My campaign slogan comes to mind: "Anybody can talk, not everybody can talk and deliver." Some Elected Members have served for four years under the Ministerial form of Government, Andrew Turner, Karl Thrower, and Corinda Essex, who did receive a significant number of votes, but yet a candidate with limited experience of politics and little knowledge of Legislative Council proceedings, was put forward. Did others who had campaigned that they wanted to take on the role of Chief Minister, put their names forward? Was this a genuine endorsement, or was she placed in a difficult position by her colleagues? It remains to be seen whether those who have consistently avoided leadership roles or had received a high number of votes, will now assume ministerial responsibilities and deliver meaningful outcomes for St Helena. In my view, it's simple: either step up or step aside.

I also wish to raise a broader concern. Can the people of St Helena be given the assurance that the elected leaders remain impartial and

avoid holding leadership positions in external organisations, which may lead to conflicts of interest? A clear commitment to ethical leadership and full investment in council responsibilities would help ensure that all Elected Members are focused on serving the island as a whole, rather than a select few. Will those individuals step down from those positions?

Staying true to their promise of being open and honest, I respectfully request clarification on the process used to elect the Chief Minister, the Speaker and Deputy Speaker. Was there any lobbying of the President or Attorney General to alter the process? Did Elected Members agree in advance to propose and second all candidates for Speaker and Deputy Speaker?

If accountability and transparency is truly a priority for the Elected Members, the public deserves answers.

I leave you with a quote that continues to guide my actions:

"The only thing necessary for the triumph of evil is for good men (people) to do nothing."

I choose to act—alongside others—to hold our leaders accountable and advocate for the betterment of St Helena and its people.

Sincerely,

Jeff Ellick

"No Individual is Above the Law"

Police Officer, Josh De Ville, arrested by Detectives and charged with Perjury



Liam Yon, SAMS

On Friday morning of last week, the Royal Saint Helena Police Service (RSHP) informed, via a Facebook post, that one of their serving officers had been arrested and charged with Perjury.

"The Royal Saint Helena Police Service confirms that a serving police officer, namely PC Josh De Ville has been arrested by detectives yesterday and formally charged with one count of Perjury in relation to an ongoing investigation," they revealed.

Perjury is defined, according to the Oxford English Dictionary, as 'being the offence of wilfully telling an untruth or making a misrepresentation under oath'. This essentially means lying under oath.

Police detail how, with the officer having been formally charged with Perjury, due legal process is now being followed, and he has thus been "suspended from duty, pending the outcome of judicial proceedings."

Josh De Ville is currently on bail and is scheduled to appear in court today, Thursday, 18 September.

"We recognise the seriousness of this matter and understand the concerns it may raise within the community," commented Temporary Chief of Police, Richard Ullger. "The decision to take this action reflects our unwavering commitment to upholding the highest standards of integrity, accountability, and public trust within the RSHP."

Josh De Ville, according to his LinkedIn profile, was appointed as Detective Constable (Investigator) for the Criminal Investigations Department of St Helena Police in June 2024 and as recently as August this year took on the role of Acting Detective Sergeant.

"Transparency is one of our core values in the Royal Saint Helena Police Service," stated the RSHP. "We remain fully committed to ensuring that no individual is above the law, including members of our own organisation. As this case is now before the courts, we will not be making further comment at this time."

MINISTERS CHOSEN

Chief Minister selects her team "with deep consideration and care" and allocates Portfolios to each

Liam Yon, SAMS

Late on Wednesday, just about in time for this week's The Sentinel, the Island's newly-elected Chief Minister, Dr Rebecca Cairns-Wicks, announced the Ministers she has selected and the Portfolios within the public service allocated to each, describing her decision as being "chosen with deep consideration and care."

Chief Minister Cairns-Wicks has chosen Councillor Gillian Brooks to be the Minister for Safety, Security and Home Affairs; Councillor Andrew Turner to be the Minister for Education, Skills and Employment; Councillor Karl Thrower to be the Minister for Environment, Natural Resources and Planning and Economic Development; and Councillor Martin Henry to be the Minister for Health and Social Care. The Chief Minister herself will take on the responsibility for the Treasury and for Central Support Services.

"The Chief Minister has recommended to the Governor that he makes these appointments," explained St Helena Government in a Press Release issued at around 3pm on Wednesday. "Pursuant to the Constitution, the Governor will now formally make the appointments and Portfolio allocations."

Having been chosen and allocated their areas of responsibility, "each Minister will exercise general direction and policy control over departments assigned to them subject to the policies of Government," detailed SHG.

Chief Minister Rebecca Cairns-Wicks commented on her first big decision. "I would like to extend my gratitude and congratulations to the new Ministers in taking on their new roles. We know that there are challenges ahead, but together as a team we will be ready to face them."

Reflecting on her decision, the Chief Minister stated how "the team has been chosen with deep consideration and care" adding that "our priorities are clear: to listen, to work openly, and to take forward the policies and decisions that will help move the island forwards and build a strong and sustainable future for St Helena."

"I have every confidence that the Ministerial team will bring energy, dedication, and integrity to their roles," she continued. "We will be accountable to the public, guided by the values of fairness, transparency, and service. Our commitment is to put people first and to work together for the good of the island."

The Island's new Chief Minister than thanked "Honourable Members of Legislative Council for the generosity of your time, consideration and support as I step into the role of Chief Minister. I am heartened by discussion and debate and the commitment to working together, facilitating good communication and transparency in the decision-making process and I am committed to work with you in this way."

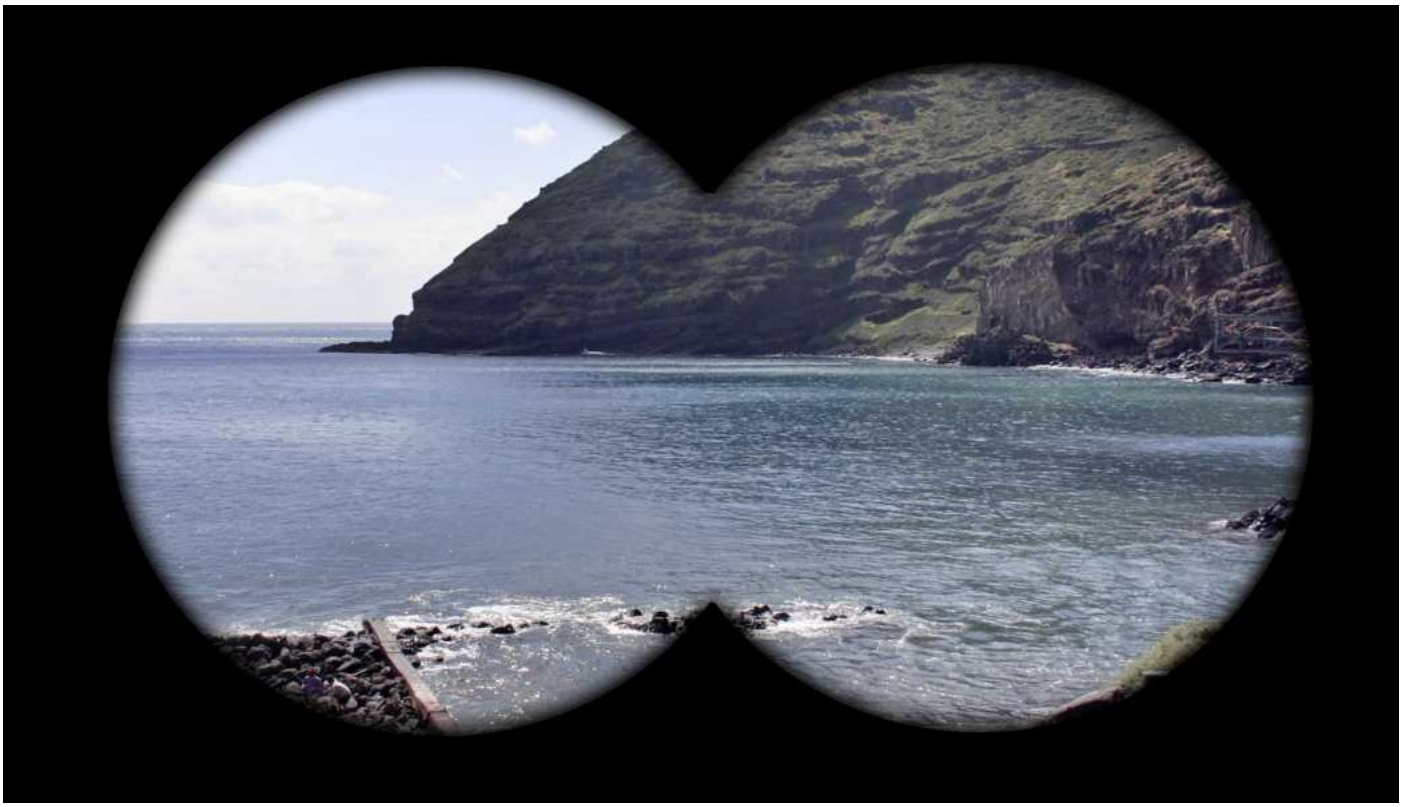
The Chief Minister, her chosen four Ministers, and the Attorney General, now forms the Executive Council for St Helena who, along with His Excellency the Governor, are the highest decision making body of the St Helena Government.

Good luck to St Helena's new Ministerial Team!



Shark to the System

SHG encourage vigilance from marine users after second sighting of shark



Liam Yon, SAMS

Toward the end of August, a public warning was issued - specifically for marine users on the Island - after a large shark was reportedly sighted inshore in St Helena's waters along the leeward/northern side of the Island. Now, SHG have advised that a further shark sighting has been confirmed at the back of the moorings at around 6am during Tuesday morning of last week.

While little information is currently known on the species of shark being sighted, or whether the two sightings are different individuals or the same shark, SHG state that is important "as a precautionary measure" that everyone remains "extra careful and vigilant when in or near the water."

They issued the guidance for swimmers that "any activities taken in the water are at your own risk"; for mariners and fishermen to "please remain vigilant when operating your vessels and avoid close contact with any marine life"; and for everyone that "if a shark is spotted, do not approach or interact with it. Instead, observe from a safe distance and report any details."

Noting these recent unusual shark sightings around the Island, the Maritime and Marine Fisheries and Conservation Section are monitoring the situation closely. "It is important for us to identify the species involved in this sighting so that we can assess any potential threat levels to public safety and understand the ecological implications," they said. "Accurate information will help us make informed decisions about precautionary measures and long-term marine management."

Therefore, SHG are asking for any sightings to be reported to Marine Fisheries and Conservation Officer, Adam Riggs, by telephone on 25966 or via email through adam.riggs@saintheLena.gov.sh, providing as much detail as possible, including the location and time of a sighting, the shark's estimated size and behaviour, as well as any photographs or video you have, only if safe to obtain.

While the situation is being monitored, SHG also sought to remind the public about the proper process for discarding fish waste, with improper discarding of waste close to the coast being a potential attraction for sharks to come closer inshore to feed. This, as detailed by SHG, increases the risk of sharks near popular areas such as James Bay and Rupert's Bay; impacting the safety of recreational activities like swimming, snorkelling, and diving.

