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SENTINEL

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Pink Power for Pink Walk 2025





More charges you say?

New Rupert's Cargo Handling Facility brings additional charges, likely to cause higher prices in shops and increased fees for ordering goods from abroad

The Forgotten Clause?

No progress made on commitment by UKG to unfreeze UK State Pensions for eligible persons on St Helena



OPINION

SENTINEL COMMENT

Anita Robbertse, SAMS

This past couple of weeks, the various comments in The Sentinel has very much centred on cancer awareness and mental health, all very relevant topics on St Helena.

When walking into work today, I was again reminded of how we sometimes forget about all the blessings in our lives and all we have to be grateful for. We are so quick to focus on the negative.

This made me think about how quick we as humans are to judge and criticise. We nonchalantly look at other people's lives and actions and proceed to voice inconsiderate opinions. We will often feel entitled to act superior and condescending... 'I would never do this or that.'

How arrogant! Is there any way to really know what is happening in another person's life or what is going through their thoughts and minds? Every person is a unique creation with their own set of experiences and personalities. We cannot know with what someone else is struggling with.

I dare say we do not even understand ourselves most of the time. How many times have I asked myself the question: "Why did I do or say that?" I am sure every person has been confronted with their own inconsiderate behaviour at some point in time.

Would the world not be a better and friendlier place if we could all take a moment to think before we act, speak or judge? In this, the last week of cancer awareness month and thinking about the recent losses experienced on St Helena, let us all make a concerted effort to realise that everyone has their own struggles that they have to face daily. Let's be more tolerant to each other and rather offer a word of kindness than criticism. Maybe we can all have a week where we experience the warmth and care of a community who support each other unconditionally.

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YOUR LETTERS

Dear Editor,

LIP SERVICE

A subheading in a recent Sentinel reads: - "SHG to publish Agenda and Top Lines for Executive Council meetings to improve Openness and Transparency".
It is my hope that it will be more than lip service which is to say that you agree with something but do nothing to support it.
Since 2014 there has been a Public Access Code of Practice intended to provide an interim step towards freedom of information and transparency but having numerous exemptions.
In the past there were senior officers who were not aware or did not understand the code. There are members of the present government who were aware of the policy many years ago but there is no evidence that they have been active in implementing the policy which is why I hope the present interest will not revert and only become lip service without real progress.
A senior person should be given authority and responsibility to ensure the policy is up to date and rigorously applied with regular balanced feedback to the electorate on its application, detailing success and failure.

Yours sincerely,

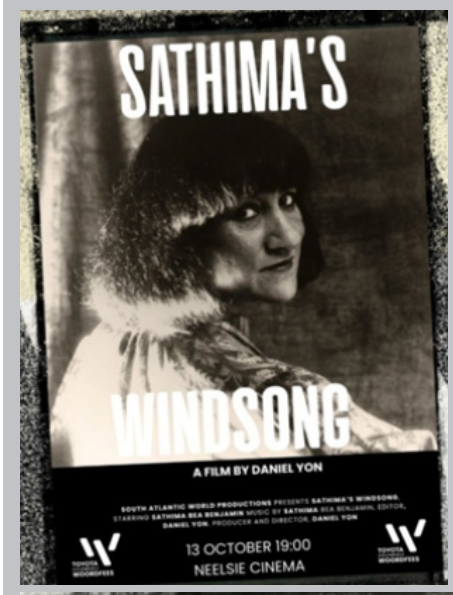
Richard Grainger

Dear Editor,

We are sure everyone on St Helena would like to know about Dan Yon's documentary about Sathima Bea Benjamin that was shown in South Africa on 13 October. Sathima is a descendant of one of the many St Helena families who emigrated to the Cape.
This is one of three documentaries Dan has made. The other two concern 100 men who were sent to work in Copper mines in South Africa in 1907 and another 100 men that were sent to work on farms in England in 1949. All three documentaries reflect St Helena's history and the movement of Island people having to deal with conditions on St Helena. The documentaries also show Dan's interest and commitment in presenting them in a way that reflects personal and Island experiences of life. He also draws on his professional experiences and expertise in education on St Helena, Zimbabwe and latterly at York University in Toronto, Canada, where he became a Professor of Social Anthropology.
Dan's career in education on St Helena included being Head of Secondary Selective School.
With his keen interest in history, he took a leading role in establishing the Heritage Society. This included the setting up of a Museum which at the time occupied two rooms on the ground floor and basement of Broadway House.
Professor Dan Yon should be congratulated in having his documentary recognised and promoted.

Best regards

Basil and Barbara George



Woordfees Film Festival is honoured that filmmaker and anthropologist Professor Daniel Yon will be attending the screening of his acclaimed documentary film "Sathima's Windsong" about the life of Sathima Bea Benjamin, iconic South African jazz singer, on **Monday 13 October at 19:00.** Professor Yon will be doing a Q&A with the audience directly after the screening.

FREE ENTRANCE

Dear Editor

Could you please share my debate below from the last LEGCO - it is my personal observation after 4 years of being in government, I do hope the community sees it as a genuine approach to try bringing us together and overcome some of our differences for our greater needs - we only can do this together.

Madam speaker, as we come to the close of this first full formal LEGCO, we all in this honourable House start the journey together of trying to carve out a future for our beautiful home. I would like to echo some of the sentiments that I finished with on my last journey, as I believe them to be key to our success.

We are all well aware that our island stands at a turning point and there is no hiding from an inevitable truth, if we don't set a recourse now. But in doing so, we have to face very uncomfortable truths about what we want versus what we might need to do. There are many opinions on how we should approach our future and there are many challenges with our extreme isolation, but for me in this moment, our greatest vulnerability is not our isolation - **it is the illusion that someone else will save us**.

It would be easy, comforting even, to blame those who came before, or those in positions of authority, myself included. But our destiny is bound together, as a people sharing this unique little rock regardless of position. No department, age group, or family, can stand apart, we all must have a stake in our survival. Every community that I have come across in literature that has endured the test of time and survived, understood - **true survival depends on shared responsibility.**

My previous term in this role has taught me that every Portfolio of government, every family, every person I know, sees the island through their own lens.

For example, members of our older generation often feel their dignity is at risk when asking for greater care, respect and stability that connects them to their time-honoured memories. Young parents I have spoken to see resources shifting toward others and ask, where are the opportunities for their children. The Health Service faces delays for specialist doctors, whilst HR has in-house vacancies impacting on timely recruitment and, at the same time, there is a budget freeze because of a potential overspend on an unexpected event because of our isolation. We all have something to say about the inefficiency of others—without always realising those same criticisms apply to us too. Listening to so many voices has changed my perspective and deepened my empathy but it has also exposed me to some uncomfortable truths we have to face.

Our real challenge is to stop spending our energy criticising from our own vantage point. Instead, as I have mentioned in the past, we must find the common bonds and shared goals that unite us across our divides—because only together can we thrive. We have an enduring history of resilience and kindness in our DNA, let's honour our ancestors by using it to shape our future.

Science and experience both show that we are wired, not for rivalry or blame, but for cooperation and trust, we are, at heart, a social species. When we choose decency, kindness and mutual support over division, as the core of what needs to be done, we will find a way.

I strongly belief our island does not lack potential; **we lack belief in our collective power.**

Time and global economic forces cannot be halted, so it is left to us to forge the future we want before others do it for us.

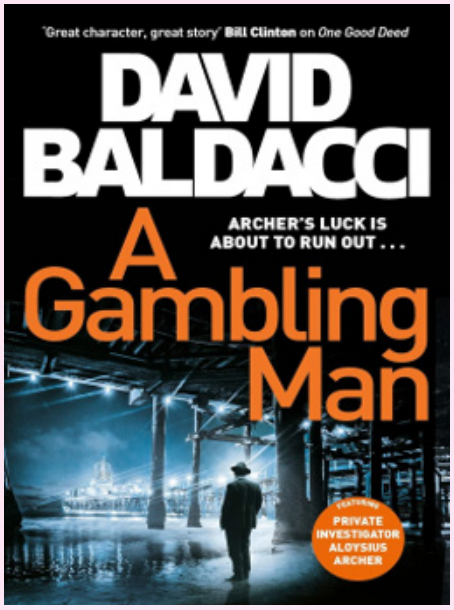
Thanks,

Minister Martin Henry



Book of the Week

Public Library Service



A Gambling Man by David Baldacci

Evoking the golden age of crime, and for fans of Raymond Chandler and Agatha Christie, comes the second book in the Private Investigator Archer series, A Gambling Man from one of the world's bestselling thriller writers, David Baldacci.

A lucky roll of the dice

California, 1949. Aloysius Archer is on his way to start a new job with a renowned Private Investigator in Bay Town. Feeling lucky, he stops off at a casino in Reno, where he meets an aspiring actress, Liberty Callahan. Together, they head west on a journey filled with danger and surprises – because Archer isn't the only one with a secretive past.

A risk worth taking

Arriving in a town rife with corruption, Archer is tasked with finding out who is doing everything they can to disrupt the appointment of a top official. Then two seemingly unconnected people are murdered at a burlesque club. In a tight-lipped community, Archer must dig deep to reveal the connection between the victims.

All bets are off

As the final perilous showdown unfurls, Archer will need all of his skills to decipher the truth from the lies and finally, to prove she's a star in the making, will Liberty have her moment in the spotlight?

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Email: publiclibrary@helanta.co.sh

The Forgotten Clause?

No progress made on commitment by UKG to unfreeze UK State Pensions for eligible persons on St Helena, despite it being included within the SHG-UK BIOT Memorandum of Understanding signed in October 2024



Liam Yon, SAMS

Recently, we recognised one-year since St Helena Government signed a Memorandum of Understanding (MOU) with the UK Government in relation to the British Indian Ocean Territory (BIOT) Migrant Agreement; with St Helena agreeing to accept the transfer and welfare responsibility of new migrants arriving to BIOT for 18 months or until such time that the sovereignty transfer of the Chagos Islands to Mauritius was finalised.

As part of this BIOT Agreement, there were many commitments made by the UKG, categorised into two areas; one being requirements 'Critical to Implementation' and the other being requests 'To Support St Helena's Long-Term Development' – with all of these clauses being included in a table annexed to the MOU.