As such, fishers and members of the public are being reminded to discard fish waste responsibly with rock fishers needing to "take waste inland and dispose of it in a bin", while boat fishers should be "discarding of fish waste at least one mile out from the shore."

"The safety of our community is our highest priority, and we will provide further updates as soon as more information is available," concluded SHG.

Stay vigilant and stay safe all.

Women Leading the Way

Maureen Thompson elected as New Speaker and Connie Johnson elected as Deputy Speaker during Second Sitting of Formal LegCo



Liam Yon, SAMS

In an incredible turn of events, Maureen Thompson has been elected as the new Speaker of the House for Legislative Council at the second sitting of the first Formal Meeting of LegCo last Thursday in the Council Chamber, with Connie Johnson being elected to serve as Deputy Speaker.

The elections of Speaker and Deputy Speaker was adjourned on Wednesday during the first formal sitting, after there was a deadlock in the votes after five rounds of voting, with candidates Cyril Gunnell and Christine Scipio both receiving six votes each.

"To be elected as Speaker, a candidate is required to secure a total of seven votes," commented SHG. "On the first day of voting, none of the candidates met this threshold and after five rounds of voting, there was a tie between the final two candidates. In accordance with Standing Order 5, Rule 25(b), the election for the Speaker was therefore deferred to the following day."

SHG went on to add that "the Speaker and Deputy Speaker are both important roles" and that moving the election to the following day "allows Elected Members additional time to reflect on their decision, promoting a more thoughtful and deliberate outcome."

On Thursday morning, His Excellency the Governor - still charged with overseeing the proceedings until the appointment of a Speaker - announced the elections for the role of Speaker. "In a situation such as this, Standing Order 5 Rule 25(b) also requires that a fresh election be held," explained SHG. "In other words, unless one or more of the six candidates who put themselves forward for election as Speaker withdraws, the election should start again with the same six candidates."

The Attorney General then announced the candidates for the position; Cruyff Buckley, Anthony Green, Cyril Gunnell, Christine Scipio and Maureen Thompson. Keith Brinsden was not included from the day before, and while no mention was made of why, it is presumed that he withdrew himself from selection before the fresh elections on Thursday.

Each candidate was then given a chance to address the room again for no more than five minutes, with all but Maureen taking the opportunity to readdress Elected Members on day two. Once all had spoken, the vote got underway.

After the first round of voting, Cruyff Buckley received no votes, Anthony Green received no votes, Cyril Gunnell received one vote, Christine Scipio received six votes and Maureen Thompson received five votes. With no candidate receiving the required seven votes, a revote was called with Buckley and Green removed for this round.

After round two, His Excellency revealed how Cyril Gunnell received no votes, Christine Scipio received five votes and Maureen Thompson received the required seven votes and was duly elected as the new Speaker for Legislative Council.

Following her successful election, Maureen Thompson left the Chamber to take the prescribed oaths of office in the presence of His Excellency the Governor and the Attorney General,







before adorning the Speakers robe and re-entering the Chamber for the first time as the new official Speaker of the House.

"I am honoured to be elected as Speaker and look forward to serving the Legislative Council and the people we represent with diligence and impartiality," she commented.

Maureen's first task was to announce the election for a Deputy Speaker. Again, the Attorney General listed the nominees which were the same for the Speaker role with the omission of Maureen and the addition of Connie Johnson; candidate for election as Deputy Speaker only. Each candidate was then given the chance to speak again if they wished before a vote was called.

After the first round of voting, Cruyff Buckley received three votes, Anthony Green received no votes, Cyril Gunnell received one vote, Christine Scipio received two votes and Connie Johnson received six votes. A second round was called with Green removed; the results saw Cruyff Buckley receive one vote, Cyril Gunnell no votes, Connie Johnson eight votes and Christine Scipio three votes. With eight votes, one more than the required seven, Connie Johnson was duly elected as the new Deputy Speaker of Legislative Council.

"I am committed to supporting the Speaker and the work of the Legislative Council," commented the new Deputy Speaker.

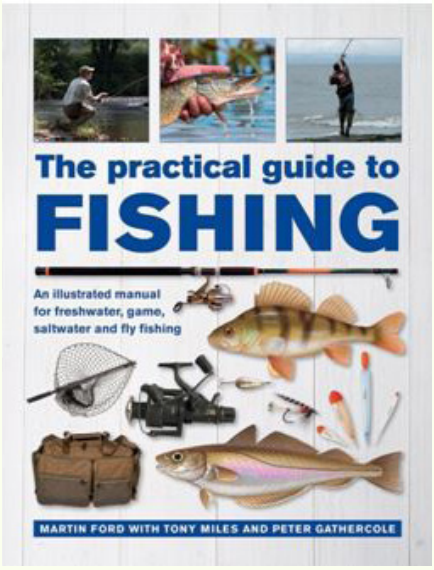
Congratulations to Maureen and Connie, the new Speaker and Deputy Speaker of the Legislative Council, respectively.

Following these elections, the newly-elected Speaker gave her first address to the House before each Elected Member, including the Island's new Chief Minister, spoke to the Adjournment Debate to conclude the second sitting of the first Formal Meeting of Legislative Council.



Book of the Week

Public Library Service



The Practical Guide to Fishing by Martin Ford

Angling is one of the most popular sports around the world, giving thousands of hours of pleasure to fishermen and women of all ages and levels. Here is extensive expert advice on the best fishing techniques and locations, and how to select rods, reels, lines, flies and plugs as well as clothes and accessories for all situations. The various skills involved in freshwater, saltwater and game fishing are covered in detail, with diagrams and explanations of different techniques. The book includes an in-depth visual guide to the major species the angler is likely to encounter, with advice on recognition, size potential and feeding habits, together with professional tips of the trade on how to catch each type.

Please reserve by contacting the following:-
Telephone Number: 22580
Email: publiclibrary@helanta.co.sh

Contractors Needed

SHG seeking Expressions of Interest for Primary School Reorganisation Project



Anita Robbertse, SAMS

With SHG announcing the revised dates for the Primary Restructure, they have now indicated that they are looking for suitably qualified contractors to express their interest in undertaking the renovation work as part of the restructure program.

This project is funded under the Economic Development Investment Programme (EDIP) in partnership with the Foreign, Commonwealth & Development Office (FCDO).

According to the press release by SHG, contractors may be required to work outside normal hours as work will mostly have to coincide with School Holidays. They also confirmed that a single contractor will be expected to undertake the work at the Harford Primary School site, whereas at St Paul's there may be need for site-sharing by more than one contractor.

For specialised work, like the removal of asbestos roofing and floor cover, contractors will be required to hold appropriate certification, while all interested contractors will also be vetted before work commences.

The scope of works include, among other things, deconstruction, excavation, ground work as well as concrete work. Other things included in the list of work are window and door installations, carpentry and other construction related work, while sewage and plumbing works are also required.

Although this is just an expression of interest, it is envisaged that a formal invitation to tender will be issued in October 2025 following contractor briefing sessions, to be held soon. Submissions from contractors will have to include a business overview as well as an outline of experience and capabilities, to be submitted by 12 noon on 22 September to the Procurement Officer.



Doing St Helena Proud

Police Constable, Jordanna Peters, represents St Helena at International Association for Women Police (IAWP) conference in Scotland



Liam Yon, SAMS

Young Saint Police Constable, Jordanna Peters – who was recently recognised as a future leader – has been in Glasgow, Scotland, when during last week she attended the 62nd International Association of Women Police (IAWP) Annual Training Conference from 8-12 September.

The conference brought together over 400 international women police and law enforcement professionals for a week of high-level training and leadership development, with key themes including emerging technologies, ethical policing, community trust-building, and high-profile investigations. The event also featured an awards ceremony to celebrate excellence in the international policing community.

The Royal St Helena Police Service recently stated that they were "incredibly proud" that "our very own" PC Jordanna Peters had represented St Helena and the RSHPS at the conference, adding that "this was a fantastic opportunity for her to network, share experiences, and bring back valuable knowledge to our community."

PC Peters reported to the RSHP during her time in Glasgow where she stated that "so far I'm finding it amazing, meeting new people and making good connections, I'm learning new things to take back to the RSHP."

In addition, and taking full advantage of her time away, the RSHP reports how PC Peters took time to visit the British Transport Police (BTP) Scotland, where she had the opportunity to speak with the various sections including CID and CSI, while she also attended train stations with a BTP Sergeant, gaining firsthand experience on policing for the BTP in Scotland.

"We are proud of PC PETERS for this achievement and can't wait to hear about her experiences," commented the RSHP. "Please join us in saying well done for representing St Helena & RSHPS."

Congratulations and well done to PC Jordanna Peters!

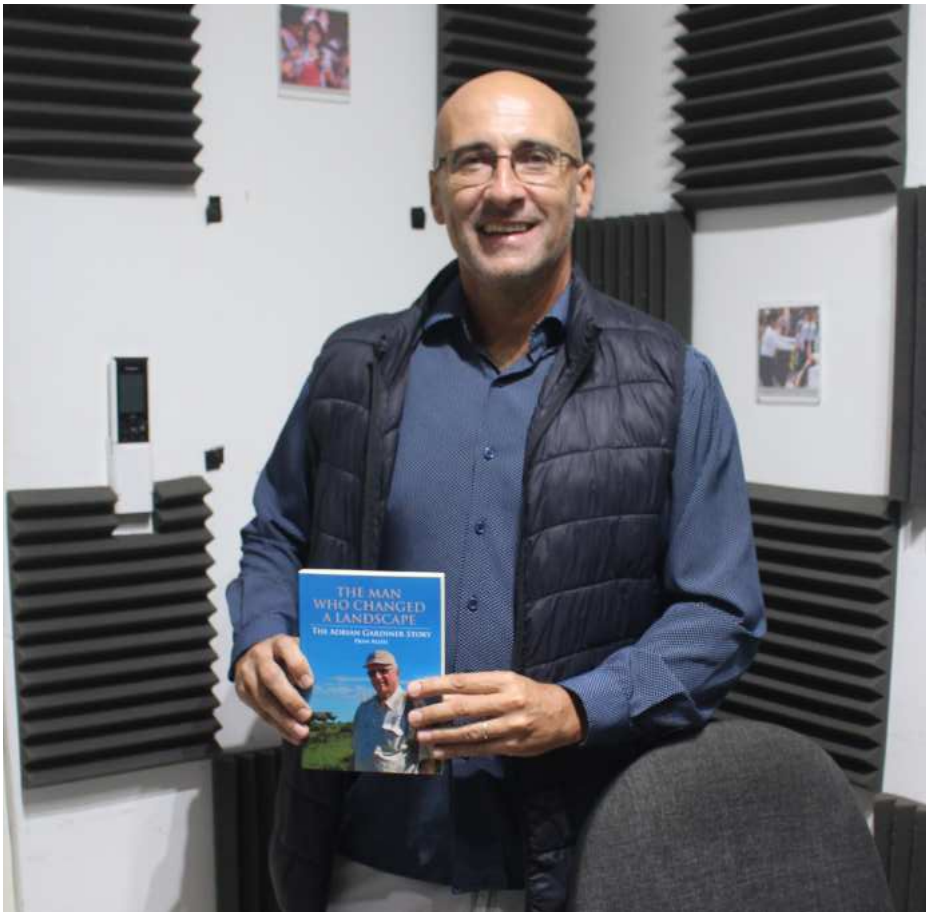




LIFESTYLE & CULTURE

"It was meant to be"

Best-Selling Author, Dean Allen, speaks to SAMS during his recent visit to St Helena; a "special place" that he longed to visit and vows to visit again



Anita Robbertse, SAMS

Dr. Dean Allen, best-selling author, lecturer, historian and acclaimed public speaker recently visited St Helena and took some time to pop in for an interview at SAMS Radio 1. Dean has been widely published on the subject of how history, politics and sport played a role in society and the British Empire, most notably in South Africa.