One of the most publicised commitments to support St Helena's development was a one-off payment of £6.65m from the UKG, negotiated by the former Ministerial Team. This was broken down in the MOU annexed table of 'Requirements and Requests' as £1.65m to "clear overseas health referral waiting list which is impacting on SHG's ability to focus on preventative health strategy" and the other £5m as "Support for implementation of Strategic Priorities discussed during the 2023/24 Financial Aid Mission" – with £2m for Education, £1.5m for Health, and £1.5m for IT included as indicative amounts. This commitment was actioned, and is often seen as the biggest 'win' coming out of this agreement made and negotiated by the former Ministerial Team.

There was, however, another requirement/request listed in this table which related to the "Thawing of UK state pension freeze" for around 20 eligible individuals on St Helena.

The UK State Pension Freeze is a policy where UK state pensions are not uprated annually for retirees living in most countries abroad, including on St Helena; meaning their pension payment is fixed at the rate it was when they first became entitled, while pensioners in the UK and certain other countries receive annual increases.

As part of the BIOT Agreement, SHG requested that the UK Government thaw the UK State Pension Freeze for St Helena, allowing eligible persons on the island to have their pension uprated annually to maintain its value. This would be the same case for an eligible person if they, for example, returned to the UK, where their pension would then be restored to the full, current rate.

Despite this being one of the clear requests made by SHG, one year on since the signing of the MOU and zero progress has been made on this action, with those eligible for a UK State Pension on St Helena growing increasingly frustrated by the lack of movement and prioritisation of this request.

"This part of the agreement has never been actioned despite enquiries from

ANNEX A

REQUIREMENTS AND REQUESTS	
(I) CRITICAL TO IMPLEMENTATION	**(II) TO SUPPORT ST HELENA'S LONG TERM DEVELOPMENT**
In person UKG Home Office support and capacity development to process applications; including preparatory work (training package for SHG Border Control) once MOU signed, to ensure arrangement works once operational	Clear overseas health referral waiting list which is impacting on SHG's ability to focus on preventative health strategy (£1.65m)
Legal support	Support for implementation of Strategic Priorities discussed during 2023/24 Financial Aid Mission (indicative amounts) • Education (£2m) • Health (£1.5m) • IT (£1.5m))
Foreign language support	Thawing of UK state pension freeze (c. 20 individuals)
Support to bolster public service capacity and capability	
Subsistence for migrants	
Capital investment, logistical support and security if required, to ensure basic infrastructure is in place (remedial works to Bradleys Camp)	A mechanism for ensuring St Helena's social/economic sustainability should St Helena cease to be eligible for ODA.
Commitment to resolve satisfactorily any liability falling on SHG as a result of MOU	
Commitment to the signing of an MOU between UKG Home Office & SHG regarding the transmission and use of information concerning passenger data to support the administration and enforcement of SHG customs, immigration and policing of border-related procedures	

Annex A of the BIOT Memorandum of Understanding clearly shows a request for the UKG to thaw the UK State Pension Freeze on St Helena

Julie Thomas when she was Chief Minister," commented one eligible resident on St Helena, namely Fr Jack Horner, who indicated that his understanding was that the unfreezing of pensions, "was to become effective on 1 April 2025."

Continuing on, Fr Jack informed how the previous Chief Minister "handed the matter over to the Chief Secretary and Head of the Governor's Office to follow up following dissolution of Legislative Council" whereby "they gave assurances that the subject would be followed up and that they would inform eligible persons as and when there was any development."

Frustratingly, he then revealed that "nothing has been forthcoming from either office since," which then begs the question whether the UKG is now going back on this part of the agreement.

"It is very disappointing and unacceptable that HMG seem to be reneging on this part of their agreement with SHG," said Fr Jack speaking to The Sentinel. "It is also disappointing that no progress report has been notified from the Chief Secretary or the Head of the Governor's Office."

Fr Jack did note that those named officials "may well be continuing to request progress from behind the scenes," however said that none of those eligible on St Helena, including himself, is being made aware of this. "Communication is key in keeping people updated and this is not happening," he added.

The Sentinel, on the back of these comments, sought to follow-up on the thawing of UK state pensions on St Helena with SHG; having sent an enquiry through the Communications Hub and including the current Chief Minister, Acting Chief Secretary and Manager of the Governor's Office. While an acknowledgement of this enquiry was received from the comm's hub, no information or response has yet been provided, though it is hoped an update will be received soon in order to provide answers and a progress update, if there is any, to those on St Helena eagerly awaiting such.

"The whole episode is very unfair on those who have contributed to the UK State Pension scheme, including Saints, persons with St Helenian status and other residents who have worked in the UK, some of whom will have, like myself, contributed to the scheme for over 40 years," concluded Fr Jack Horner.

Fr Jack did however sought to mention that Councillor Robert Midwinter "has been a good support on this and continues to endeavour to press and keep the matter on SHG's agenda."



Through the Lens

15 Minutes a Day: How Microlearning Can Transform Your Future on St. Helena - Written By *Ed Oyewo*

We all know the feeling. You want to learn something new, maybe pick up digital marketing skills, improve your English, or understand bookkeeping for that small business idea you've been thinking about. But between work, family, and everything else happening in our busy lives here on the island, finding time for a full course feels impossible. Here's the good news: you don't need hours every day to build valuable skills. Welcome to the world of microlearning, where just 15 minutes a day can genuinely change your career prospects and open doors you thought were closed.

Think of microlearning as the difference between climbing Jacob's Ladder in one exhausting go versus taking it section by section with breaks in between. Instead of sitting through long lectures or thick textbooks, microlearning breaks knowledge into small, focused chunks that you can tackle in the time it takes to have a cup of tea. The beauty is in its flexibility. Let's be honest about our situation here. St. Helena is remote, beautiful, and full of potential, but we also face unique challenges. Job opportunities can be limited. Professional training courses aren't always available locally. And when they are, they often require commitments that clash with work schedules or family responsibilities. This is exactly where microlearning shines. You don't need to travel anywhere. You don't need to rearrange your entire life. You just need your phone, a bit of internet data, and a commitment to yourself for 15 minutes a day.



So what can you actually learn in these bite-sized sessions?

Tourism and Hospitality: With cruise ships coming to our shores and tourism growing, skills in customer service, tour guiding, and hospitality management are incredibly valuable. Apps like Coursera and FutureLearn offer short modules on these exact topics. Fifteen minutes today on "How to Handle Difficult Customers" could make you the standout candidate for that Saints Tours position tomorrow. **Digital Skills**: Whether you're interested in working for the local government, starting an online business, or even working remotely for overseas companies, digital literacy is non-negotiable. Microlearning platforms teach everything from basic Microsoft Office to social media marketing, graphic design, and even coding. Imagine being able to create professional flyers for local businesses or manage their Instagram accounts as a side income. **Conservation and Environment**: Our island's unique ecosystem is one of our greatest assets. Online microlearning courses on conservation, sustainable tourism, and environmental management could prepare you for roles with St. Helena National Trust, the Environmental Management Directorate, or eco-tourism ventures.

Ready to give this a try? **Choose One Skill**: Don't try to learn five things at once. Pick one skill that would genuinely improve your life or career. **Find Your Platform**: There are loads of free and affordable options. YouTube is completely free and has tutorials on virtually everything. Duolingo works well for languages even with patchy internet. LinkedIn Learning, Coursera, and Udemy offer courses you can often access affordably. **Set a Specific Time**: This is crucial. "I'll do it when I have time" never works. Instead, pick an actual time. Treat it like an appointment with yourself. **Start Ridiculously Small**: Don't aim for 30 minutes on day one. Start with just five minutes if that's all you can manage. The goal is to build a habit, not to burn yourself out in week one. **Track Your Progress**: Keep a simple note on your phone or a notebook by your bed.

The power is literally in your pocket, in your phone. The time is there, even in our busy lives. The only question is: will you take those 15 minutes for yourself? St. Helena's future is being built right now, not by politicians or big companies, but by individual Saints making small, consistent investments in themselves.

The ladder might be tall, but you only need to climb one step at a time.

Till Next Time, Keep Well!

More charges you say?

New Rupert's Cargo Handling Facility brings additional charges that will very likely result in higher prices in shops and increased fees for customers ordering goods from abroad



Donna Crowie, SAMS

It has been just over a month since the doors of the new Rupert's Cargo Facility, funded under the Economic Development Investment Programme (EDIP) opened for operations; the first of which took place following the arrival of the MV Karoline in September.

Cargo operations from an outsider collecting goods seemed to run fairly smoothly; arriving at Liberation House, requesting goods from the front desk and receiving goods within minutes. The Sentinel was made aware of a few challenges; insufficient space for all containers within the container yard being one of these alleged problems.



But did you know there will be additional charges when goods are passed through the new facilities?

It was during a Formal Meeting of Legislative Council when elected members commented on the move to Rupert's by HM Customs and Immigration, where the word "rushed" was used to describe the manner in which this relocation took place. An example of this would be the fact that despite two voyages of the MV Karoline having been processed at the new facility, in September and October, the additional charges that are being imposed are still not yet fully confirmed nor have been made public – at least not as of Wednesday, 22 October.

Following up on these little-known additional charges, The Sentinel reached out to Solomon & Company (St Helena) Plc – who are contracted by St Helena Government (SHG) to manage cargo operations – and asked Solomon's if they could confirm costing of goods arriving through the new facility. "All consolidators and merchants have been communicated and are aware of all charges relating to cargo handling," was their reply, while they also indicated that "these charges are currently under review."

Despite not receiving the relevant figures in our response from Solomon's, The Sentinel did have sight of the charges Solomon's issued to consolidators and merchants for September's voyage, which it is assumed will continue until the "review" of charges are finalised. The new charges include an SHG Warehousing Fee for all importers at £2.50 per cubic metre.

This new fee was waived for the September voyage – the first to be processed at the new facility – as requested by Councillor Dr Corinda Essex who mentioned it during the same LegCo meeting when the relocation to the new facility was discussed, and concerns raised, back in September. "The new charges associated with the port were also announced extremely late, indeed not until after the Karoline had already left Cape Town and most invoicing for freight and pricing of incoming goods was already concluded," noted Cllr Essex. "I raised the implication of this on behalf of importers and consolidators and it is very pleasing that the St Helena Government has agreed to waive the customs charge of £2.50 per cubic metre for this voyage."