Originally from the UK, Dean was born in a small town in Somerset, but he now lives in South Africa in Somerset-West and refers to himself as an adopted South African. While he was in the UK during his 20's, Dean felt like he "was going nowhere," that was until he met a South African lady who gave him some good advice. "She was a dentist and she said to me, why don't you go to university? Stop moaning about your job," he recalled. "And that is exactly what I did." Dean ended up studying at Stellenbosch University in the Cape Province where he really settled. "I found my tribe," he smiled. "South Africa has really opened up my life and my world."

Dean confessed that he felt St Helena is "a place I was destined to come to." Although a university lecturer by trade, he had recently started to engage in a lot of public speaking engagements including on cruise ships; "I really enjoy travelling and it's the perfect combination, going on a cruise ship and travelling to these wonderful destinations." In January 2024, he was aboard the Regent Voyager when it arrived at St Helena. "The Regent Voyager got so close to the island, but the passengers couldn't go ashore because of the tide," he recalled with disappointment. "I was one of the people aboard and I saw the island approach. I was with my mum as she came with me. I was the speaker on board and both of us looked at this magnificent island. As we pulled away with a lot of very upset people, I just knew that I'd be back; and here I am!" Dean jumped at the opportunity to visit the island when learning of another cruise ship, The MS World, which would be visiting St Helena on their journey. As an invited guest speaker, he was scheduled to embark in the Canary Islands, but instead arranged to fly in to St Helena on the Airlink flight and embark the vessel from the island he had been longing to visit for a long time. "I'm one of the few people that arrive by air and will leave by sea, and I'm having the most incredible time," he shared, "it's amazing."

With regards to his interest in history and sport, Dean revealed how he "was fascinated to look at the history of sport and what it meant, specifically relating to the British Empire" and made reference to St Helena. "Of course we are sitting on an island that's been influenced and is still influenced by the British," he told. "Wherever the British went, they took their sport. And regardless of what the sport was about, it influenced the local people. Think about India, for example. They're the world's leading nation in cricket now. Why are the New Zealanders playing rugby? It's because the British took their sport there. The same is true for South Africa." Dean was interested to study why the British Empire was so successful in taking cultural imperialism - their beliefs, their sport and their culture - around the world and why this played such a big role in influencing the countries that formed part of the British Empire, even though the Empire was not always well liked everywhere. He came to the conclusion that in "things like rugby and cricket especially, there is a life lesson to be learned; sport reflects society!" To illustrate this, Dean recounted the story of the Anglo-Boer war where the Afrikaners did not particularly like the British. "We know the story on the island of the Boer prisoners," he said. "They learned rugby, cricket and soccer here for the first time and then took that sport back to South Africa. Isn't that amazing? Those are the kind of human stories that inspired me. This led to my book

that came out in 2015 called Empire, War and Cricket in South Africa. That turned into a best-seller, and the rest, as they say, is history."

Initially in South Africa, sports like rugby and cricket were only played among the smaller white population, but then it spread. "I was very keen to tell the wider history of games like soccer, rugby and especially cricket, how they were played by all sectors of the community as opposed to just those that were chosen," he explained. "I came to South Africa in 1996 when it was opening up after apartheid and I realised there was so many stories to be told. People had missed the opportunity because they were obviously very much politically involved and isolated. As people were getting on planes and ships to leave South Africa, saying the future is bleak, I could see nothing but opportunity there! We've had a roller coaster ride, but it is an incredible country; and I find those stories."

Dean said coming to St Helena is very similar to a little town in South Africa which he wrote about in his book 'Empire, War and cricket' called Matjiesfontein. "It is a quirky little town, very isolated, but it has got its own community, proud people," he detailed. "I see very similar dynamics here, how people are proud of their community. What I really like about it here is it's so unique; there is a warmth and a welcome here and you embrace your history, which is great. I like that as a historian. Here even the uncomfortable truths are just a part of the narrative."

Although he is keen to do something for the community of St Helena by promoting the island abroad, he also confessed that "I also don't really want this secret out." Dean reiterated what we had been hearing from visitors over the past number of months, that the island needs to attract the right kind of tourists, individuals that will appreciate the unique authenticity the island has to offer. "You want the right kind of tourism and I promise you they are out there, but they are a small percentage of the mass tourism market, but they are there; the people that want authenticity." The Island's location and difficulty to access is, on the one hand, a disadvantage, but also an advantage; it preserves the exclusivity and desirability to visit such a remote destination. About his Airlink flight, Dean used word like "incredible" and "spectacular" to describe the journey here. "It was incredible," he recalled. "It was a spectacular approach into the island, but it was safe and it was an easy journey. You've got a world-class facility here."

Although people's responses to Dean's video footage of the island have been very positive, there still seems to be a sense in the world that a visit to St Helena is a bucket list item. Apart from all the well-known tourist attractions, like the Napoleonic heritage and Jonathan, the island has a lot more to offer, for example the endemic wirebird and sport fishing. It is important to balance the number of tourists the island attracts, but also protecting the uniqueness of what St Helena has to offer. The dynamic of the island is changing with the increased accessibility and it is important to embrace it and encourage islanders to get involved with how things are evolving. It is a good thing for the island not to aspire to attract mass tourism. "I've met some wonderful people, especially world travellers, and they will really appreciate the island," Dean commented.

While here, Dean also met the cricketers from the Titans during a function at Plantation House as part of the Titan's visit to the Island. He was amazed at the opportunity to see some of his heroes on the plane to St Helena. "Every single one of those players will go back, like me, and be an ambassador for this place," he told. "You're not inviting tourists, you're inviting ambassadors who will go back and promote St Helena." He maintained that it is important for people to experience the island to understand what it is all about. "I've got an international audience, the perception, the image and the desire to visit here is overwhelming." How we market the island is critically important, as a once-size-fits-all promotion will not be beneficial. Dean was amazed by the incredible variety of the landscape of the island saying he has never seen anything like it in such a small area. "St Helena is not an overnight kind of place," said Dean. "This is a place where you need to sit and absorb it and let it soak in."

Another connection between Dean and St Helena presented itself through his book, 'The Man Who Changed a Landscape - Adrian Gardiner'. Adrian is the owner and founder of the Mantis-collection; the group who runs the hotel on St Helena in Jamestown. Adrian is also one of the people who backed the island and the airport in the early days. He followed Dean via his weekly free newsletter, 'This Week in History' and reached out to Dean. "You write too much about Cape Town," Dean recalled Adrian saying to him. "Have you ever been to the Eastern Cape?" Through his persistence to introduce Dean to this part of South Africa, he (according to Dean) changed his life. Dean visited the Eastern Cape and through his interaction with Adrian realised what an extraordinary man he is. "Now in his 80's, he was the man who was basically the pioneer of wildlife tourism in the Eastern Cape," Dean praised. "He created Shamwari Game Reserve." In the past, the Eastern Cape area had more indigenous species than anywhere else in Southern Africa, but with the arrival of the settlers in the 1800's, farmlands were cultivated, replacing the natural landscape. Most animals were hunted for survival, changing this landscape to one that was desolate and overgrazed farmland. Adrian, always the entrepreneur, bought the piece of land that is now Shamwari, and had to consider the options of what to do with this area. He had the vision to bring the animals back to this region, transforming the Eastern Cape to what it is today; host to 17 top private reserves. "Once I realised that this was a unique story, yes, I was going to write Adrian's story. But it was a bigger story. It was a story of a region - The Frontierland," Dean recalled. "So I'd already understood that this is a special place in terms of history with the frontier wars and those kinds of things, so the title just fit in well." Dean did a talk at the Mantis to promote his book about Adrian, sharing it with the people here on St Helena.

The interview was wrapped up with Dean speaking from the heart about St Helena. "I know this is going to be a special place for me. I've been inspired by Adrian to see opportunity where others sometimes see barriers. It is a matter of perspective. The one thing we should have in life is hope. If we haven't got hope, we haven't got much, have we? The island needs to be treasured. The community and people like you have on this island need to be treasured and also promoted as a model for the rest of society." He ended off by thanking the people of St Helena for "the absolute incredible warm welcome" before again stating how he felt "it was meant to be."

"I'm coming back," Dean committed. "I hope people have enjoyed meeting me and my energy and I promise you, I'll be an ambassador for this place!"

LIFESTYLE & CULTURE

Osteoporosis Part 2:
Strengthening Bones and Supporting Recovery



Arjelo Onde, Contributed

This month, as we observe Fall Prevention Awareness Month, it's the perfect time to focus on ways to protect our bones and prevent injuries. Falls are a leading cause of fractures among older adults, especially those with osteoporosis, and even minor accidents can have serious consequences. Fortunately, with the right knowledge, lifestyle habits, and support, we can reduce fall risk, strengthen bones, and maintain independence.

Common Fragility Fracture Sites

Osteoporosis most often leads to breaks in certain areas of the body, sometimes called fragility fracture sites. These include the hip, spine (vertebrae), wrist, shoulder, and pelvis. Even minor falls or bumps can cause fractures in these bones, highlighting the importance of bone health, fall prevention, and early screening.

Treatment Options for Osteoporosis

If a doctor diagnoses osteoporosis, several approaches can help strengthen bones and prevent fractures:

•Medications: Prescription medications can slow bone loss and reduce fracture risk. Always consult a physician for individualized guidance.

•Supplements: Beyond calcium, Vitamin D is essential to help bones absorb calcium effectively. Sources include fatty fish, canned sardines, mushrooms exposed to sunlight, egg yolks, and fortified foods. Supplements may also be recommended.

•Lifestyle Adjustments: Small daily habits matter. Avoid high-impact activities or heavy lifting that could stress fragile bones, and ensure living spaces are safe with proper lighting and non-slip surfaces.

Getting Vitamin D and Calcium from Sunlight and Foods

Vitamin D helps your body absorb calcium and strengthen bones. Here's a simplified pathway: When your skin is exposed to sunlight, a compound called 7-dehydrocholesterol is converted into Vitamin D3, which travels to the liver and becomes calcidiol. Then, the kidneys convert calcidiol into the active form, calcitriol, which circulates in the bloodstream and helps absorb and deposit calcium into your bones. This process shows why sunlight, diet, and sometimes supplementation are all important for bone health.

Canned sardines, mushrooms exposed to sunlight, fatty fish, egg yolks, and fortified foods are excellent sources of Vitamin D and calcium. Why canned sardines are great for bone health (not all processed foods are bad): Canned sardines provide calcium, vitamin D, phosphorus, and omega-3 fatty acids all at once, supporting bone strength, reducing inflammation, and preventing osteoporosis. Supplements may also be recommended, especially if dietary intake or sunlight exposure is limited.