Cllr Essex also made an additional request with the relevant personnel whether "consideration could be given to waiving, or at least lowering, all additional charges" for the October voyage, however she indicated that she had not received any acknowledgment or response regarding this ahead of the meeting.

The Sentinel have since learnt that, on top of the new SHG Warehousing Fee, Solomon's are too charging a Service Fee at a rate of £2.50 per cubic metre for dry goods and £3.00 per cubic metre for reefer cargo. Consolidators are also being charged for the use of cage space, equipment and utilities at a rate of 75p per square metre per day.

To gauge what impact these new charges are having on local businesses,





The Sentinel reached out to merchants on the Island to share their views.

Gregory Cairns-Wicks of the Queen Mary Store advised how his business "was charged just over £1,000 by Solomon's and SHG for four containers plus break bulk wood and some chilled goods like margarine." He added that "this is on top of the very high freight charges and import duties etc." Greg was honest in indicating how these additional costs will subsequently impact the business; either by hitting their profit margin or, alternatively, the cost may have to be passed on to the customer. Greg was clear in his view on the new charges, describing the current situation as "not a good result from something that was financed by EDIP funds to help the economy!"

Greg was not the only merchant to share their experience with the new facility and the associated costs with The Sentinel. Edward Thorpe of W.A Thorpe & Sons Ltd detailed how Thorpe's "received nine containers on V19 (eight ambient containers, one reefer and some breakbulk)," before indicating the difference in charges with the SHG fee waived compared to the cost once this fee is included. "SHG waived their charge for this voyage, so we just had to pay Solomon's, which cost £706.01," explained Ed. "However, from this voyage (V20), when the SHG charges take effect, the same number of containers will cost £1412.02."

Speaking on the impact this would have on customers, Ed indicated that there would likely be an increase to the price of items, though these would only be very small increases. "This cost spread over nine containers means that the increase in the unit price of items is negligible (maybe a few pence per item)," he detailed.

According to Alex Mitham, Portfolio Director for Safety, Security and Home Affairs (SSHA), none of these charges were previously in place, prior to the move to Rupert's, "as there was no real cargo warehouse in Jamestown for the consolidators," adding that, "we now have the purpose-built facility for consolidators at Rupert's and Ministers have agreed that those customs charges should now come into force."

As indicated in the comments from merchants, these new charges – despite having nothing to do with the merchants themselves – will likely fall on the public purse to help cover costs. Therefore, it is likely that the new charges, agreed to be brought into force by Ministers according to the SSHA Portfolio Director, will result in residents having to pay a little extra on everyday goods like toilet rolls, a loaf of bread, shower gels etc. – and each small increase will add up to an even higher cost of living on St Helena, which was already one of the main grievances for residents on the Island before the introduction of new charges at the new cargo facility.

While customers who shop on St Helena will likely feel the brunt of the new charges through increased prices, those who shop online through various consolidators – like Richard James, Zedcore and MS Atlantic – are also not immune to increased costs, with the likely scenario being an additional charge on customers invoices, again in order to cover the increased expenses on consolidators brought about through the additional charges.

To find out more on the effect of new charges on consolidators, The Sentinel spoke to Russell Yon, the on-Island representative of Richard James International (RJI). Russell indicated how "at the moment all of the additional charges are being absorbed by RJI as our invoices for Voyage 19, 20 and most for Voyage 21 have been released to our customers before RJI became aware of these fees."

Russell was similarly pleased with SHG's decision to waive the new charges for September, however was concerned and aware that "going forward from V20 the full cost will be paid by RJI and, likewise, by all other users of the port facility and Liberation House."

With this in mind, Russell indicated that the popular freight forwarders will now need to make a decision on how they would deal with these additional charges, which he admitted could likely fall to customers in the form of an additional charge on invoices. "After this voyage we hopefully will be able to ascertain a true operational cost and this will be relayed back to the RJI Office in the UK who will either have to invoice customers for additional payments or continue to absorb the cost until they can determine how they will be able to recover these costs," he explained, before adding that "most likely it will be placed on our customers through an additional administration or operational fee which will be shown on their invoices."

Therefore, with the additional charges, even ordering online as many people do, is very likely going to cost more than it did before the move to Rupert's – again, putting additional hardship on the community of St Helena through an even greater cost of living and rendering 'ordering online' as a luxury option rather than a simple alternative to buying goods on-Island, where often they are not available anyway. The Sentinel will hope to follow up on the "review" of these charges as indicated by Solomons.



‘Hear’ to Help

Visiting Audiologists talk about new Audiology Service for St Helena as local Nurse works towards becoming fully-qualified



Anita Robbertse, SAMS

During a Northward Sounds show, Tony Leo interviewed the visiting Audiology Team where they shared information on what they were able to offer as part of the service delivery by the Health Section.

Due to breaks in this service being provided on-island, there was quite a backlog on consultations in this area. The Health Section is now working on a program to address this backlog and to re-establish regular consultations and testing. As part of this program, an Audiologist visited the island earlier this year with another visit having taken place recently; it was during this visit that Tony interviewed the visiting specialists.

“I specialise in the electronic manufacturing of hearing aids and also the manufacturing of ear moulds as well as modifications that need to be done in this regard,” explained Vosloo de Kock, Hearing Aid Technician. The custom-made hearing aids are manufactured in South Africa using the moulds made here on-island. “It is a custom product using ear moulds to fit an individual’s own ears,” he detailed. “This ensures a better seal in the ear while also contributing to all the acoustic properties that we want to get from the hearing aid. So, each hearing aid is unique, set up specifically for a certain patient dependent on their own needs and particular type of hearing loss.”

Divan du Plessis, Audiologist and Hearing and Balance Specialist, focussed on the hearing testing. “Hearing has a big social-emotional aspect,” he explained. “It has often been asked what you would rather lose, vision or hearing? There has been a continuous debate on this topic where most felt they would rather lose their sight as this cuts you off from objects, while hearing loss cuts you off from people.” Divan undertook diagnostic assessments to determine hearing capabilities of the patients seen as well as looking at underlying emotional aspects. Withdrawing from social interaction as a result of hearing loss is a very serious, but common, problem experienced by patients. It is important to look at the patient as a whole person and not just to address the problem of hearing loss.

Divan and Vosloo work for the Ear Institute in South Africa which belongs to the HASS Group (Hearing Aids Service and Supplies), although they work in different branches. The Ear Institute have around 28 branches in South Africa and two in Namibia delivering the same service as what they delivered on-Island. “We do hearing tests and hearing aids, focusing primarily on that, but it goes a lot wider than that. We test different age groups, from babies to the elderly,” Divan detailed. “That is more the neuro-physical aspect. We also do balance testing, but that is a very specialised service. In comparison you get highly specialised services in the field of audiology as well, like cochlear implants, so audiology is not just about hearing and hearing aids. It is a much broader field and that is why we work together as a team to address the needs of patients.”

Vosloo has twenty-years of experience in this field and he explained in a bit more detail about the company they work for. “The HASS Group is a company that imports and distributes hearing aids, provides hearing aid services, including hearing protection and hearing diagnostic equipment. We also have a retail side, which is the Ear Institute, where we serve the patients themselves,” he explained. “The owner of the business, Nico van der Merwe, also has a school where about 25% of the pupils are hearing-impaired children, per classroom. The hearing-impaired pupils will then be able to leave school able to talk, and not just sign, through attending school together with children with no hearing impairment.”

During their time here, these two specialists consulted with 110 patients to test hearing but also to fit some with hearing aids. “There is a long list of things that can cause hearing loss and the reasons for it. On the island we primarily saw very specific asymmetrical hearing loss different to what we see in South Africa,” reported Divan “There we see more middle ear issues. I wouldn’t say what we saw on the island was unique, but definitely different. I don’t know whether it is due to the temperature or climate or something else on-island, but the hearing loss here is not symmetrical in most cases with both ears not declining at the same rate.” This unique asymmetrical decline in hearing meant that they had to look at treatments from a different perspective.

Around three months ago, the project to ensure regular Audiologist consultations on St Helena started with a colleague of Divan visiting St Hele-

na to see patients for the first time in a couple of years. More than 50 patients that were seen during the first consultations and they were fitted with their hearing aids during this last visit. Although a lot of patients were seen during these two visits, there are still a lot of people on the list waiting for consultations during the next visit, with more ringing in to book appointments to have their hearing tested.

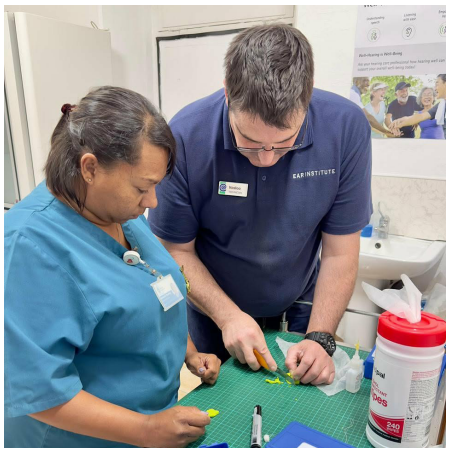
Technological advances have greatly impacted the appearance of hearing aids over time. Starting off, hearing aids were analogue and quite bulky, sometimes even having a component that had to be carried in your pocket. These older hearing aids had a lot of disadvantages; apart from being bulky, they would often make a whistling noise. With the dawning of the digital age, hearing aids also changed, becoming smaller and more reliable. "Now, advances have changed again to even offer hearing aids that have AI capabilities where the device self-regulates its settings and can even scan the environment around the wearer to adjust the programming automatically," marvelled Vosloo. "The hearing aids we provide come in different sizes and different types, depending on the patient's specific hearing loss, but they are very discreet and not bulky at all. They are not something to be afraid or ashamed of."