Exercise for Bone Strength and Fall Prevention

Exercise remains one of the most effective ways to maintain bone density. For those with osteoporosis or recovering from fractures, gentle, structured exercises reduce fall risk while strengthening muscles:

•Balance and Stability Training: Simple balance exercises improve coordination.

•Strength Training: Light weights or resistance bands help maintain muscle mass and support bones.

•Low-Impact Aerobics: Walking, stationary cycling, or water aerobics enhance cardiovascular health without stressing fragile bones.

Always consult a healthcare provider or trained exercise professional before starting new routines.

Nutrition Beyond Calcium and Vitamin D

Bone health depends on more than just calcium and Vitamin D. A nutrient-rich diet supports bone remodeling and overall wellness:

•Protein: Supports muscle mass that helps protect bones.

•Fruits and Vegetables: Rich in potassium, magnesium, and antioxidants that combat bone-weakening oxidative stress.

•Limit Salt and Sugar: Excess salt can increase calcium loss, and high sugar intake may impair bone repair.

•Hydration: Adequate water supports nutrient transport and joint function.



Supporting Recovery After a Fracture

Fractures can be life-changing, especially for older adults. Recovery involves not just bone healing, but rebuilding strength, confidence, and independence:

·Physical Therapy: We are fortunate to have dedicated physiotherapists on St Helena who provide expert guidance. Their knowledge and care help restore mobility, prevent future injuries, and empower patients to regain independence.

·Assistive Devices: Canes, walkers, and braces provide stability.

·Home Safety: Handrails, non-slip surfaces, and good lighting reduce fall risk.

·Community Support: Family, neighbors, and volunteer caregivers provide encouragement, help with daily tasks, and monitor recovery.

Community Role in Bone Health

Osteoporosis affects individuals, families, and communities. On St Helena, awareness and support are vital:

·Share knowledge about fall prevention, nutrition, and safe exercise.

·Offer help to elderly neighbors or those recovering from fractures.

At Le Phare Lighthouse Wellness Centre, we aim to strengthen bones and build a culture of support. Health education and practical guidance helps residents live safely, actively, and independently.

About the Author

Arjelo Onde, BSRT, R.R.T., DipTEd. I am a licensed radiation medical technologist and allied health professional with a postgraduate diploma in education and 9 years of experience as a science and health educator. I also completed part of a nursing internship and currently enrolled in Lifestyle Medicine, which has deepened my understanding of patient care and fueled my passion for community health education.

Sources:

·Loma Linda University Health (LLUH): lluh.org

·World Health Organization (WHO): who.int

·International Society for Clinical Densitometry (ISCD): iscd.org

·International Society of Radiographers and Radiological Technologists (ISRRT): isrrt.org

·National Institutes of Health (NIH), Office of Dietary Supplements: ods.od.nih.gov



Through the Lens

The Double-Edged Screen: How Social Media Shapes Young Minds on St. Helena – Written By *Ed Oyewo*

Living on one of the world's most remote islands doesn't shield our young people from the global phenomenon of social media. In fact, it might make its effects even more pronounced. I spent the past week chatting with teenagers and young adults across St. Helena about their relationship with platforms like Facebook, TikTok, and WhatsApp, and their stories reveal both the benefits and burdens of our connected age.



The Lifeline to the World

"Social media is literally my window to everything," says Sarah, 17, from Jamestown. "Without it, I'd feel completely cut off from what's happening in the world." This sentiment echoes among many young islanders who see social platforms as their primary connection to global culture, trends, and opportunities beyond our shores.

For Marcus, 19, who recently finished his GCSE, social media has been crucial for educational opportunities. "I found out about university foundation courses, apprenticeship, even job opportunities in the UK through Facebook and LinkedIn. It's opened doors I never would have known existed."

The Comparison Trap

But this digital window comes with a cost. "I used to love posting pictures until I started comparing myself to influencers with thousands of followers," admits Emma, 16. "Suddenly, my life on St. Helena felt boring and small." This comparison culture hits particularly hard on an island where opportunities for the glamorous lifestyle portrayed online seem limited. As an Education Expect, these conversations, confirms what many parents suspected. "We're seeing more young people presenting with anxiety and self-esteem issues that can be traced back to social media use. The constant comparison, the fear of missing out, the pressure to present a perfect life online, it's affecting our children's wellbeing."

The Isolation Paradox

Perhaps most troubling is how social media can increase feelings of isolation in a place that's already geographically isolated. "I spend hours scrolling through posts of my friends who are overseas," says James, 18. "It makes me feel like I'm being left behind, even though I chose to stay and help with the family business."

The irony isn't lost on these young people. They're more connected to the outside world than any previous generation of Saints, yet many report feeling lonelier than ever.

Building Digital Resilience

However, it's not all doom and gloom. Some of our young islanders are finding healthy ways to engage with social media. The key, however, is education and balance. "We need to teach our young people that what they see online isn't always reality.

A Proactive Community Response

Several initiatives can be introduced to address these challenges. The Community Centre can run "phone-free" evenings once a week, where young people engage in traditional games, crafts, and conversation. I must give credit to charity organisations on the island like the "Rock Christian Fellowship" that runs a weekly Games Night for children and young people, despite the weekly low turnout.

I cannot talk about community response without crediting the exemplary work done by "The New Horizon Youth Club" and the Volunteering Team. Their efforts represent a model response to balancing screen time and face-to-face activities. The results of their provisions are truly positive for both children and young people on our island.

Moving Forward

Social media isn't going anywhere, and nor should it. For young people on St. Helena, it provides valuable connections to education, culture, and opportunities. The challenge is helping them navigate these platforms mindfully.

As parents, teachers, and community members, we need to create spaces for honest conversations about online experiences. We must model healthy digital habits and remind our young people that their worth isn't measured in likes, followers, or online validation. Perhaps the answer isn't choosing between the digital and physical worlds, but learning to balance both in ways that nurture rather than harm our mental health. After all, the most meaningful connections often happen when we look up from our screens and into each other's eyes.

Till Next Time, Keep Well!

SAMS RADIO 1 SCHEDULE

SAMS Radio 1

102.7 (Jamestown) • 90.5 (High Knoll) • 105.1 (Sunberry) • 105.3 (Blue Hill)
Streaming live via www.sams.sh/radio.html

FRI. Sep 19

- 7am -10am: Sunrise show with Luke Bennett
- 11am: American Connections (Repeat)
- 5:30-7pm: OUT OUT! with Liam
- 7:30pm: Country Classics (Repeat)

SAT. Sep 20

- 9am-12 Noon: Saturday Show with Sebastian Stent
- 1pm: Northward sounds with Tony Leo (Repeat)
- 3:30-5pm: Modern Country Chart with Donna Crowie (Repeat)
- 6pm: Artists through the Decades with Deon & Anita
- 8:30pm: Out Out (repeat)

SUN. Sep 21

- 7am-noon: Sunday Show with Anita & Deon
- 1pm: Interview Hour
- 3-4:30pm: UK Chart Show with Liam Yon
- 7pm: Salvation Army Church Service
- 20:30: Classical Compilations

MON. Sep 22

- 7am-10am: Sunrise with Luke Bennett
- 3-5pm: Artists through the Decades with Deon & Anita
- 5:30pm: Country Classics with Donna

TUE. Sep 23

- 7am-9:00am: Morning Show with Donna
- 11am: Vibes with Anita
- 3:30pm: American Connections with Brian Clough
- 5:30-7pm: UK chart Show with Liam Yon
- 7:30pm: Classical Compilations with Anita

WED. Sep 24

- 7am-8:30am : Sunrise with Deon
- 11am: Northward Sounds with Tony Leo
- 1-3pm 1548 show with Cyril Gunnell
- 4-7pm: Afternoon Drive with Luke Bennett
- 7:30pm: Vibes With Anita

THU. Sep 18

- 7am - 10am: Sunrise with Liam & Luke
- 5-7pm: Modern Country Chart with Donna Crowie

Reach us on ***22727*** or at ***news@sams.sh***

sure

Bringing you the

BBC World Service

100.7 (Briars)
88.1 (High Knoll)
102.7 (Blue Hill)

Featured this Week



Morgan Wallen and Tate McRae has been at the number 1 spot of the billboard country charts for many many weeks.

Did you know that?

To keep up to date with the Country chart make sure you tune in from 5:30pm on Thursday afternoon as Donna will keep you up to date with the country charts.

If you miss it Thursday tune in Saturdays at 3:30pm

Local news and notices:
7am, 10am, noon, 5pm, 7pm, 10pm



Sentinel Sudoku Session

This week's difficulty is 'Easy'

			9				7	
3		9	1	6				
8	2			4				6
1	9					7	4	
			4			2		9
		2		8				
5	8	1	6		4	9		3
9		4	5		2	6	8	7
			8		3		1	

Throwback Thursday



18th September 1901:
The Eastern Telegraph Company completes the purchase (from the Moss family) of the land in The Briars where their base would be built (it is still there today, now owned by Sure).

(sainthelenaisland.info)

Living close to the ocean on St Helena means we all like a bitta fish hey? Why not try this mouth-watering fish dish!

Coconut Crusted Fish



Ingredients

Easy Sweet Chilli Sauce
• ¼ cup apricot preserves
• ¼ cup sweet chilli sauce Coconut Crusted Fish
• 1 pound skinless, boneless fish fillets, cut to ¾ to 1 inch thick and about 2 inches long
• 1 tsp salt, divided
• ¼ cup all-purpose flour
• ¼ tsp black pepper
• ½ tsp garlic powder
• 2 eggs
• 1 ½ cups sweetened shredded coconut
• ½ cup breadcrumbs
• vegetable oil, for frying
• 1 lime, cut into wedges, for serving

Method

1. Prepare the Baking Tray - Grease a large baking tray or line it with parchment paper. You'll need this ready for when the brittle mixture is done cooking.
2. Cook the Sugar Syrup - In a large, heavy-bottomed saucepan, combine the sugar, water, and golden syrup. Place the pan over medium heat and stir gently until the sugar has completely dissolved. Once dissolved, stop stirring and bring the mixture to a boil.
3. Add the Peanuts - Let the sugar mixture cook and bubble until it turns a golden amber colour, which should take about 10-15 minutes. You can use a candy thermometer if you have one — the mixture should reach around 150°C (300°F), also known as the "hard crack" stage. Once it reaches this stage, quickly stir in the roasted peanuts.
4. Add the Butter and Vanilla (Optional) - If you're using butter for extra richness, stir it in along with the vanilla extract at this stage. This will give the brittle a deeper, more complex flavour.
5. Add the Baking Soda - Remove the saucepan from the heat and immediately stir in the baking soda. The mixture will bubble up slightly and lighten in colour, giving the brittle a lighter, airy texture.
6. Pour and Spread the Brittle - Quickly pour the hot mixture onto the prepared baking tray. Use a spatula to spread it out as evenly and thinly as possible. Be careful — the mixture will be extremely hot!
7. Cool and Break the Brittle - Let the peanut brittle cool completely, which will take about 30 minutes. Once it's hardened, break it into pieces by hand or using a rolling pin.

LIFESTYLE & CULTURE

The Dutch Invasion and Occupation of St Helena Island - 29 December 1672 to 15 May 1673



— **Aubrey George,** Contributed —

A brief summary of the Dutch Invasion

A new Dutch Commander Ijsbrand Goske arrived at the Dutch Settlement at Table Bay - Capetown in October 1672 with secret orders. On 30th November 1672, the Dutch Council approved a plan for the invasion.

Led by Jacob de Gens, four Dutch Ships - Vryheid, Cattenburg, Vliegende Swaen, and Zuid Posbrook - with 180 soldiers and 150 sailors above normal crews departed from Table Bay on December 13, 1672, with Lieutenant Coenrad van Breitenbach as deputy and commander of land forces. The squadron arrived at St Helena Island on 29th December 1672 to invade. After many failed attempts in Chapel Valley - now Jamestown - on December 31st, a landing party came ashore at Lemon Valley, but was retreated by English Planters rolling and hurling rocks from the hillsides above.

Continuing westward along the coast, the force landed near Bennett's Point, being helped by a traitor named William Coxe and his enslaved, thereafter guided the invaders via Swanley Valley and over the hills. The Dutch force overtook English guards at a lookout post at High Peak before heading to James Fort.

Dutch troops repeated advances to James Fort - now the Castle - were driven back. Island Governor, Anthony Beale, knew he would not be able to defend entirely. Governor Beale then spiked and spoiled their defensive positions before retreating with his entourage, defenders and crew to the ship, Humphrey and Elizabeth, command Captain Metford, in the bay, then escaped sailing to Iseyle in Brazil.

The Dutch invasion force had taken the Island on 31st December 1672, and had captured an English slave ship, Anne Catherine, with 220 slaves and 551 tusks of ivory from Mozambique. Five sick English farmers and a slave asked for pardon. De Geus knew the English would return immediately, repaired James Fort leaving 100 men to defend, commanded by John Coon and deputy Peter Dacy.

A brief summary of the recapture

Upon reaching Brazil, Governor Anthony Beale hired a sloop - a small one mast ship and crew. On 4th May 1673, waiting to the windward in St Helena waters, a good distance of 36 miles from the island, he by chance met the approaching Captain Richard Munden's convoy, who had sailed from the Downs, England, on January 12th, escorting out HEIC ships and were to escort homeward bound East Indiamen at St Helena. Governor Beale informed Captain Munden and he immediately planned to recapture the Island. Captain Munden's fleet of Ships were HMS Assistance, Levant, Mary and Martha, Prosperous, Unity, and Castle of Freedom.

On 14th May, Captain Richard Munden's Ship commenced the bombardment attack as it sailed into James Bay, distracting the Dutch at James Fort. Captain Richard Keigwin's ship, Prosperous, and the Castle of Freedom had gathered on the Eastern Side of the Island landing 400 men, now Prosperous Bay - named after the Ship. Tom, a sailor, climbed a high cliff face to the top to later raise ropes for the other men to follow. A slave named Black Oliver with Governor Beale's party was to lead the way across the island for the troops to James Fort.

The following day, Captain Keigwin and his troops at his planned position found James Fort in English control. Upon Captain Richard Munden's first bombardment of James Fort, the Dutch invaders had surrendered. The English forces had taken re-possession of St Helena Island at sunset on 15 May 1673.

Contributor's summary

Upon the Dutch attack on James fortification, Island Governor Anthony Beale's decisive decision

to retreat and escape the Dutch invaders, no doubt may have saved English lives, not only his entourage and others, but also Captain Richard Munden's ships and crews. As such, his ship HMS Assistance and convoy was not a Task Force sent to recapture sovereign territory, but was to escort out-bound and returning HEIC trading fleet homeward from the East Indies at St Helena Island. Had Governor Beale not returned to St Helena waters and not brief Captain Munden, his ship and convoy may have entered into an ambush and become destroyed, as there was three Dutch Warships in the bay. Thereby the attempt by Captain Richard Munden and his ships to recapture the Island may have been unsuccessful.

A Dedicated Monument to Honour the Liberation of St Helena Island from the Dutch Occupation - 29 December 1672 to 15 May 1673

From the brief summaries outlined, it is clear the heroic acts of courage and bravery demonstrated by these persons - namely Governor Anthony Beale, his entourage, defenders and crew of the Ship Humphrey and Elizabeth, a sloop and its crew, Captain Richard Munden's ship, the convoy and their crews, Captain Richard Keigwin and his men, a sailor named Tom, and a slave named Black Oliver - greatly justify the erecting of a Memorial that is long overdue to this historic event in St Helena Island's early history.

After the Liberation - further sea battles occurred

A brief summary from an account recorded by Johan Struys on board the Dutch ship Frans Europa.

On 1st May 1673, Governor Ijsbrand Goske of the Dutch settlement at Table Bay - Capetown, ordered the Dutch Ship Frans Europa to leave for St Helena Island, taking Captain Coenrad van Breitenbach to be set as Governor. Breitenbach was commander of land forces at the time of the invasion and occupation on 29th December 1672. Other ships were to follow 7-8 days later.

Arriving upon St Helena Island on 31st May 1673, as the Frans Europa rounded the cape roads, they saw seven large English warships, a fireship and three merchantmen in the bay. Being in range of the English warships, the Frans Europa was welcomed with their lower and upper tiers of cannons, were lost of ship and cargo, not without dead and wounded.

With only 60 men able to use and do little with 5-6 guns, resolved to grapple the English Frigate Assistance with Admiral Munden of 50 guns which followed us with the fireship and board her. The ship Assistance with balls, bar-shot, and grapeshot from their 12 and 18 pounders could not endure any longer. Unable to do the ship Assistance any damage, were compelled to surrender our ship with crew and cargo. Thereafter Captain Coenrad van Breitenbach was taken prisoner. And from the Frans Europa, the English heard of other Dutch ships to follow.

On 4th June, the English captured two more ships of the five that followed the Frans Europa, together with a hooker (a small ship) that sailed in without any suspicion. With the Prince's flag above the English ships and a red flag on a height, a signal to sail in without fear. But having barely rounded the cape saw all the English ships approaching them at the same time. The Dutch ships now sought a good escape. Their ships were full of cargoes and the guns stowed, nothing else could be done. As the English ships were close on their heels, two ships fell into their hands, the other three escaping the fight. The English ship William and James capturing the Dutch Admiral in the Wapen Van de Veer, and the Assistance with Admiral Munden capturing the Dutch Vice - Admiral in the Alfen.

Contributor's conclusion to the compiled summaries

A Dedicated Monument - further Justified

Upon the recapture of St Helena Island from the Dutch Invasion and Occupation on 15th May 1673, Captain Richard Munden's ship HMS Assistance, and the convoy maintained their presence at the Island for a period, to defend and protect from further incursions and aggressions by the Dutch or others.

Governor Ijsbrand Goske and the Dutch Council at Table Bay - Cape, may have planned to settle and develop the island, in sending Captain Breitenbach to be set as Governor, but was captured by Munden's ship Assistance and taken as a prisoner.

Likewise the Dutch Admiral and Vice Admiral, also may have had plans to further fortify the island as their ships was jammed full of cargo, but was also captured by Captain Richard Munden's fleet and taken as prisoners, as three other ships escape the fight.

Captain Richard Munden on his departure made Captain Keigwin Governor. Black Oliver was accorded the status of a white settler and rewarded for his services by a grant of land. Captain Richard Munden's ship, HMS Assistance, with the East Indiamen returned to London with his three captured Dutch prizes - the Frans Europa , Wapen Van de Veer, and the Alfen with their crews, prisoners and a large quantity of silver, being Knighted by King Charles II and rewarded with a cash sum of £2,500.00.

Ongoing efforts to erect a Dedicated Monument

Presently, the St Helena Museum and the Island's Heritage Society Director, Adam Sizeland, upon convening a recent committee meeting is undertaking research into a design and built for the memorial and the funding for the project. The location for this monument is proposed within the Jamestown Public Gardens.

NOTICE OF ANNUAL GENERAL MEETING

St Helena Heritage Society Ltd
Friday26th September
Museum of Saint Helena @ 4.30pm

Agenda:

1. Welcome
2. Chairperson report
3. Financial report
4. Museum report
5. Elections
6. Any other business
7. Presentation by Matthew Woodthorpe (MWAI) on the St Helena Culture Centre

St Helena Heritage Society

MUSEUM of St. Helena

NOTICE BOARD



NOTIFICATION

MEETING OF THE LAND DEVELOPMENT CONTROL AUTHORITY

"The Land Development Control Authority will hold its monthly meeting on **Thursday, 02nd October 2025, at 10 am in the St Helena Community College Main Hall, Jamestown**.

Meetings of the Authority are open to members of the public, applicants and objectors.

The Agenda and redacted version of the Handling Reports will be available on the LDCA Web Page of the SHG Web Site. Should you require assistance, please contact the Secretary of the Land Development Control Authority on telephone number 24724.

Applicants and objectors may speak at the meeting providing that a summary of the points to be raised has been submitted to the Secretary at least 24 hours before the meeting".

NOTICE BOARD

VACANCY

TRAINEE LINESWORKER

Connect Saint Helena Ltd has a vacancy within the Electrical Distribution Team for a Trainee Linesworker to assist in works on the 11kV High Voltage and 400V Low Voltage Electricity Distribution Network.

This role involves on-the-job training and will be performed under the supervision of qualified personnel. Duties include assisting with: Installation and servicing of transformers and HV switchgear, Specialist cable jointing operations, Low Voltage component installations, Data acquisition, logging and recording, and Liaising with consumers for domestic and commercial access. All activities will be carried out in accordance with strict health and safety protocols, and full PPE and safety training will be provided. This is an excellent opportunity to develop a career in electrical distribution, with future progression to a qualified Linesworker role.

EXPERIENCE & QUALITIES

- Have a mature attitude to work within a safety critical environment
- Able to Communicate well within a team
- Physically fit
- Have good team working skills
- Driving Licence A or C
- GCSE's in English & Maths or equivalent

BENEFITS

- A competitive salary commensurate with qualifications and experience.
- 15% pension contributions of the base salary and 25 days annual leave.

For further information or a copy of the job description, please contact Mangala Wijesuriya on +290 22255 or email Jayamangala.Wijesuriya@connect.co.sh. Completed application forms can be handed to Connect Saint Helena Ltd main office at Seales Corner, Jamestown or via email: Annalisa.Young@connect.co.sh by **9:00am on Friday, 3 October 2025.** To be considered for this role please complete our application form. CV's will not be accepted.

www.connect.co.sh/vacancies.html | connectsainthelenaltd | https://www.linkedin.com/company/connect-saint-helena-ltd/

VACANCY

ELECTRICAL LINESWORKER

Connect Saint Helena Ltd has a vacancy within the Electrical Distribution Team for an Electrical Linesworker. This is a hands-on role working across both 11kV High Voltage and 400 Volt Low Voltage Electricity Distribution Networks,

The duties of the position include: Carry out refurbishment and maintenance of electrical infrastructure, including transformers, overhead power lines, pole-mounted equipment, and switchgear. Support data acquisition, logging, and record-keeping tasks to ensure accurate system monitoring. Liaise with residential and commercial customers to coordinate property access for installations and maintenance. Contribute to the safe and effective delivery of electrical services across the island. On-the-job training will be provided to help you build the skills and confidence needed for this role.