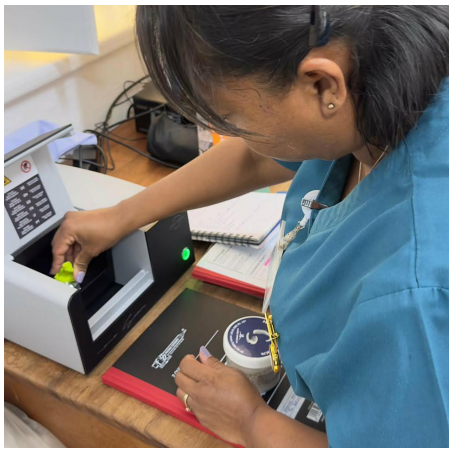
During this visit, Vosloo mainly came to set up the second phase of the project. As the Hearing Aid Technician, he was responsible for installing and setting up some new equipment at the Hospital to "ensure that the people of St Helena would be more self-sustainable and able to service as well as maintain the hearing aids on their own, instead of someone coming in from abroad."

Thus, Vosloo explained how "we've set up a whole service station and they will now be able to clean and maintain any hearing aid on their own and also instead of having impressions taken from their ears and having to ship these, they now have the capability to do 3D scans and email the shape of the patient's ear to the manufacturer of the hearing aid."

Vosloo also did some training on-island on utilising the equipment, enabling local Community Nurse, Kamella Buckley, to provide this service in the future, saving the island time and money whilst also providing easier access to this service. Kamella will still undergo additional training and will visit SA in November to gain valuable additional practical experience. When The Sentinel reached out to the Health Section, they confirmed that Kamella has already completed a written exam, achieving outstanding marks. She will later complete the practical exam to qualify as an Audiologist.

The Sentinel wishes to congratulate Kamella on her achievements so far and to wish her good luck with the practical exams.





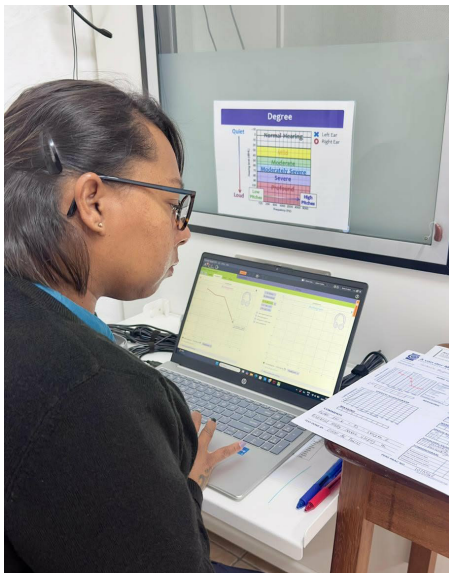












Pink Power

300 people participate in Pink Walk 2025 with over £2000 raised so far



Donna Crowie, SAMS

Around 300 residents comprising of cancer patients, cancer survivors, along with many families and friends of those fighting or having fought cancer, including some four-legged companions, braved the wet and windy weather conditions at Longwood on Sunday, to participate in the bi-annual Cancer Support & Awareness Charity Pink Walk event.

As always, walkers gathered with most participants donning pink and others in a cancer colour of their choosing to show their support for the local charity as well as to honour those who have sadly lost their lives from the terrible disease. Many wore personalised heartfelt t-shirts showing who they were honouring in taking on this year's popular Pink Walk which began at the Harford Community Centre.

Before walkers set off on their chosen routes, Tara Wortley got everybody warmed up with some Jane Fonda moves, making sure participants were ready to take on the walk with warm muscles to avoid any injuries.

This year's Pink Walk gave two options for walkers; the short route was through Longwood Gate, onto Deadwood, then Colt Sheds, along Longwood Avenue and back to the Community Centre, with the long route instead taking walkers from Colt Sheds to Bottom Woods and Ropery Field, before returning to the Community Centre via the Longwood Avenue.

Evidencing the success of the event, the Pink Walk Working Group told SAMS on Monday morning that "over £2000 has raised for the Cancer Support and Awareness Charity" although the final figures will be announced once all sponsor forms are returned.

They also took the opportunity to thank everyone who participated and supported in anyway. The Sentinel also wishes to say a well done to all participants.



















"Modern, Safe, and Inclusive Recreation Areas"

Longwood Green and Half Tree Hollow Playground to be enhanced with new equipment as part of EDIP-funded Playground Project



Multi-Use Games Area intended for Half Tree Hollow

Liam Yon, SAMS

Family-friendly recreational areas are set to receive a welcome boost on St Helena with both Longwood Green and the Half Tree Hollow Playground soon to receive substantial upgrades as part of the Playgrounds Project announced by the Property Service back in August.

The new initiative which, according to St Helena Government, will "create modern, safe, and inclusive recreation areas for families at the existing playground in Half Tree Hollow (Lower Graveyard) and at Longwood Green" is being funded as part of the £30million Economic Development Investment Programme (EDIP), funded by the UK Government, with additional financial support in the form of donations from local and international organisations.

In a recent update, SHG shared images of the exact equipment that will be installed at both sites, which was selected "following feedback from the community, including consultation with children at New Horizons, and extensive research into suitable play equipment."

These include, at Half Tree Hollow, a Bespoke Athens Plus, which is a multi-use playground feature that boasts a range of climbing, sliding and interactive play, along with a gravity rider, spinner, a Seoul Plus slide and various swings. At Longwood, new equipment will include a Jungle Climber and associated play facilities, along with a Littlebeck Lite slide, a spring motorbike and foal, as well as various swings, including a multi-person team swing.

SHG also detailed further upgrades which will be made to each recreational area. "Half Tree Hollow will also benefit from outdoor gym equipment specifically designed for children (health and wellbeing package) and the existing hard standing will be converted into a Multi-Use Games Area, or MUGA, that can facilitate various sports such as football, basketball, netball, hockey and soft cricket," they informed. "Both areas will also be enhanced with wooden benches, concrete picnic bench sets, shade gazebos, a communal recycling hub and playground signage, all of which is subject to planning permission."

With all of this equipment being ordered and planned to be installed in early 2026, both Half Tree Hollow Playground and Longwood Green will become much-improved, both in terms of the quality of equipment and facilities available, as well as the benefits this will have to the health and wellbeing of Island children.

While the majority of this project is being funded through EDIP, SHG were pleased to inform that other generous support has been received enhancing the scale of this valuable project. "As well as the £113K budget, this project has attracted generous

Play equipment intended for Longwood Green



and very much appreciated philanthropic support from both local and international businesses and organisations (all of whom will be named in the final project announcement), amounting to £18K to date, which has contributed to the enhancements that may otherwise have not been possible.

They go on to add that support from the community is still welcome to further the developments at Half Tree Hollow and Longwood, with any businesses, organisations or individuals wishing to contribute being invited to contact Crown Estates Manager, Mike Durnford.

SHG concluded by giving a timeline to the project. "It is planned for both areas to be remediated during December and January, including vegetation/shrubs removal, grass cutting and general tidying in readiness for playground equipment installation from February, for project completion by the end of March 2026."

No doubt this project will be a welcome initiative for Island residents who will look forward to making use of the new facilities once the project is complete after the first quarter of 2026.

Play equipment intended for Half Tree Hollow
(Note - harness will be fitted on the inclusive seat)



Children's Outdoor Gym Equipment intended for Half Tree Hollow



Why Poppies?

Fr. Jack Horner, Contributed

I thought, as we approach Remembrance Sunday, it would be good for readers to learn of one of the reasons 'Poppies' are the chosen emblem at this time.

The following poem reveals much of the sentiment in remembering those who gave their lives so as we could live in peace today. It was written by a twelve-year-old student, Emilia Neale, at Two Boats School. I am sure you will agree it is written with a talent well beyond her years.

'The Power of One Poppy'

Hope was crushed through the darkest night
No senses, noise or even fright
Once loved, once warm
Before the world, it's darkest corners were unfurled.

One Poppy saw it all,
Saw the love and desires fall.
As the silence fills the land, we will remember, hand in hand
The men that sacrificed hope and love as they rest in heaven up above.

Will the Poppy always remember
How the fighters watched them bloom and flower
Amongst the blood, the battle for power?

The first clear sign of hope and light
It helped them survive the darkest night.
The gunshots, the pain, the silence of death
The loudest sigh, their final breath.

One small Poppy overpowers the lord of war
Who really knows what that poppy saw?



SAMS RADIO 1 SCHEDULE

SAMS Radio 1

102.7 (Jamestown) • 90.5 (High Knoll) • 105.1 (Sunberry) • 105.3 (Blue Hill)
Streaming live via www.sams.sh/radio.html

FRI. Oct 31
- 7am -10am: Sunrise show with Luke Bennett
- 11am: American Connections (Repeat)
- 5:30-7pm: OUT OUT! with Liam
- 7:30pm: Country Classics (Repeat)

SAT. Nov 01
- 9am-12 Noon: Saturday Show with Sebastian Stent
- 1pm: Northward sounds with Tony Leo (Repeat)
- 3:30-5pm: Modern Country Chart with Donna Crowie (Repeat)
- 6pm: Artists through the Decades with Deon & Anita
- 8:30pm: Out Out (repeat)

SUN. Nov 02
- 7am-noon: Sunday Show with Liam Yon
- 1pm: Interview Hour
- 3-4:30pm: UK Chart Show with Liam Yon
- 7pm: Anglican Church Service
- 20:30: Classical Compilations with Anita

MON. Nov 03
- 7am-10am: Sunrise with Luke Bennett
- 3-5pm: Artists through the Decades with Deon & Anita
- 5:30pm: Country Classics with Donna

TUE. Nov 04
- 7am-9:00am: Morning Show with Donna
- 10am: Minister Question Time
- 3:30pm: American Connections with Brian Clough
- 5:30-7pm: UK chart Show with Liam Yon
- 7:30pm: Classical Compilations with Anita

WED. Nov 05
- 7am-8:30am : Sunrise with Deon
- 11am: Northward Sounds with Tony Leo
- 1-3pm 1548 show with Cyril Gunnell
- 4-7pm: Afternoon Drive with Luke Bennett
- 7:30pm: Vibes With Anita

THU. Nov 06
- 7am - 10am: Sunrise with Liam & Luke
- 5-7pm: Modern Country Chart with Donna Crowie
- 7:30pm: Minister Question Time (repeat)

Reach us on ***22727*** or at ***news@sams.sh***

sure

Bringing you the

BBC World Service

100.7 (Briars)
88.1 (High Knoll)
102.7 (Blue Hill)

Featured this Week





Do you enjoy the classics? Feel like some Chopin, Beethoven, Mozart, Shuber?