EXPERIENCE & QUALITIES

- Physically fit, reliable and with the ability to climb poles to work at heights.
- Experience with hydraulic lifting platform operations
- Driving Licence A or C
- Ideally possess 2 years' experience working on 11,000-volt networks.

QUALIFICATIONS

- Ideally possess certification relevant to the Electricity Distribution sector Individuals that do not possess the relevant certificate are still encouraged to apply. Please contact us to find out more about training opportunities.

BENEFITS

- A competitive salary commensurate with qualifications and experience.
- 15% pension contributions of the base salary and 25 days annual leave.

For further information or a copy of the job description, please contact Mangala Wijesuriya on +290 22255 or email Jayamangala.Wijesuriya@connect.co.sh. Completed application forms can be handed to Connect Saint Helena Ltd main office at Seales Corner, Jamestown or via email: Annalisa.Young@connect.co.sh by **9:00am on Friday, 3 October 2025.** To be considered for this role please complete our application form. CV's will not be accepted.

www.connect.co.sh/vacancies.html | connectsainthelenaltd | https://www.linkedin.com/company/connect-saint-helena-ltd/

NOTICE BOARD

SHAPE
St Helena's Active Participation in Enterprise

Has an exciting opportunity for a Fixed Term
Assistant Gardener

Purpose of Role:

The Assistant Gardener will support the establishment and maintenance of an organic garden as part of SHAPE's Darwin Plus Local Project. The role involves hands-on horticultural work, assisting in developing sustainable food production systems, and contributing to SHAPE's mission of promoting inclusion, skills development, and environmental sustainability on St Helena.

We are looking for someone with:
•Practical experience or strong interest in gardening, farming, or horticulture.
•Willingness to learn about and apply organic growing principles.
•Ability to carry out physical outdoor work in varying weather conditions.

Responsible to Project Lead (Work Tasks set by SHAPE Technical Trainer Gardening)
5 Days per week – 8:30am – 4:00pm
Period: October 2025 – September 2026

For a full job description and requirements of the role please contact
Mrs Gonny Hubbard (Project Lead) on **24690** or email gonny.hubbard@shapecharity.com

Application forms can be requested from SHAPE Sandy Bay Main Office by phone **24690** or email gonny.hubbard@shapecharity.com

Please submit your application form
no later than 4pm on Monday 29th September 2025

We look forward to hearing from you!



SHAPE
St Helena's Active Participation in Enterprise

Has an exciting opportunity for a Full Time
Technical Trainer Assistant - Recycling/Craft

Purpose of Role:

•To assist the Co-ordinator in the planning and preparations of work tasks to inspire, enthuse, and train disabled and vulnerable adults in the field of recycling processes of paper and card, and providing them with knowledge, skills and experience in the world of work, with a view to some eventually obtaining full time employment.
•Assist with the making of products from recycled paper and card as well as undertake upcycling projects for sale to the public as directed by the Co-ordinator in an effort to increase revenue to assist in covering operating costs of the Recycling Centre.
•To maintain all machinery and tools used within the Recycling Centre for sustainability.

Responsible to SHAPE Manager (Work tasks set by Recycling Co-ordinator)

Permanent – Full Time

For a full job description and requirements of the role please contact
Mrs Marianne Young-Crowie (Manager) on **24690** or email shape@helanta.co.sh

Application forms can be requested from SHAPE Sandy Bay Main Office by phone **24690** or email shape@helanta.co.sh

Please submit your application form
no later than 4pm on Friday 3rd October 2025

We look forward to hearing from you!







NOTICE BOARD

World Tourism Day
Saturday 27th September

St Helena Island
A breath of fresh air



Celebrate *World Tourism Day* with St Helena's Accommodation Open House

To mark World Tourism Day on Saturday, 27 September, we are delighted to announce the launch of St Helena Accommodation Open House.

From 10:00 – 14:00, a number of local accommodation providers will be opening their doors to the public. This is a unique opportunity to step inside and explore some of the island's fantastic accommodation options, while celebrating the accommodation heroes who proudly fly the flag for St Helena's tourism.

A full list of participating properties will be shared soon — so watch this space!

If you would like your property to be included, please contact the St Helena Tourism Office on 22158, or email katie-raye.williams@sainthelena.gov.sh

sthelenatourism.com

Vacancy

General Assistant (Bread Production)

Since 1790

Salary for the post will be £11,940 per annum (£995 per month)

Solomon & Company (St Helena) Plc has a vacancy for a General Assistant within the Bakery.

The General Assistant will become a vital part of the day-to-day bread production and help to ensure quality standards are achieved.

Interested Persons Should:

- Have basic numeracy and literacy ability
- Ideally possess knowledge and experience in this field, including Food & Hygiene and Health & Safety Awareness with the ability to carry out manual handling duties
- Have the ability to take on physically demanding duties and stand for extended periods
- Have the ability to multitask in a fast paced environment and follow instructions
- Be able to manage time effectively to ensure production deadlines are met
- Be available to work unsocial hours

Basic Applicable Skills include:

- Ability to carry out and understand basic measurements and follow written recipes
- Operating production equipment as required
- Packaging and delivering products
- General cleaning

Further details contained in job description

For further information, including the Company's attractive benefits package contact:

Daryl Legg, General Manager (Production) via 22380 gm-productions@solomons.co.sh

Application forms may be collected from Solomons Main Office Reception, Jamestown or alternatively an electronic copy can be requested via hradmin@solomons.co.sh and completed forms should be returned to Anya Thomas, Human Resources Organisation & Development Officer, Solomons Main Office, Jamestown by **25 September 2025.**

Solomon & Company (St Helena) Plc offers an attractive benefits package to Employees which includes but are not limited to:

- Pension Contributions
- Staff Discounts

NOTICE BOARD

DIOCESE OF SAINT HELENA

The Parish of St Paul's		
Sunday 21st September 2025– 24th Sunday of the Year		
8.00 a.m.	Eucharist	Cathedral
9.30 a.m.	Family Eucharist/ Church Parade	Cathedral
3.30 p.m.	Eucharist	St Peter
The Parish of St James		
Sunday 21st September 2025 – 24th Sunday of the Year		
9.30 a.m.	Eucharist	St James
	Thursday 25th September	
7.00 p.m.	Eucharist with Healing	St John
The Parish of St Matthew		
Sunday 21st September 2025 – 24th Sunday of the Year		
6.30 p.m.	**Patronal Festival**	**St Matthew**
	Tuesday 23rd September	
7.00 p.m.	**Praise and Worship**	**St Mark**



BAPTIST CHURCH

Gospel Outreach Service
Sunday 21st September
Kingshurst Community Centre 3.00 pm

No services will be held in the Sandy Bay, Head O'Wain and Jamestown Chapels.

Bible Studies
Tuesday 23rd September
Baptist School Hall 7.00 pm
Thursday 25th September
Sandy Bay Chapel 5.30 pm

ALL ARE WELCOME!

For further information contact:
Tel No 24644

St Helena Government

SAFETY, SECURITY & HOME AFFAIRS

PUBLIC ANNOUNCEMENT

Expressions of Interest

The Maritime Authority is looking for Expressions of Interest from individuals who would like to work on a part-time basis in any of the following areas:

- Administration and Office Support
- Policy and Procedure Development
- Vessel Maintenance and Repair
- Other Vessel Related Works
- Training Delivery – Theory and Practical (using local knowledge and skills)
- Professional Expertise

If this sounds like you, get in touch with the Maritime Authority today.

Mia Henry – Head of Maritime
Terri Clingham – Deputy Head of Maritime

Email: mia.henry@sainthelena.gov.sh
terri.clingham@sainthelena.gov.sh
Call: +290 25970

NOTICE BOARD



Church Notices

We warmly invite you to join us for:

Prayer Meeting

Saturday 20th September 2025 at 8:30am

@ The Rock Christian Fellowship Centre, Longwood Avenue.

Ladies Fellowship

Saturday 20th September 2025 at 3.00pm

@ The Rock Christian Fellowship Centre, Longwood Avenue

~

Praise and Worship Service

Sunday 21st September 2025 at 11am

@ The Rock Christian Fellowship Centre, Longwood Avenue.

Cell Meetings

Tuesday 23rd September 2025

Jamestown at 7:00 pm, (Contact: Anthony on 51672 for details)

Cape Villa at 5.00pm, (Contact: Priscilla 51919 for details)

Wednesday 24th September 2025

The Rock Christian Fellowship, Longwood Avenue at 7.00pm

(Contact: Priscilla 51919 for details)

Half Tree Hollow at 7.00pm, (Contact Mercy 61707)

Christian Gift/bookshop & DVD rental

The Christian gift/bookshop & DVD rental (as well as second-hand goods shop) is available. For further information contact Priscilla: 51919.

MOONSHINES

This coming Saturday 20th September is our annual event to Support the Cancer Awareness Charity.

Moonshines will be open to the public from 9pm with dancing tunes by DJ Charlie.

No fee will be charged for admission but any donations towards the charity would be most welcomed.

Ronald and Di hopes to see you there

Expressions of interest

St Helena Island

St Helena Tourism are inviting expressions of interest for the following works:

1. Attachment of low level solar lighting in The Castle Gardens.
2. Installation of slate plaques for the artistic instillation of 'A Walk Through History'.
3. Repainting of Text on the historic Dolphin Stone.
4. Various additional 'small jobs' pertaining to tourism development projects.

Works to be carried out in accordance to Building Control and Land Planning and Development Control approval guidelines.

For further information and scope of work please contact Sophia Joshua at the St Helena Tourist office on email Sophia.Joshua@sainthelena.gov.sh or telephone 22158.

sthelenatourism.com

St James Parish Tea Dance

The St James Parochial Church Council will be having a tea dance.

Where:

Jamestown Community Centre

When:

Saturday, 20 September 2025

Time:

3pm to 6pm

Cost:

£3 per person or £5 per couple

For more information contact 22814

NOTICE BOARD

St Helena Government

Celebrating Maritime

Join us in valuing our maritime connections

Sunday 21 September - Historic Walk and Talk – The Wharf

Join Adam Sizeland at the Customs Building on the sea front to learn about the history of the wharf.
Time: 10:00 – 11:00

Thursday 25 September – World Maritime Day

Mufti Day - Show your support for maritime by wearing something blue.

Primary schools host a Maritime Theme Day including a maritime fancy dress.

Go back in time and enjoy an RMS styled menu on The Deck hosted by our very own Chef Roy!

NB: Prior Booking is required. Contact The Coffee Shop.

Friday 26 September - Take a trip down memory lane

Reminisce on the life of the RMS St Helena by joining Sharon Wade in The Market where you can have a browse through the RMS Journals. NB: For more information see article titled 'The RMS Journals'.
Time: 16:15 – 18:30

Join Shelley and Sheena on Saint FM as they deliver a programme with a maritime flavour!
Time: 14:00 – 16:00

Be entertained throughout the week

Tune in to SAMS where you can hear interviews from past seafarers and learn more about maritime.