Every Tuesday at 7:30pm, Anita will be bringing you a selection of classical pieces to sooth and entertain you. So if you feel like some music that is good for the mind and soul, tune in on Tuesday evening.

Repeated on a Sunday evening at 8:30pm.

Local news and notices:
7am, 10am, noon, 5pm, 7pm, 10pm

SAMS South Atlantic Media Services Ltd

Sentinel Sudoku Session

This week's difficulty is 'Expert'

	6	5	2		3	1		
3					6			
7							5	
				4		2		
5								
	9	8			7		1	
	1	6			9		8	
	3							
			7					9

Throwback Thursday



1973 - The Bosphorus Bridge in Istanbul, Turkey, is completed, connecting the continents of Europe and Asia over the Bosphorus for the first time

Tomorrow is Halloween and with plenty of apples still available in the shops why not try this Halloween treat recipe?

Halloween Toffee Apple



Ingredients

- 8 red apples
- 400g caster sugar
- 1 tsp lemon juice
- 4 tbsp golden syrup
- red or black food colouring
- red or black food glitter (optional)

You will need

- 8 sturdy, clean twigs or lolly sticks

Method

1. Pull any stalks off the twigs and push the sharpest end of each stick (or the lolly sticks) into the stalk-end of each apple, making sure it is firmly wedged in. Put a large piece of baking parchment onto a wooden board.

2. Tip the sugar into a large saucepan and add the lemon juice and 100ml water. Bring to a simmer and cook until the sugar has dissolved. Swirl the pan gently to move the sugar around, but don't stir. Add the golden syrup and bubble the mixture (be careful it doesn't boil over) until it reaches 'hard crack' stage or 150C on a sugar thermometer. If you don't have a thermometer, test the toffee by dropping a small amount into cold water. It should harden instantly and, when removed, be brittle. If it's soft, continue to boil. When it's ready, drip in some food colouring and swirl to combine. Add the glitter, if using, and turn off the heat.

3. Working quickly, dip each apple into the toffee, tipping the pan to cover all the skin. Lift out and allow any excess to drip off before putting on the baking parchment. Repeat with the remaining apples. Gently heat the toffee again if you need to. Best eaten on the same day.

Moves Like Tagger

Tag Rugby introduced to St Helena kids with kind donation received



Donna Crowie, SAMS

Parents of Key Stage 2 children will have already heard about the start of Tag Rugby on the Island which began in September this year; introduced to the children by Kirsty Edwards who is currently a detective within the Royal St Helena Police Service.

Kirsty is on-island with her husband, Richard, and son, Gilbert, from the UK. While in the UK, her son took a liking to the sport while still in diapers. Being a mum, Kirsty also took to the sport for her son and eventually became a coach where she "recognised the pleasure his team found in the sport."

Now residing on St Helena, Kirsty is offering 'Tag Rugby' to those in Key Stage 2, and, with the support from St Paul's Primary School Headteacher, Pat Williams, sessions are being held on the field of St Pauls Primary with the help of the New Horizons Youth Club, who offers transport to the sessions from the other schools.

"So far, sessions have been really good with children coming along with a positive attitude and a willingness to have a go," informed Kirsty. "The children have enjoyed the session and left with a smile on their faces."

Paul Duncan, Superintendent of Prisons at HMP Jamestown, is also a big fan of rugby, having played in his school years and continues to play into his 50's. He is also a rugby coach, having coached his two son's rugby teams from junior to colts' level over 15's.

"On-island I was initially asked what could be done to assist the running club in getting their members fit and having fun, as an alternative to their routine training drills," Paul explained. "I suggested Tag Rugby and made some tag belts and donated some rugby balls so the coaches had some equipment to use."

On a separate project, Kirsty then approached Paul about her Tag Rugby initiative and the equipment Paul made was then handed over to Kirsty for the kids club.

With very little rugby equipment to offer, Paul decided to reach out to 'One Creative' - the company contracted to design and supervise the construction of the new prison at Bottom woods.

One of the directors of 'One Creative' is also a keen rugby man and is associated with Worcester Rugby and, together with Gavin and Craig from the One Creative team on-island, agreed to supply the kids with kits and equipment.

On Wednesday of last week, during the half-term holidays, Kirsty was presented with the kits and sports equipment. "With our new kit we will be able to offer the game to a larger group of children and, moving forward, organise matches and potentially a league," she said pleasingly.

During the presentation, the kids were too excited to wait and, after having dressed the part, they enjoyed a few games of Tag Rugby with Gavin.

Kirsty was overwhelmed with the donation received and said she would like to say a big 'Thank You' "to the children of St Helena for their enthusiasm and energy trying out a new sport and to their parents."

"I would also like to thank New Horizons for providing transport for the children to our training ground," continued Kirsty. "And Lastly, I would like to thank Paul Duncan for initially lending us extra rugby kits and for using his contacts to its full potential to generate a rugby kit for the island."

Now, with new kits and equipment, the kids cannot wait for the club to start up and running again which at the moment is scheduled for March 2026. "We are in consultation with New Horizons to confirm a training venue," informed Kirsty.

In a Social Media post from the Royal St Helena Police they said "this shows the commitment from our members of staff working for Royal St Helena Police and HMP Prison's commitment to working within the community through various initiatives and involvement."

Concluding the presentation, Gavin amusingly taught the boys present that to end a rugby match you must say "Hooowwwwdddee!"













"Our Thank You"

Ladies Fund Raising Group hosts Annual Tea Dance for Senior Citizens



Cyril Gunnell, Contributed

The Ladies Fund Raising Group (LFRG) held their 2025 Annual Senior Citizen's Tea Dance at the St Helena Secondary School on Saturday, 25 October. The International Day for Older Persons is observed on 1 October each year and it seemed fitting that this opportunity was used to show appreciation for the important role the elderly have played in society.

Close to 300 people from across the island were present. Free transport was laid on for the invitees although some chose to use their own means of getting to the venue; they started arriving before 2pm.

These occasions, when arranged for senior citizens, are much anticipated; providing opportunities for getting people together socially, including some who may not have seen each other for long periods.

At this gathering of our elders, already there was congenial atmosphere when the Chairwoman, Pamela Young, extended a warm welcome to all in a short speech and then asked Fr Mark to say grace. HE the Governor and Mrs Phillips were unable to make it this year. Other special guests included the Lord Bishop, Dale Bowers and Mrs Bowers, and it was noted that they and some other guests along with LFRG Members were keen to lend a hand helping as necessary, for example keeping filled teapots coming to the tables.

Tea and other refreshments were served amidst much laughter and other pleasantries. When tea had finished, everyone looked forward to the dancing; the middle of the hall left clear for this purpose.

The Master of Ceremonies was Gavin (Jack) Thomas with music for dancing provided by the Double Ds, although Gavin described them as the Three Ds because on this occasion a Member, Debbie Williams, joined them playing guitar.

No time was wasted in picking up partners for dances. These included routines for prizes including Card Dance, Heads or Tails, Statue and Spot Dance where partners one by one were eliminated from the floor and a winner emerged. There was also a prize for who danced the most.

The raffle was very popular with some very good prizes to be won. All prizes were donated.

The event, which was very enjoyable, came to a close at 5.30pm with some looking already forward to the next one in 2026. Thanks were extended to all who helped in any way including for use of the school.

The LFRG is not a registered charity and all outputs come from within. Fundraising is mainly from generous donations including attractive pieces of equipment for raffles, bottle and can, cake stalls and cookery book sales. The Members themselves also give generously. All proceeds are expended on the Annual Senior Citizens Tea Dance, and Christmas vouchers at £10 a person. Care is taken to ensure that people who are invited to the tea dance do not also benefit from the vouchers. If funds are available, consideration can be given for assisting with medical referral associated expenses.

The membership (regular and associate) is approximately 20 and they meet monthly over a cup of tea to plan fundraising initiatives. Once a year (around Easter) they have an outing at their own expense to relax and enjoy.

Formerly LFRG were called "Ladies Craft Group" founded in August 1991 at Plantation House when a group of ladies wanted to make a difference by helping to assist the elderly and less fortunate. There have been three Chairwomen to date, Delia Hoole, Daphne Francis and currently, Pamela Young.

Pamela told The Sentinel it was senior citizens who provided the platforms for what can be built on today and she added, "This is our way of saying thank you!"