Monday 22nd – 11:00 Roy Richards (Chef Roy)
Tuesday 23rd - 14:00 Mia Henry
Wednesday 24th - 15:30 Anya Richards
Thursday 25th – 11:00 Malcolm Bowers
Friday 26th – 10:30 Wendy Benjamin

Have a look when passing the tourist office window at our maritime display, showcasing some of our current seafarers and memories of the RMS St Helena!

Visit the Museum of St Helena and learn more about our maritime history and connections.

Monday, Wednesday, Thursday and Friday from 10:00 – 14:00; Saturday 10:00 – 12:00

For more information on any of these events contact Wendy C Benjamin on 63351 or on email: wendy.benjamin@sainthelena.gov.sh.

St Helena Government

Celebrating Maritime

Join us in valuing our maritime connections

The RMS Journals

Talks about the end of the RMS St Helena's connection to the island had been going on long before it actually happened. Over 15 years ago, 2010 was pegged as the last full year that the ship would operate...no-one knew then that it would still be another eight years before her last farewell.

One of the captains at the time - the late Capt. Rodney I J Young - had a refreshing idea where life onboard could be remembered for every single day of 2010 and then made into a Journal of Reflection for many to read and enjoy in years to come. The journal quickly became the 'baby' or 'bane' in the lives of many officers onboard who all took turns to help prepare a page per day, capturing thoughts, dreams, events and descriptions of life at that time from passengers, visitors and ship's company.

With the Pursers Office as its base, the journal turned into two A4 scrapbooks come workbooks, which were then taken ashore in Cape Town and professionally copied, printed and bound into two beautiful manuals. They were available for viewing onboard up until the ship went off-line and for the first time since then, they will soon be on display for local residents to read.

To celebrate Maritime Week, the journals will be placed for viewing in the Jamestown Market with ex-Purser Sharon Wade from 16:15 on Friday, 26 September. Whether you remember writing a page or had loved ones working onboard or you are just generally interested, then it is recommended that you take a trip back in time, steeped in nostalgia via the pages of the two journals, reflecting back on some good 'ole' days in the life of the island's dear friend - the RMS St Helena.

Thanks to those (some who are sadly no longer with us) who willingly took a little snippet from their life back in 2010 to forever leave their indelible mark in the history books.

Since there are two journals, two people can be accommodated at the table at a time and it is suggested that 15 minutes be allotted to each book per person so that we can fit in as many as we can. Enjoy your trip!

Calling all persons holding shares in Solomons!

Solomon's shareholders are called to attend a meeting on Monday 22nd September 2025 at 4pm at Wellington House, Jamestown.

A Tribute to Andrew Bell

It was with great sadness that we heard of the passing of Andrew Bell; former Managing Director of Curnow Shipping.

A True Gentleman.

Andrew was the pioneer and driving force behind the early years of the RMS service to the South Atlantic Islands. He was a good friend of RJI and was a good friend to St Helena. Andrew had a wealth of knowledge and was always the first person to speak to on any matters relating to shipping.

His passing will leave much sadness to all that knew him, especially, I am sure, amongst former crew members of both the RMS St Helena's.

A true friend, Andrew will be sadly missed by all at RJI.

Richard James
Richard James International Ltd

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

JOIN US! WE ARE RECRUITING...

BENEFITS

- → **Leave** – 30 days leave per annum, plus public holidays
- → **Pension** – 15% pension contribution by SHG into approved defined contribution pension scheme
- → **Training and Development**
- → **Paid sickness absence**

HOW TO APPLY

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Transport Service Manager
(£13,569 per annum)

As the Transport Service Manager, you will be responsible for supporting the Transport Trading Account operations that underpin the delivery of an effective and efficient transport service including plant/equipment for the Public Service. Work closely with the sections budget, stores including procurement processes.

Contact us for more information and a discussion.

Enquiries: Theodore Fowler on Tel No.23643 or garage.manager@helanta.co.sh
Closing date: 02 October 2025
Shortlisting date: 08 October 2025
Interview date: 23 October 2025

Trainee Mechanic – 2 years fixed term
(£10,088 per annum)

The Transport Division is seeking to recruit a Trainee Mechanic to join their team. If you are a motivated individual who has the ability to work independently when required and have a sound knowledge of practical mechanics and diagnostics with good attention to detail this could be a good opportunity for you. The role requires you to be fully conversant in applying health and safety procedures to guarantee the safety of employees and products/services ensuring that the vehicles and heavy plant equipment are maintained in a safe operational condition.

Contact us for more information and a discussion

Enquiries: Theodore Fowler on Tel No. 23643 or garage.manager@helanta.co.sh
Closing date: 25 September 2025
Shortlisting date: 01 October 2025
Interview date: 14 October 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you.
SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

JOIN US! WE ARE RECRUITING…

BENEFITS

- → **Leave** – 30 days leave per annum, plus public holidays
- → **Pension** – 15% pension contribution by SHG into approved defined contribution pension scheme
- → **Training and Development**
- → **Paid sickness absence**

HOW TO APPLY

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Senior Staff Nurse
(£14,956 per annum)

Staff Nurse
(£14,031 per annum)

The Hospital Nursing team within the Health & Social Care Portfolio currently have opportunities for motivated individuals to join their team of nurses.

As a Senior Staff Nurse you will be required to deliver high quality evidence based nursing care within the hospital setting under the direction of the Hospital Sisters/Charge Nurses and the Senior Nursing Officer. The Senior Staff Nurse will support the Sister in the delivery of an efficient/effective nursing service and will be responsibility for assessment, planning, delivery and evaluation of care.

As a Staff Nurse you will be responsible for delivering high quality evidence based nursing care within the hospital setting under the direction of the Hospital Sisters/Charge Nurses and the Nursing Sister. The role requires you to provide an efficient and effective nursing service, through assessments, planning, implementation and evaluation of care.

If you have good interpersonal skills with the ability to communicate effectively then we would like to hear from you. Contact us for more information and a discussion.

Enquiries: Erika Bowers on Tel No. 22500 or erika.bowers@sainthelena.gov.sh
Closing date: 25 September 2025
Shortlisting date: 01 October 2025
Interview date: 16 October 2025

Pensions & Payroll Manager
(£16,248 per annum)
plus Market Enhancement of £2,000 per annum (pro-rata)

Do you possess strong interpersonal skills and have experience in working in an accounting or finance related role? If so, the Treasury has an opportunity to join their Central Finance team as the Pensions & Payroll Manager. Duties include responsibility for administering all pensions-related work and overseeing the efficient day to day operations of the Payroll section. Contact us for more information and a discussion.

Enquiries: Nicholas Yon on Tel No. 22470 or Email nicholas.yon@sainthelena.gov.sh
Closing date: 03 October 2025
Shortlisting date: 08 October 2025
Interview date: 16 October 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you.
SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

JOIN US! WE ARE RECRUITING…

BENEFITS

- → **Leave** – 30 days leave per annum, plus public holidays
- → **Pension** – 15% pension contribution by SHG into approved defined contribution pension scheme
- → **Training and Development**
- → **Paid sickness absence**

HOW TO APPLY

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Care Assistants (Ebony View)
(£10,213 per annum)

Are you interested in the well-being of clients within the Learning Disabilities units, encouraging independence and providing high quality, holistic care? If so, Ebony View has an opportunity for you to join their team as a Care Assistant.

Contact us for more information and a discussion

Enquiries: Kelly Hopkins on Tel No. 23343 or Email kelly.hopkins@sainthelena.gov.sh
Closing date: 03 October 2025
Shortlisting date: 08 October 2025
Interview date: Week commencing 13 October 2025

Support Worker (Sheltered Housing)
(£10,213)

Are you interested in the well-being of clients and providing high quality support for tenants at the sheltered accommodation sites? If so, Social Care has an opportunity for you to join their team as a Support Worker. You will be responsible for providing practical support to service users and their families, such as helping with household tasks and personal care as required, whilst promoting their independence, choice and social well-being.

Contact us for more information and a discussion.

Enquiries: Latoya Thomas on Tel No. 23151/23230 or latoya.thomas@sainthelena.gov.sh
Closing date: 03 October 2025
Shortlisting date: 08 October 2025
Interview date: 15 October 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you.
SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

VACANCY

Bank of St.Helena Ltd.

Money Laundering Reporting Officer

Commencing at £14,052 per annum

Bank of St Helena Limited is seeking to recruit a suitable person to fill the new and exciting position of a Money Laundering Reporting Officer (MLRO).

Reporting to the Treasury and Finance Manager, the MLRO will act as the Bank's designated officer for Anti-Money Laundering (AML) compliance. The role includes:

- Overseeing the Bank's compliance with AML Regulations.
- Assisting with the development and implementation of AML Policies and procedures.
- Monitoring daily transactions and reporting suspicious activities to authorities.
- Supporting the Treasury and Finance function with daily operations.

Working closely with the Bank's management team, the successful candidate will also:

- Conduct risk assessments to identify potential money laundering vulnerabilities.
- Develop and implement mitigation strategies to address identified risks.
- Manage regulatory relationships.
- Foster a strong AML culture across the Bank.

About You

The ideal candidate will be:

- Highly motivated, self-reliant, and able to work to their own initiative.
- Flexible and adaptable to meet work demands.
- Accurate and detail-orientated, with both a practical and strategic approach to tasks.
- A strong communicator with excellent interpersonal and influencing skills.

Essential Requirements

- A background in financial and/or business management.
- Proven organisational skills with the ability to build effective working relationships at all levels.
- Evidence of high professional standards in relation to compliance with legislation, regulation, policy, and standards.

Training and Development

- Training for the position will be provided, which will include international training sources.
- Candidates will be expected to study towards a relevant professional qualification if one is not already held.

How to Apply

For more information, please contact the Deputy Managing Director on + 290 22390 ext 222 or email deputy.managingdirector@sainthelenabank.com for more information.

An Application form and a job profile is available upon request from the Bank.

Completed application forms should be addressed to the Human Resources Manager, Market Street, Jamestown or emailed to hrmanager@sainthelenabank.com.

Closing date for applications is Friday, 26 September 2025.

Bank of St.Helena Ltd.

Established and regulated in St Helena under the Financial Services Ordinance, 2008 and 2017, the Financial Services Regulations, 2017, the Company Ordinance, 2004 and the Company Regulations, 2004

info@sainthelenabank.com

www.sainthelenabank.com

@sainthelenabank

+290 22390

Market Street, Jamestown

Bank of St Helena Ltd

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

SAFETY, SECURITY AND HOME AFFAIRS PORTFOLIO

PUBLIC ANNOUNCEMENT

Volunteers Needed for Major Incident Exercise at St Helena Airport

St Helena Airport and Emergency Planning are seeking enthusiastic volunteers to participate in a major incident exercise to simulate an aircraft emergency.

The outdoor exercise will take place on Wednesday, 12 November 2025, from 08:00 to 13:30 at the St Helena Airport.

Volunteers are needed for the following roles:

- Role playing of injured passengers
- Distraught family members and other bystanders

Please be aware that this event may be emotionally and psychologically demanding for volunteers.

Lunch will be provided and transport on request.

Volunteers interested in this unique opportunity can contact Marc Fowler by telephone on 25180, or by email at marc.fowler@sthelenaairport.aero. Alternatively, contact Anel O'Bey on 25052 or email anel.obey@helanta.co.sh

Advice relating to entry of the St Helena Airport and clothing requirements will be discussed when volunteers make contact.