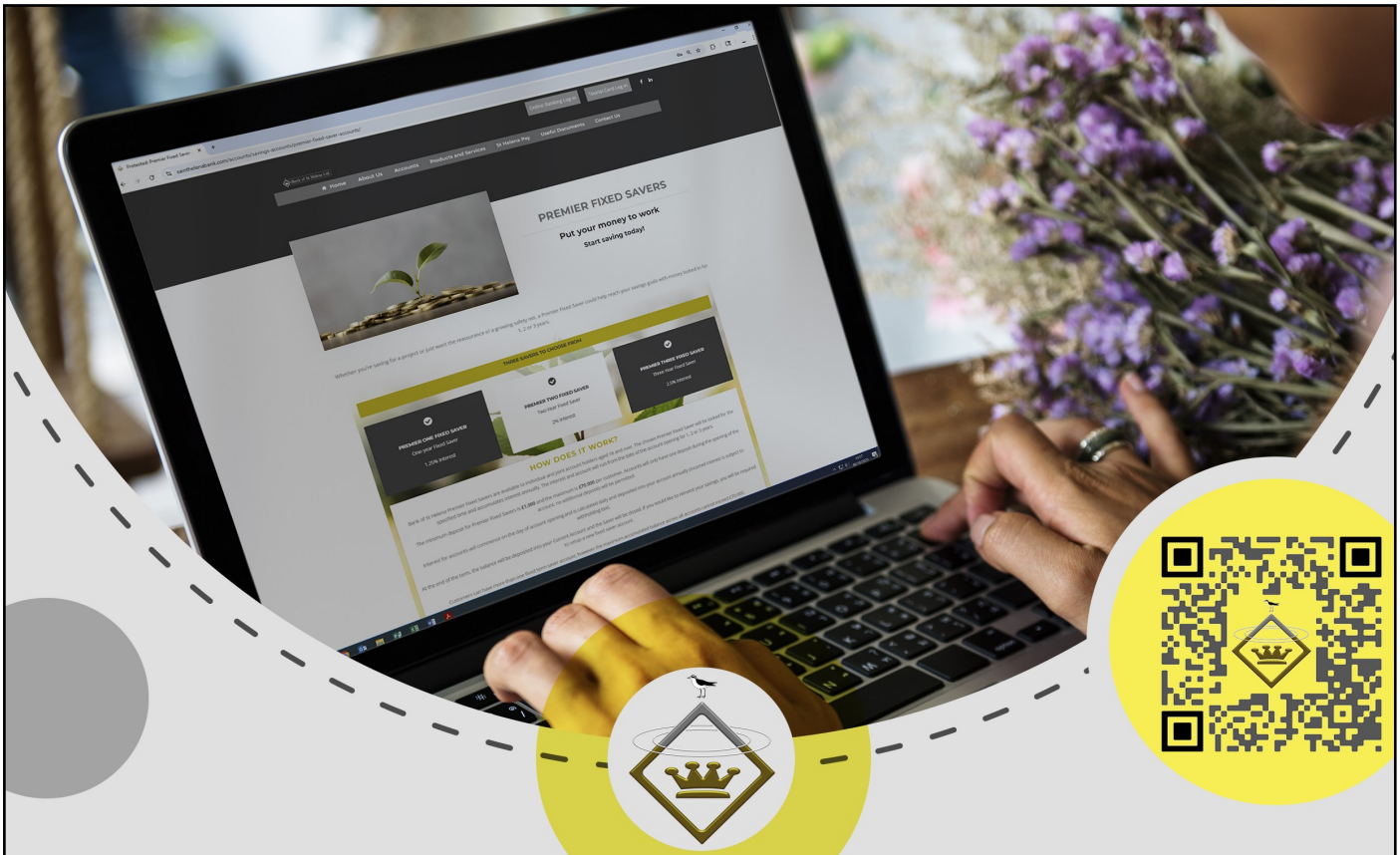








NOTICE BOARD

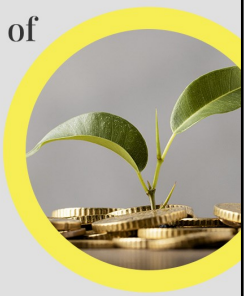


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Premier Two Fixed Saver: Two-Year Saver with 2% Interest
Premier Three Fixed Saver: Three-Year Saver with 2.5% Interest

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Visit our website or drop in to see us for more information.
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With the launch of the new Premier Fixed Savers, Current Accounts with effect from 1st August 2025 will no longer be interest bearing.

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Winds Up, Power Down

Heavy winds cause power outage on Sunday as Connect inform of temporary configuration and Feeder 1 issues, which were set to be rectified yesterday



Liam Yon, SAMS

On Sunday morning, last weekend, at around 9:30am, an unplanned power outage occurred affecting all consumers across the Island.

With heavy winds already affecting commercial air services at the time, many reasonably assumed that these high winds were also part of the cause for the Island-wide power cut on Sunday, and Connect St Helena Ltd have since confirmed this.

"The outage was caused by severe wind conditions which damaged a high-voltage power line at Ladder Hill on Feeder 1," they informed The Sentinel on Monday. "The damaged conductor caused an earth fault that tripped the Power Station, resulting in an island-wide interruption."

With windy conditions having caused the problem, it also prevented Connect from being able to fix the issue at the time, with a temporary solution having to be found. "Due to continued high winds preventing safe repairs, a temporary solution was implemented by isolating the damaged section and rerouting the supply through an alternative feeder," explained Connect. "Power was fully restored to all areas by 1:30pm the same day."

Connect continued by informing The Sentinel that the network was still, at the time, operating under the temporary configuration; with the affected section from Red Hill to Bleak House being supplied via Feeder 2 as a "temporary solution" until permanent repairs to the Ladder Hill could be carried out once weather conditions improved.

Unfortunately for Connect, the temporary solution brought about further problems on Monday, with many consumers experiencing issues with power supply to their homes. One consumer from Jamestown, speaking to The Sentinel, detailed how only certain lights were working in their house, while most of their main electrical appliances – including their fridge, freezer and oven – could not be used as there was no power reaching the sockets. Having contacted an electrician, it was found that less than the usual 240 voltage readings were being measured from their power supply, with a reading of only 144v being measured.

"Connect Saint Helena Ltd would like to advise that we are currently experiencing technical issues affecting Feeder 1 and the HTH switch, which has resulted in low voltage for some consumers," advised Connect on Monday evening, recognising the issues being experienced by consumers. "Our team is actively investigating the cause and working to resolve the issue as quickly as possible," they added.

Additionally, with heavy winds forecasted to ease from Tuesday afternoon, Connect advised that they would be holding a planned power outage on Wednesday of this week in order to rectify the issues caused by severe winds during the weekend prior.

"Connect Saint Helena Ltd would like to advise the public that weather permitting, there will be a power outage scheduled from 9.30am to 3pm on Wednesday, 29 October," they advised. "This outage is to allow Connect to carry out essential repairs following Sunday's unplanned power outage."





Voltage Reader showing less voltage to homes on Feeder 1 on Monday

NOTICE BOARD

ENCOMPASS

VACANCY NOTICE

General Maintenance Assistant – Facilities Maintenance

Job Description

Encompass has a vacancy for a General Maintenance Assistant – Facilities Maintenance at the BBC Atlantic Relay Station on Ascension Island.

The post holder will form part of the team that is primarily responsible for the Building Maintenance aspect of Accommodation, Technical Buildings and other Facilities under the BBC Atlantic Relay Station's portfolio. Specifically painting and refurbishment, fencing installations and carrying out minor repairs to fittings including windows and doors.

Requirements

- Competent in painting, decorating and corrosion control and able to work with concrete and plastering
- Experience in carpentry, joinery, basic plumbing tasks and general building maintenance
- Adequate understanding of safety procedures and safe working practices, particularly in the Facilities Maintenance areas, including Risk Assessments and Method Statements
- Adequate knowledge of working with hazardous substances used as part of function
- Trained in the use of hand tools, power tools and workshop machinery within the facilities maintenance area
- Ability to work at height
- Strong self-motivation and ability to work with minimum supervision.
- Manual handling training and other statutory safety training specific to role
- Possession of current driving licence up to B2 category.
- Use of Email, Internet, Microsoft Word and Excel at Basic Level

Desirable Qualifications and Experience

- Building industry apprenticeship or equivalent craft certificate.
- Willing to work unsociable hours if required.
- IOSH Working Safely or Level 2 Health and Safety Qualification

Remuneration and Package

We are offering a two year contract with single status and the salary, dependant on experience, starts at £11,474.00 (taxable on Ascension). You will also be entitled to:

- Rent-free accommodation
- A single food allowance of £4,350.00 per annum
- Relocation costs for your personal effects, including a personal vehicle
- One paid return journey to country of residence during your contract period
- Utilities (Water and Electricity) Allowance

Please note that any offer of employment will be subject to satisfactory criminal and professional vetting, valid travel documents as well as satisfactory medical clearance.

For a **Job Application Form**, full **Job Description** and for any further information, please contact Administrative Assistant, Jodi Joshua at JJoshua@encompass.tv

Applications should be submitted on our job application form, no later than **Friday 31st October 2025**

NOTICE BOARD

Why not spend Guy Fawkes night at the God Father's Rock Club on Wednesday, 5 November?

There will be prizes for all the Guys.

Bonfire will be lit at 8:30pm, followed by fireworks.

Hot food will be available: BBQ meals, Fish meals and Pork Chop meals from 6pm.

Call Melvin or Inez if you would like to place your order on 23395.

Music will be provided by Alex Vanguard.

Also, a Date for your Diary:

Friday 14th November - Old time dancing – Music by Bobby goose. More details to follow!

SCOUT AGM NOTICE

The 1st Jamestown Scouts will hold their AGM on Tuesday 11th November at the Jamestown Community Centre at 6pm.

All are welcome: parents, family and friends of Scouts, Cubs & Beavers.

The Scout Group would also like to hear from anyone who would like to volunteer at meetings, badge work, Scouts band or in other areas.

Please come along to the meeting or contact Terry Richards on 22601 to register your area of interest.

DIOCESE OF SAINT HELENA

The Parish of St Paul's		
Sunday 2nd November 2025– All Saints		
8.00 a.m.	Eucharist	Cathedral
9.30 a.m.	Eucharist	Cathedral
8.00 a.m.	Eucharist	St Peter
	Monday 3rd November	
7.00 p.m.	**All Souls Requiem Mass**	**Cathedral**
	Thursday 6th November	
7.00 p.m.	**Praise and Worship**	**St Andrew**
The Parish of St James		
Sunday 2nd November 2025 – All Saints		
9.30 a.m.	Eucharist	St James
3.30 p.m.	Eucharist	St Michael
	Monday 3rd November	
7.00 p.m.	**All Souls Requiem Mass**	**St James**
	Thursday 6th November	
7.00 p.m.	Eucharist with Healing	St John
The Parish of St Matthew		
Sunday 2nd November 2025 – All Saints		
11.15 a.m.	Eucharist	St Mark
	Monday 3rd November	
7.00 p.m.	**All Souls Requiem Mass**	**St Mark**
	Tuesday 4th November	
7.00 p.m.	70x7 Forgiveness	St Mark

BAPTIST CHURCH

Combined Service:
(Induction of Pastor Nathan Oakes)
Sunday 2nd November
Jamestown Chapel 2.00 pm

No services will be held in the Sandy Bay and Head O'Wain Chapels.

Bible Studies
Tuesday 4th November
Baptist School Hall 7.00 pm
Thursday 6th November
Sandy Bay Chapel 5.30 pm

ALL ARE WELCOME

For further information contact:
Tel No 24644

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

CENTRAL SUPPORT SERVICE

PUBLIC ANNOUNCEMENT

Remembrance Sunday 2025

Remembrance Sunday falls on 9 November 2025. On that day The Right Reverend Lord Bishop of St Helena, Dale Bowers will conduct a Divine Service at the Cenotaph. His Excellency the Governor and Mrs Phillips will attend.

All persons wishing to take part in the Divine Service are asked to assemble at the Cenotaph by no later than 10:40.

It is on this day that we not only remember with gratitude those persons who fought and lost their lives in the violence of war but we also honour and pay tribute to those who served and survived these Wars.

A special place will be reserved at the Cenotaph for serving and ex-personnel as well as those who served on the old RMS St Helena during the 1982 Falklands War and it is hoped that many will attend the Service.

There will be a First Aid Station on the deck of Donny's Place at the Seafront and those participating in the parade including spectators are welcome to make use of these facilities if required. You are also reminded to stay hydrated and drink plenty of water before and during the Service; you may also need a sunhat if it is a hot day.

Please contact Crystal Maggott on telephone number 22470 at the Castle if further information is required.

SHG
27 October 2025
www.sainthelena.gov.sh

NOTICE BOARD



NOV

7

The Azamara Pursuit is expected to arrive at St Helena on Friday 7 November 2025 at 7:30am and depart at 5:30pm.

SHE IS CARRYING:

777 PASSENGERS AND 380 CREW

DID YOU KNOW?

For as little as* £11 a month you can purchase Hire & Reward Insurance – the 'Taxi Cover'.

*Premiums calculated on Engine Size and range from <1400cc at £11 to 6000cc at £26

A Fee of £26.50 will also be payable to SHG, to upgrade your current Private Road License to a Public Service License and will run the length of your current license until your next MOT

SCHEDULED STOPS FOR PRE-ARRANGED ISLAND SCENIC TOURS ARE:

- Two Gun Saddle
- Stitches Ridge
- Napoleon's Tomb
- Plantation House
- Napoleon's House (Longwood Green)
- Ladder Hill Viewing Platform

OPPORTUNITIES FOR YOU

These scheduled stops, along with prime spots in Jamestown (for those walking around), provide open opportunities for sales and promotions

Set up a Refreshment Stand...Bring along your Locally Made Souvenirs...

Contribute to the Visitor Experience!

Be Friendly

Be Organised

Be Prepared *(show off your Local Knowledge)*

Be Flexible *(changes may be required due to sea conditions)*



NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

SAFETY SECURITY & HOME AFFAIRS

PUBLIC ANNOUNCEMENT

Road Resurfacing Project – November Schedule

The Roads Section would like to inform the public of further upcoming essential resurfacing works scheduled to begin in November 2025. These improvements are vital for maintaining the quality and safety of St Helena's road network.

With effect from Tuesday 4 November, the Roads Section will be carrying out slurry work with the micro paver on the eastern side of the island. Please note the following key closure details:

Schedule of November 2025 Roadworks

Road Closures	Dates	Daily Closure Time	Diversion Routes
Tomb Road to Hutt's Gate	Tuesday 4 November to Saturday 15 November 2025	**09:00 to 15:00**	• The Dungeon via Gordon's Post. • Haul Road
Bottom Woods to Longwood Gate	Monday 17 November 2025 to Monday 26 January 2026		Haul Road
Longwood Gate to Hutt's Gate	Wednesday 28 January to Saturday 07 March 2026		Haul Road

These works will affect regular public transport routes and may impact Emergency Services response times during the daily closure hours. We are working to complete this project as quickly as possible to minimise disruption.

Please be aware that on certain days, road closures may extend beyond the scheduled hours depending on progress and weather conditions.

All motorists are advised to expect delays when travelling through or around these areas during working hours. Please exercise extreme caution and strictly follow all posted signage and instructions from on-site staff.

The Roads Section would like to thank the public in advance for their co-operation, patience and understanding as these essential improvements are carried out.

SHG
28 October 2025

www.sainthelena.gov.sh

Baby Box Joy Continues: More on the Way for St Helena Families

A joyful milestone was marked today as baby Lakeland and baby Alexa received their gift boxes in a heartwarming initiative that continues to bring comfort and celebration to families across the island.

While this delivery completes the current batch, it is far from the final chapter. The St Helena Association UK has generously dispatched another twelve baby boxes, which are expected to arrive before Christmas—ensuring that even more families will benefit from this thoughtful gesture.

The initiative first began when the Equality & Human Rights Commission reached out to the Association with a simple but powerful question: would they consider donating baby boxes to support new mothers on St Helena and give every baby a good start in life? The Association responded with warmth and enthusiasm, and the first batch of boxes was received last year.

Since then, each delivery has been met with gratitude and delight. Proud parents of baby Lakeland and baby Alexa expressed heartfelt thanks for their baby boxes, noting how the contents—and the care behind them—made a meaningful difference.

We extend our sincere appreciation to the St Helena Association UK for their continued generosity and commitment to supporting island families. Their kindness is helping to build a legacy of inclusion, dignity, and shared joy—one baby box at a time.





CYBER SECURITY AWARENESS MONTH 2025

1 DON'T SHARE PERSONAL INFORMATION UNNECESSARILY
Hackers can use your personal information to guess your passwords and hack into your accounts, make purchases with your card details or even use your details to commit crimes in your name! i.e. identity theft. Only provide personal information to reputable and trustworthy online vendors.

2 BE WARY OF SUSPICIOUS EMAILS, MESSAGES OR VOICE CALLS
Cyber criminals use phishing emails, text messages (SMS phishing) and phone calls (voice phishing) in their attempts to scam you out of your money, steal your personal information and/or infect you devices with malware e.g. Trojan horses, spyware, ransomware etc.

3 ALWAYS KEEP YOUR ACCOUNTS LOCKED DOWN
Use strong passwords, enable 2 factor authentication and adjust your social media accounts' privacy settings so that only friends or followers can view your full profiles. Don't connect with anyone you've never met in person.

4 DON'T BELIEVE EVERYTHING YOU SEE OR HEAR ONLINE
Scammers use 'too good to be true' specials offers, promises of love, or pretend to be a friend or family member in need, to manipulate you into giving away your money! Double check everything before taking any action.



BE WISE ON THE WEB: KEEP YOURSELF, YOUR DATA AND YOUR DEVICE SAFE ONLINE

St Helena Government
Isolation Connected
CYBER SECURITY AWARENESS CAMPAIGN 2025
SHG IT SECTION

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

JOIN US! WE ARE RECRUITING...

BENEFITS

- → **Leave** – 30 days leave per annum, plus public holidays
- → **Pension** – 15% pension contribution by SHG into approved defined contribution pension scheme
- → **Training and Development**
- → **Paid sickness absence**

HOW TO APPLY

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Pensions & Payroll Manager

(£16,248 per annum)

Plus Market Enhancement of £2,000 per annum (pro-rata)

Do you possess strong interpersonal skills and have experience in working in an accounting or finance related role? If so, Treasury has an opportunity to join their Central Finance team as the Pensions & Payroll Manager. In this role, you will be required to administer all pensions work related to the two schemes related the Public Service and overseeing the efficient day to day running of the Payroll section.

Contact us for more information and a discussion.

Enquiries:	Nicholas Yon on Tel No. 22470 or Email: nicholas.yon@sainthelena.gov.sh
Closing date:	07 November 2025
Shortlisting date:	12 November 2025
Interview date:	25 November 2025

Land Registry Officer

(£13,569 per annum)

Do you possess strong interpersonal skills and have experience in working in a customer focused environment and the ability to understand complex legal documents? If so, the Economic Development Portfolio has an opportunity for you to join their team. You will be responsible for the management of Land Registry functions which include: preparation of Land Registry documents in respect of Private Transfers, Statutory Declarations and Easements. Main duties and responsibilities also include preparation of Residential and Commercial Leases, Licences and Transfer documents for Crown Land.

Contact us for more information and a discussion

Enquiries:	Mike Durnford on Tel No. 22270 or Email: mike.durnford@sainthelena.gov.sh
Closing date:	10 November 2025
Shortlisting date:	13 November 2025
Interview date:	25 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you. SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

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Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Postal Officer
(£10,088 per annum)

Are you a highly motivated individual with good teamwork and interpersonal skills? If so, the Post & Customer Services Centre has an opportunity for you to join their team. Duties of the post include responsibility for the receipt and delivery of all international mail to and from vessels and aircraft and assisting with the sorting and issuing of local and international mail; including preparation of relevant documentation correctly, deliver mail posted for recorded delivery, responsible for providing statistical data, maintain the condition of post boxes and vehicles.

Contact us for more information and a discussion.

Enquiries:	Naomi Young on Tel No. 22008 or Email: naomi.young@sainthelena.gov.sh
Closing date:	07 November 2025
Shortlisting date:	12 November 2025
Interview date:	26 November 2025

Teacher - Science (SHSS)
(£12,432 – £20,645 per annum)

Do you have a passion for education and a love of science? We are seeking a dedicated and enthusiastic Teacher of Science to join our team and inspire the next generation of learners. In this role, you will deliver engaging and high-quality teaching across Key Stages 3, 4, and 5, helping students develop both academically and personally. You will plan, prepare, and teach well-structured, differentiated lessons that spark curiosity and foster scientific thinking. You will also set meaningful home learning tasks that consolidate learning and support steady progress. We're looking for a teacher who can bring science to life, encouraging students to question, explore, and understand the world around them. If you are passionate about creating positive learning experiences and committed to helping every student achieve their potential, we would love to hear from you

Contact us for more information and a discussion

Enquiries:	Phil Toal on Tel No. 24290 or Email: phil.toal@sainthelena.gov.sh
Closing date:	14 November 2025
Shortlisting date:	19 November 2025
Interview date:	27 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you. SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

JOIN US! WE ARE RECRUITING...

BENEFITS

- → **Leave –** 30 days leave per annum, plus public holidays
- → **Pension –** 15% pension contribution by SHG into approved defined contribution pension scheme
- → **Training and Development**
- → **Paid sickness absence**

HOW TO APPLY

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Emergency Medical Technician – 1 year fixed term with the opportunity to extend

£16,248 per annum

As an EMT, you'll respond to emergencies, deliver clinical care across community and hospital settings, and take responsibility for the Emergency Department in the absence of a senior clinician. You'll provide care in line with JRCALC and UK Resuscitation Council guidelines, ensuring safe, high-quality, and compassionate care for every patient. The role includes on-call duties, unsocial hours, and opportunities to support service development and training. This is an opportunity to use your skills in a challenging but rewarding environment where teamwork, adaptability, and professionalism are key. You will be part of a service that plays an essential role in supporting the island's health and wellbeing.