SHG
15 September

www.sainthelena.gov.sh

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

SAFETY, SECURITY & HOME AFFAIRS

EXPRESSION OF INTEREST

PRIMARY SCHOOL REORGANISATION PROJECT

St Helena Government's (SHG), Programme Management Office (PMO) would like to invite suitable local contractors to submit their interest in undertaking the following scope of works for the Primary School Reorganisation Project. This EOI is not a commitment to contract and is intended to gauge interest and capacity of potential local contractors.

Works will be undertaken at Harford Primary School (HPS) and St Paul's Primary School (SPPS) sites and will be prioritised to be undertaken during school holidays. In addition, contractors will be expected to work outside of regular business or work hours where possible, and might be required to participate in site-sharing with other contractors depending on capacity. Works at HPS will likely be required to be undertaken by a single contractor and SPPS will require site-sharing.

Contractors involved with asbestos removal and disposal will need to be suitably **certified** and all contractors will need to be **vetted** prior to any works on site.

Scope of Works (non-exhaustive)
Deconstruction
Excavation and groundworks;
Concrete foundations
Concrete pavements, ramps and steps
Partition walls
Blockwork walls;
Rendering/plastering
Asbestos floor covering removal
Windows & doors installation
Asbestos roof covering and timber frame removal;
Timber/metal roof frame construction and roof sheeting installation
Plumbing
Electrical
Sewerage
Finishes
Fencing

Interested contractors are requested to submit a brief overview of their business, including relevant experience and capabilities, by 12:00 on Monday, 22 September 2025 and should be submitted to the Procurement Officer, Tiffany Lawrence, Top Floor of the Post Office Building or via email tiffany.lawrence@sainthelena.gov.sh .

A briefing session will be held in due course for those who submit an expression of interest.

We envisage that formal Invitations to Tenders (ITT) will be advertised from October 2025.

The project was approved for funding under the UK funded Economic Development Investment Programme (EDIP), in partnership with the FCDO.

SHG
09 September 2025

NOTICE BOARD

St Helena Government

CONSIDERING RENTING OUT YOUR PROPERTY ?

Do you have an empty house, flat or apartment that could generate income?



St Helena Government (SHG) is seeking Expressions of Interest for suitable private accommodation to meet anticipated housing needs on the island. If you have a property that is not being used, and would like to make some extra income, get in touch.

Various terms available -
Enquire to find out more today!

Contact Head of Property Nikita Crowie on 22270 or email her at **Nikita.Crowie@sainthelena.gov.sh** or Paul Scipio at **paul.proarc@helanta.co.sh**.

VACANCY FOR MARINE PROJECT MANAGER (COASTAL)

ST HELENA NATIONAL TRUST

An exciting opportunity has arisen for a conservationist to join the St Helena National Trust's team in a leadership role. We are looking for a Project Manager to lead the delivery of the newly awarded Darwin Plus project, "*Integrated Coastal Monitoring Project and Habitat Management Program*". This project aims to establish long-term coastal monitoring, strengthen coastal habitat management on St Helena.

The successful candidate will be required to work in partnership with the *Royal Society for the Protection of Birds, St Helena Government*, and other key stakeholders to achieve the project by 2028. Applicants must be well organised, highly motivated, and have experience in project delivery, preferably in a management role. They must also be able to build strong relationships with the St Helena Island community, explore innovative solutions to coastal and marine challenges, and co-create project outputs and reports.

The Trust is an independent non-governmental organisation driven by a passion for St Helena and its built, cultural, and natural heritage. We have a strong emphasis on teamwork and collaboration, and our staff are our greatest asset.

If you feel you could contribute to the Trust's mission, then we want to hear from you. The salary for the post is dependent on experience. The salary for the post is dependent on experience. A full job description and application forms can be obtained from Amanda Constantine at the St Helena National Trust office at Broadway House, Jamestown. Alternatively, email amanda.constantine@trust.org.sh or call 22190. For further information, please get in touch with Neil Thorp on 22307 or email neil.thorp@trust.org.sh

CLOSING DATE FOR APPLICATIONS: 9 OCTOBER 2025

SPORTS ARENA

St Helena Golf Club Report

Par 3 Challenge Surprises Players



SHGC, Contributed

Date: Sunday, 14th September 2025
Format: Par 3 Strokeplay
Participants: 24
Weather: Cool temperatures, no showers

St Helena Golf Club hosted a Par 3 strokeplay competition on Sunday, an event that many would expect to be relatively easy. However, judging by the scores returned, the course proved to be more challenging than anticipated.

Norman Thomas rose to the occasion, finishing top of the leaderboard to claim first prize. Paddo Johnson followed closely to secure second place.

In addition to the overall prizes, Best Gross awards were presented to Helena Stevens (Ladies Best Gross) and Norman Thomas (Gents Best Gross). The Two Ball Pool was shared among four players who each scored a "two"; Neil Joshua, Norman Thomas, Gerald George and Hensil Beard.

Prizes were presented by Club President, Christine Scipio, who congratulated all the winners and participants for their efforts.

Looking ahead, the club will host a 4 Ball Better Ball competition on Sunday, 21 September, proudly sponsored by Christine Scipio. Players interested in participating are encouraged to register their interest, and a partner will be selected for them.

For more information and access to past golf reports, visit: www.sthelenagolf.com.



Greetings from the Jamestown Rifle Club



Pat Henry, Contributed

Hello everyone, after some disruptions last week we were safely back on track this week with good numbers as we made a start from 4pm. Although only four youth and one adult put in their attendance for shooting, the performances displayed from this group seems competitive as if they were heading for the elections for St Helena. Result's as follows; Josie D 84.1 & 85.2, Zarah Spence 87.1 & 95.4, Daniel D shoot amazingly well again this week with 99.5 & 99.3, young disciplined David Clingham shows good respect for the sport, he shot 71 & 87.1; good shooting from this young lad. A new adult member, Jeff Spence, has a keen eye for the target; he shot 95.4 & 93.3. Good shooting guys and thanks to those who came to support you. We also hosted seven Scouts who all gave a good performance during their session. Another good turnout for the late evening event as eleven adults sparkled with amazing effort and control, aiming to shoot the best scores of the night. Elizabeth Clingham was a new entry, her scorecards returned with 88 & 88.1, Rachael showed us her keenness with 96.5 & 95.1, Elli W was not as keen to get right on target this week, respecting others, though she did shoot a 98.3, Daniel found his comfort rifle this week and shot 98.5. As always, Cherilee enjoyed herself with 93.3 & 91.2. Tinika looked much more comfortable this week and shot 95.4 & 90.1. Jude Corker was back this week ready for action he shot 88 & 99; as usual enjoying it. Bobbi Clingham is another young keen-eyed lady, settling in with comfort and good control, she shot 94.3, 93.2, 94.2, 89.2 & 86.1. Up against her was Dad Jeremy who gave it a go using a shooting jacket for the first time, good shooting for him with 85.1, & 93.3, good for the first time, and then off the rifle support he shot 96.2 & 95.5. Well done guys; another Tuesday event of good shooting, amazing performances, discipline and control from everyone, making another enjoyable night. Plans are in hand to have a Singles, Ladies and Gents Medal competition on 30 September, so why not prepare yourselves for another good shooting event; don't miss out, you could be a winner. Until then, stay safe, stay well and watch out for each other. Have a pleasant weekend.



necessary off-field drama, with the SHFA set to discuss the incident and the potential repercussions for those involved.

Onto Sunday, when Fugees enjoyed a high-scoring affair against Inter Galactic, dominating the match and finishing as 13-0 victors. Man of the Match, Dodi Williams-Peters, bagged four goals with Fugees' top scorer Lars Williams notching five, making it an impressive nine-goal return from the attacking duo. Two own goals from Inter Galactic along with strikes from Lukas Robbertse and James Andrews, their first goals of the season, rounded off the scoring for Fugees.

Finally, in the last match of the weekend, league leaders Bellboys dominated again, finishing as 8-1 victors over La Verde. Star player and Man of the Match, Joey Thomas, was on form again, bagging himself a brace. Joey, who was last year's Top Goal Scorer and Player of the Season, looks set to repeat this feat as he leads the way in 2025 for goals and man of the match awards. Alongside Joey, Weston Clingham also bagged a brace, with Bellboys' other goals coming from Tyler Brady, Ryan Benjamin, Taylan Phillips and Dane Wade. Despite the loss, La Verde had a reason to celebrate as young sensation Tyler Anthony continued his hot run of form, once again getting on the score sheet; bagging his sides only goal of the match.

This weekend will see the final set of fixtures for the second round of this year's league with just the final round to go as well as two postponed matches from round one. Bellboys are clear favourites to lift the league this year unless they experience what would be an incredibly unexpected downfall from this point onwards.



FOOTBALL RESULTS

Saturday 13 September 2025

Wirebirds 3	**Rovers 4**
K Minto, T Thomas (pen) S Stroud	R Legg (2), B Baldwin L Barnikel
MoM: Ethan Harris	

Sunday 14 September 2025

Fugees 13	**Inter Galactic 0**
L Williams (5), OG (2) D Williams-Peters (4) L Robbertse, J Andrews	
MoM: Dodi Williams-Peters	

Bellboys 8	**La Verde 1**
J Thomas (2), W Clingham (2) T Brady, D Wade, T Phillips R Benjamin,	T Anthony
MoM: Joey Thomas	

FOOTBALL FIXTURES

Saturday 20 September 2025

2pm	**Fugees**	**vs**	**Bellboys**

Sunday 21 September 2025

1.30pm	**Rovers**	**vs**	**Inter Galactic**
3.30pm	**Wirebirds**	**vs**	**La Verde**





SPORTS ARENA



SEVEN GOAL THRILLER

Rovers beat ten man Wirebirds in chaotic game during SHFA League Matchweek 9



Liam Yon, SAMS

The SHFA League continued at Francis Plain over the weekend with wins for Rovers, Fugees and Bellboys – though the on-field action was overshadowed by an off-field incident currently being investigated by the SHFA committee.

In Saturday's only fixture, Rovers came back multiple times to narrowly win against a ten-man Wirebirds side by four goals to three.

Wirebirds went ahead early through a Korben Minto strike before a Trystan Thomas penalty - after an unfortunate Jake Letori handball – was converted to double the 'Birds lead in the first half. Ronan Legg then drew a goal back before the half after a swift move forward linking with Captain, Rico Benjamin.

In the second forty-five, Blaise Baldwin struck from close range after a parry from new Wirebirds keeper, Clayton Leo, to draw the game level. Soon after however, Shane Stroud put the 'Birds back in front, latching onto a long ball forward from the keeper and bullying the Rover's centre-back pairing before slotting home. Rover's were down, but not out however, and were back on level terms when Louis Barnikel finished well to tie it up again at 3-3. In the end, it was a winning goal from the penalty spot by Ronan Legg, after a foul on Brett Isaac, which would bag all three points for Rovers in a thrilling Saturday afternoon matchup. Ethan Harris, who put in a solid defensive performance for Wirebirds, was named as the Man of the Match.

Unfortunately, this game was dampened by some un