Contact us for more information and a discussion.

Enquiries:	Michael Gaga-Hale on Tel No. 22500 or Email michael.gaga-hale@sainthelena.gov.sh
Closing date:	10 November 2025
Shortlisting date:	12 November 2025
Interview date:	21 November 2025

Forest Worker

£10,088 per annum

The Forestry Section is looking to recruit a Forest Worker to provide support for a labour service under the supervision of the Nursery Chargehand, Silviculture Officer, or Forestry Officer. The role involves primarily all aspects of tree seedling production but does include performing manual forestry tasks, which encompass land clearing, control of invasive and alien plant species, ground preparation, planting, thinning, pruning, fencing, cleaning, and the harvesting of sawlogs, firewood, and fence posts, as specified by the relevant line manager. Contact us for information and a discussion.

Contact us for more information and a discussion.

Enquiries:	Myra Young on Tel No. 24724 or Email myra.young@sainthelena.gov.sh
Closing date:	13 November 2025
Shortlisting date:	18 November 2025
Interview date:	26 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you. SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

SAFETY SECURITY & HOME AFFAIRS

INVITATION TO TENDER

New Prison Project

St Helena Government would like to invite suitably qualified contractors to submit tenders for site excavation and haulage for the new Prison site within the Longwood area – Bottom Woods:

CS-1946-SHG – Site Excavation & Haulage

A site visit to view the works will take place on Monday, 10 November 2025, at 09:00, meeting at "Reggies" in Bottom Woods

Full documentation and the specifications can be found on the St Helena Government e-procurement system which can be accessed via: https://in-tendhost.co.uk/sainthelena/aspx/Home following registration on the system. User guides are available via the 'Supplier Information' tab to assist prospective contractors registering on the e-procurement system.

If contractors would like a hard copy of the tender documentation, they should contact the Project Manager, James Hayton, on tel no: 22270 or email: James.Hayton@sainthelena.gov.sh.

Tender submissions should be made via the e-procurement system, with the tender deadline being Wednesday, 26 November at 12:00.

Contractors should note that this tender is not being advertised overseas.

NOTE TO EDITOR:
This project has been approved for funding under the UK funded Economic Development Investment Programme (EDIP), in partnership with FCDO.

SHG, 22 October 2025

Expression of interest - Content Creators

St Helena Island



We are compiling a list of on-island content creators who are interested in being contacted for potential collaboration to create fresh, engaging, and inspiring content.

If you're passionate about St Helena, creativity, and storytelling, we want to hear from you. Please complete the form at the following link: https://forms.gle/o31oSJMhERU6j5K66

You'll be asked to provide:

- Your name and contact information
- A short introduction about yourself and why you would like to create content about St Helena
- Links to your portfolio or past work
- Any specific areas of interest or expertise

We look forward to connecting with individuals who are keen to collaborate.

For further information, contact tyanne.williams@sainthelena.gov.sh

NOTICE BOARD

St Helena Government

FAIRNESS INTEGRITY TEAMWORK

INVITATION TO TENDER

Viewing Deck & Bird Hides at the Millennium Forest

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contract:

CS-1988-SHG – Viewing Deck & Bird Hides at the Millennium Forest

A site visit to view the works will take place on Tuesday, 04 November 2025, at 10:00, meeting at the Millennium Forest.

Contractors should note that site visits requested after this date will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Copies of the tender document and further details can be obtained from the Procurement Officer, on telephone no: 25932 or via email tiffany.lawrence@sainthelena.gov.sh .

Completed tenders should be placed in the Tender Box located on the Top Floor, Post Office Building by 12:00 on Thursday, 13 November 2025, clearly marked **"Tender CS-1988-SHG"**.

Interested parties should note that this opportunity is **not** being advertised overseas.

SHG, 27 October 2025

FOOTBALL RESULTS

Sunday 26 October 2025

Rovers 8 — **Fugees 0**
T Osborne (4) B Baldwin (2) R Benjamin, OG
MoM: Toure Osborne

Bellboys 4 — **Wirebirds 1**
R Benjamin, S Henry J Thomas (pen), T Phillips
MoM: Ryan Benjamin
B Harris
YPoM: Edson Stevens

La Verde 9 — **Inter Galactic 0**
R Stevens (3) T Anthony (2) Paul (2) J Yon, H Winfield
YPoM: Ephrem Stroud
MoM: Gareth Drabble

FOOTBALL FIXTURES

Saturday 1 November 2025

2pm **La Verde** vs **Bellboys**

Sunday 2 November 2025

1.30pm **Wirebirds** vs **Rovers**

3.30pm **Fugees** vs **Inter Galactic**

**Fixtures subject to weather conditions*

JUNIOR FOOTBALL FIXTURES

Sunday 2 November 2025 - 9-a-side Fixtures

9am **Young Gunners** vs **Rumblers**

9.45am **New Horizons FC** vs **Dabbling Devils**

10.30am **Flix** vs **Golden Gladiators**

11.15pm **Monarchs** vs **Black Mambas**

JUNIOR FOOTBALL RESULTS

Lower-Age Knockout Results

New Horizons FC 4
L Joshua (4)

Dabbling Devils 1
J Benjamin

NH Stars 2
A Henry, Kuda

New Horizons FC 1
L Joshua

Dabbling Devils 0

NH Stars 3
Tinashe, Kuda, A Henry

Young Gunners 3
K Stroud (2), L Peters
PoM: Jacob Benjamin

Rumblers 6
C Williams (3), C Sim, O Stevens, OG
PoM: Cruz Williams

Rumblers (Knockout Champions)
Young Gunners (Runners Up)
NH Stars (Third Place)

Upper-Age Knockout Results

Vikings 1
OG

Golden Gladiators 2
L Williams, H Fowler

Golden Gladiators 0

Flix 2
J Peters, L George

Flix 0

Vikings 1
R Fabian

Monarchs 3
H Richards, H Winfield Ayden

Black Mambas 7
T Anthony (4) K Glanville D Peters-Benjamin, OG
PoM: Tyler Anthony

Black Mambas (Knockout Champions)
Monarchs (Runners Up)
Flix (Third Place)

PREMIER LEAGUE FIXTURES

Saturday 1 November 2025

3pm **Brighton** vs **Leeds**

3pm **Burnley** vs **Arsenal**

3pm **C Palace** vs **Brentford**

3pm **Fulham** vs **Wolves**

3pm **N Forest** vs **Man Utd**

5.30pm **Spurs** vs **Chelsea**

8pm **Liverpool** vs **Aston Villa**

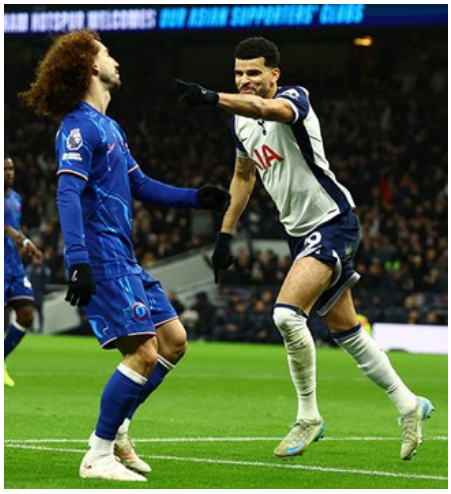
Sunday 2 November 2025

2pm **West Ham** vs **Newcastle**

4.30pm **Man City** vs **Bournemouth**

Monday 3 November 2025

8pm **Sunderland** vs **Everton**



SPORTS ARENA



Bellboys confirmed as SHFA League Champions 2025

Liam Yon, SAMS

The Bellboys are now mathematically out of reach in this year's St Helena Football Association League, meaning we can now confirm what has long seemed inevitable; Bellboys will be crowned League Champions 2025 at the end of the season.

On Sunday, at a windy Francis Plain, three games all took place in the one day, starting with a match between reigning Champions, Rovers, and Fugees in the early 11.30am kickoff; though the actual kick-off did not take place until a little later with both sides awaiting the arrival of players for the unusual early start at Francis Plain.

Despite starting with ten men, and with Captain Rico Benjamin taking up an unorthodox position between the sticks, Rovers were rampant, creating plenty of chances and converting these chances at will. Rico was eventually relieved from his goalkeeping duties by stand-in keeper, Ryan Backhouse. Rovers would go on to score eight unanswered goals, beating Fugees comfortably. Man of the Match, Toure Osbourne, was in fine form, scoring four goals, with Blaze Baldwin bagging a brace and other goals coming from Rico and a Fugees own goal.

In the day's second matchup, Bellboys, donning their new Borrusia Dortmund-like kit, put in a gritty performance to earn the three points against a stubborn Wirebirds side, with the win confirming Bellboys as League Champions 2025. Having gone a goal up through Man of the Match, Ryan Benjamin, Bellboys conceded soon after with Brandon Harris heading home a Wirebirds corner to draw the game back level. Despite their best efforts to hold out until the half-time break, Wirebirds unfortunately conceded a late penalty which was duly converted with aplomb by Joey Thomas. Two further goals after the break from Scott Henry and Taylan Phillips saw Bellboys finish with a comfortable 4-1 win to put themselves out of reach in this year's title race. Wirebirds' Edson Stevens was named as the Young Player of the Match for his efforts.

Finally, in the late kick-off on Sunday, La Verde enjoyed a nine-nil victory over Inter Galactics, with their youngsters once again putting in starring performances. Ryan Stevens continued his fine form with a second half hat-trick, while Tyler Anthony also notched a goal either side of the half-time break. A second half brace from Paul, along with goals from Captain Jordan Yon and Harry Winfield, rounded up the scoring for La Verde, while Ephrem Stroud was named as the Young player of the Match. Despite having no goals to celebrate, Inter Galactic's Gareth Drabble had reason to smile after being named by the match official as the Man of the Match for his efforts despite the loss.

With just two weeks of league action left, attention is already starting to turn towards the 2025 District and Knockout tournaments.

Congratulations to the Bellboys, your SHFA League Champions 2025!